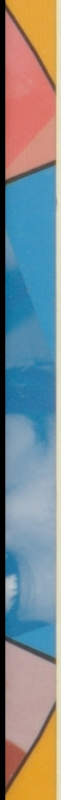
# a taste of
# ALAMEDA HIGH



"There's rosemary,
that's for remembrance."

- Ophelia
(*Hamlet*, Act IV, Sc. v)

# a taste of alameda high

2201 Encinal Avenue
Alameda, CA 94501
(510) 337-7022
ahsyearbook@alameda.k12.ca.us

spicy exquisite

diverse

# a taste of alameda high

pleasant sweet

delightful

Think Chinese -- what comes to mind? Italian? Greek? Mexican? Pot stickers, pizza, baklava, enchiladas . . . We love food -- its tastes, smells and especially its association with friends, family and love.

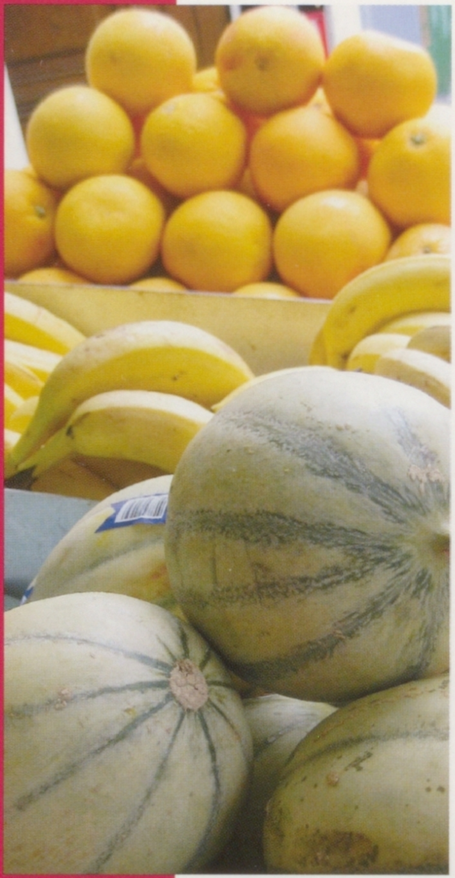
Part of food's allure comes from its relation to all five senses: it smells good; it tastes wonderful; it feels warm; it sounds crunchy; it looks creamy. And the more variety you put into the food, the more interesting it gets. Mix a little of this, a little of that and voila! a feast.

Like an endless banquet, Alameda High is a smorgasbord of many different cultures and people. History teacher Mr. Manno refers to this as a "potluck" because each person brings a little part of his or her own background, then shares it out to collectively form the Alameda community.

In addition to our home cultures, the clubs we join, the classes we take and the sports we play give each student a unique flavor. Then, like the hornet on the previous page, these activities introduce us to different people. We cross-pollinate, producing a very sweet way of living. The campus is unique and feels like our own.

So here we present you with your very own Alameda High Cookbook. Retaste your high school experiences as you look back on all your memories from 2007-2008.

Enjoy and Bon Appétit!
*The Alameda High Yearbook Staff*



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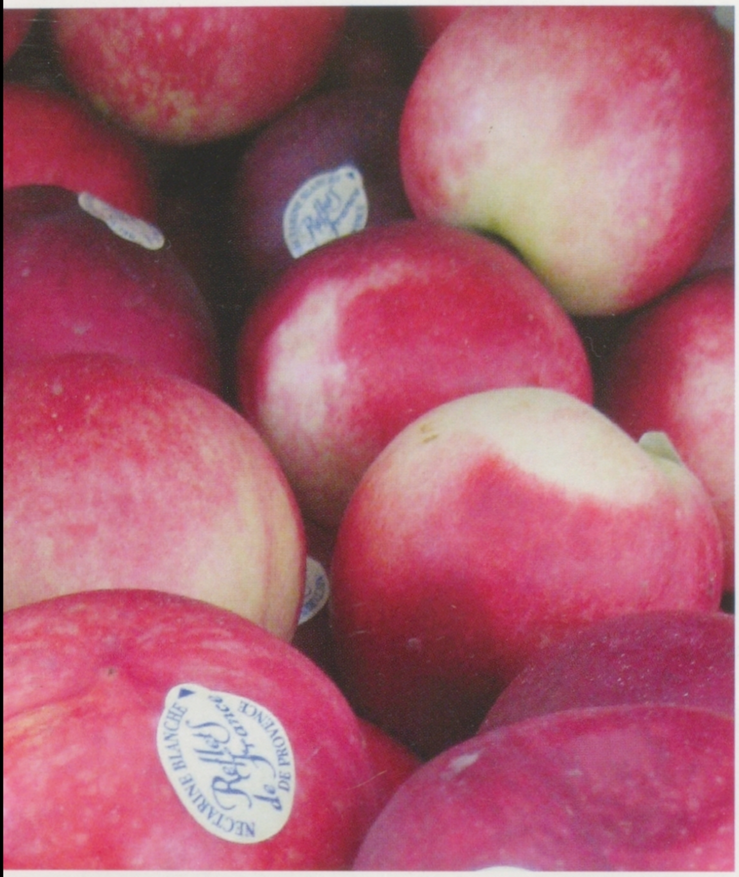
Picture: Michael Smith



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*submitted by our own students at Alameda High School*

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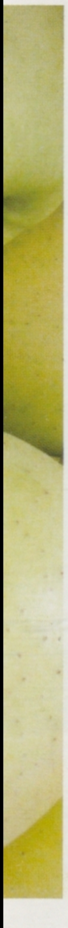

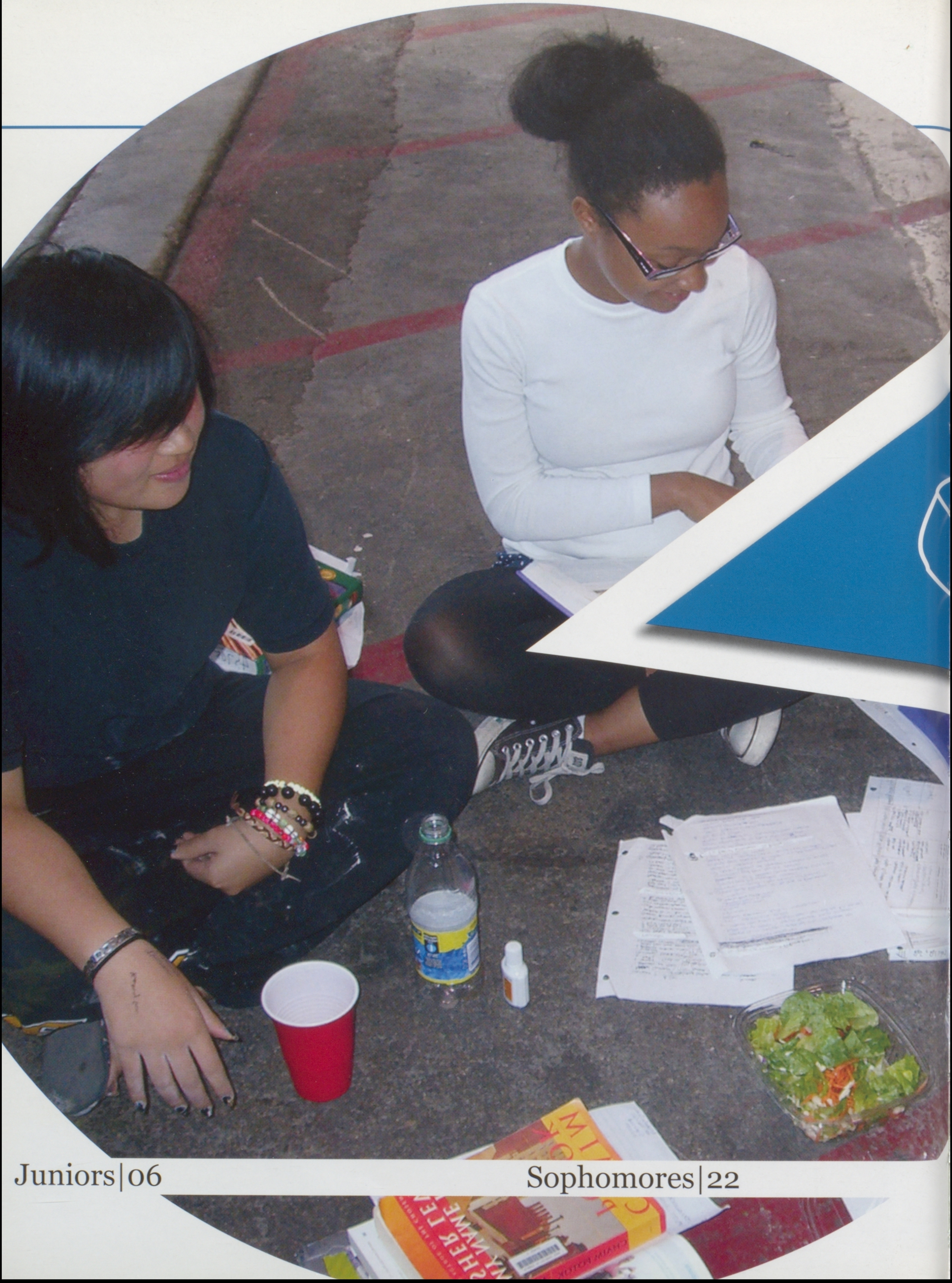

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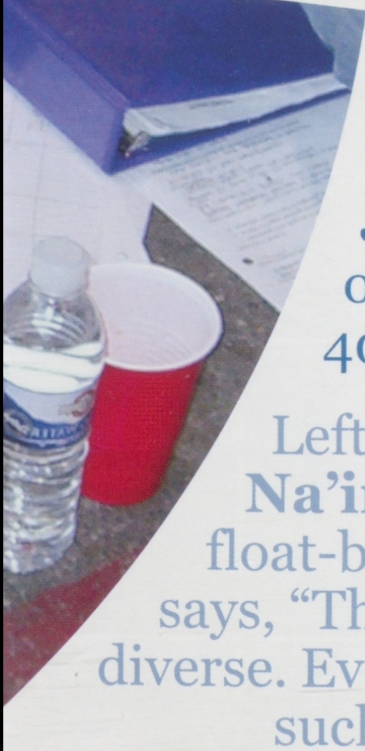
Page By: Melissa Lim
Picture: Alisa Hong

# people

## appetizers

The people of Alameda High are unique, as unique as France's famed 400 different types of cheese. Some cheeses, such as camembert, are served before the main course because they are young and not yet full-flavored - much like the underclassmen. As cheese ages, it matures. Strong and full-bodied cheeses, like Emmental de Savoie, are like the upperclassmen: while strong and hearty, it still has holes in it. Of course, each of the 400 types of cheese is just a catagory, and individual cheeses vary, depending on the farm from which they come. Our Alameda students are equally rich in variety; one Freshman is not like another, and no two Juniors are alike. AHS's 1600 various 9th-11th graders -- like France's 400 cheeses -- are just the beginning!



Left: Sophomores **Michele Sum** and **Na'imah Jennings** take a break from float-building to enjoy a few snacks. **Sum** says, "The people at Alameda High are really diverse. Everyone's really welcoming; it creates such a positive atmosphere."

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# 'oh nine Juniors

2 tsp. of anxiety
1 1/2 cups of pride
2 cups of stress
1 tsp. of disdain towards underclassmen
1/2 cup of sleep deprivation
3 tsp. of impatience
2 cups of experience
4 tsp. of green food coloring

Junior Year, considered to be the most stressful year of high school, combines fragments of sleep-deprivation, SAT prep, mountains of homework, social lives and many more entangling elements. This pivotal year determines most kids' futures, amounting to high stress levels and anxiety. Though Junior year has its disadvantages, it also can be construed as one of the most enjoyable years. With a fair amount of superiority in the school, Juniors have both the knowledge of the school and the right to penny Freshmen. With school pride, the Juniors wear green and scream their lungs out at homecoming assemblies. Having lockers in better areas and being two feet taller than most others in the hallways are two more privileges to being a Junior. For Juniors, be sure to mix until tired of school and cook under pressure.

Jonathan Abordo
Brandon Adams
Cecilya Alanis
London Alfaro
Alison Almquist
Everardo Angulo

Trevor Araujo
Dylan Arjo
Ashley Assayag
Jennifer Atkinson
Brenda Avila
Lauren Baca

Shray Backliwal
Maurelle Bagus
Christina Bailey
Cynthia Balanza
Alexa Baptiste
Jai Barcelona

Raymond Barreto
Shannon Barry
Vanessa Bastos
Ichinkhorloo Bayarsaikhan
Shigva Bayarsaikhan
Jules Bea

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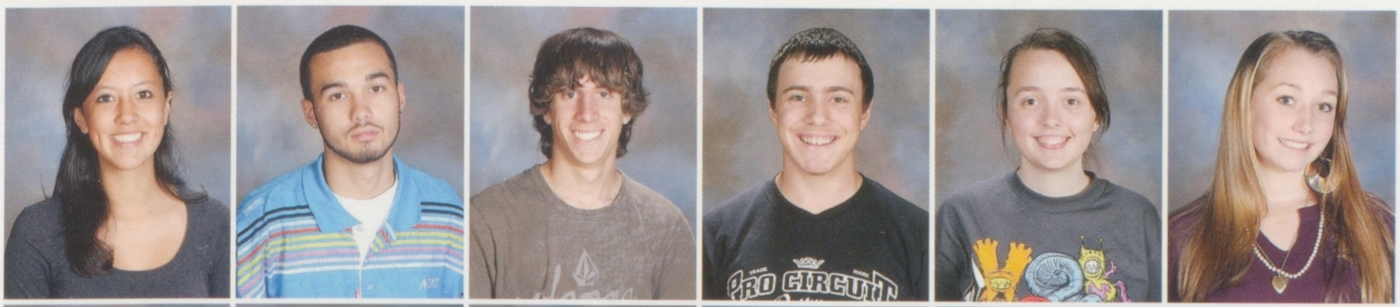
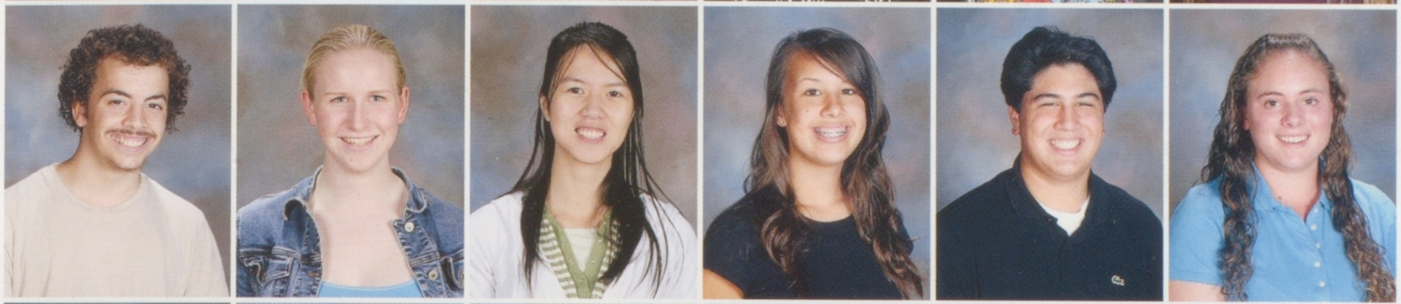
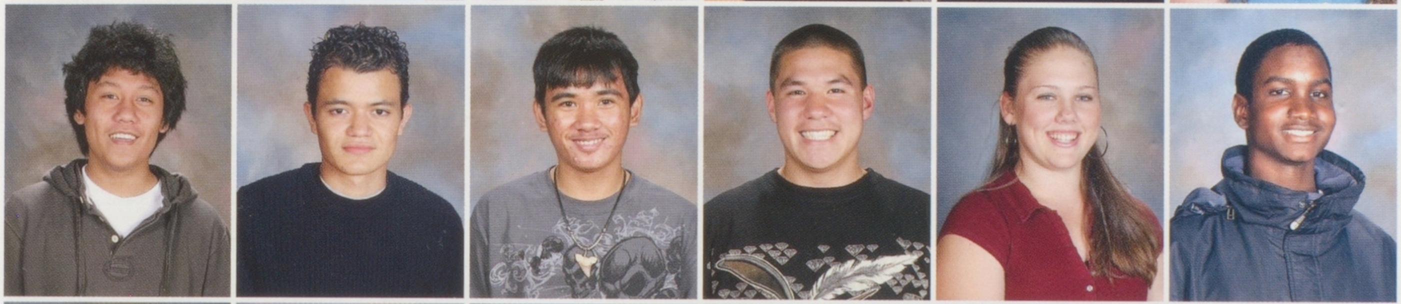
Picture: Chris Tung



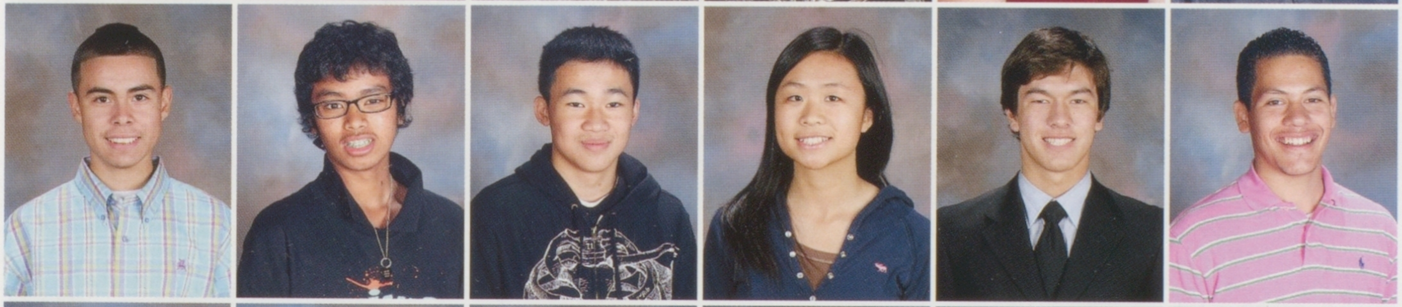
Janelle Bitker
Sean Blaisdell
William Boscacci
Gregory Bovet
Mackenzie Bowles
Amanda Brown



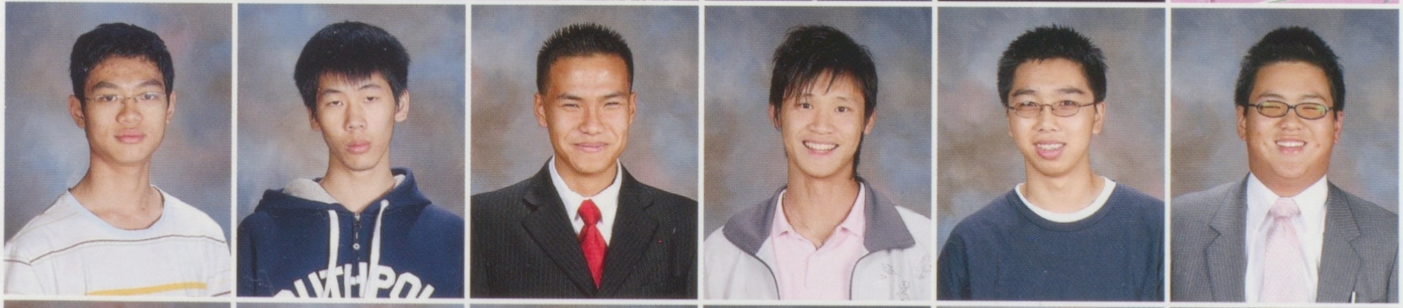
Joshua Brown
Sally Brownson
Duong Bui
Tatiana Burenin
Patrick Byrne
Lauren Cabrales



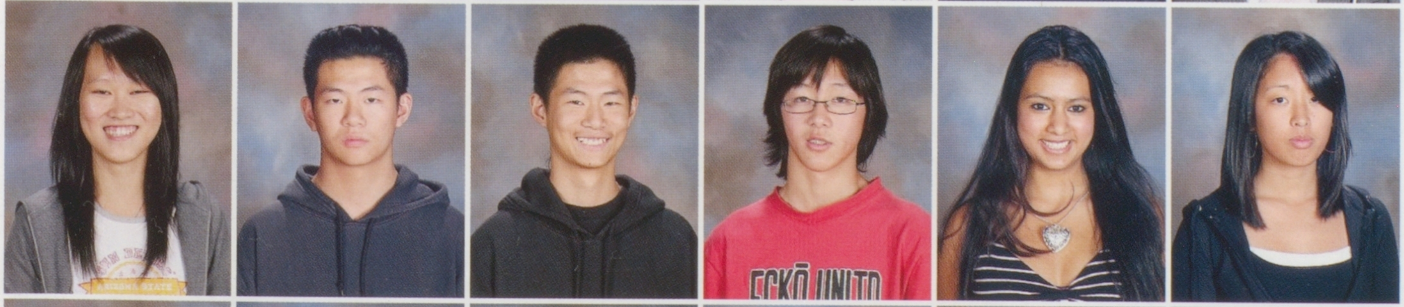
Justin James Calderon
Brayan Canaca
Marvin Caparas
Robert Carlson
Danielle Carmon
Devin Carraway



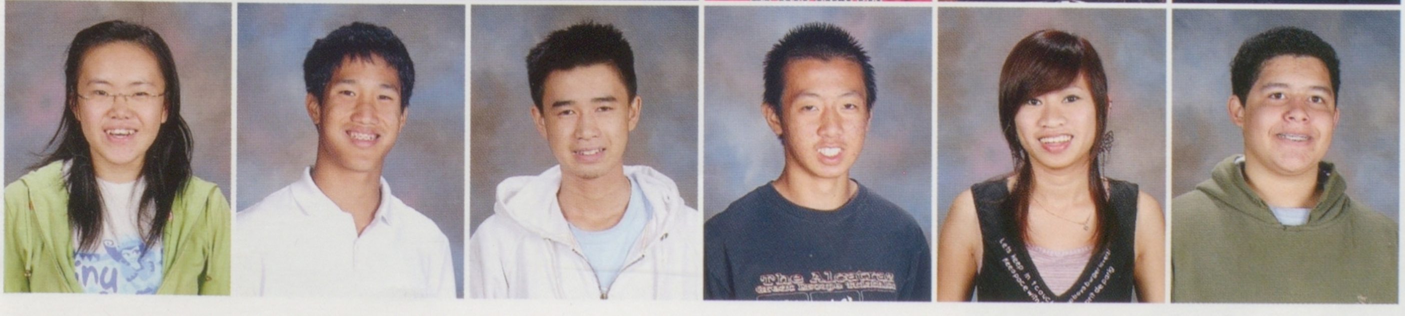
Josue Castro
Eric Causapin
Anthony Chan
Carmen Chan
Robert Chang
Bernardo Chavez



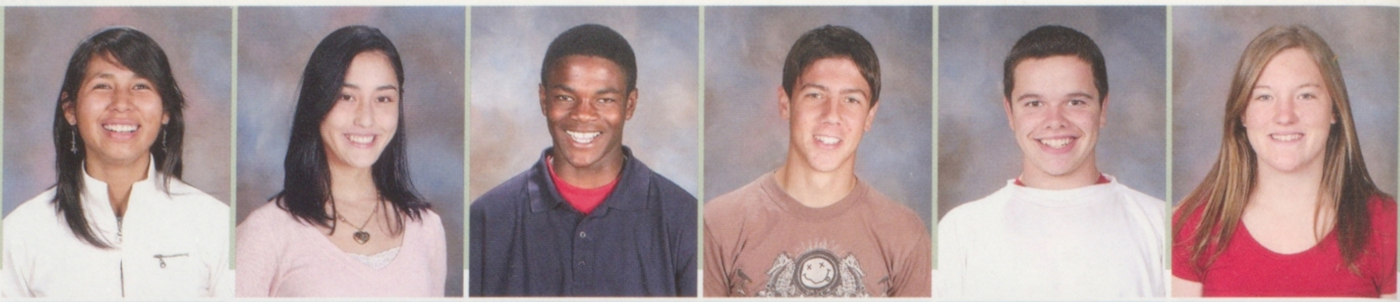
Alton Chen
Dallon Chen
Daniel Chen
Da Xian Chen
Lester Chen
Michael Chen



Rui Qi Chen
Timmy Chen
Tommy Chen
Wayne Chen
Drishya Chhetri
Jennifer Cho



Wai Tung Chong
Albert Chu
Neil Chu
Christopher Chui
Hoa Chung
Nicholas Clinton



Alejandra Coello
Miranda Cohen
James Coleman
Alexander Colvin
Grayson Cooke
Hannah Cooper

Amelia Courtois
Taylor Croxton
Chanel Cruse
Sarah Cully
Tony Dang
Kaezi Datuin

Chase Daubeneck
Emily Devey
Flora Diamond
Itzel Diaz
Alexander Didonato
Ellen Dietrich

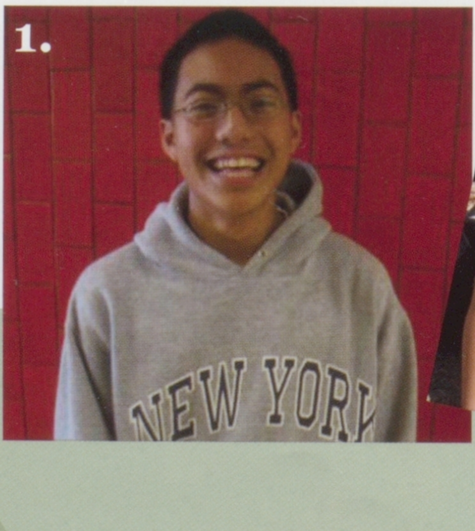
Brian Dinh
Vicky Dinh
Jeremy Dong
Brenton Du
Allison Duby
Melanie Duffey

Phi Duong
Tran Duong
Glen Durmas
Angelica Edwards
Ogbemi Ekwejunor Etchie
Marissa Erickson

1. When asked if he could put anything into a drinking fountain, **Michael Reyes** explained, "I think I would put Skittles in a fountain. So then, skittles would shoot out, the way they do in the commercials."

2. **Emily Devey** and **Ina Liu** find the perfect spot to eat their sandwiches outside of the AHS preschool, where they enjoy their quality time as well as the sun and serenity.

1.



2.

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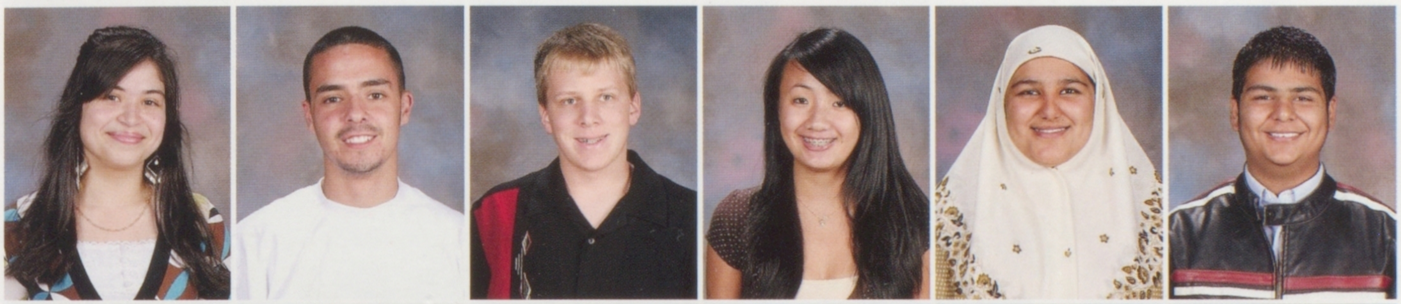
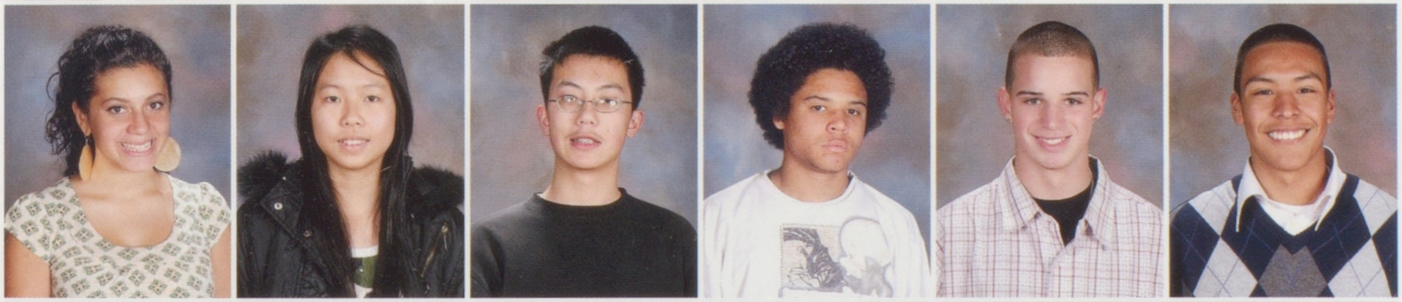
Picture: Alison Almquist -Bentley

1. Long-term friends and French 4 students **Frances Li, Monica Lee, Emily Pendleton** and **Claudia Lee** take a well-earned break from working on their projects to share some laughs.

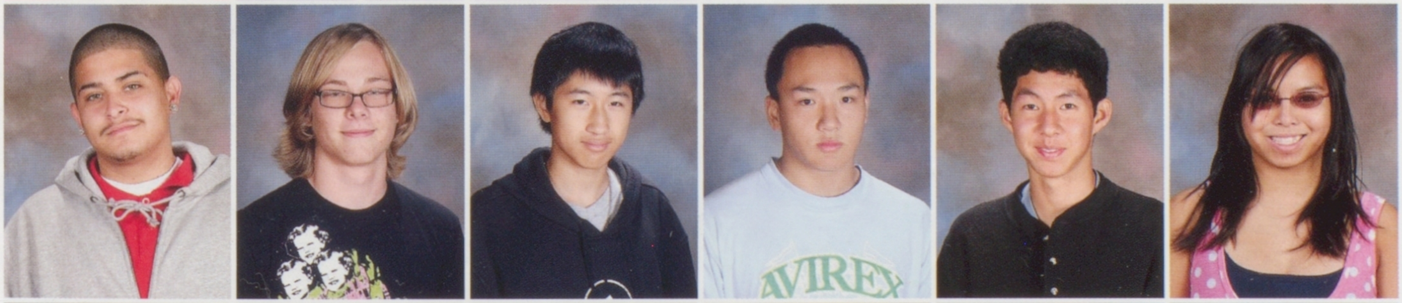
2. **Nicholas Lee, Charles Lin, Colin Wong** and **Trung Nguyen** patiently wait for some friends in front of the school while they decide where to eat before heading out for lunch.



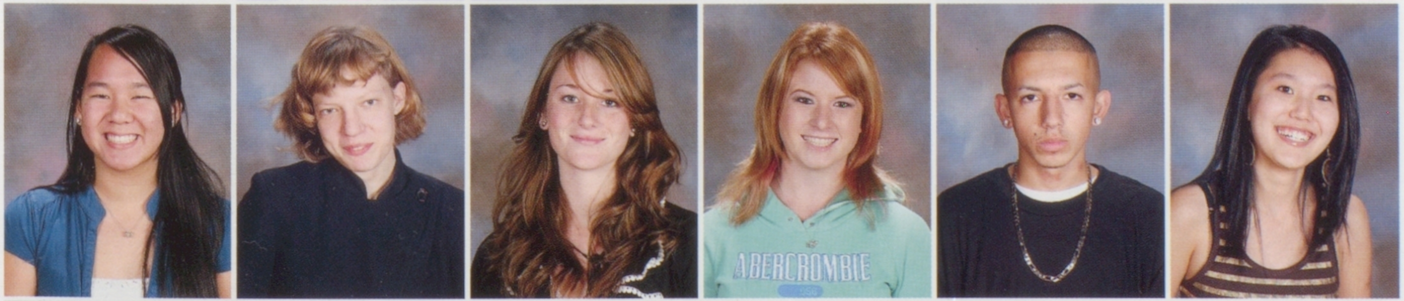
Freshta Esmatyar
Edgar Estrada
Nicholas Falls
Stacy Fan
Summera Farooq
Wasifyar Farooq



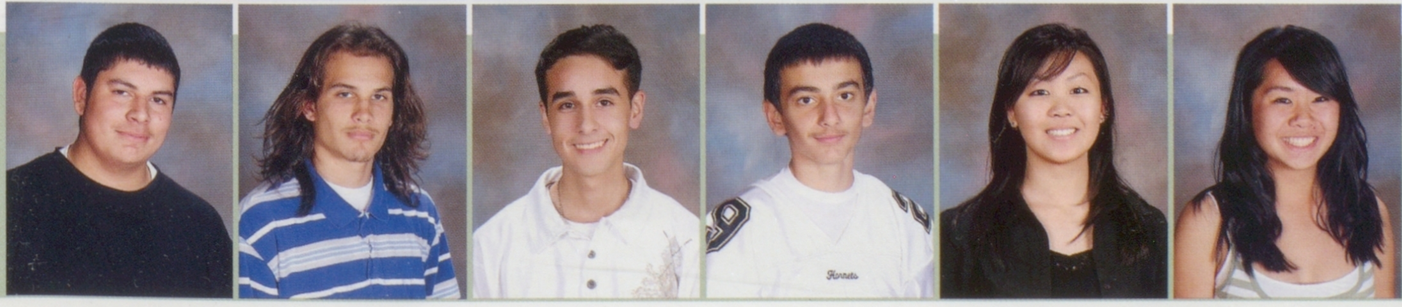
Sofia Fatone Zayas
Jiewen Feng
Li Feng Feng
Terry Fernandez
Dylan Flores
Javier Flores



Michael Flores
Tyler Flowerday
Christopher Fok
Bobby Fong
Calvin Fong
Caresse Fong



Lyndsay Fong
Maria Fornaeus
Megan Foster
Katherine Freitas
Richard Gama
Zolzaya Ganbaatar



Alfredo Garay
Antonio Garcia
Steven Garcia
Tammeem Gawhary
Alison Gee
Winnie Gee

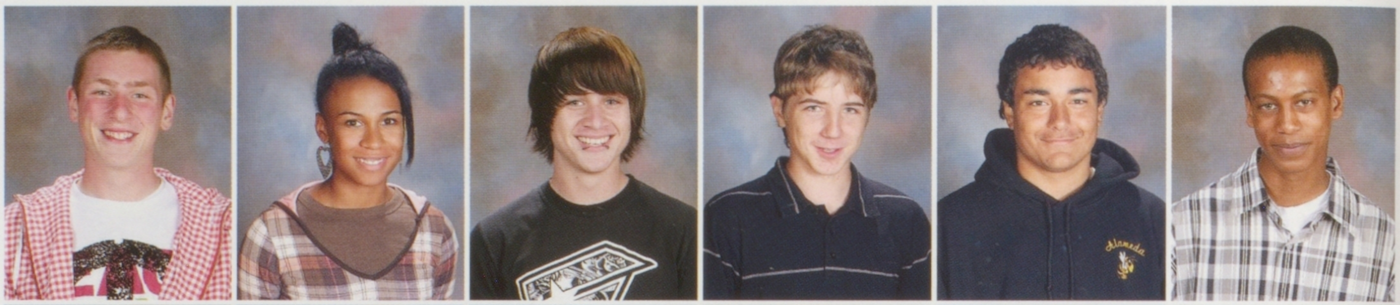
1. **Duong Bui** and **Anthony Chan** get some extra help from chemistry teacher, Mr. Joo, on their physics homework in order to achieve the good grades that they strive for.

2. **Mariah Weatherton** was quoted as saying, "My favorite place to eat lunch during the school year is Taqueria or my house, I like eating at home because there is nothing like free food."

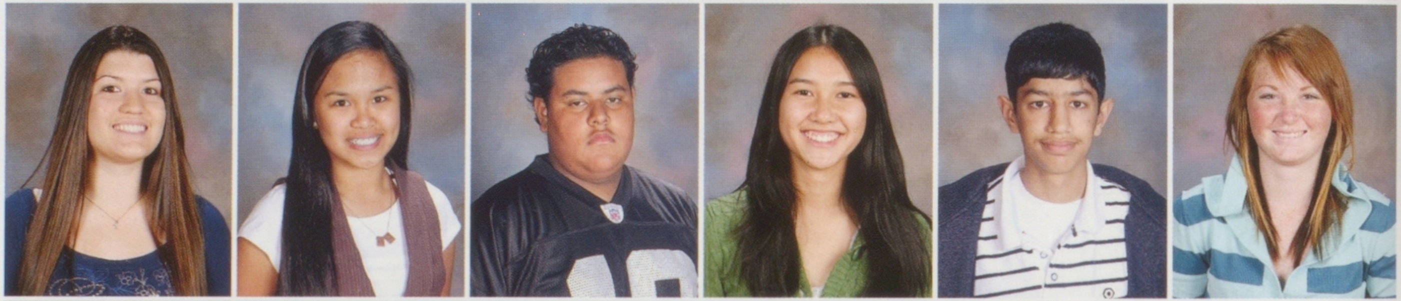
1.

2.

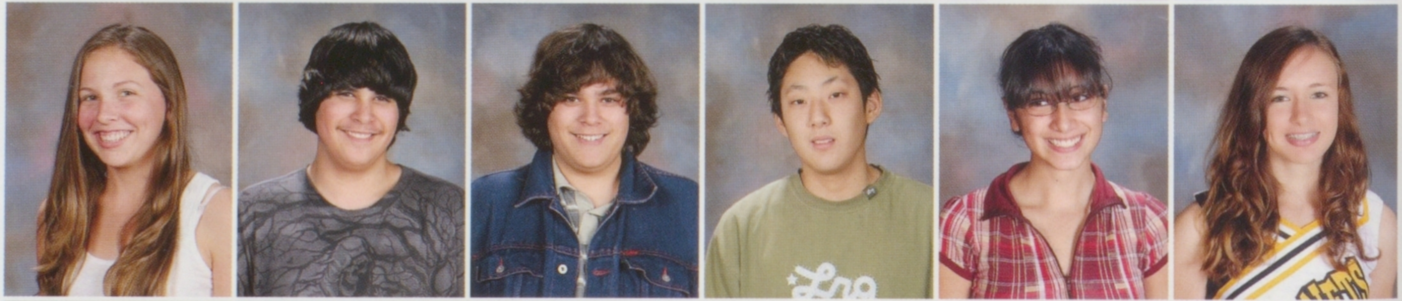
Vincent Giardino
Avery Glover Mackey
Jesus Gonzalez
Ryan Green
Brandon Gregory
Alexander Griffin



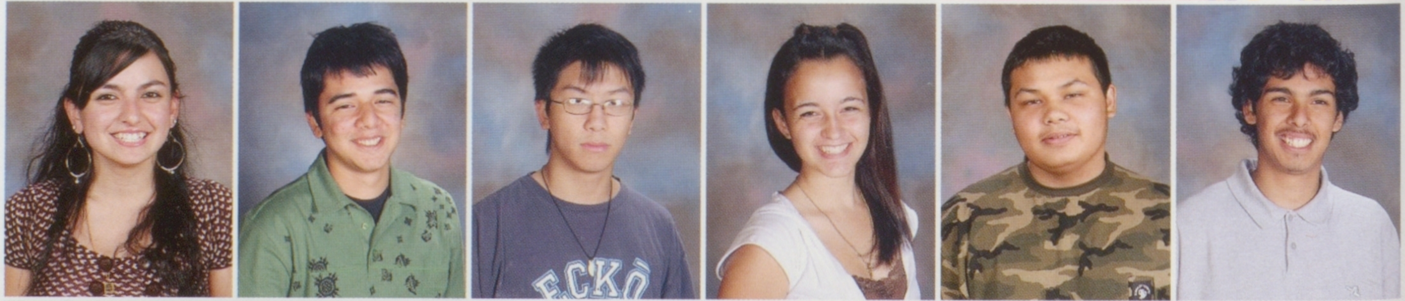
Michelle Griffin
Arianne Guzman
David Guzman
Yen Chi Ha
Farhad Hakimzada
Kristina Hallam



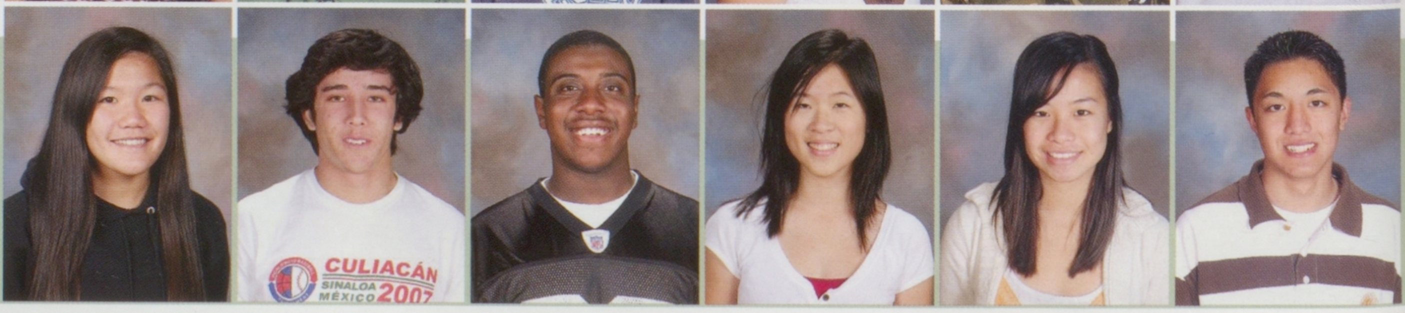
Anne Hallford
Anthony Hamlin
Leo Hamlin
David Han
Michelle Haro
Megan Harper



Yelda Hasieb
Hashmatullah Hasseeb
Howard He
Brandi Helms
Philip Herradura Jr.
Vincent Herrera



April Hien
Daniel Higuchi
Andre Hines
Christina Ho
Baoyen Hoang
Loc Hoang



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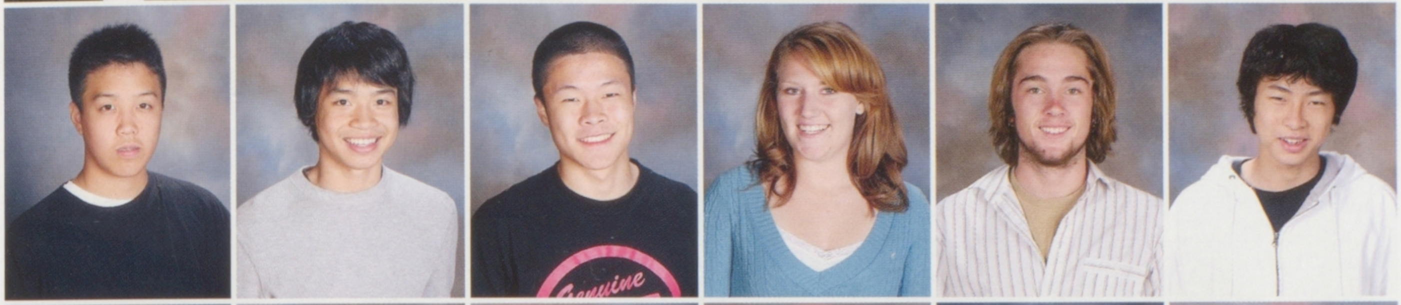
Picture: Carson Cheung

Steve Hoang
Tuan Hoang
Zachary Hodges
Jessica Hong
Kathy Hua
Trang Hua



Anton Huang
Eddie Huang
Jason Huang
Elizabeth Hughes
Benjamin Hughson
Daniel Huie

Sean Hunter
Truc Huynh
Leigh Megan Intal
Chelsea Invencion
Matthew Jackson
Jasmine Jacobs

Waleed Jami
Brian Jeddeloh
Leslie Ji
Yucheng Jiang
Carlos Jimenez
Yang Jing

Alexander Jiu
Gabriel Johnson
Alisha Jones
Anisa Jones
Darrah Jones
Jasmine Jones

1.

2.

1. **Andrew Yount** and **Leo Hamlin**, who share similar tastes in ska music, discuss the recent shows and new CD releases of their favorite bands.

2. When asked what food they would eat for the rest of their life, both **Miranda Cohen** and **Vicky Dinh** agreed saying, "Japanese food." But Vicky was a bit more specific saying, " I could live off the lion king roll from Kai's, especially the sauce!"

Mathew Jones
Pil Gyu Jung
Taupeau Kaiser
Kevin Kamara
Krystal Kelly
Drew Keres

Katie Kerpel
Christine Kha
Ochgerel Gloria Khatanbaatar
Odgerel Jack Khatanbaatar
Nikolaus Klenovits
Leon Ko

Shohei Kobayashi
Arden Koehler
Tyler Koffler
Sophia Kohgadai
Amanda Koo
Kevin Krauland

Kyle Krinks
Madeline Kuttner
Patricia Kwan
Charlie Lai
Leon Lai
Elizabeth Lam

Jocelyn Lam
Katherine Lam
Robert Langton
Nelson Lau
Wendy Lau
Alice Le

1.

2.

1. Everyone at Alameda High knows of the infamous Corner Store, but what they all don't know is that **Steve Hoang**'s family owns it. When asked what is his favorite thing to get there, he responds with: "Well I can get anything, but sandwiches are my favorite."

2. English classmates and good friends **Kelsey Miller**, **Savanna Tracey** and **Beth Matteucci** discuss the symbolism of their current novel, *The Catcher in the Rye*, outside of Ms. Ziemer's classroom.

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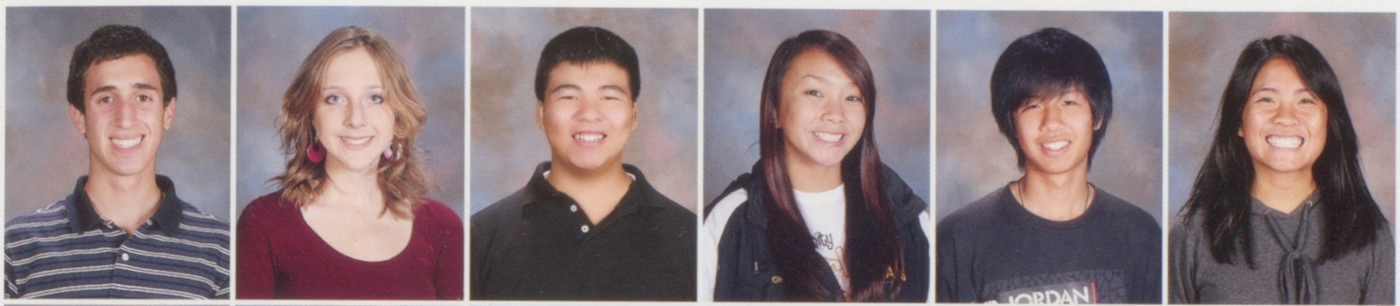
Picture: Damien Stowers

1.

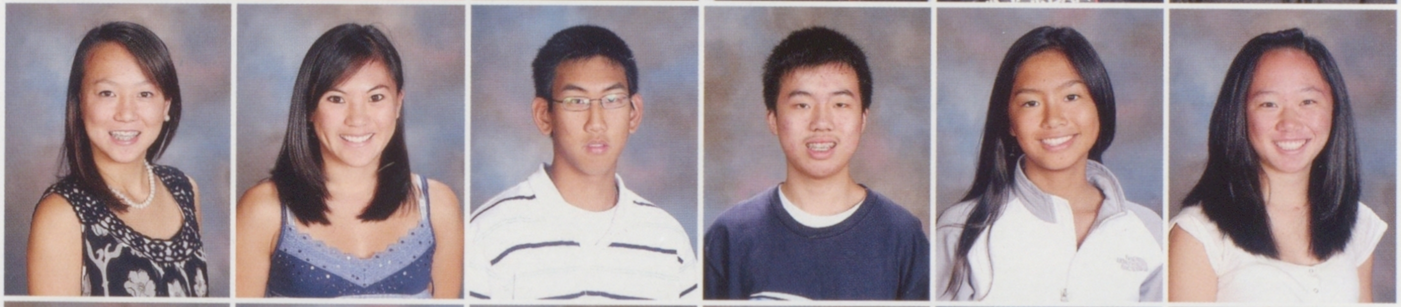
2.

1. While waiting for their zero period Current Life class to start, **Erin Nickell** and **Grace Yon** share their weekend plans.

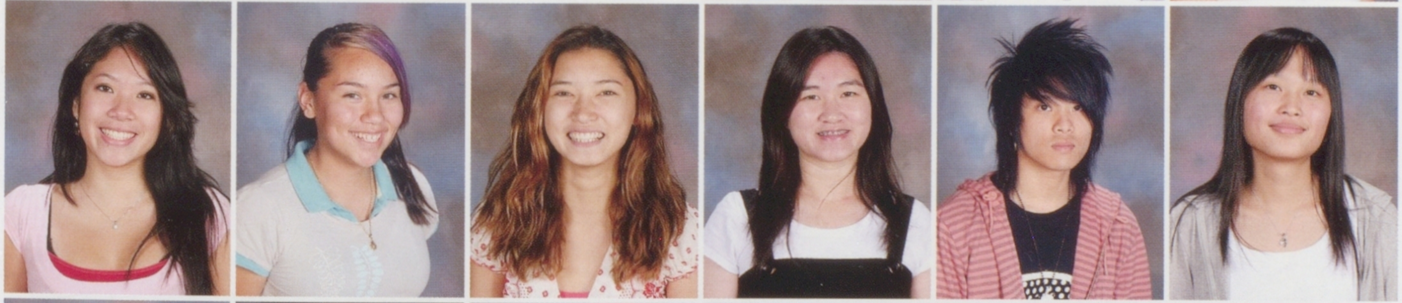
2. **Jonathan Montano, Erik Wong** and **Daniel Chen** share a good conversation and socialize with friends during the long break offered between demanding classes.



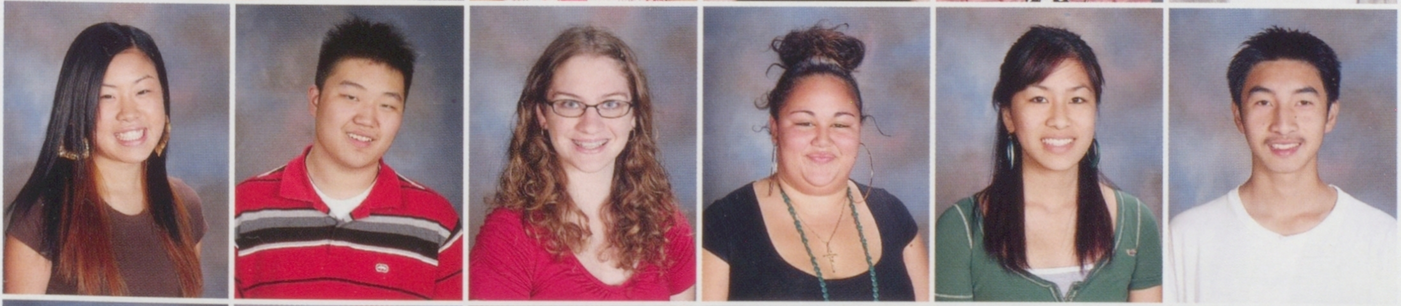
Daniel Lebe
Alexandra Lee
Brennan Lee
Christie Lee
Chun Yin Lee
Claudia Lee



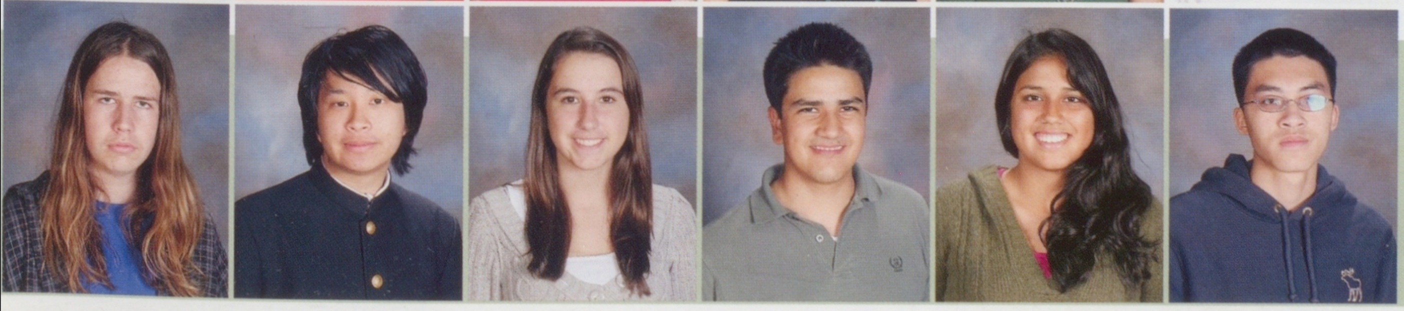
Lauren Lee
Monica Lee
Nicholas Lee
Stanley Lee
Sydney Lee
Jessica Leong



Brittney Lew
Alina Leyva
Frances Li
Michelle Li
Simon Li
Xiao Mei Li



Daisy Lieu
Charles Lin
Katheryn Linderme
Luciana Lino
Ina Liu
Jing Liu

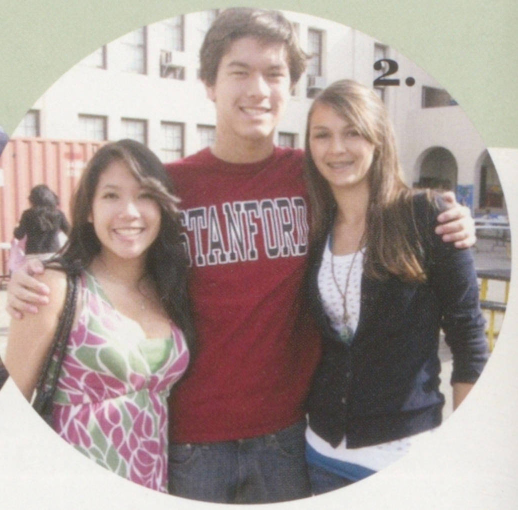


Neil Livingston
Patrick Long
Gabrielle Loparo
David Lopez
Mariela Lopez Garcia
Zhiyi Luo

1. While taking a break from a stressful day, **Katherine Freitas**, **Lauren Cabrales** and **Ellen Dietrich** bring different food from all over Park Street to eat and chat at the local coffee shop, Java Rama.

2. In preparation for Food Faire, club members such as **Brittney Lew, Bobby Chang** and **Maddy Kuttner** help set up their booths for the exciting lunchtime festivities.

1.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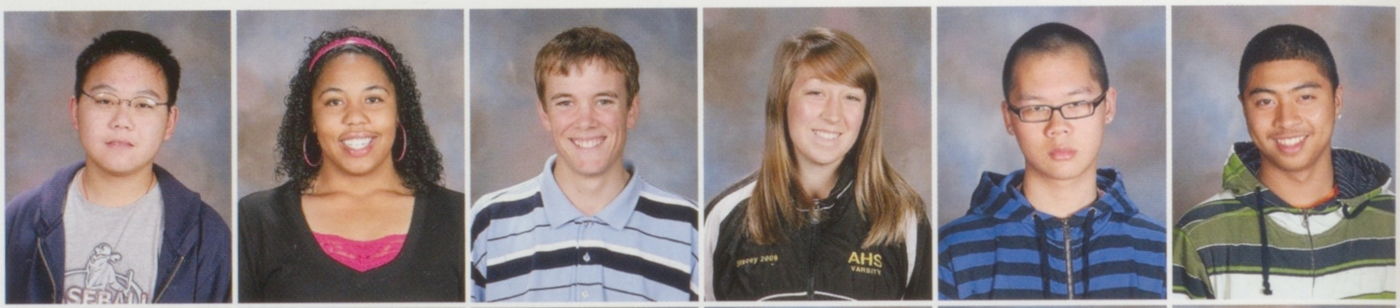
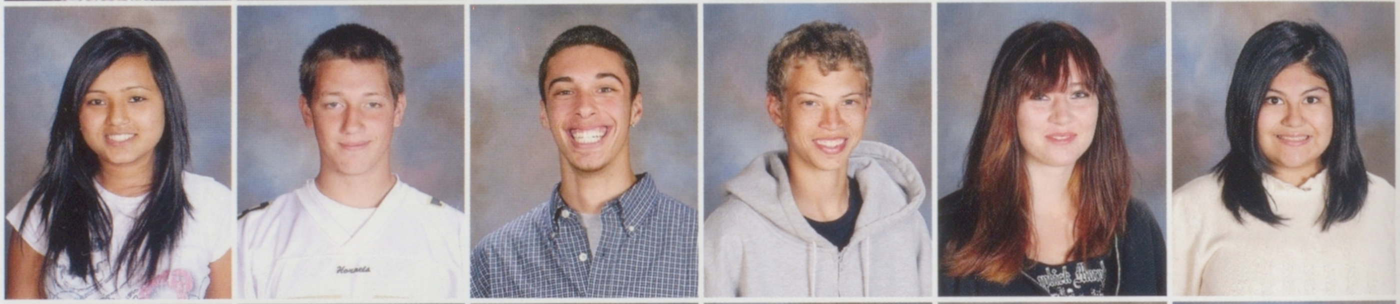
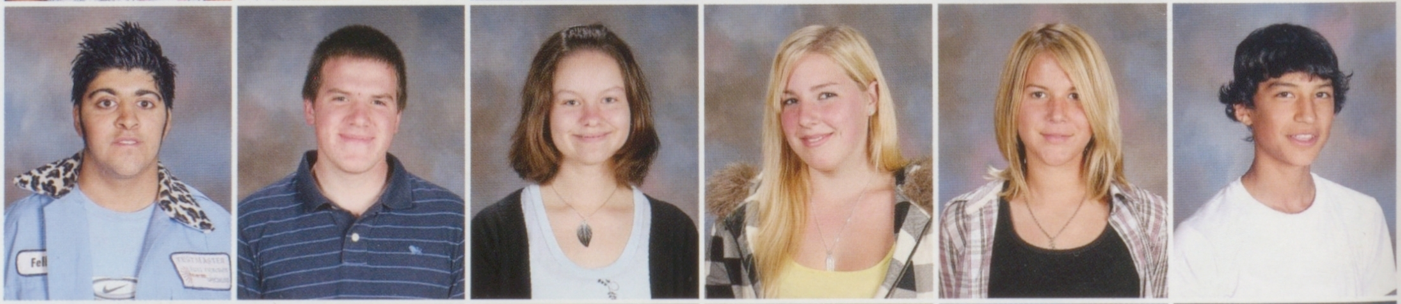
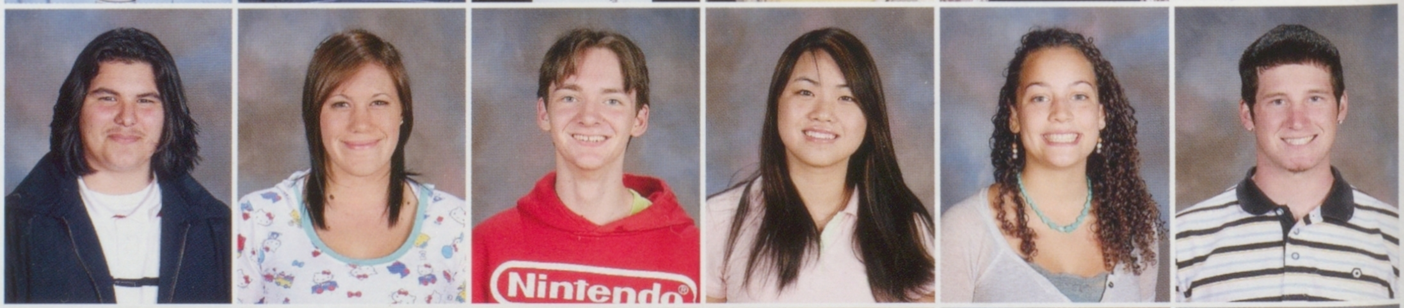
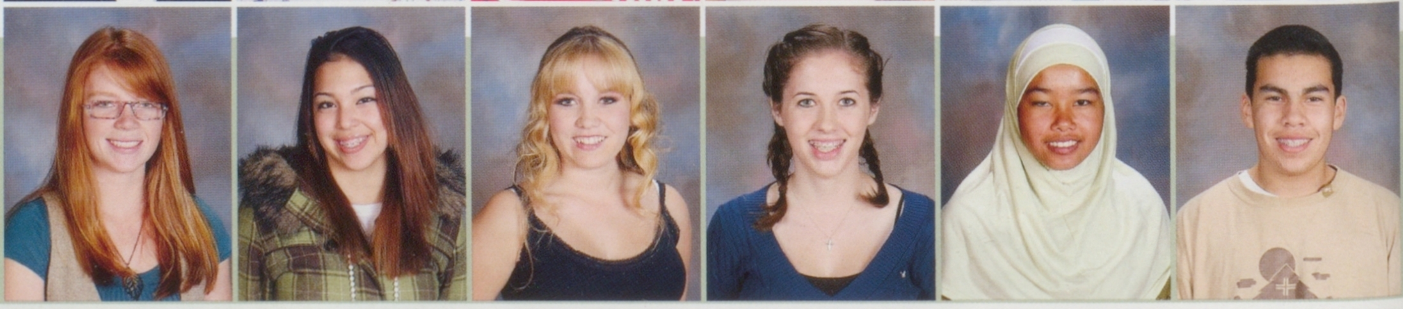

Eric Ly
Steffanie Lynard
Troy Lyon
Stacey Lyons
Allan Mac
Kevin Macalino


Meejala Maharjan
Sean Malone Jr.
Joshua Mandell
Marcus Mantynen Smith
Shannon Marsden
Ashley Martinez


Nicolas Martinez
Benjamin Mason
Claire Mathieson
Beth Matteucci
Taylor McAdam
Corey Mcdonah


Adam McKinney
Natalie Medved
Alexander Meek
Maggie Mei
Sarah Melek
Joshua Meloy


Kelsey Miller
Kiyomi Miller
Kayla Missaggia
Nina Moe
Fatima Mohammed Zakir
Jonathan Montano

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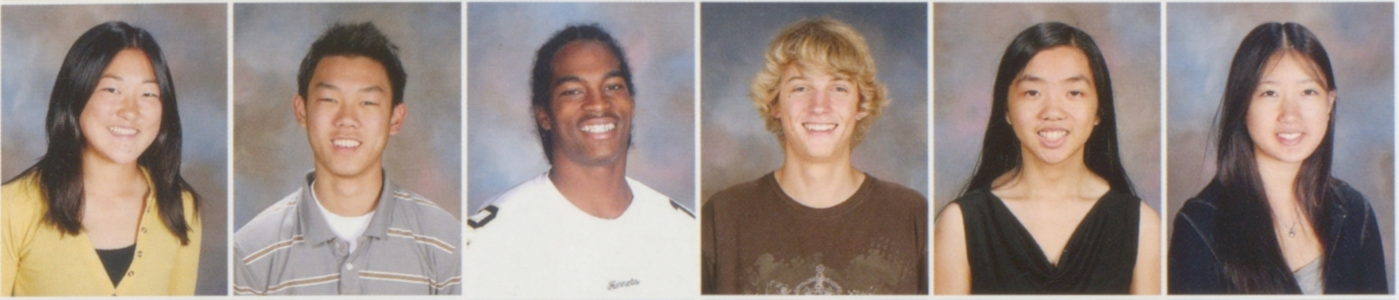
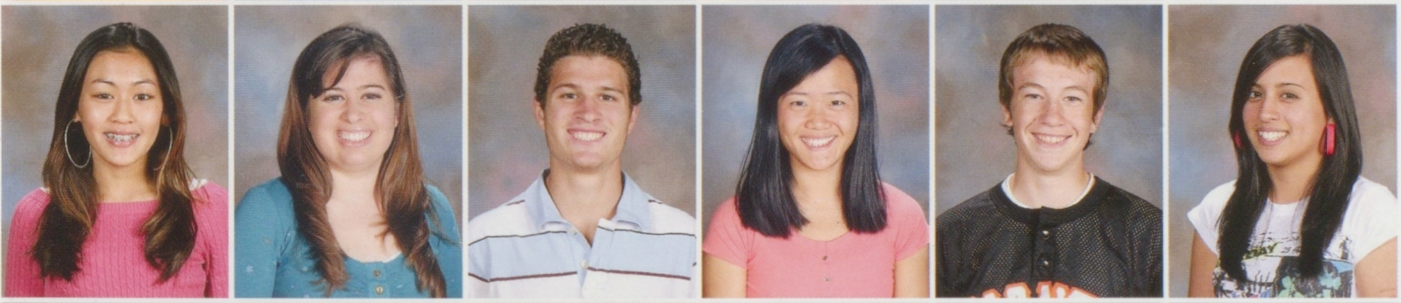
Picture: Becky Moon

Stephen Moon
Jacqueline Moran
Ariana Mortazavi
David Mun
Daniela Myovich
Jeffrey Najibi

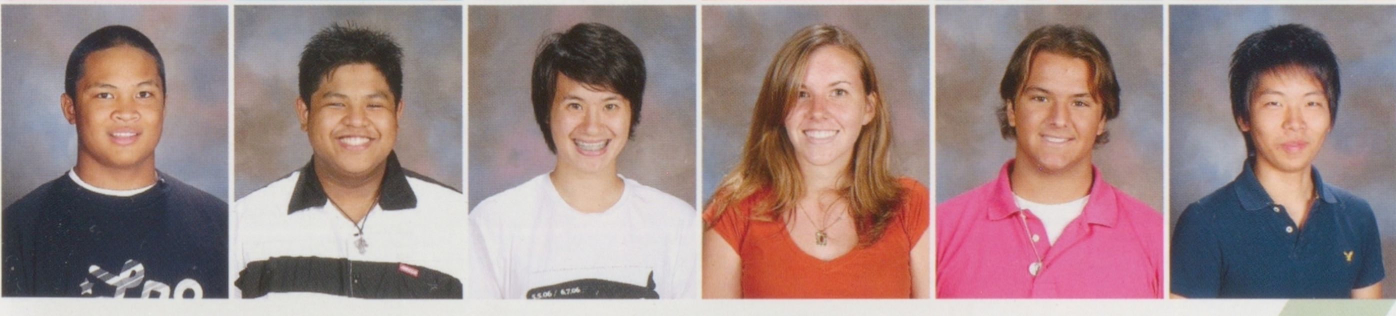


Kristine Nakada
Jun Nam
Tyler Nash
Brian Nelson
Janet Ng
Jody Ng

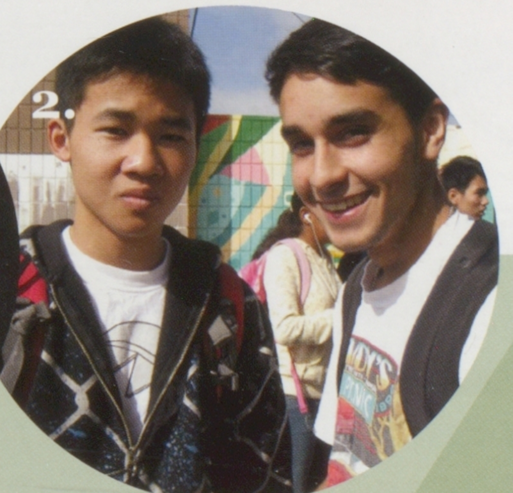
Chi Nguyen
Lily Nguyen
Randy Nguyen
Terry Nguyen
Thi Nguyen
Trung Nguyen



Vicky Nguyen
Erin Nickell
Scott Nickell
Mingmei Niu
Joseph Norton
Lorena Nuno



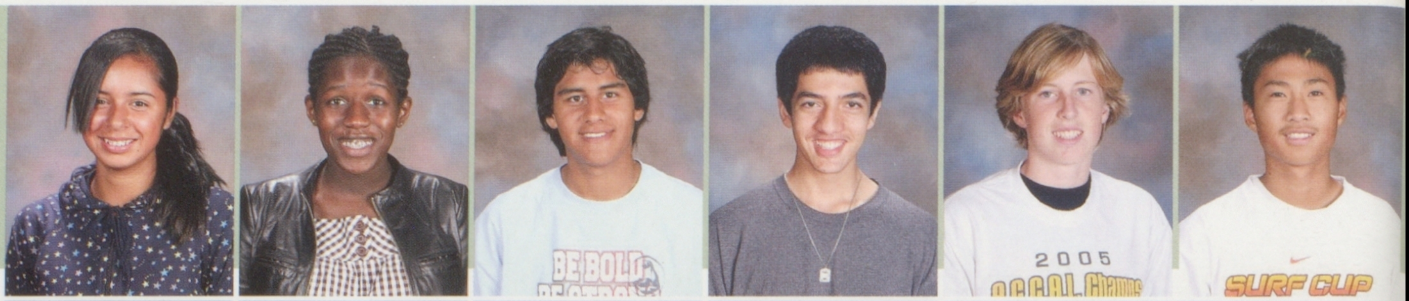
Romel Obcena
Arthur Jheremy
Ocampo
Linnea Oddie
Brigid O Donoghue
Vincent Ogden
Jin Yeop Oh



1. While working on a French four project in the media center, **Katie Kerpel** and **Linnea Oddie** discuss possible strategies on attaining A's.

2. **Anthony Chan** and **Steven Garcia** take their time to explore all of the delicious and diverse food opportunities offered at Alameda High's popular Food Faire.

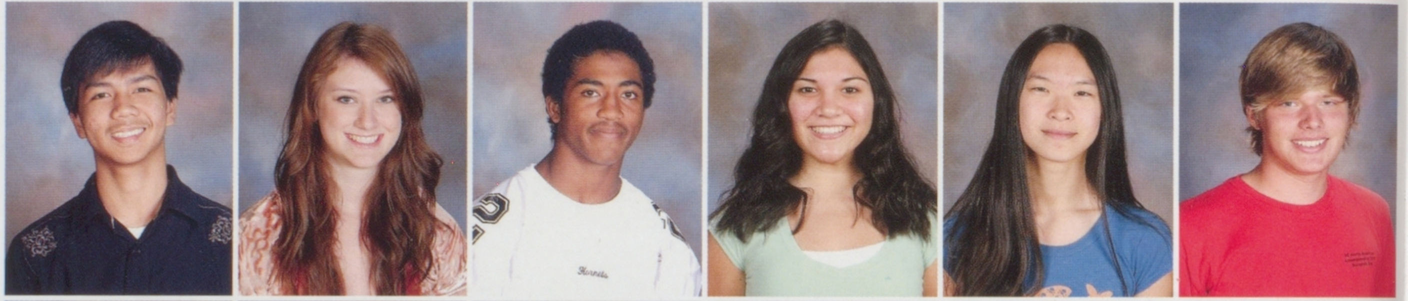
Stephanie Oliva Garcia
Ashley Onyemelukwe
Benjamin Osborn
Masehullah Osman
Alec Osterdock
Nicholas Owyang



Kevin Padway
Michael
Panagakis Maritz
Melvin Pandey
Gi Park
Gefany Partido
Reena Patel

Bianca Patino
John Paulus
Emily Pendleton
Tiffani Perez
Fayola Perry
Nichole Perry

Kalvin Pespitro
Gabriela Pieroni
James Powell
Alyssa Prael
Deanna Quach
Michael Radziejowski



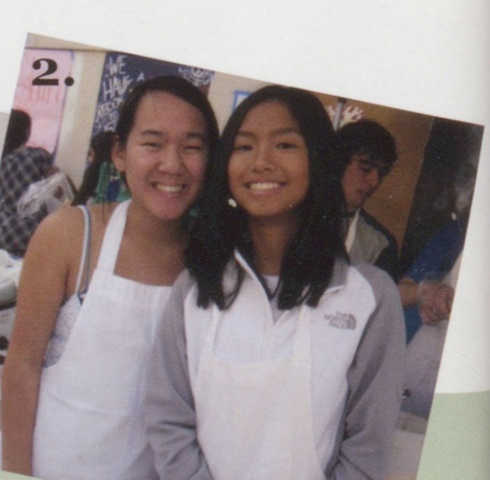
Sohail Rahmani
Brandon Ramirez
Andrew Ramos
Kimberly Ramsey
Laila Rashada
Ryan Ray

1. **Jai Barcelona**, **Daniel Higuchi**, and **Tyler Sanderson** enjoy the bountiful opportunities offered around Alameda High during lunch.

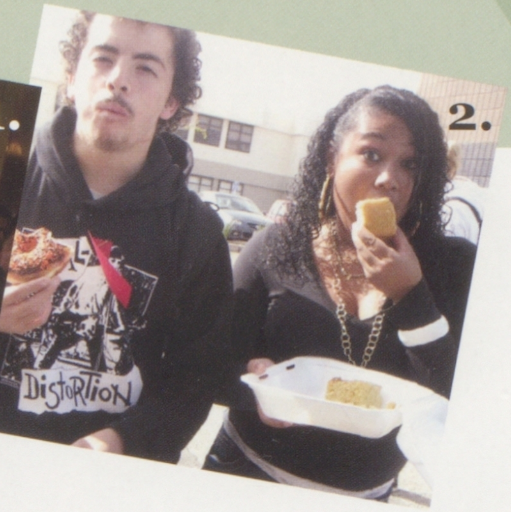
2. **Lyndsay Fong** and **Sydney Lee** happily serve clam chowder and chili in bread bowls to eager and hungry students for DECA, which always has a successful booth during Food Faire.

**1.**

**2.**

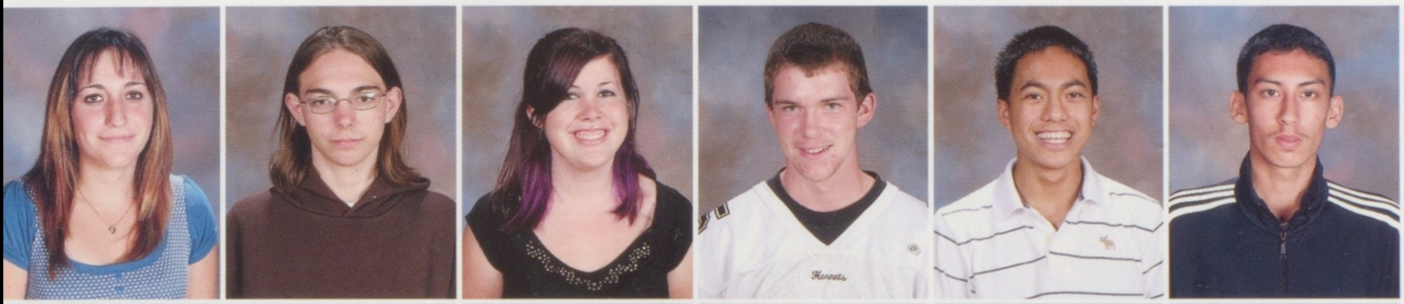


1.

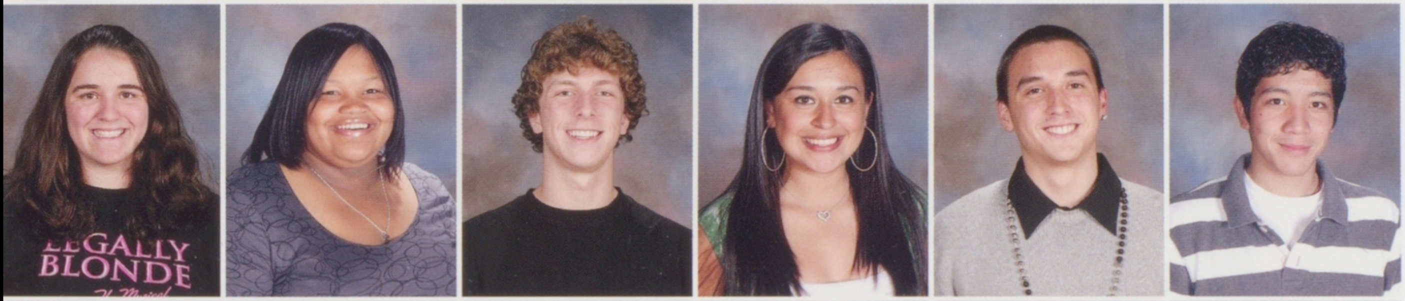

2.

1. Homecoming sparks many students' school spirit and inspires Juniors like **Elizabeth Reilly**, **Stephanie Olivia-Garcia**, **Robert Carlson** and **Emma Ulrey** to put on their green shirts and face paint, and cheer their class on.

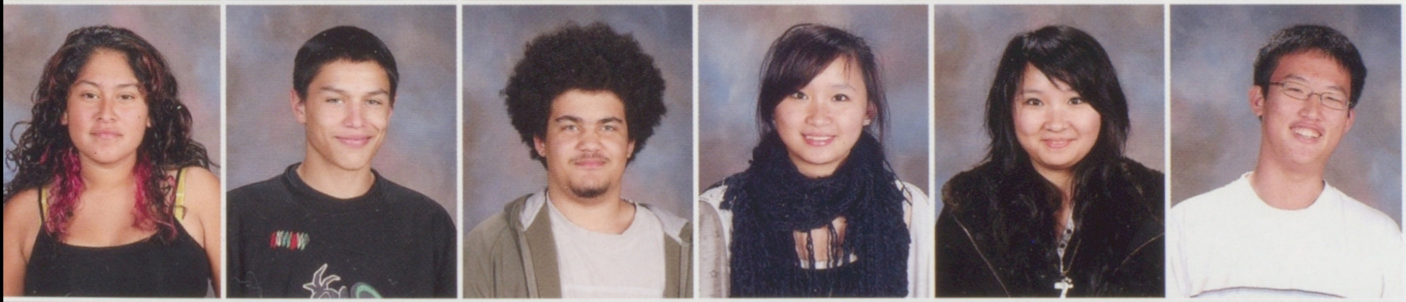
2. During Food Faire, **Joshua Brown** and **Allyson Santa Maria** enjoy the wide variety of food ranging from doughnuts and brownies to corn bread and carnitas.



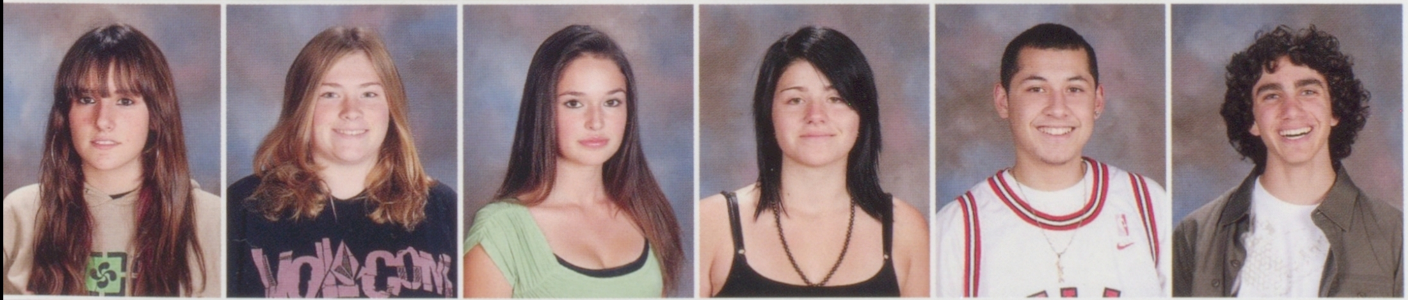
Alanna Regan
Ian Reid
Elizabeth Reilly
Sean Reilly
Michael Reyes
Zachary Reynado



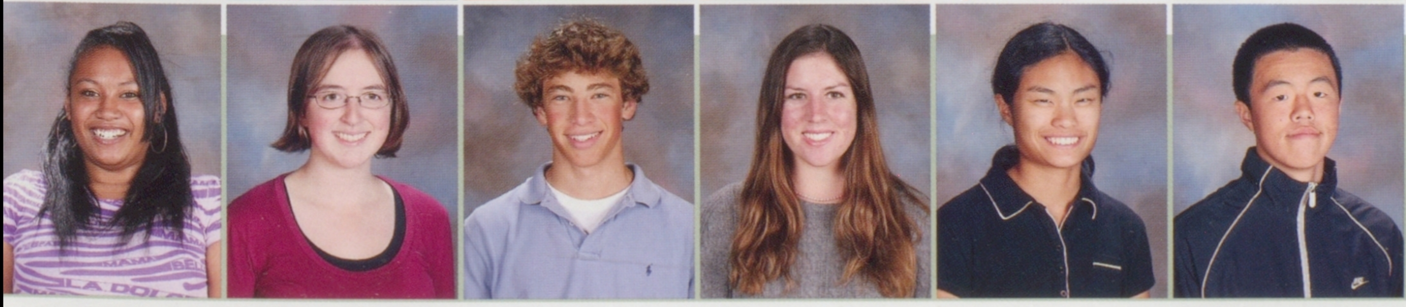
Kelly Reynolds
Diamond Rhodes
Samuel Ripp
Rachel Rodriguez
Joseph Romer
Nico Romero



Lori Jean Romo
Rene Rosales
Dylan Ross
Yanni Ruan
Yanqian Ruan
Tae Ryu



Alejandra
Sainz De La Rica
Kelsey Salter
Aralisa Samaniego Lara
Emmy Sanchez
Ulices Sanchez
Tyler Sanderson



Allyson Santa Maria
Melissa Scott
Taylor Seals
Sarah Sedlack
Sophia Shin
Ryan Shum

1. In all the excitement and hard work of Homecoming and AP English, **Deanna Quach** and **Alice Le** show that they are full of Junior pride before continuing with their studies on *The Sun Also Rises*.

2. Long time buddies **Chris Tung** and **Chris Chui** attempt to look inconspicuous during break before departing sullenly towards their next classes.

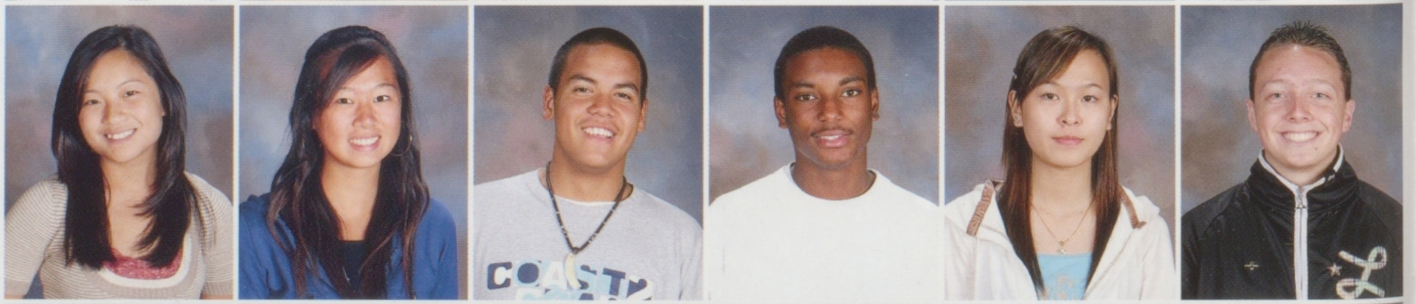
1.

2.

Jordan Skipper
Eli Slicton Williams
Samantha Sligh
Natalie Slivka
Daniel Smith
Jordan Smith

Kristyna Smith
Bonnie So
Jia Song
Stephanie Sorensen
Neera Subedi
Michael Sugitani

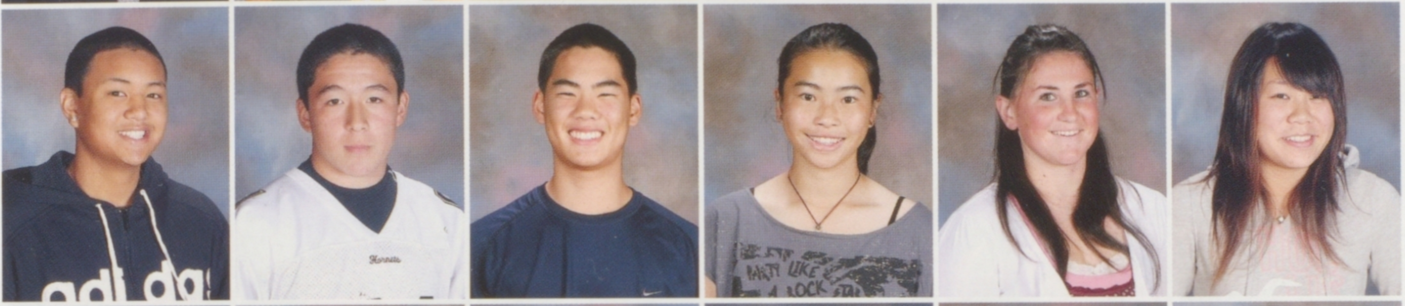
Tracy Szeto
Yat Fai Tam
Clinton Tan
Connie Tan
Corey Tan
Lydia Tang


Precilla Tang
Shirley Tang
Christopher Tanner
Wesley Taylor Edwards
Lan Phuong Thai
Brendan Tietz

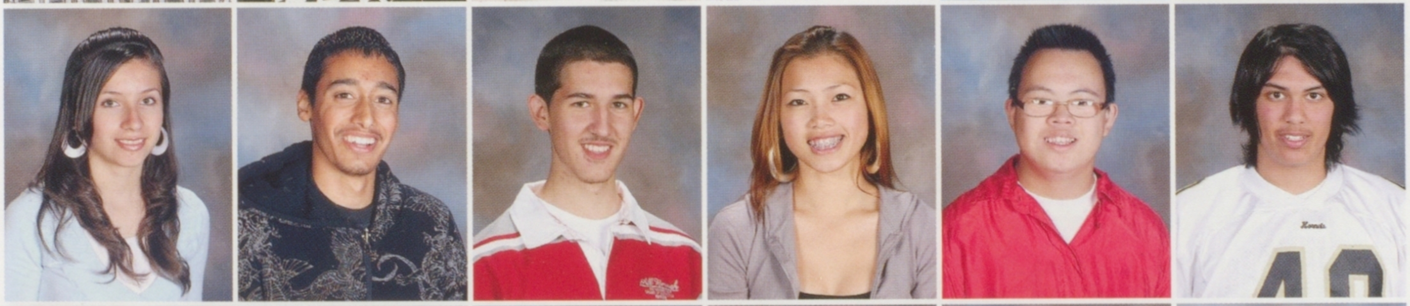
Kassandra Tieu
Andre Tom
Jasmine Marie
Tomelden
Rebeca Torres
Savanna Tracey
Hung Tran

Page By: Natalie Medved and Maurelle Bagus
Picture: David Hui

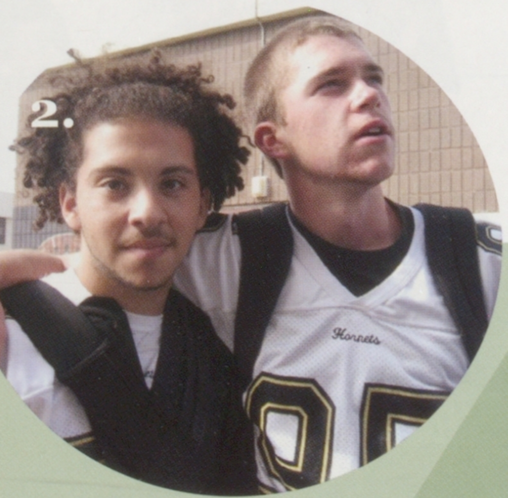
Thomas Tran
Tina Tran
Alexander Truong
Diane Truong
Yuk Mei Tse
Kevin Tu


Francois Tuazon
Brandon Tubbs
Christopher Tung
Hei Tung Tung
Emma Ulrey
Hio Lam Un

Julian Valencia
Vanessa Valerio
Rachael Valler
Michael Van Ausdle
Samantha Vaughan
Magadalene Vee


Adilene Velazquez
David Vergara
Edgar Villalpando
Hoa Vo
Jason Vuong
Marc Wada

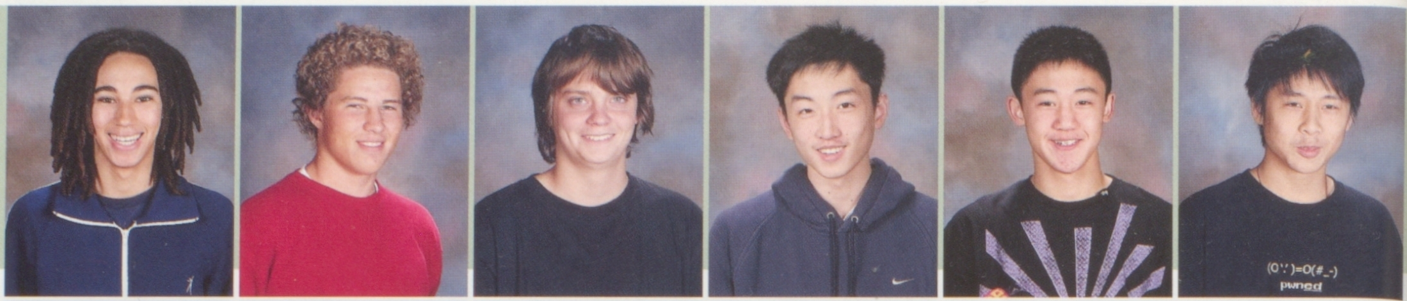
Tony Wan
Yu Wang
Victorya Warren
Vannessa Watrous
Mariah Weatherton
Nashanta Williams



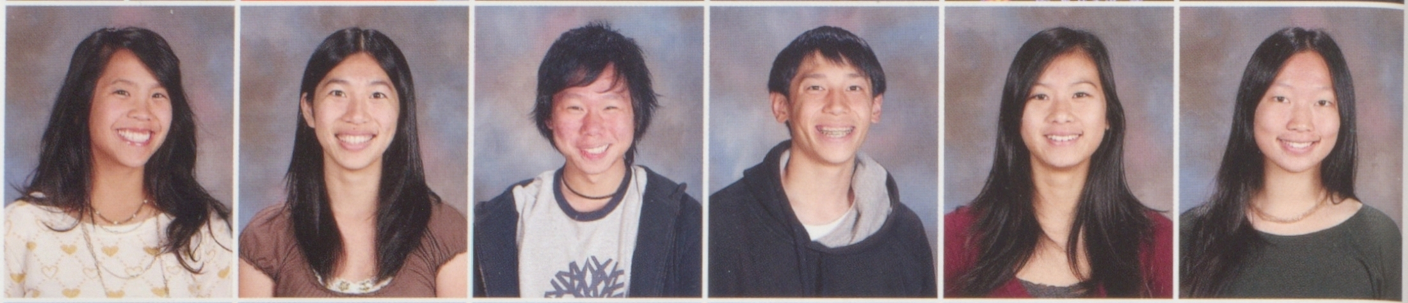
1. **Tuan Hoang**, **Truc (Rose) Huynh**, **Howard He**, **Deanna Quach** and **Alice Le** quickly grab some food to eat in between serving many hungry students their Vietnamese delicacies, such as shish kabobs, from Vietnamese Student Association club.

2. The 17 minutes of break is more than enough time for football team friends **Zachary Hodges** and **Sean Reilly** to share a few laughs and joke their way to their next class.

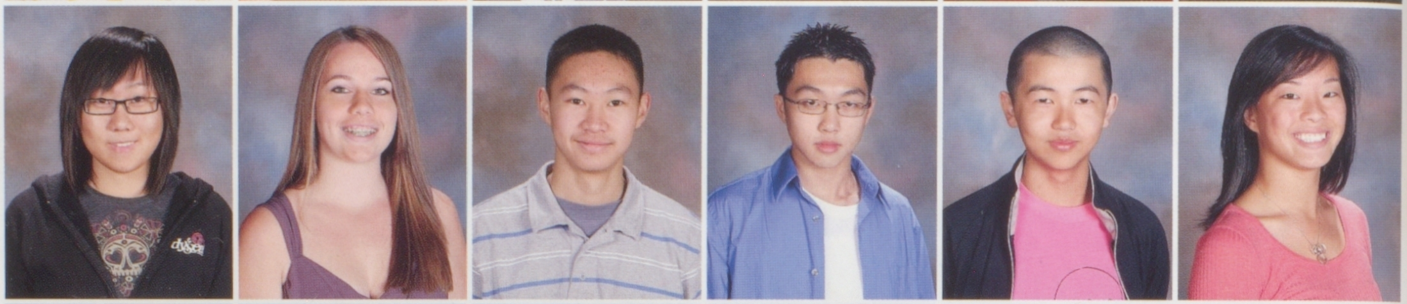
Nathaniel Williams
Nickolas Winterbauer
Christian Wirtz
Colin Wong
Erik Wong
Kevin Wong



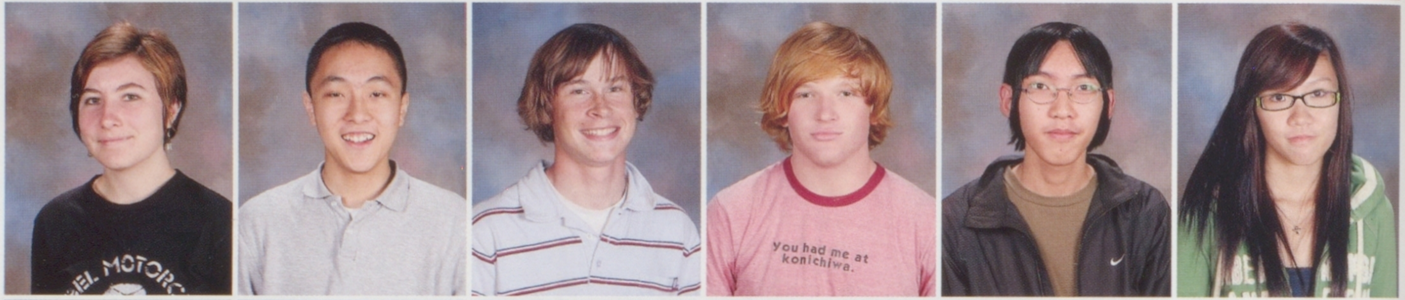
Lauren Wong
Stephanie Wong
Tsz Wun Wong
Jason Woo
Ivana Wu
Tiffany Wu



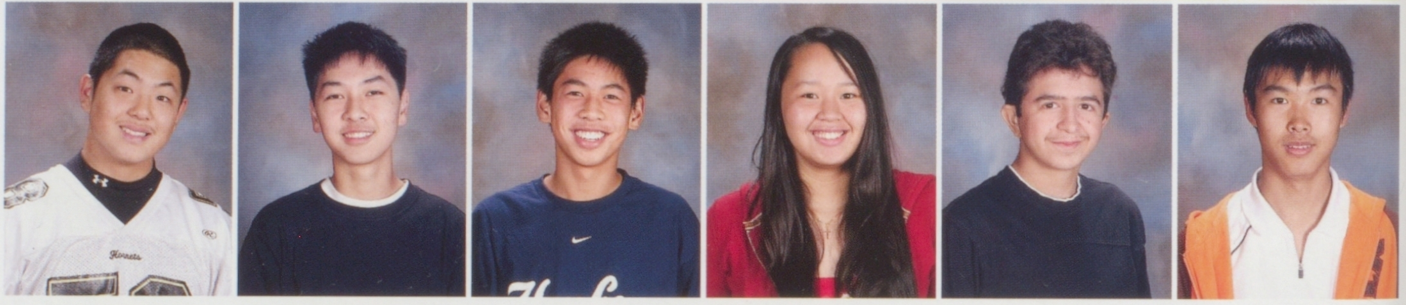
Ting Wu
Madelean Wynn
Gerald Xie
Jimmy Xu
Raymond Yee
Taryn Yee



Grace Yon
Allen Young
Cody Young
Andrew Yount
Chun Cheong Yu
Ho Yan Yu

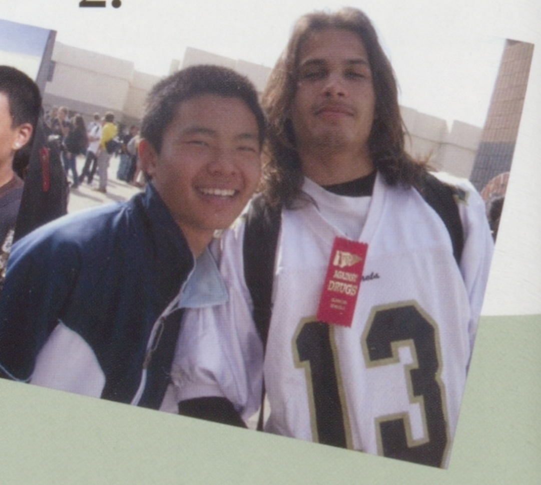


Johnathan Yu
David Yuen
Matthew Yuen
Ayu Yvonne
Dimitrios Zarifis
Wei Nan Zeng



1.

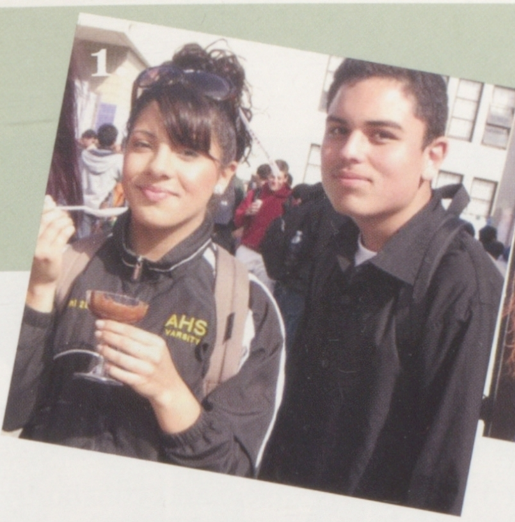
2.



1. **Kaezi Datuin**, **Ben Mason** and **Francois Tuazon** take a few minutes out of their lunch period to compare answers on homework and enjoy each other's company.

2. **Alex Jiu** and **Antonio Garcia** actively participate in Red Ribbon Week, which has been celebrated nationwide since 1988 by proudly displaying their drug-free red ribbons.

Page By: Natalie Medved and Maurelle Bagus
Picture: Jon-Mykal Reyes

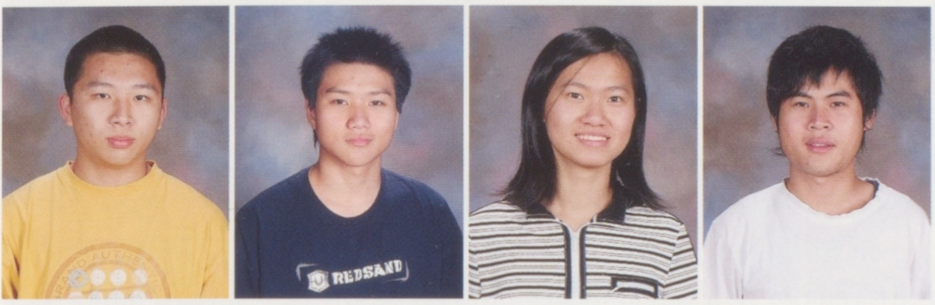


1

2.

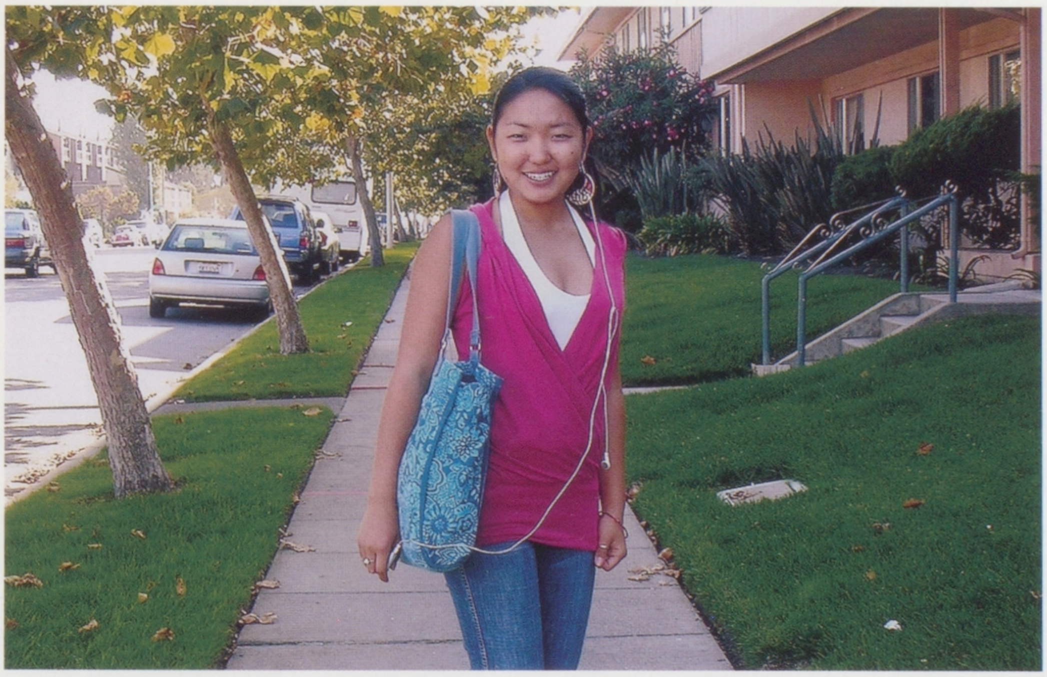
1. **Tiffany Perez** and **Brandon Ramirez** enjoy their delicious chocolate mousse and other ethnic foods offered at lunch, especially at Alameda High's Food Faire.

2. **Maggie Ve'e** and **Tina Tran** wear smiles as they chat on the benches that frame the hallways in order to get out of the throngs of students rushing to their next class.



Anderson Zhang
Hua Zhang Zheng
Bao Shan Zhou
Wanfeng Zhou

## In Memoriam



**Ichinkhlorloo "Iko" Bayarsaikhan**
February 18, 1992 - October 31, 2007
Graduating class of '09

## leftovers

Brenda Avila
Brandon Belmares
Aman Bharji
Tiffiny Tsosie
Joseph Dhahbi

# 'ten Sophomores

1/2 cup of determination

1/3 cup of confidence

3/4 cup of hard work

1 cup of success

4 tsp. of orange food coloring

Last year, we were at the bottom of the chain. Wearing confused looks on our faces, we walked around in circles, and constantly got teased by the upperclassmen; we were helpless. However, this year those confused looks are gone and our confidence has risen. Now, we can walk through the hallways of Alameda High with pride and fewer chances of getting pushed around. Although we faced stressful and difficult situations, we've developed into respectful, young adults. . . With a long way to go. For Sophomores put in a warm plate, and let rise until ready to bake.

Abel Abyu
Johnathan Adams
Mansoor Adina
Jessica Adkins
Christopher Ahn
Richard Alexander
Alexander Altman

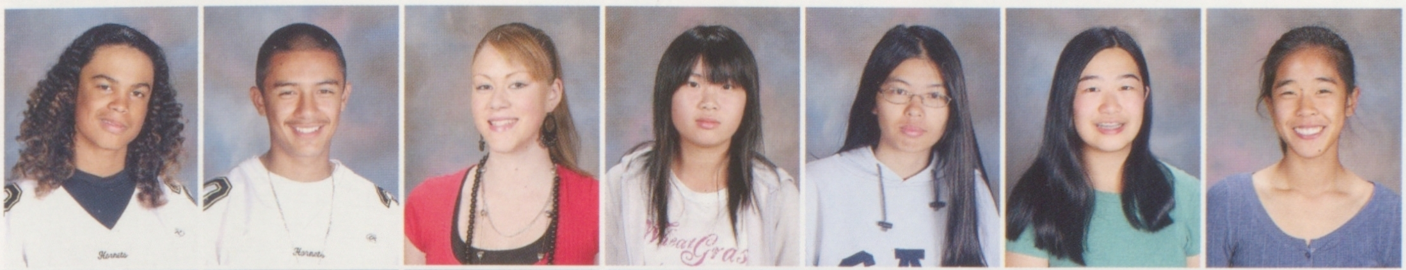
Blanca Alvarado
Braulio Aramburo
Joseroberto Arana
Marisa Araujo
Christopher Arellano
Noel Arevalo
Shelby Arnerich

Angelo Arniola
Sarah Avakian
Namuun Baasansuren
Sarah Badr
Ren Jay Baisa
Emily Ball
Murillo Barros

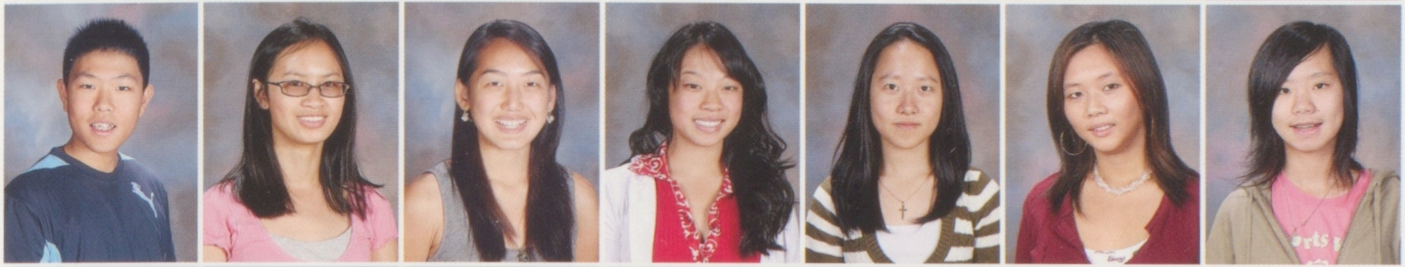
Charmagne Bea
Bulal Beekzad
Brittany Belt
Jason Berk
Jackie Betsillie
Mia Blake
Sara Boscacci

John Bowman
Christopher Bridge
Kyle Bridges
Patrick Brown
Duy Bui
Azzaya Buyan Urt
Anthony Carnero

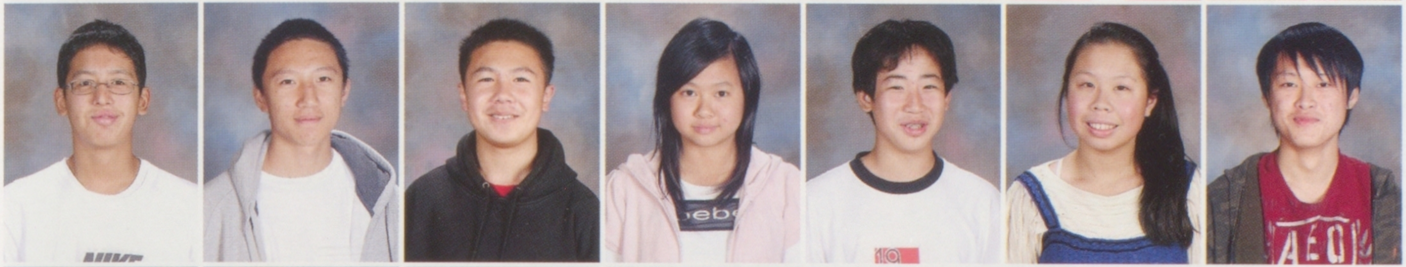
Page By: Kaila Ann Timbreza and Michael Hoye
Picture: Anna Sharpe



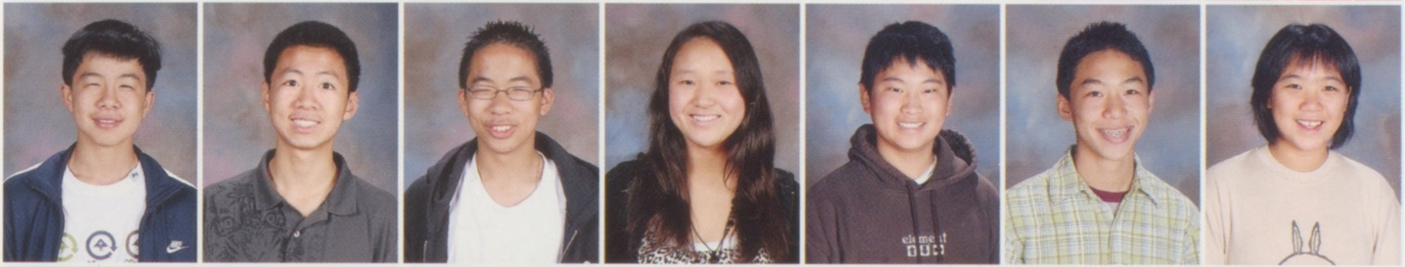
Micah Carrington
Edgar Castaneda
Amber Casuga
Xiao Ying Cen
Chun Amy Chak
Carrie Chan
Kaila Chan



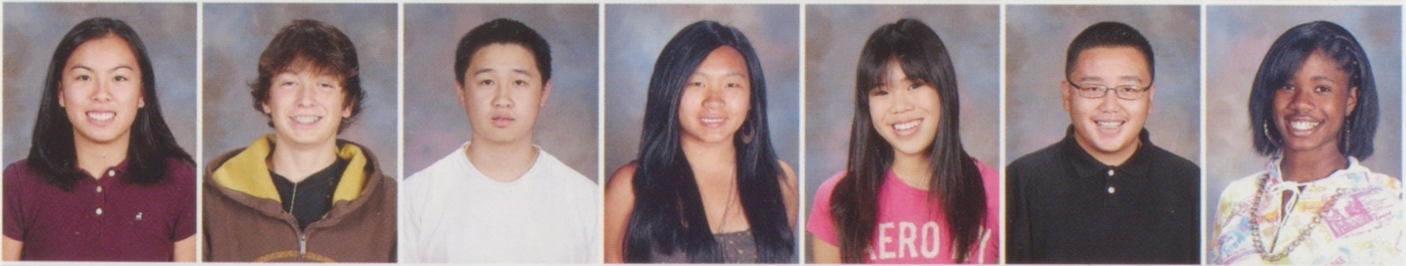
Louie Chan
Marissa Chan
Stephanie Chan
Courtney Chang
Youjin Chang
Emmy Chau
Tsz Yan Chau



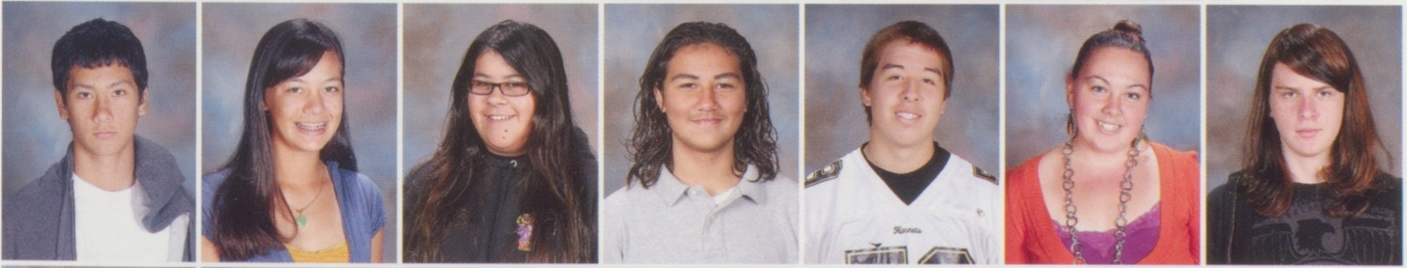
Dennis Chee
Eric Chen
Henry Chen
Jin Ai Chen
Jonathan Chen
Kimberly Chen
Lang Li Chen



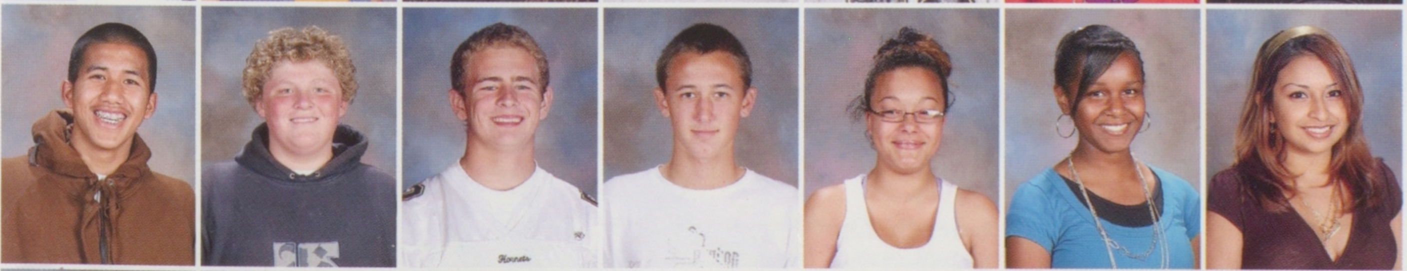
Mu Lin Cheng
Carson Cheung
Jeffrey Chin
Annie Choi
Daniel Choi
Matthew Chong
Leona Chow



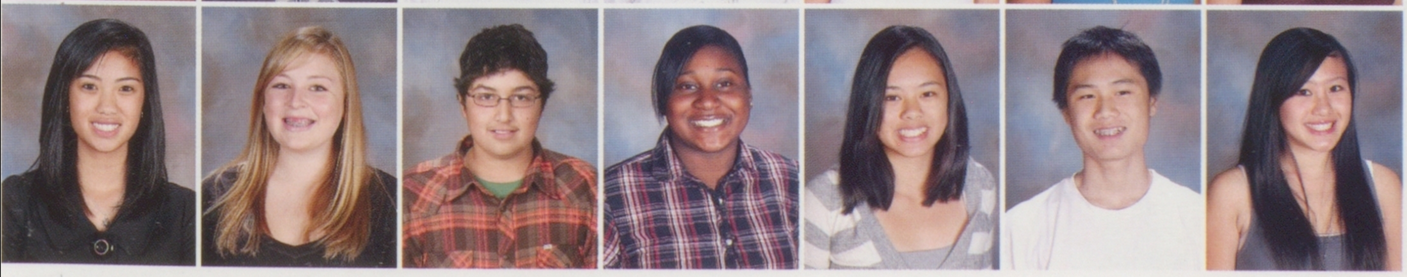
Lauren Choy
Casey Christ
Madison Chu
Tina Chu
Leonne Chung
Ricky Cien
Khyra Conerly



Jimmy Connor
Sarah Courtland
Amanda Cramer
Todd Crutchfield
Nickolaus Cruz
Jennifer Cummings
Kevin Dadik



Calvin Danh
Christopher Daniel
Harry Davies
Liam Davis
Tiffany Davis
Iyana Davis Johnson
Victoria Delacruz



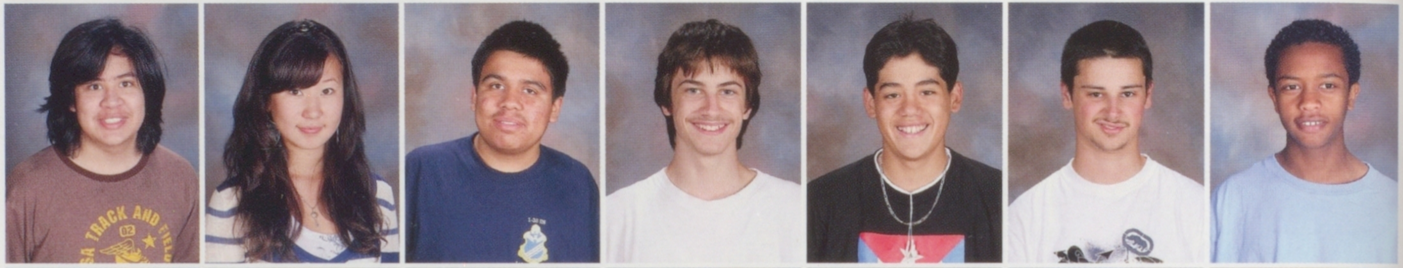
Janell De Leon
Amy Desmidt
Matthew Dias Hammond
Chiarra Duncan
Amanda Duong
Keith Duong
Leslie Duong

Tuong Duong
Lamarr Dupree
Jasmine Edelstein
Donya Elhamaky
Biligjargal Enhbat
Tina Ensminger
Oyu Erdene Erdenebat

Khiry Espino
Gabriel Falzone
Jia Fan
Adebusola Fashokun
Sophia Feng
Yu Xuan Feng
Michael Figueroa

Hope Fletcher
Ansel Fok
Calvin Fok
Alexander Fong
Peter Fortez
Brendon Foye
Hillary Freeman

Miguel Gamalinda
Murun Gankhuyag
Daniel Garcia
Elijah Garcia
Emilio Garcia
Zachariah Garcia
Dagnachew Gebreselassie



Ananda Gebreyesus
Deborah Gee
James George
Danielle Glick Scroggins
Frankie Gonzales
Marco Gonzalez
Sara Goodenow

Zoey Gordon
Elisha Gray
Tucker Grealish
Erika Greenley
Caitlin Grey
Kellie Grigg
Whitney Grindall

1)

1) **Charmagne Bea** makes a poster in the hallways of the main building. She is making this poster for physics, a class that she enjoys, as you can see from the smile on her face.

2) **Garren Orr** impatiently knocks at one of the doors to the language building after he realizes that he is locked out. **Eli Kerns** stands back and laughs at his friend's attempts to get back inside.

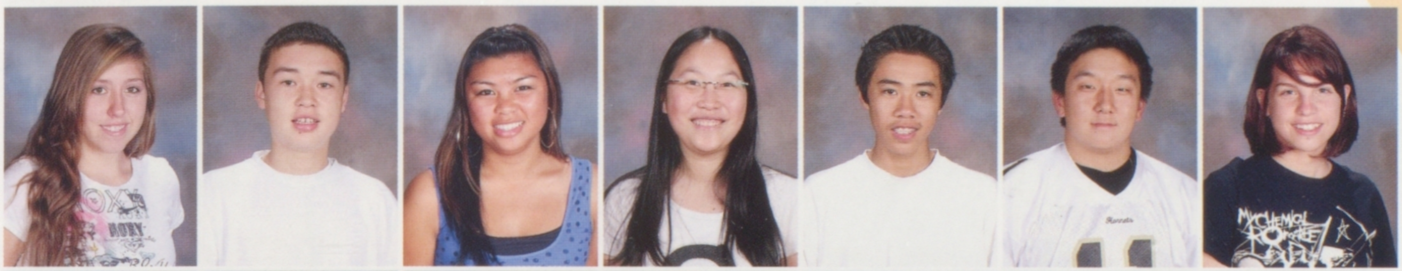
2)

Page By: Kaila Ann Timbreza and Michael Hoye
Picture: Keith Murray

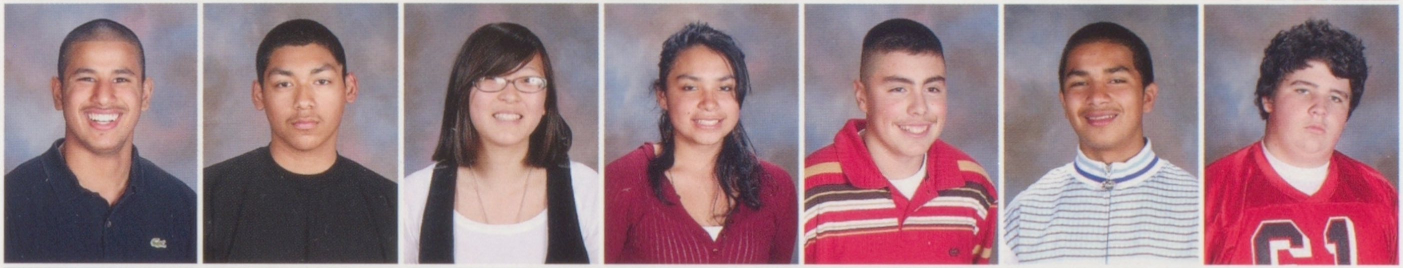
# What's your favorite type of food and why?

1) "I'd have to say macaroni and cheese and why... because I like cheese."
**-Kyja Sutton-Chapelle**

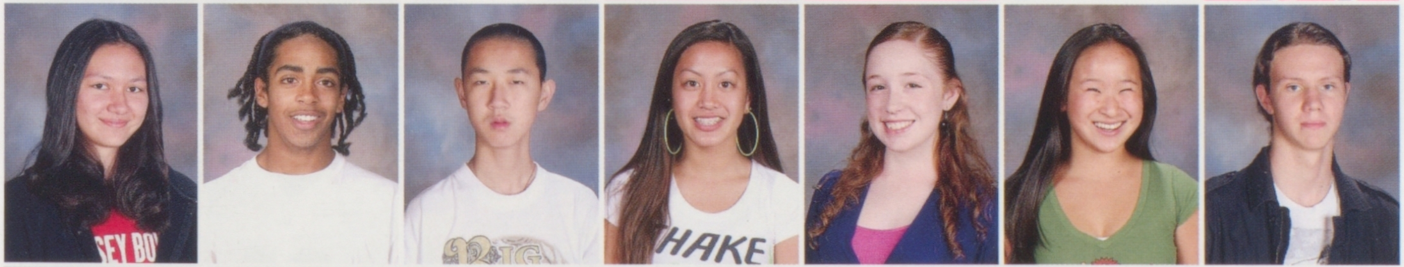
2) "Italian, because I like pizza. I like pizza and Italian soda is pretty good."
**-Harry Davies**



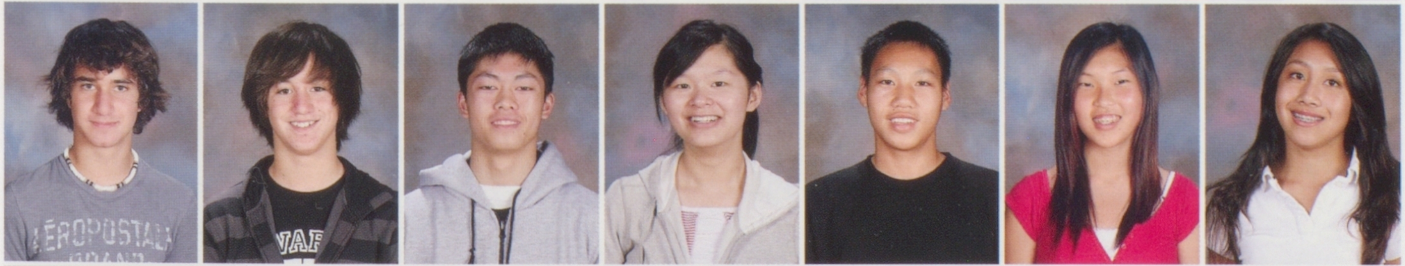
Katherine Gross
Jesse Groves
Danielle Guillen
Min Ling Guo
Tam Ha
Timothy Han
Ashley Harris Anderline



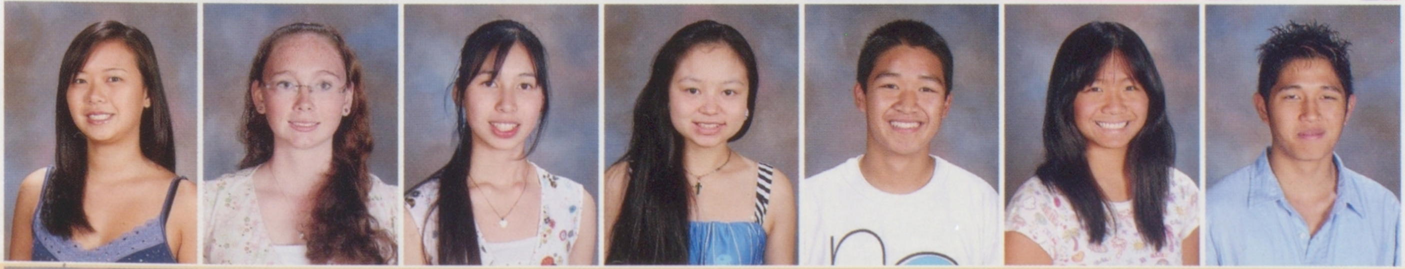
Sammy Hassen
Elias Hernandez
Mika Hernandez
Sydnie Hernandez
Cesar Hernandez Jr.
James Herrera
Richard Hickok



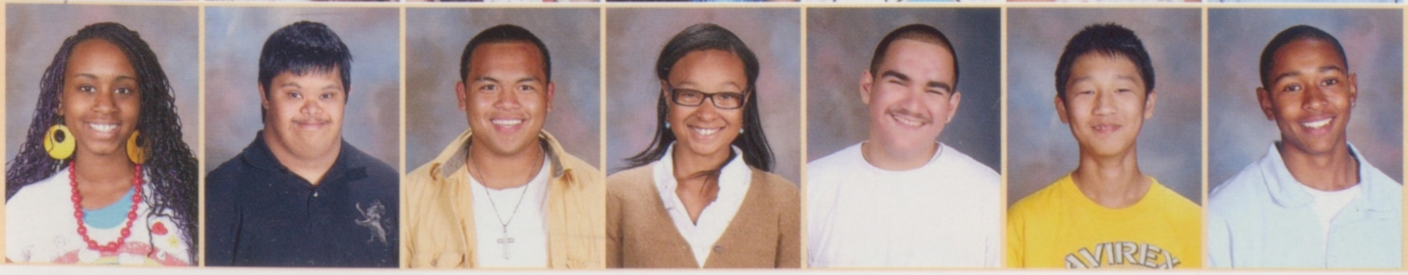
Cindy Hickox
Omar Himed
Simon Ho
Loann Hoang
Ingrid Hodel
Ashley Hom
Gabriel Horth



Brendan Hoye
Michael Hoye
Jebin Huang
Jin Ming Huang
Raymond Huang
Rowena Huang
Katherine Huey



Megan Huey
Summer Hurst
Hieu Huynh
Tien Huynh
Alex Hy
Koki Inlow
Kelvin Ip



Taylor Jacobs
Ahmad Fahim Jamshidi
Daniel Jansz
Na'Imah Jennings
Lorenzo Jimenez
Edward Jo
Shawn Johnson

# Does your family have a secret recipe?

1)

1) "Um yeah, my dad; he can cook the best black-eyed peas ever. He puts in whole onions and okra in them, along with curry."

**- Sherelle Knight**

2) "It's like a casserole, I don't know what the heck is in it, I know it has eggs, sausage, cheese and grits."

**-Sarah Price**

2)

Eleanore Johnston
J Kyle Johnston
Alexander Jones
Brittany Jones
Victoria Joo
Alfonso Juarez
Alexander Jung

Edward Junsay
Jennifer Kam
Vaishali Kashyap
Alexi Keller
James Kelly III
Elijah Kerns
Anudari Khandtseren

Adam Khatib
Minjae Kim
Tony Kim
Sandy King
Sherelle Knight
Mukhtar Kohistani
Ophelia Kong

Ross Koppel
Antonis Koutoulakis
Martin Kwan
Jeffrey Lafountain
Cathalina Lai
I San Lam
Justin Lam

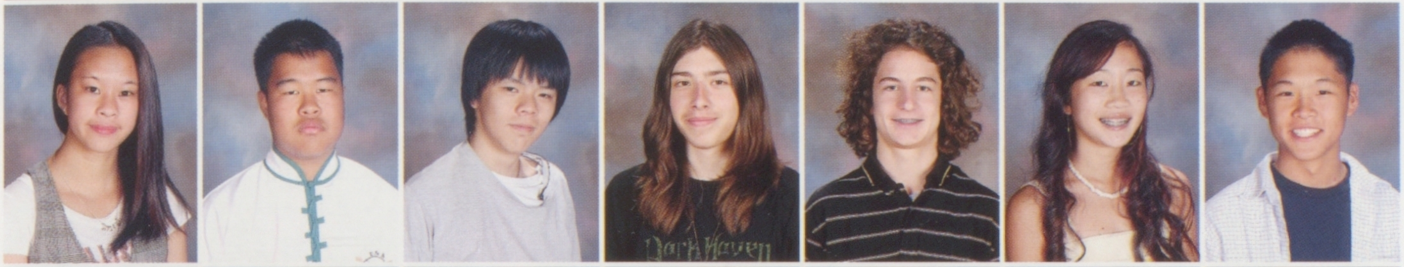
Mariko Lam
Adam Lankford
Andy Lau
Arlynda Lau
Brandon Lau
Jonathan Lau
Maggie Lau

Brianna Lawrence
Calvin Le
Savio Le
Tam Le
Van Le
Briana Ledesma Jimenez
Jimmy Ledoan

Page By: Kaila Ann Timbreza and Michael Hoye
Picture: Brandon Roper

Bryan Lee
Jackson Lee
Michelle Lee
Rosalyn Lee
Jose Lehman
Herman Leung
Scott Lew

David Li
Jeffrey Li
Justin Li
Kelly Li
Su Hua Li
Verna Li
Vinson Li

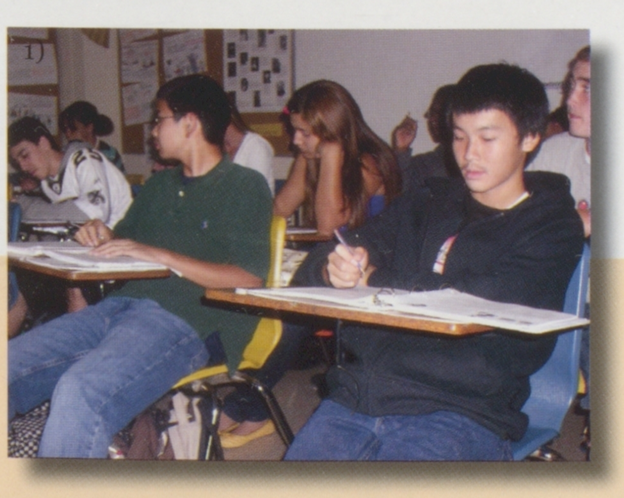


Wendy Li
Daniel Liang
William Liang
Thomas Lilliston
Nathan Lilly
Amanda Lim
Ryan Lim

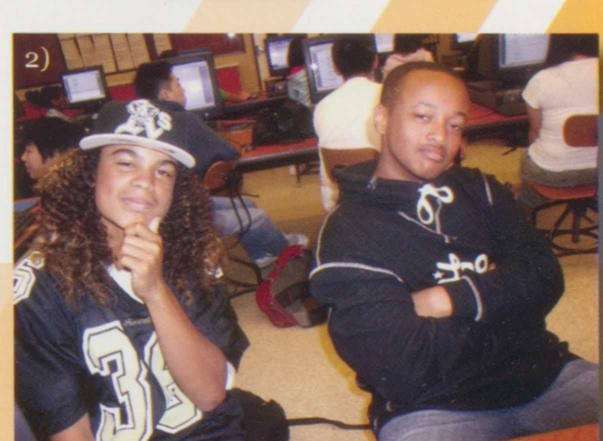
James Lin
Jonathan Lin
Ya Lin Lin
Kristin Little
Chuying Liu
Jian Chong Liu
Trent Liu

Michelle Loo
Hector Lopez Garcia
Daniel Lopez Jr.
Nicholas Losande
Miranda Lott
Joanna Louie
Elsa Lu

Qi Hong Lu
Eric Luo
Burte Ujin Luvsantseren
Duong Ly
Daniel Lyons Lau
Seigo Ma
Julia Mainaga



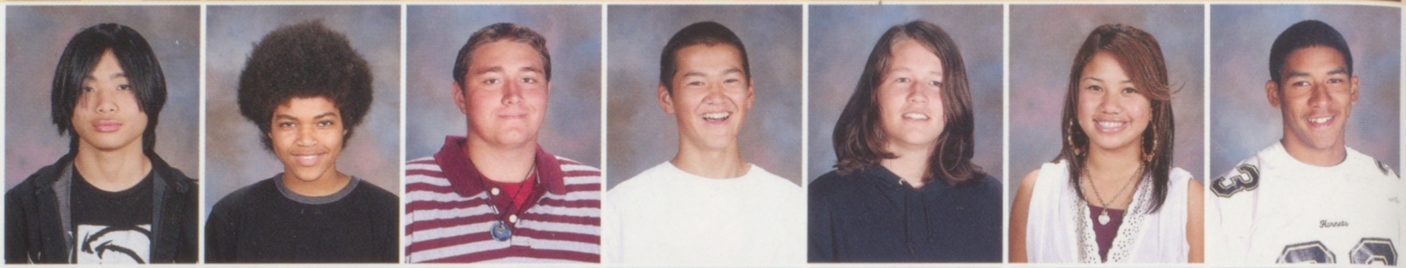
1) **Joseph "Nico" Rumbaoa** and **Vincent Wong** take notes during one of Ms. Casper's lectures on modern world history.



2) **Micah Carrington** and **Abel Abyu** take a break from computers while the rest of the class goes on with the lesson.

Jose Maldonado
Martin Mallette
Nina Manno
Maegan Marincic
Alexandra Markheim
Rachel Marra
Carl Marriott

Sho Maruo
Kyle Mauney
Ryan Mcdaniels
Taylor Mcloughlin
Nathan Mcwilliams
Susan Meas
Marcos Medina



Michael Melson
Alan Mendoza
Lauren Mercado
Stephanie Milani
Lauren Miller
Alan Montez
Silvio Mora

Beatriz Morales
Luke Moran
Luke Morbitz
Cerys Morgan
Afsaneh Mortazavi
Azra Muftic
Michelle Murphy

Keith Murray
Alexandra Muzio
Nathan Myler
Catherine Ng
Kiyan Ng
Andy Ngo
Tommy Ngo

Cecilia Ngou
Dang Nguyen
Duong Nguyen
Kevin Nguyen
Peter Nguyen
Tony Nguyen
Truc Anh Nguyen

1) **Ingrid Hodel** opens her locker during break. Every day she repeats this routine, having memorized her locker combination early in the school year.

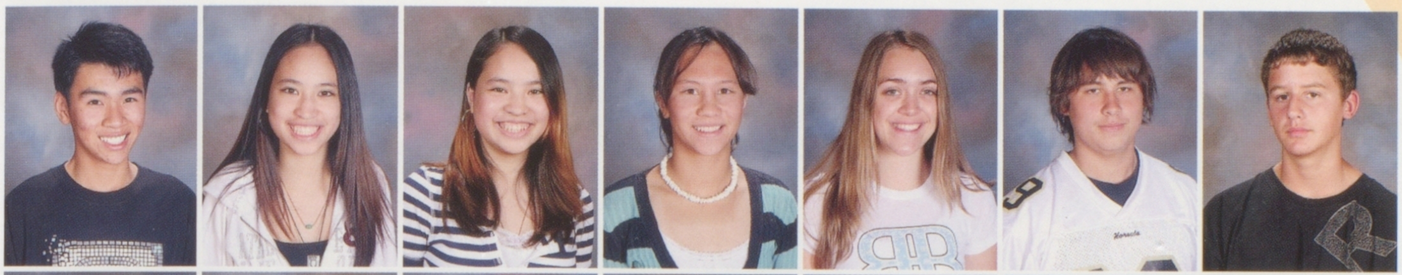
2) **Casey Christ** and **Carson Cheung** argue over Carson's Tapioca drink from Quickly. Most lunches these two hang out with friends in the alleyway next to Tomatinas.

Page By: Kaila Ann Timbreza and Michael Hoye
Picture: Zoë Pond

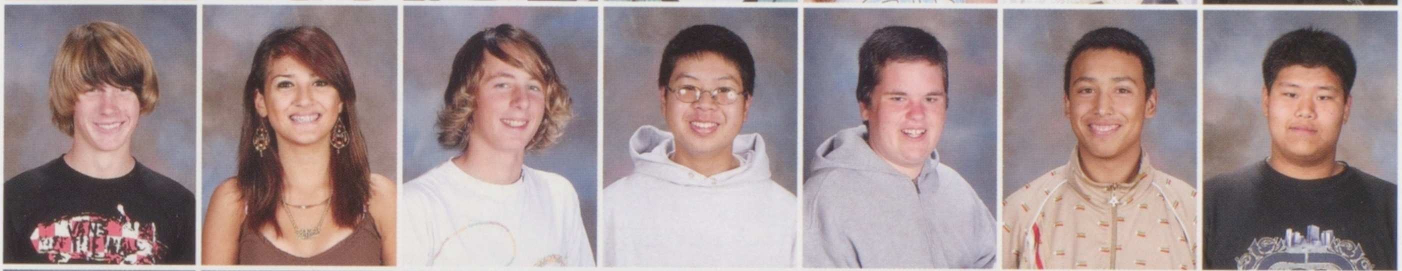
# What is your scariest experience involving food?

1) "Cupcake eating contest against my cousins, whoever ate the most cupcakes won... it was horrible."
**-Tammy Vo**

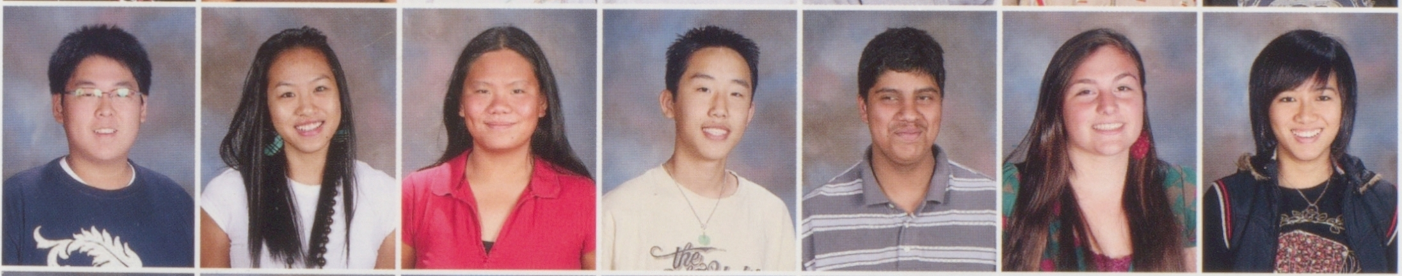
2) "When I was little I put mayo on toast instead of butter because I didn't know the difference, and it was gross."
**- Gabriel Osterdock**



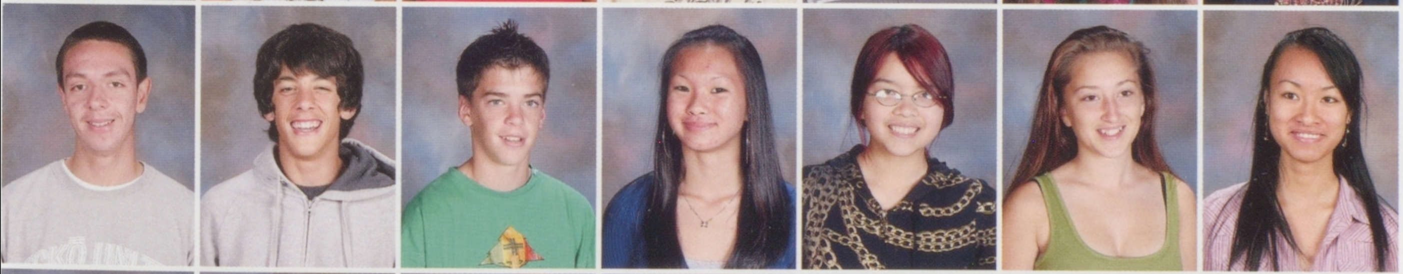
Phat Nguyen Le
Anita Nham
Anne Nham
Marlena Nip
Mariel Nyrop
Andrew Oducayen
Nicholas Olsen



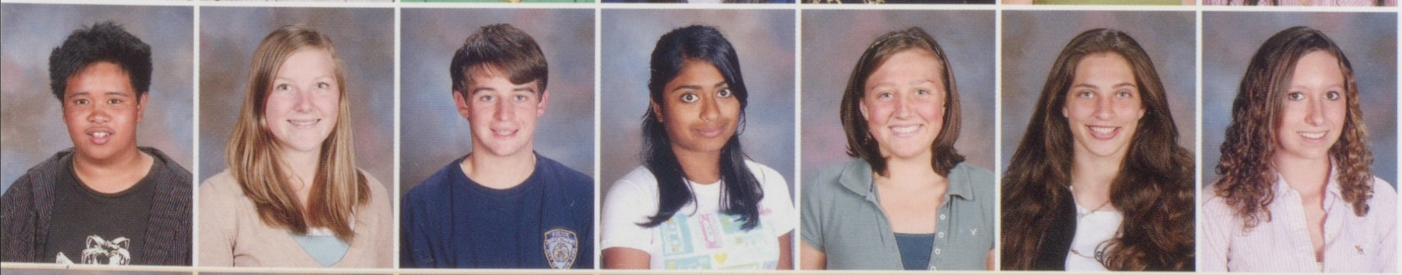
Garren Orr
Katrina Osorio
Gabriel Osterdock
Charles Ouyang
Nicholas O`neil
Enrique Padilla
Benjamin Paik



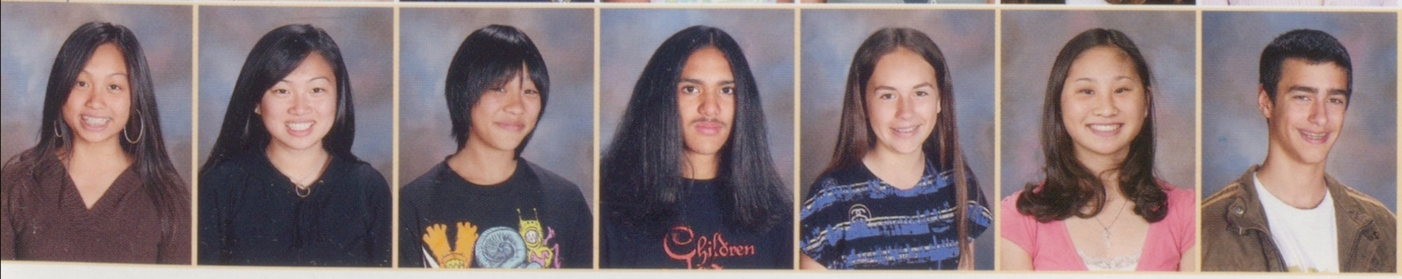
Joseph Pak
Angela Pan
Rebecca Pan
Ryan Pang
Neil Parikh
Kalila Patete
Yingli Peng



Adolfo Perez
Charles Perkins
Zachary Perkins
Tiffany Pham
Tina Pham
Venessa Phillips
Linh Phung



Jerrod Picardo
Zoe Pond
Jason Powell
Anjali Prasad
Sarah Price
Marika Prins
Amber Prout



Christy Quach
Tuyet Jennifer Quach
Jeremy Quan
Robert Quesada
Rachel Quintana
Lindsay Quon
Ashton Ramezani Doulabi

# What is your favorite restaurant and why?

1)

1) "House of Chicken and Waffles. 'Cause they got chicken and waffles at the same time."

**-Sammy Hassen**

2) "Sushi House, I think. Why, 'cause it's so delicious."

**-Tony Kim**

2)

Melissa Ramos
Ajaya Rana
Jaime Rangel Jr.
Ahmad Rashid
Sayed Ali Ravan
Mercedes Rawlyk
Susan Reading

Brianna Reynolds
Leif Reynolds
Angelinca Ribas Da Silva
Anthony Rios
Jesse Rios
Delilah Rivera
Jessica Robbins

Katherine Roberts
Angelique Robertson
Simon Robles
Caitlin Rockwell
Anongnart Rodbankoh
Brandon Roper
Breanna Rue

Jason Ruiz
Joseph Rumbaoa
Bryan Sagara
Gina Salerno
Samuel Salisbury
Aaron Sanders
Amgalanbaatar Sarantuya

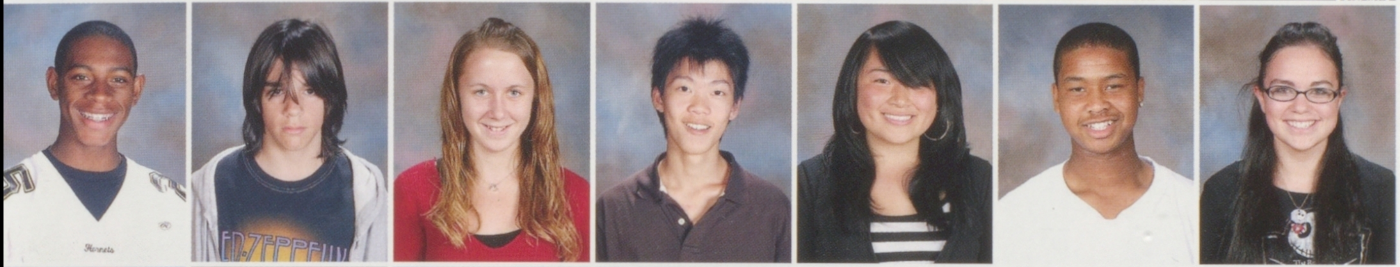
Anjuli Sastry
Tawny Schlueter Murphy
Maxx Seagren
Brandon Sepp
Andres Servin
Qais Shaghasi
Anna Sharpe

Anna Shumaker
Troy Shumaker
Alex Silva
Thaynara Silva
Nathaniel Silverman
Brianna Sims
Yip Chun Sin

Page By: Kaila Ann Timbreza and Michael Hoye
Picture: Allen Young

Yip Fai Sin
Mccaulay Singer Milnes
Wellington Siu
Shannon Skiles
Eliana Smith
Isabel Smith
Michael Smith

Nancy Sok
Michelle Da Hee Song
Aaron Soo Hoo
Amy Soon
Reyna Stefani
Kevin Stein
Michael Stein



Damien Stowers
Kenneth Stucky
Samantha Sturman
Xiao Ying Su
Michele Sum
Kyja Sutton Chappell
Heather Swinford

Taylor Takahashi
Tamara Takeshita
Carol Tam
Andy Tan
Joanna Tangpos
Yonatan Tesfay
Michael Thomas

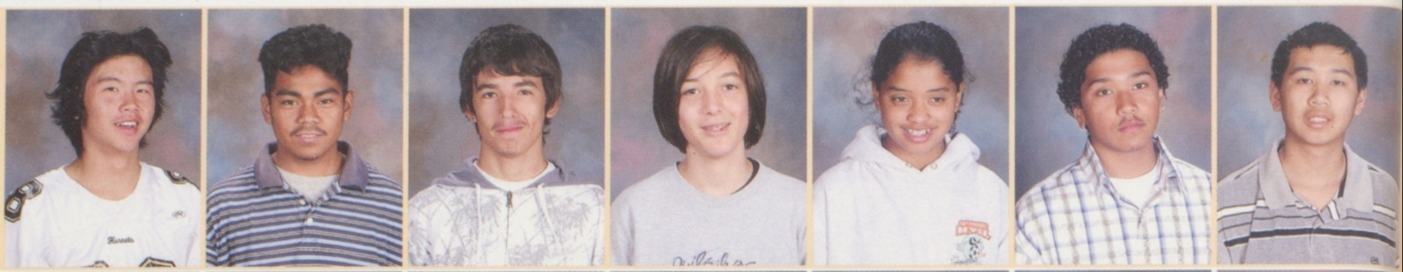
Catherine Thoss
Andrew Tieu
Kaila Ann Timbreza
Else Tjonn
Steven Tom
Trevor Tracy
Christina Tran

Jeffrey Tran
Jennifer Tran
Nhat Khanh Tran Kim
Bria Trass
Brandon Trieu
Benjamin Trinh
Thomas Trinh

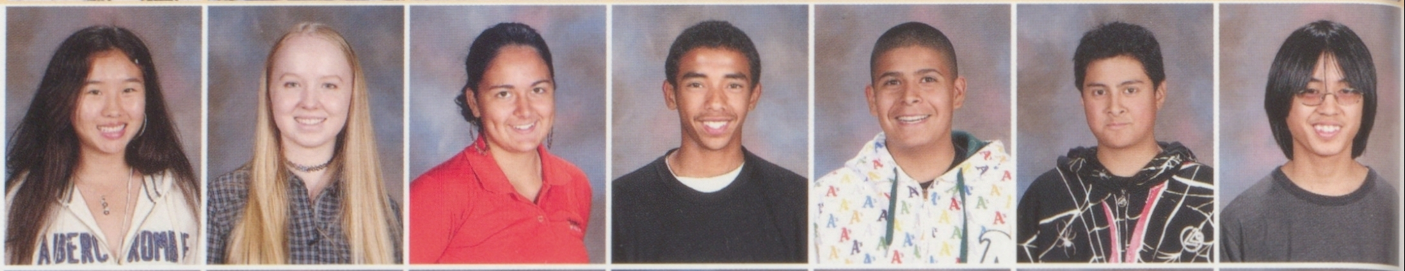
1) During 4th period **Whitney Grindall** hangs posters for leadership. This poster is advertising the upcoming spirit days.

1) In Mr. Carlson's 4th period class, **Silvio Mora** performs a biology experiment. Past students described this experiment as "really disgusting."

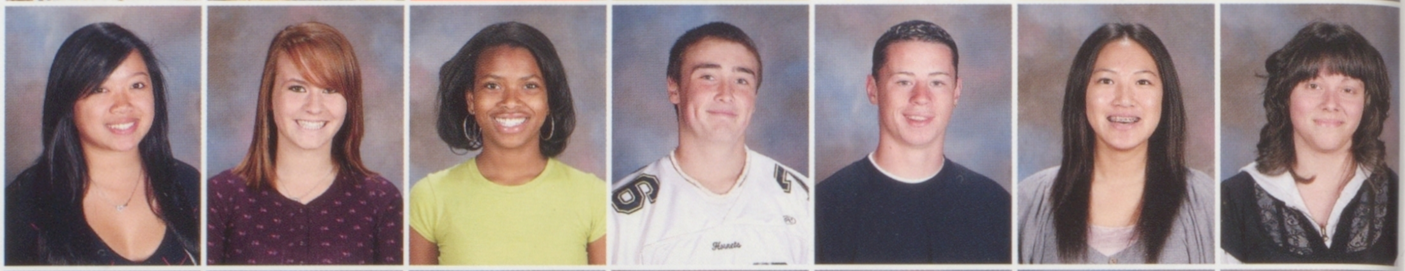
Stanley Tu
Ramil Tuazon
Ismet Tudjinovic
Symeon Tzvetkov
Alexandra Umeki
Colin Umeki
Timothy Ung



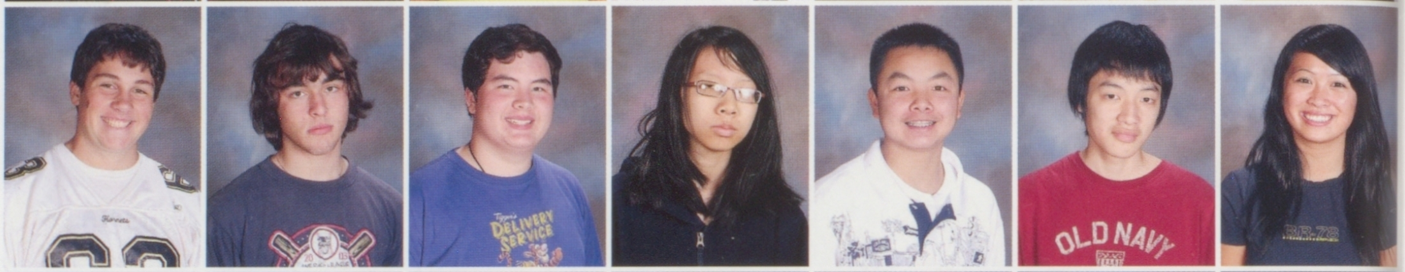
Uyanga Usukhbayar
Valerie Vangelder
Anna Varghese
Marcus Vaughn
Joseph Verduzco
David Vila
Raymond Villanueva



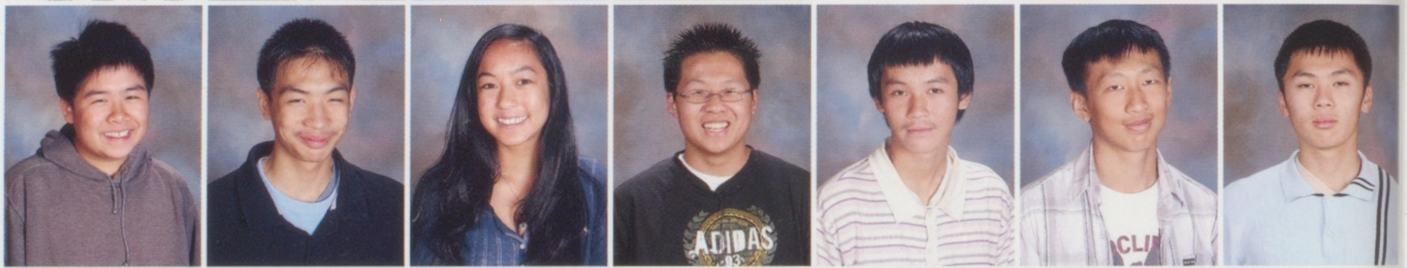
Tammy Vo
Nicole Walden
Britney Walker
Timothy Watanabe
Michael Webster
Irene Wen
Erica Wendroff



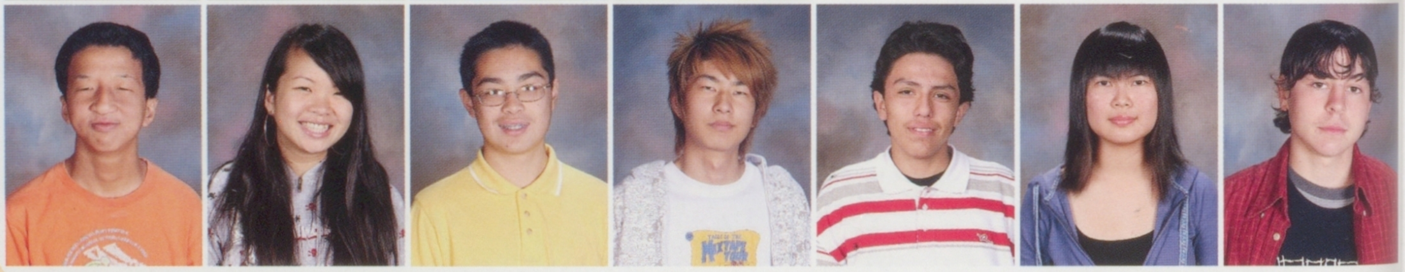
Jacob Wise
Isaac Wolf
Matee Wolf
Alyson Wong
Damon Wong
Evan Wong
Fiona Wong



Jeremy Wong
Philip Wong
Samantha Wong
Tony Wong
Vincent Wong
Andrew Wu
Terence Wu



Victor Wu
Vivian Wu
Jerry Hua Xu
Yuxiao Yan
Felix Yanez
Jiemei Yang
Joseph Yates



1)

2)

In-N-Out
$4 burger chips soda
#buy tickets in main hall.
So fresh. It's on tour.

**1) McCauley Singer Milnes** and **Daniel Lyons-Lau** enjoy lunch in the alleyway next to Tomatinas. This is a popular lunch spot for many students.

**2) Joanna Louie** and **Amber Prout** set up a booth that will be used to sell tickets for the In-N-Out sale in the courtyard.

Page By: Kaila Ann Timbreza and Michael Hoye
Picture: Chris Chui

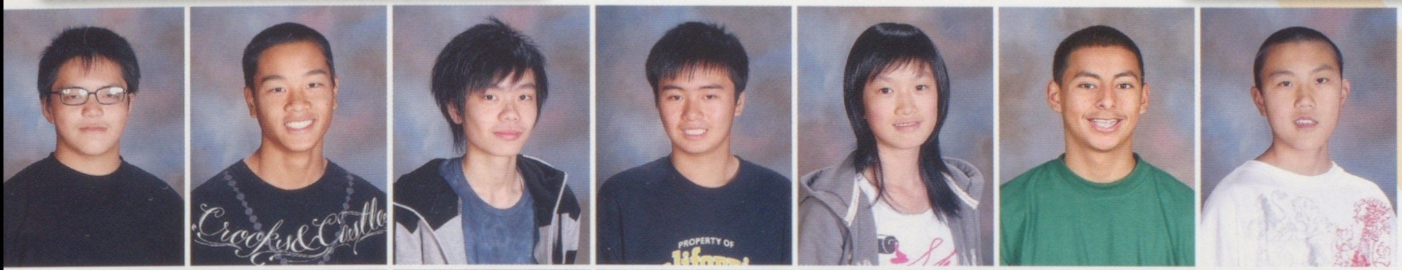
# What is your dream meal?

1) "Um... Steak, and uh sauce and uh pasta. And ice cream and a vanilla milkshake... that's all."

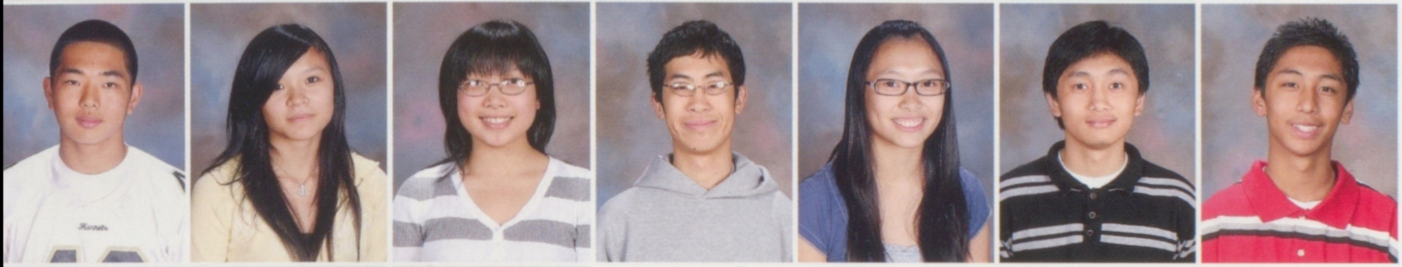
**-Minjae Kim**

2) "A bunch of ice cream, a bunch of burritos, a bunch of In-N-Out burgers. Soup. A lot of Asian food. A bunch of candy... A bunch of whip cream on the ice cream... and lots of chocolate malts."

**-Stanley Tu**



Raymond Ye
Brandon Yee
Man Leo Yeung
Simon Yeung
Tiffany Yip
Estephan Young
Andrew Yu



Jeremy Yu
Manus Yu
Ying Xin Yu
John Yuen
Carmen Yung
Kirk Yutuc
Nicholas Zapanta

Wenxi Zhang
Stephanie Zhou
Jeanette Zhu

## leftovers

Megan Goldspring

# 'eleven Freshmen

1 part happiness
1 cup annoyance
2 pints fear of upperclassmen
5 pinches of intimidation
2 cups of confusion
5 tablespoons of giggles
1 teaspoon of anger
20 pieces of procrastination
4 teaspoons gray food coloring

As Freshmen, we embark on our high school journey, the experience we gain will benefit us in the future. Mistakes make us stronger, establishing a better foundation for coping with life's challenges and obstacles. With mutual support and advice from others, Freshmen concoct a recipe with the different emotions they go through their first year of high school. Although we hold a great amount of fear of upperclassmen, they inspire us to be true to ourselves and institute a common ground for others to follow. For Freshmen beat gently and cook at a constant temperature.

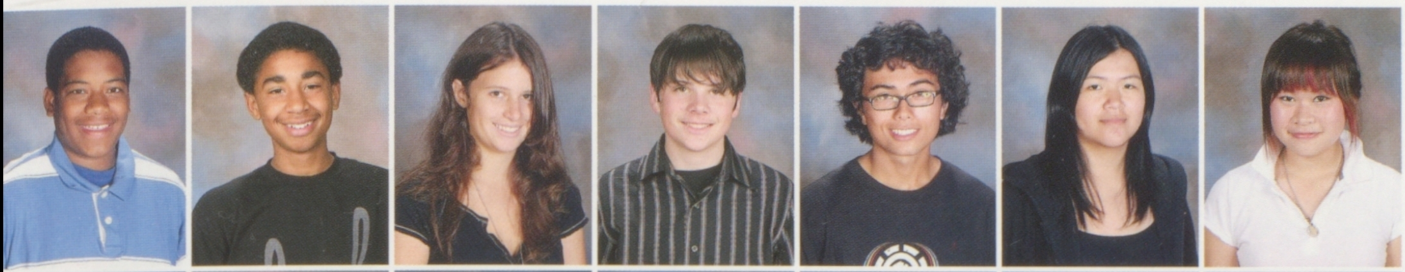
Cody Adams
Lejla Ahmetspahic
Roya Aimen
Benjamin Alemania
Arin Allen
Siena Allen
Saleh Alsharay

Andrew Altomare
Sara Alturk
Luis Amaya
Vanessa Ann Ambrosini
Armando Andres Jr.
Gregory Aribon
J Dylan Armijo

Maribel Arrizon
Marisol Arrizon
Kelly Arth
Rebekah Asuncion
Rosie Atkinson
Megan Averitt
Khyre Bailey

Christopher Balino
Jamie Banks
John Barbour
Eleni Baskin
Emily Basta
Haley Bates
Benjamin Bauer

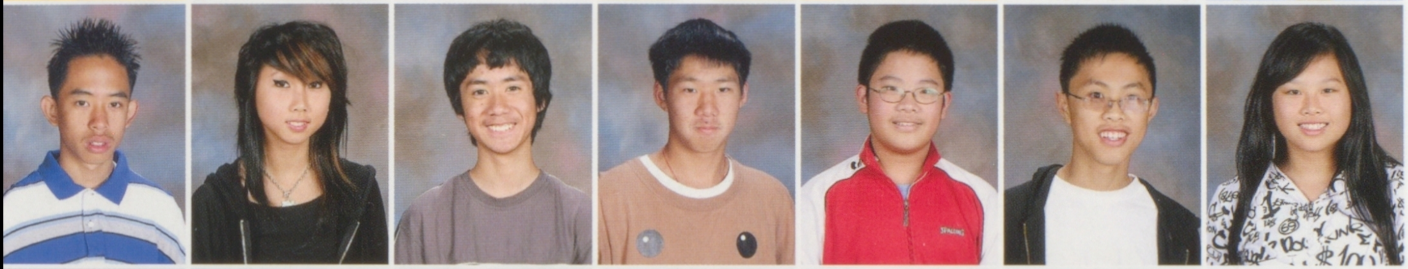
Omran Beekzad
Elisse Bianchi
Michelle Blackman
Emily Bliven
Matthew Blom
Analise Bostrom
Michael Boyles



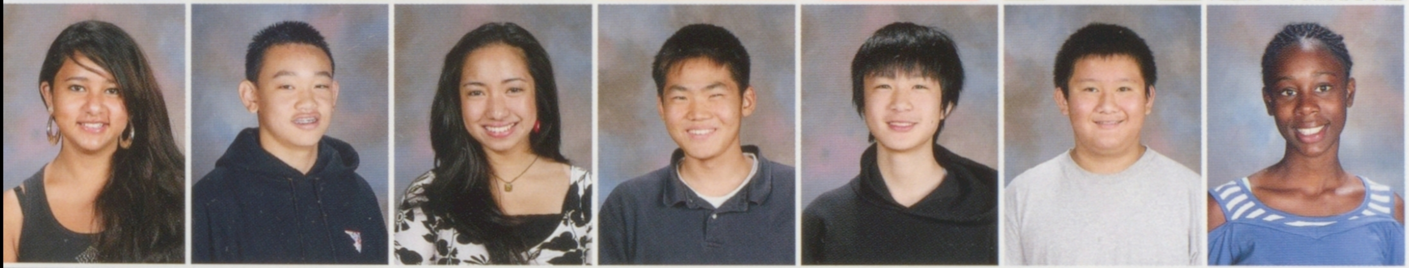
Mahlik Brewster Blake
Javan Brown
Kylee Brown
Nathanial Brown
Michael Bugarin
Giao Bui
Ngoc Bui

Dillon Burke
Sierra Calandri
Alexander Cardenas
Ryan Carlson
Anthony Carter
Shallowmon Carter
Virydiana Castro

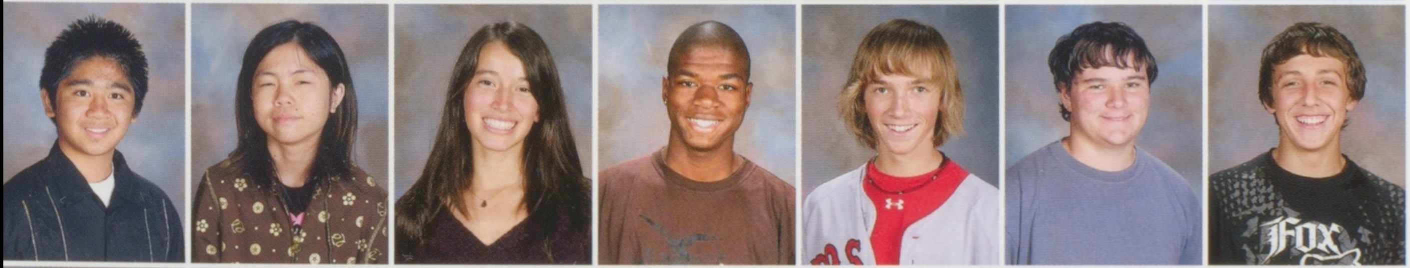
Ciana Catudan
Randy Chahine
Chun Hei Chan
Crystal Chan
Shuki Chan
Tsz Long Chan
Wai Kitty Chan



William Chan
Suzanna Chau
Heming Chen
Johnny Chen
Li Yu Chen
Joey Cheng
Joyce Cheung



Sailaja Chhetri
Joseph Chin
Sara Ching
David Choi
Hon Sing Choi
Kevin Chow
Tiara Christopher



Ryan Chua
Anna Chung
Elena Cisneros
Justin Clark
Tyler Cobb
Joseph Colton
William Colvin

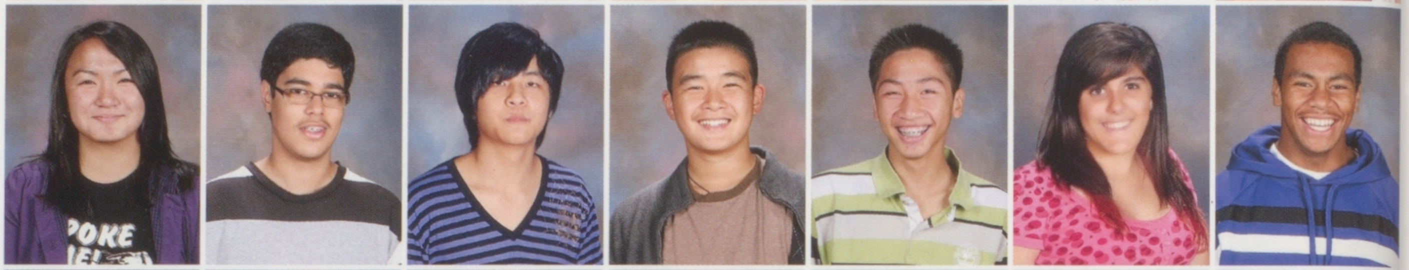
Jenay Cooper
Dominic Costa
Michelle Costa
Cynthia Cracraft
Taylor Crutchfield
Gabral Cruz
Rene Pie Cruz

Michael Cunningham II
Tyler Currie
Daniel Daniel
Aamirah Dastgir
Liana David
Jordan Davis
Skye Davis

Jeffrey Day
Wan Ying Deng
Akeem Diaz
John Dietrich
Zachary Donald
Mason Dophied
Katelyn Dunn

Daphne Duong
Jessica Duong
Ofeoritse Ekwejunor
Etchie
Samuel Embry
Kristin Eng
Sod Orgil Enkhbayar
Luciana Eran

Samantha Esguerra
Ali Esmatyar
Lewen Fang
Jason Fei
Simon Feng
Samantha Ferris
Sam Finau



Alicia Fong
Annie Fong
James Fong
Ryan Fong
Ryan Fong
Valerie Fong
Clare Forbes

Christopher Foster
Xuxa Francisco
Harrison Freck
Tyler Freeman
Samantha Freitag
Alan Fung
Kevin Galindo

Jeremy Gama
Khongorzul Ganzorig
Andy Gee
Bryan Gee
Michael Gee
Zachery Gergurich
Igor Geyn

Daniel Giordano
Andrew Godfrey
Benjamin Goode
Matthew Goodwin Cruz
Evgueni Gouliam
Haley Green
Eleanore Guenon

**Michelle Blackman** and **Megan Averitt** freshen up to look just right before getting their pictures taken.

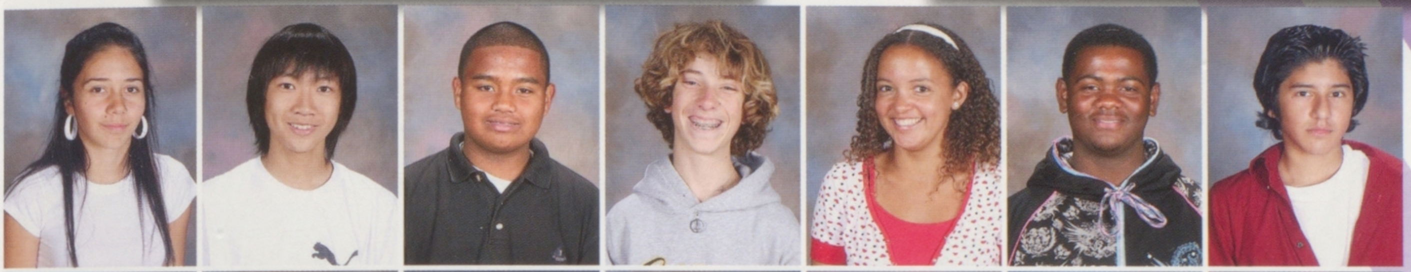
**Arielle Siem** feels energized and content after a vigorous workout in physical education.

**Emily Quilici** and **Allison Seals** embrace one another during a rainy day in the new gym.

Page By: Sara Osman and Carla Shao
Picture: Angela Thai

**Simon Feng** contemplates all his choices of great franchises where he could find a delicious meal.

**Nathan Hidalgo** shows team spirit while nervously awaiting the upcoming football game.



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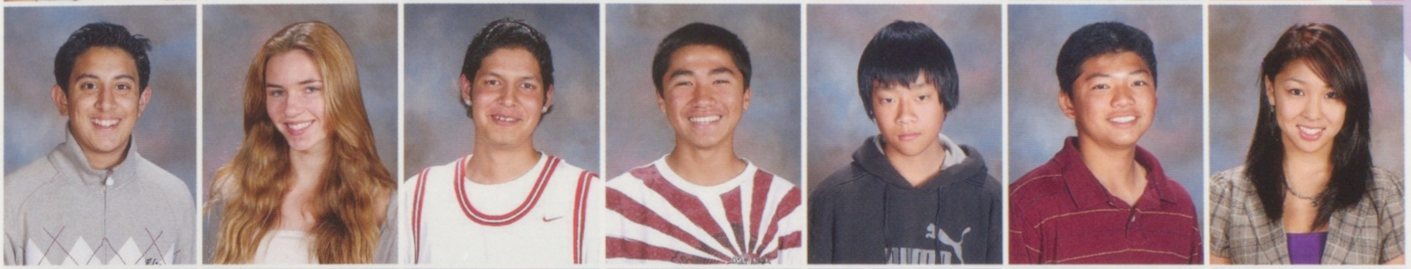
Vinh Ha
Raymar Hardy
Brandon Harris
Marissa Harris
Kevin Harvell
Safiullah Hasseeb



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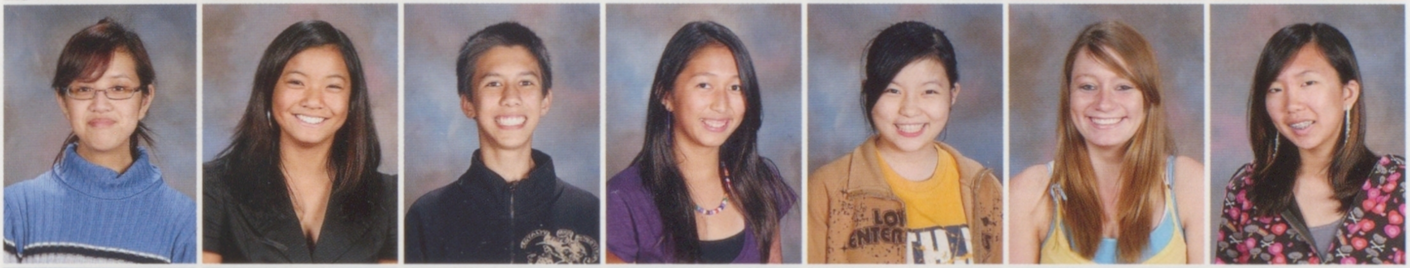
Ariel Heinicke
Leopoldo Hernandez Jr.
Nathan Hidalgo
Calvin Ho
Dustin Ho
Mary Kim Hoang



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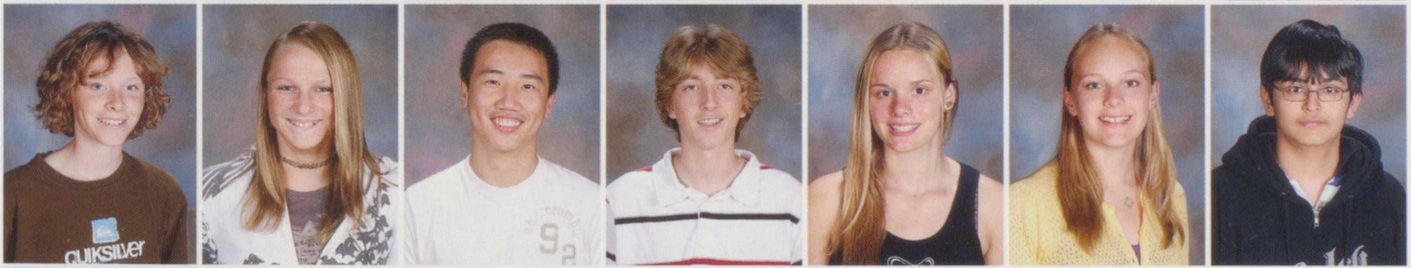
Alisa Hong
Maxwell Hong
Kelly Huang
Qian Huang
Cynthia Hughes
Sara Hui



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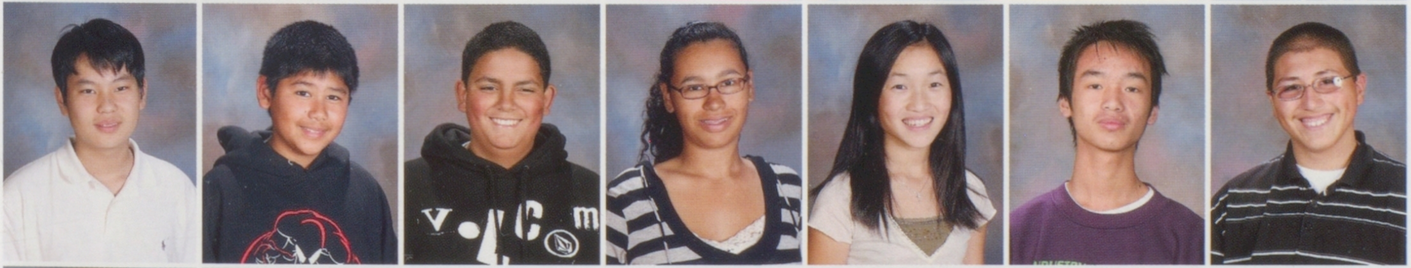
Casey Hutchison
Hieu Huynh
Wesley Irons
Cassidy Iverson
Michelle Jacobsen
Khaled Jami



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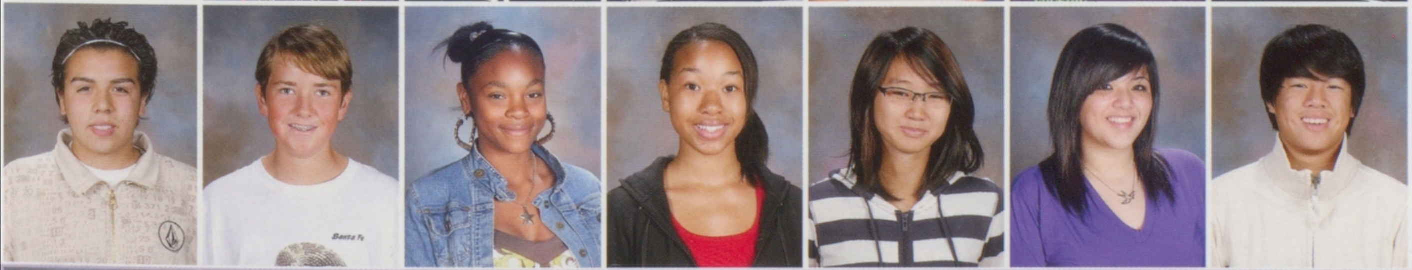
Mark Jansz
Jordan Jarrell
Amber Jeandebien Goodeill
Lauren Jiang
Yujiu Jiang
Daniel Jimenez



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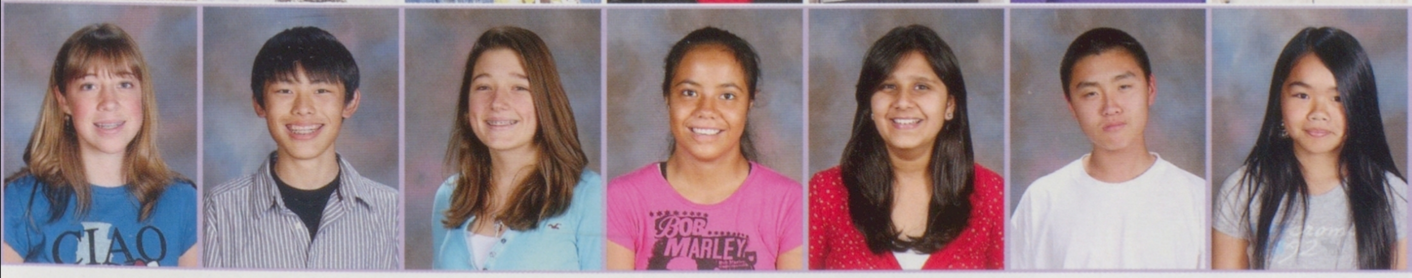
Joseph Johnescu
Clorissa Johnson
Summer Johnson
Hannah Kang
Katherine Keegan
Peter Kim

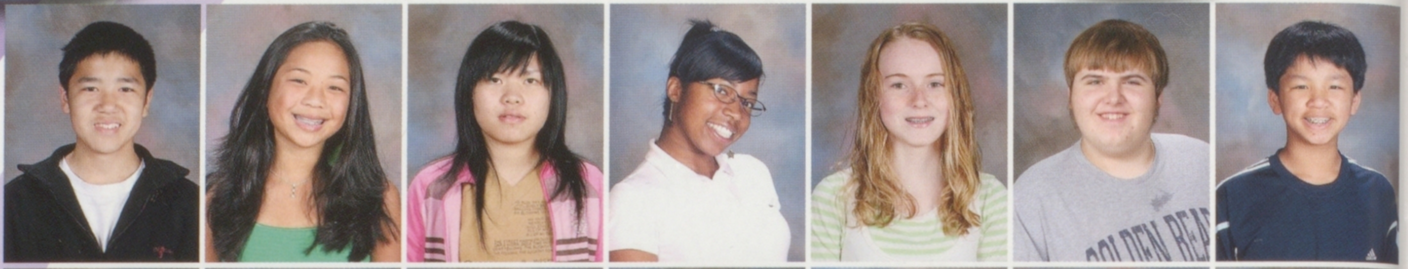


Emily Kirschenheuter
Masato Kobayashi
Alexandra Kofman
Francine Kolokihakaufisi Gros
Taniya Kumar
James Kwon
Vivian Lai

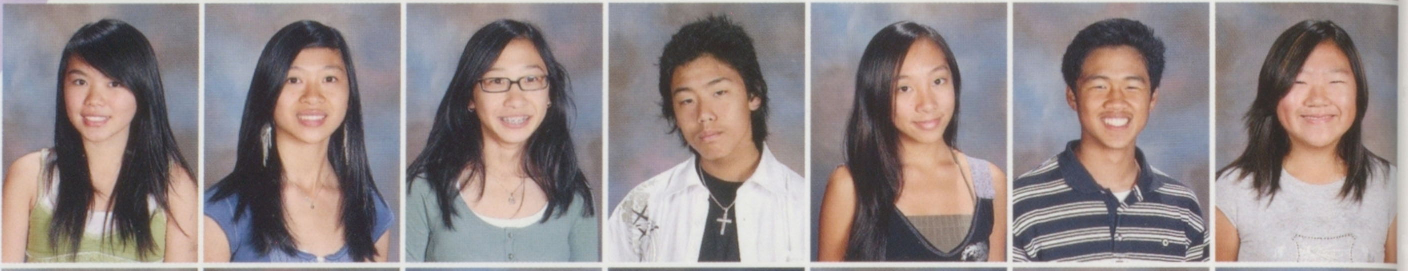
**Arin Allen** works both efficiently and diligently on her homework towards the end of class in order to have free time after school.

**Julia McLean** and **Jameia Taylor** experiment on liver in order to understand the role of enzymes and catalysts and their chemical reactions in a cell during biology.

**Ian McClens** and **James Fong** concentrate to keep from bursting into laughter while performing a science lab.



Herbert Lam
Kristina Lam
Shun Yee Lam
Dashanay Lane
Naoise Lane
Chris Larsen
Jason Lau



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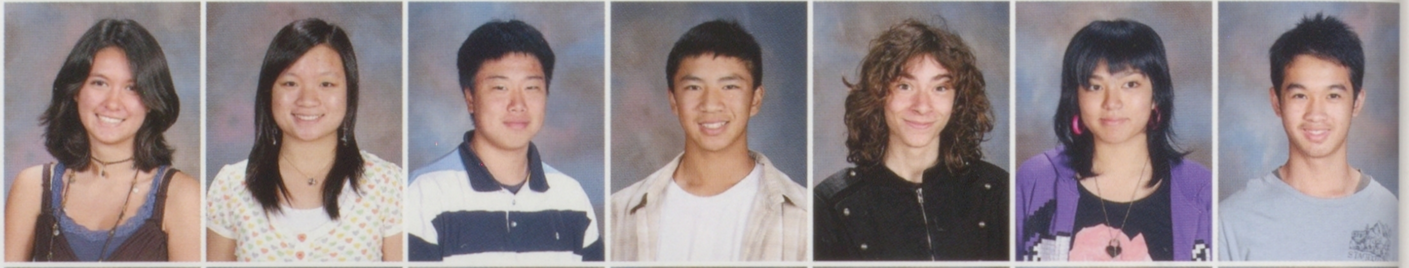
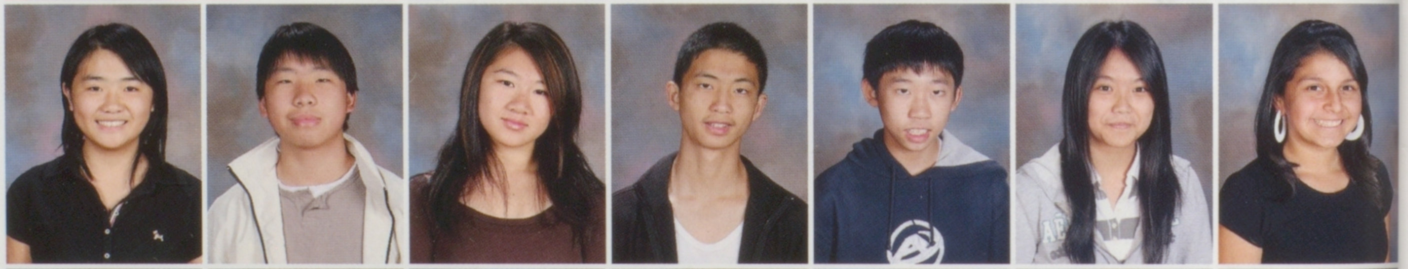
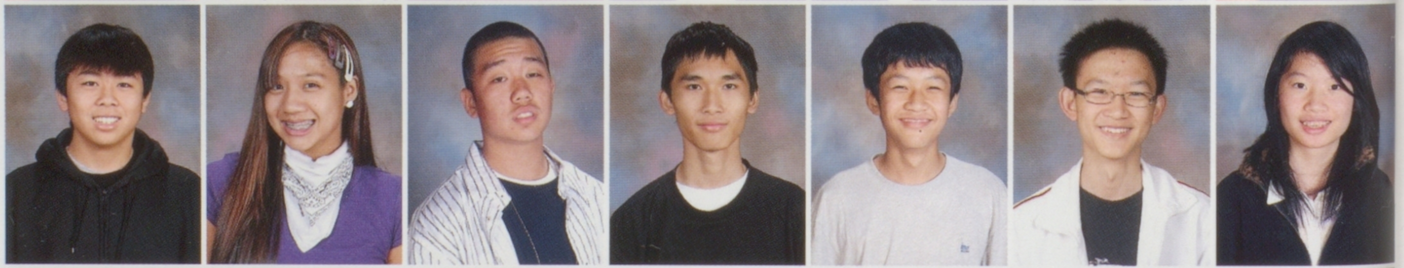
Tiffany Le
Tiffany Le
Alexander Lee
Courtney Lee
Derric Lee
Jennifer Ji Youn Lee



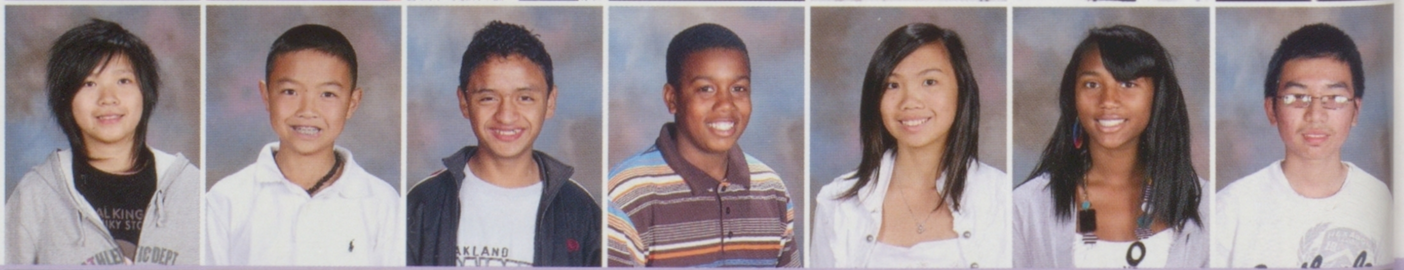
Monica Lee
Priscilla Lee
Ted Lee
Kyle Leong
Jeremy Letheule
Brenda Li
Can Hui Li



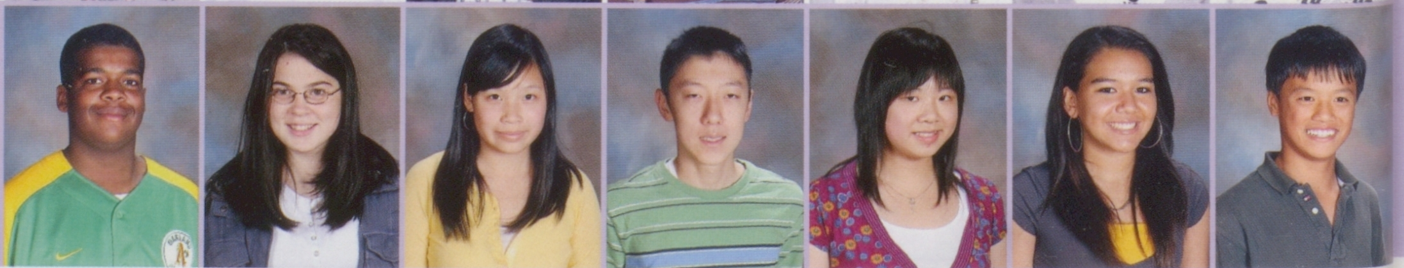
Chu Xin Li
Kin Ming Li
Vivian Li
Jack Lian
Derek Liang
Jenny Liang
Michelle Licea



Wilson Lien
Monica Pauline Lim
Brian Lin
Guan Yong Lin
Jian Zhuang Liu
Shouyu Liu
Zi Ying Liu



Ka Loi
Cameron Look
Norbis Lopez Aguilar
Dishan Lowe
Ida Lu
Jasmine Lusk
Joey Huy Ly



William Lyons
Jordan Lyons Lau
Emily Ma
Steve Ma
Vence Ma
Nadya Machrus
Frank Mai

Page By: Sara Osman and Carla Shao
Picture: Alec Mathieson

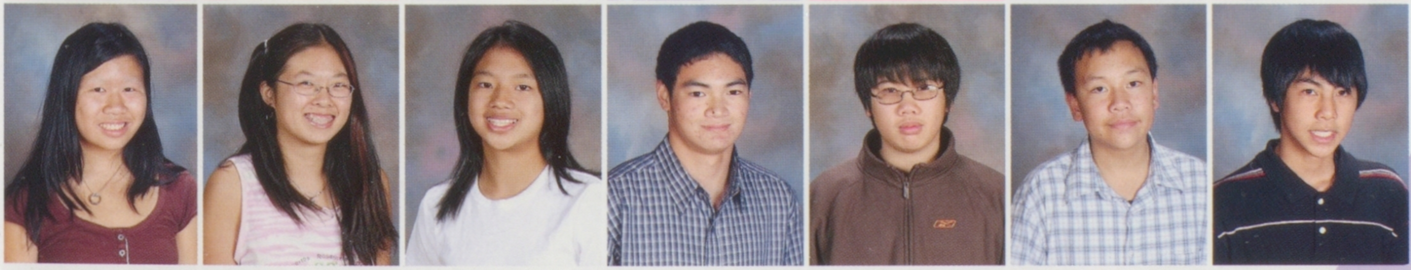
Vakassiu Maile
Christopher Marquez
Kathleen Marshall
William Marsh Taylor
Janelle Martin
Camila Martinez Granata
Alec Mathieson

Duncan McAdam
Prentice McClellan
Ian McClens
Megan McGrath
Kelcie McKeown
Julia McLean
Christopher McMillan

Cody Meloy
Samuel Meredith
Peni Mesui
Allison Miller
Charlotte Mkanga
Julien Modeliste
Sumeya Mohamednur

Nicholas Moler
Jay Moody
Rebecca Moon
Daniel Morris
Nadia Mounzih
Namuun Munkhuu
Angela Murray

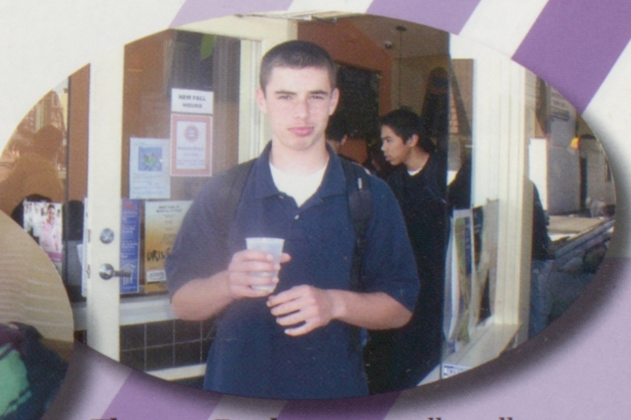
Grace Na
Mariam Nabiyar
Michelle Nam
Anthony Nava
Eli Nemzer
Juan Neri
Ching Nam Ng



Jasmine Ng
Jennifer Ng
Cecilia Nguyen
Christopher Nguyen
Christopher Nguyen
Christopher Nguyen
Clinton Nguyen

**William (Ro Ro) Lyons** and **Nathan Hidalgo** lounge while sipping enticing Tapioca drinks during lunchtime.

**Monica Lee** smiles for the camera and indulges in her cupcake before returning to the reality of school life on her birthday.



**Thomas Ruckman** casually walks out of Hawaiian Barbeque Drive-In, socializing as he passes familiar faces.

Jennifer Nguyen
Lori Nguyen
Mary Nguyen
Vy Nguyen
Veronica Norton
Erica Obando
Brian O Reilly

Alyssa Orlikoff
Danielle Oshiro
Sara Osman
Shally Ouyang
Anna Tai Owens
Stephanie Owyang
Adrian Padilla

Esther Paik
Monsoon Pandey
Elizabeth Park
Emily Park
Heather Park
Benjamin Parker
Tyler Parsons

Monica Paulino
Jade Pavao
Alexandra Peto
Patricia Hai Tien Phi
Chris Phung
Judith Phung
Meisze Phung

Brittany Platt
Liam Pletcher
Sina Pourcyrous
Hillary Pritchard
Jazmine Pulley
Alex Quan
Jackie Quan

Emily Quilici
Hector Quintero
Samantha Rados
Sergio Ramirez
Scott Ramos
Sarah Raphael
Quinn Reddrick II

Connor Reed
Dylan Reedy
Jesse Reese
Christopher Reeves
Jon Mykal Reyes
Nicholas Reyes
Sarah Reyes

**Jennifer Ng** and **Kelly Huang** anticipate and plan ways to celebrate the approaching holidays with a jam-packed itinerary.

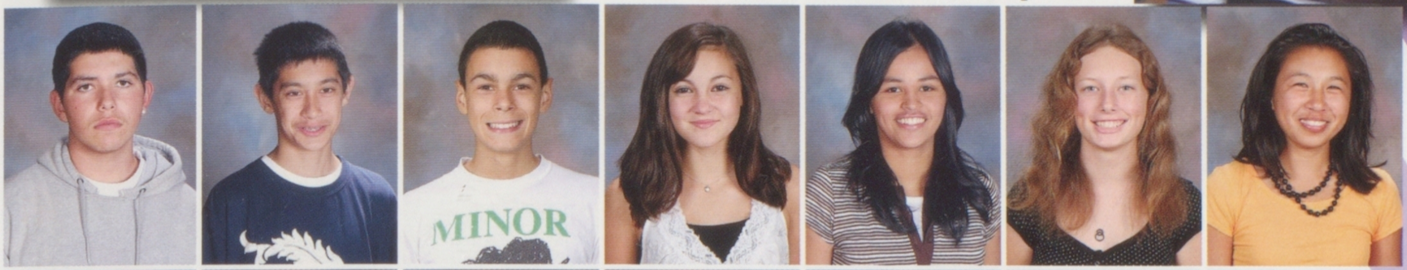
**Sarah Raphael** struggles to compose herself from showing remnants of a long night of studying.

**Sally Sanchez** heads to class as fast as possible, prepared for the tasks that await her during the course of the day.

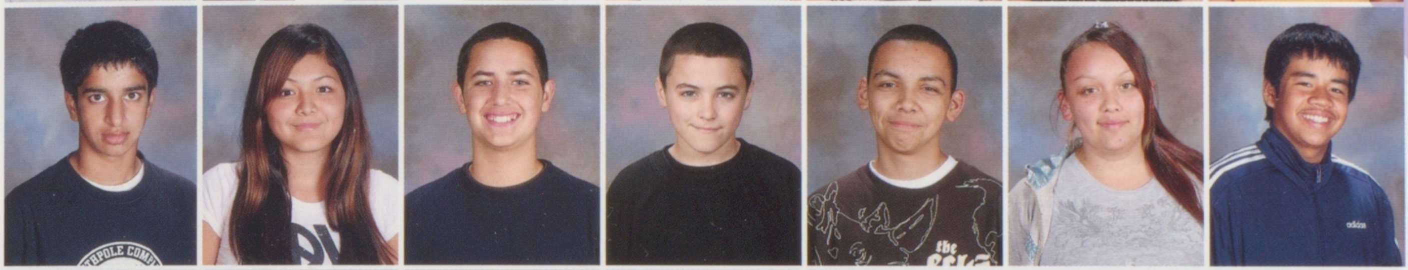
**Shuki Chan** and **Angelica Rivera** get into an in-depth discussion about the excruciating amount of work they endure.

After trying a new drink during lunch time, **Chris Phung** expresses his dissatisfaction at the product.

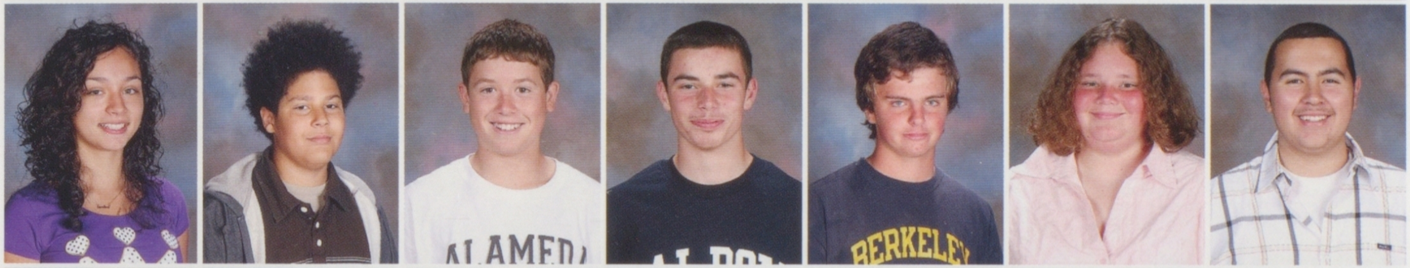
**Derek Wong** and **Elisse Soohoo** take organized notes on the teacher's lecture.



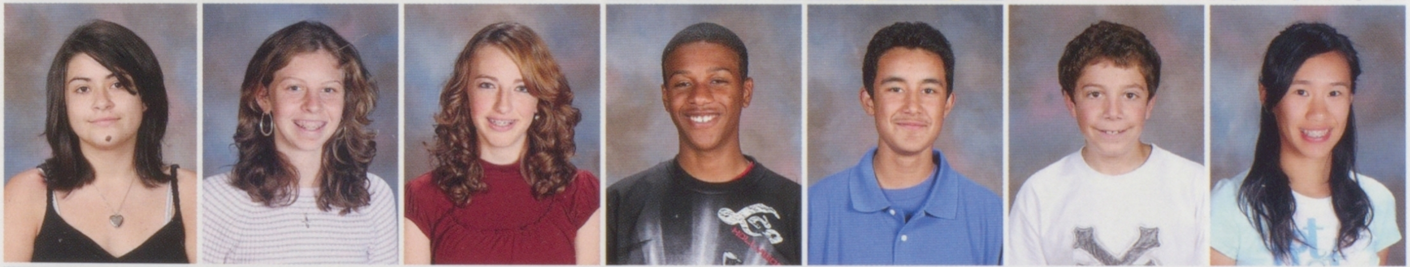
Oscar Reyna
Alexander Reynado
John Richards Monti
Sarah Rico
Angelica Rivera
Amber Robbins
Maya Robles Wong



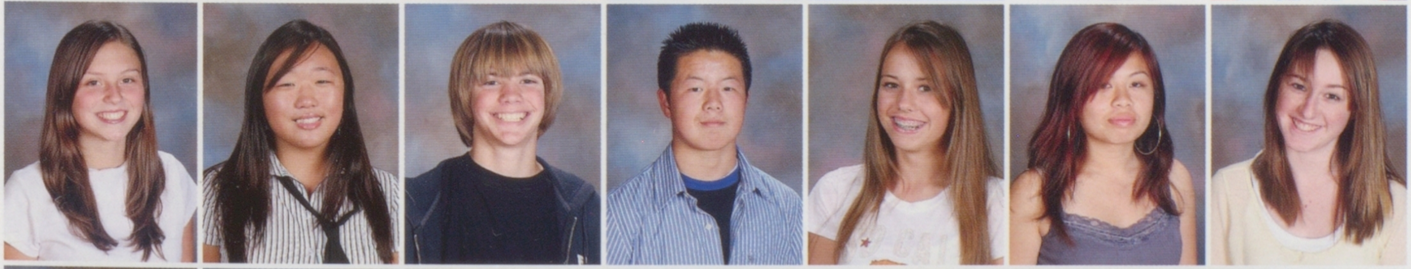
Matthew Rodrigues
Luna Romero
Michael Romero
Justin Romo
Alejandro Roque
Maya Roque
Richard Roque



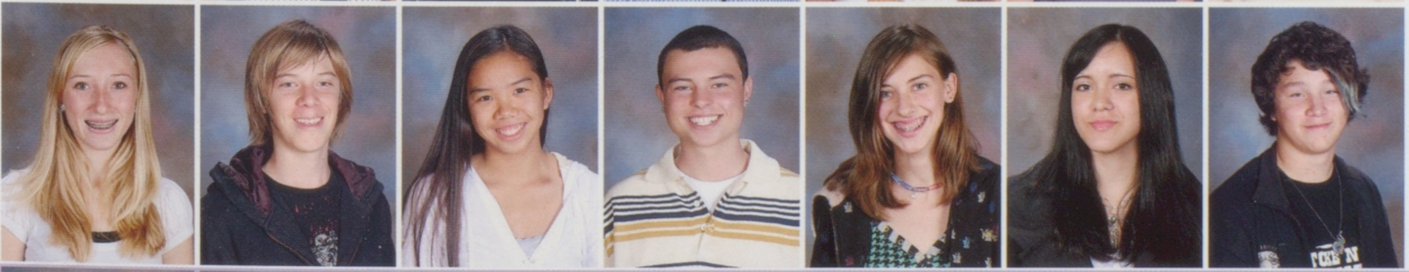
Isabel Rosales
Blake Ross
John Ruck
Thomas Ruckman
Scott Rude
Chelsea Rundle
Devonte Sanchez



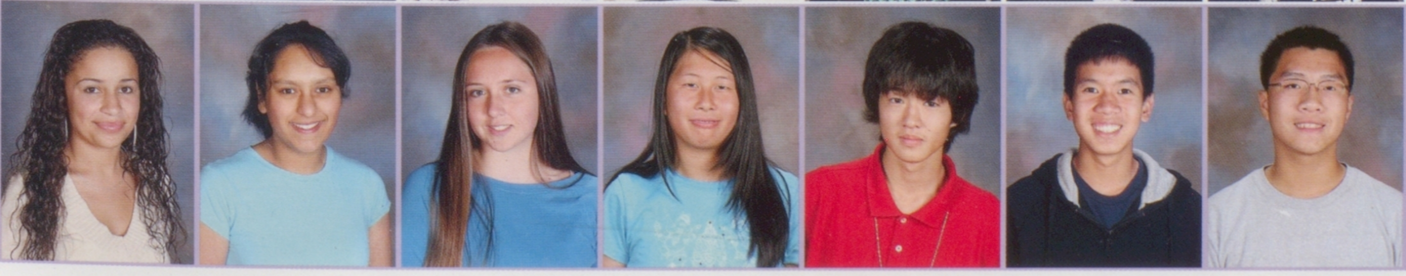
Sally Sanchez
Emily Scott
Allyson Seals
Nikolas Shackleford
Ahmad Shaghasi
David Shahbazpour
Carla Shao



Devon Sherak
Clara Shin
Robert Shortt
Evan Shum
Arielle Siem
Renee Sieng
Phoebe Smith



Sheree Smith
Austen Snow
Elisse Soohoo
Matthew Sorensen
Anna Soskin
Kelsey Soule
Torrance Sowle



Anyssa Spencer
Yaldah Sultan
Samantha Swain
Jessica Tam
Ryan Tam
Alan Tan
Francis Tang

# Q: What is your favorite food from your culture?

A: "Umm ...Spaghetti!" **Michelle Jacobsen** pondered. Spaghetti existed ever since the beginning of the Roman Empire. There are over 100 varities of ingredients used, but all of them are equally tasty.

A: "Momo!" **Sailaja (Sristi) Chhetri** was quick to answer. This South Indian delicacy is referred by Americans as steamed dumplings. It is generally eaten with meat, vegetable, and tomato achar.

A: "Mantu," proclaimed **Ahmad Shaghasi**. Mantu is an Afghan cuisine served in a sumptuous arrangement of layers of the wrapped meat and special yogurt sauce, and it is scattered with fresh mint leaves plus a little mince lamb to garnish.

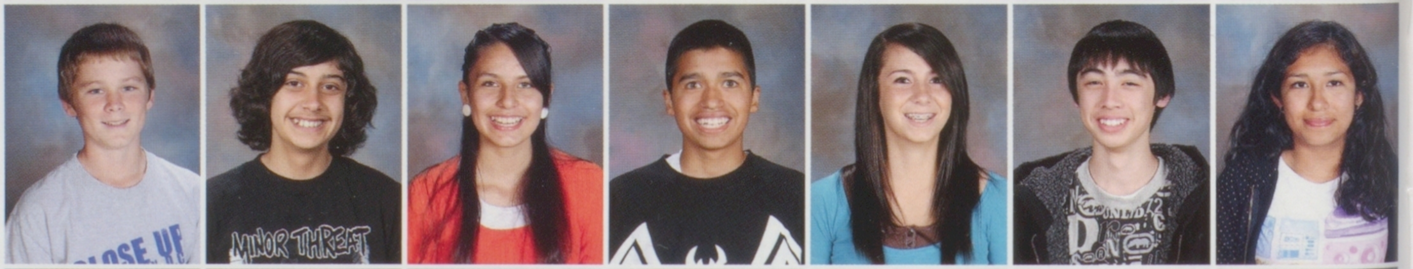
Jun Jian Ken Tang
Mingjia Tang
Diamond Tangpos
Arvin Tanjuakio
Jameia Taylor
Angela Hongtra Thai
Courtney Thomas

Jared Thompson
Omar Tibayan
Sahra Tohki
Alexandra Tom
Susan Tom Li
Justin Tong
Sarah Tourte

Jimmy Tran
Linh Tran
Vicky Tran
Victor Tran
Jessica Trieu
Victoria Trieu
Kristy Trinh

Beca Truong
Tselmegtsetseg Tsetsendelger
Wesley Tu
Dorothy Tung
Lauren Upp
Sam Uyeno
Dominic Valiente

Thomas VanAusdle
Sebastian Velasquez
Yajaira Velazquez
Ygnaxio Vergara
Marta Vicencio
Wesley Vierra
Ilse Villacorta

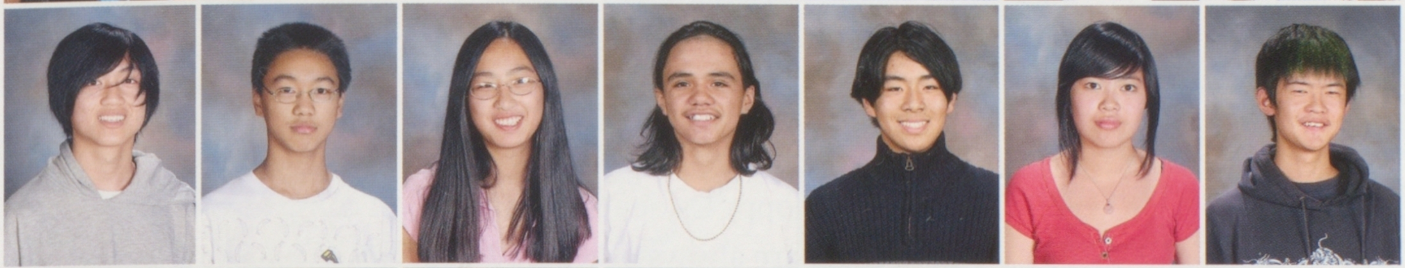


Allan Ray Villanueva
Dominica Vitucci
Huong Vo
Tuan Anh Vo
Terence Wallace
Kailly Wang
Kevin Wang

Jake Werner
Alexander Wilkins
Emma Rose Williams
Misti Williams
Derek Siu Chun Wong
Henry Wong
Kevin Wong

Page By: Sara Osman and Carla Shao
Picture: Stephanie Owyang

Nancy Wong
Viviene Wong Huynh Ly
Brandon Woo
Grace Wood
Daryl Wright
Jimmy Wu
Quan Wu



Andy Xu
Jamin Xu
Janice Xu
George Yanez
Edward Yang
Jie Lian Yang
Stephen Yang

Gabriel Ybarra
Arthur Yee
Karen Yee
Justin Yeo
Audrey Yeung
Adam Yim
Daniel Yoo

Christopher Young
Garrett Young
Jennifer Young
Lindsay Young
Allison Yu
Amy Yu
Hiu Hong Yu

Kevin Yu
Sophia Yu
Florence Yuen
Jeffery Yuen
Joshua Yuen
Sophia Zellick
Bao Heng Zhang

Ruth Zhang
Dave Zheng
Yuyi Zheng
Jack Zhu
Samantha Zinn

**Samantha Swain** shakes off her worries about the overwhelming amount of homework given before bustling off to complete a project with a friend.

**Jasmine Pulley** and **Clare Forbes** are both ecstatic for their upcoming weekend involving two days of relaxation.

## leftovers

Marcella Miles
Amauel Moreno

# forever Faculty and Staff

2 handfuls of perseverance
1 cup of patience
1 quart of knowledge
3 pinches of curiosity
2 tablespoons of love
2 teaspoons of compassion
2 cups of charisma
1 pint creativity

Only a certain type of person can be a truly effective teacher. Those who choose to pursue this career know what they are getting into: sloppy students that are full of complaints. But with that, there are always other students who try their hardest and thrive; it is this that makes them realize why they became teachers in the first place. They know that affecting even only one student will make a difference to society and the world.

Chris Adams
Maritez Apigo
M Augustine
Kathleen Austin
Robert Bergen

Molly Blair
Terry Boomer
Rabbit Brassmassery
Lauren Braunohler
Gina Bruno

Tharon Bunger
Richard Bunker
Stephen Burnett
John Byon
Martha Campos-Lopez

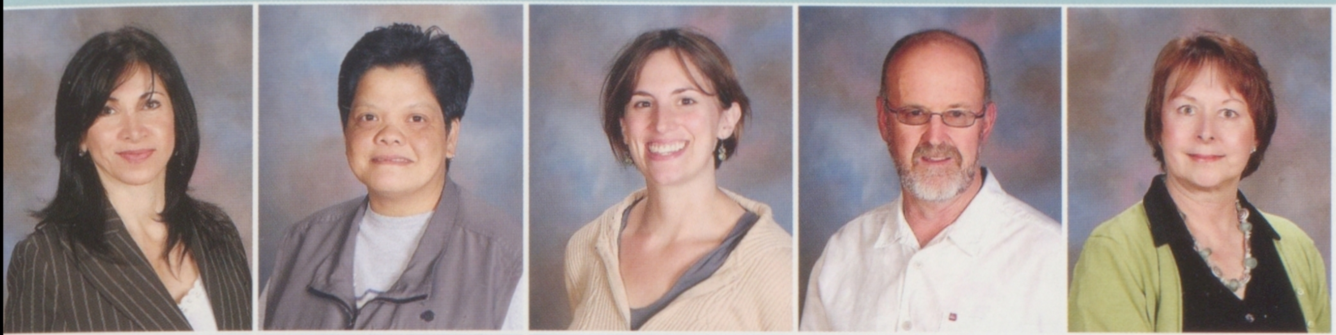
Jeannie Cantu
Mike Carlson
Chris Carman
Janice Carroll
Ann Casper

Page By: Jesse Prins
Picture: Javier Flores

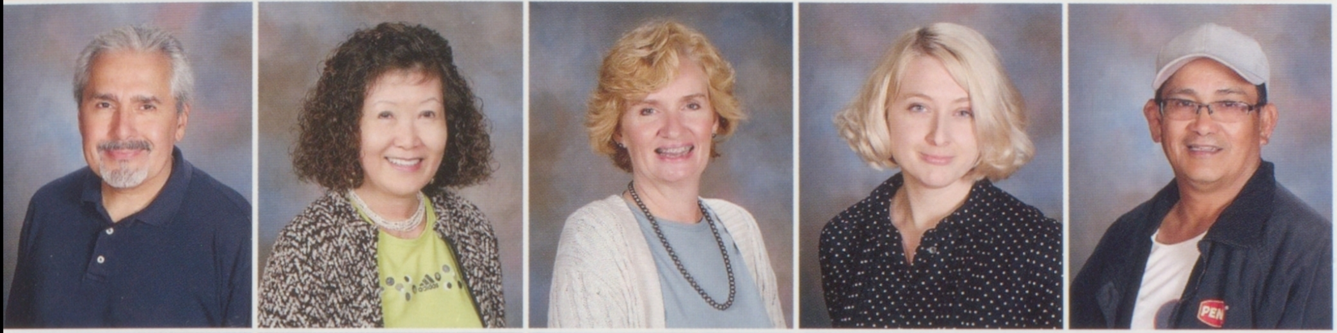
perseverance

curiosity

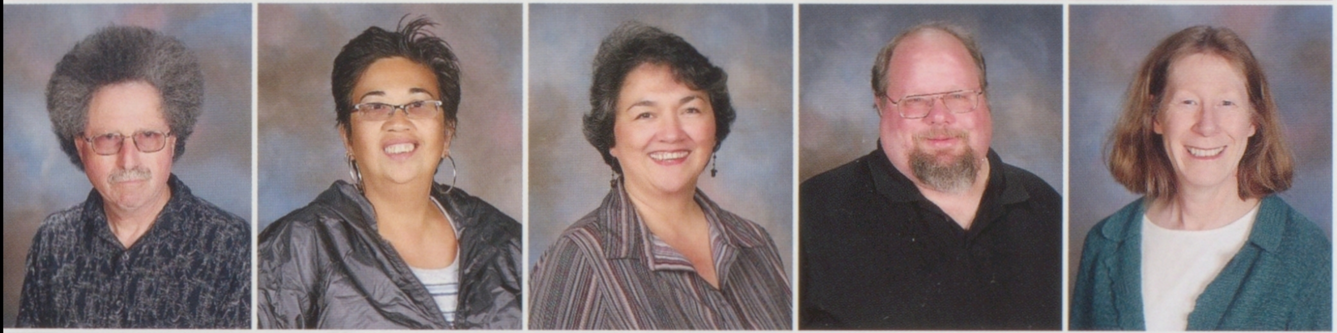
patience



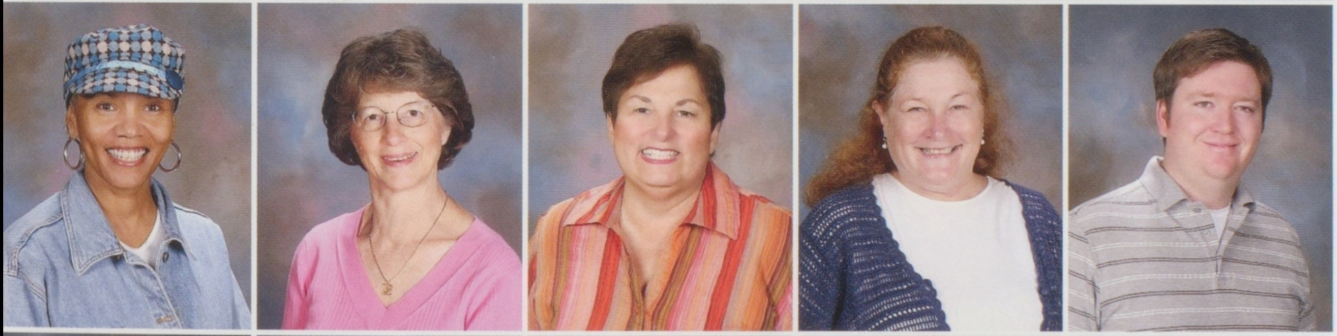
Rosario Castro
Leila Catambay
Maja Catipovic
Steve Caziarc
Carol Chacon



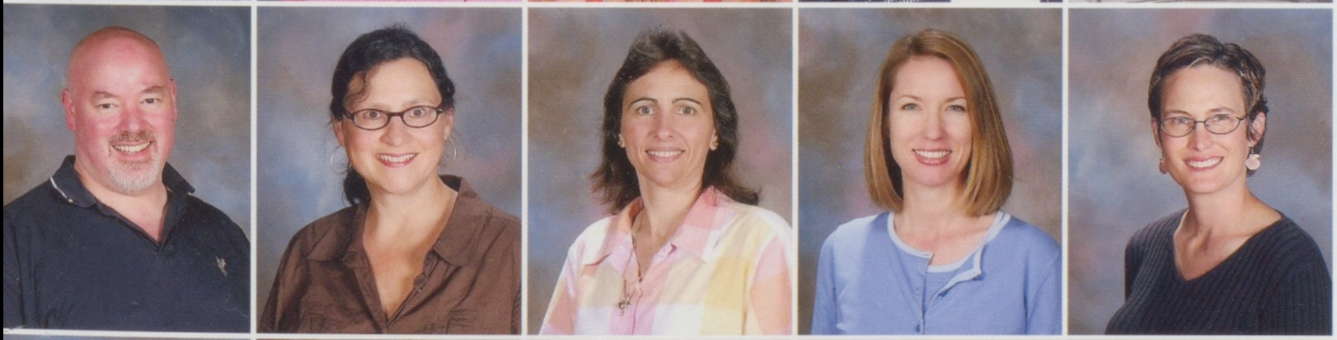
Fred Chacon
Annie Chin
Christin Cooper
Kathleen Crowe
Renato Cruz



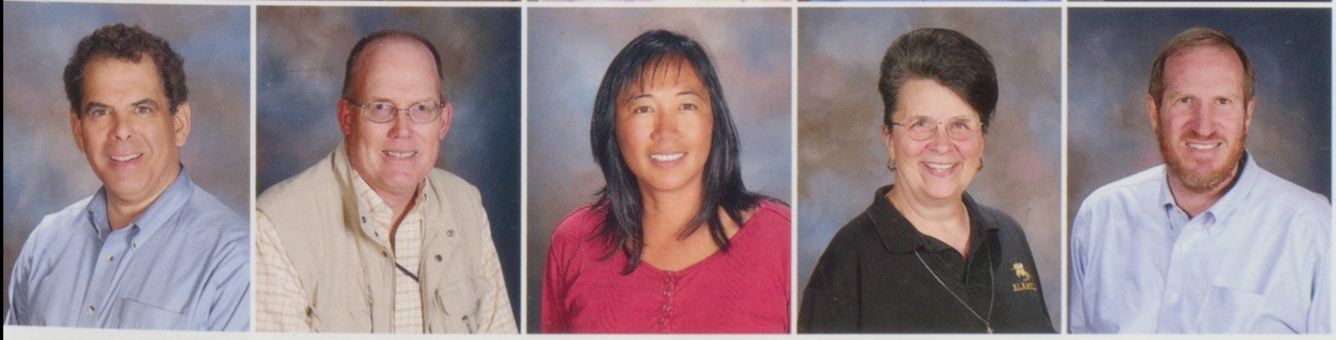
Philip Dauber
Beth Dimaano
Perry Dominguez
Hank Duderstadt
Susan Erdmann



Ella Estes
Pamela Fabela
Jackie Falletti
Laura Fanning
Casey Fenton



Craig Friedman
Susan Gill
Sherry Gordon
Kelly Gregor
Carolyn Griffith

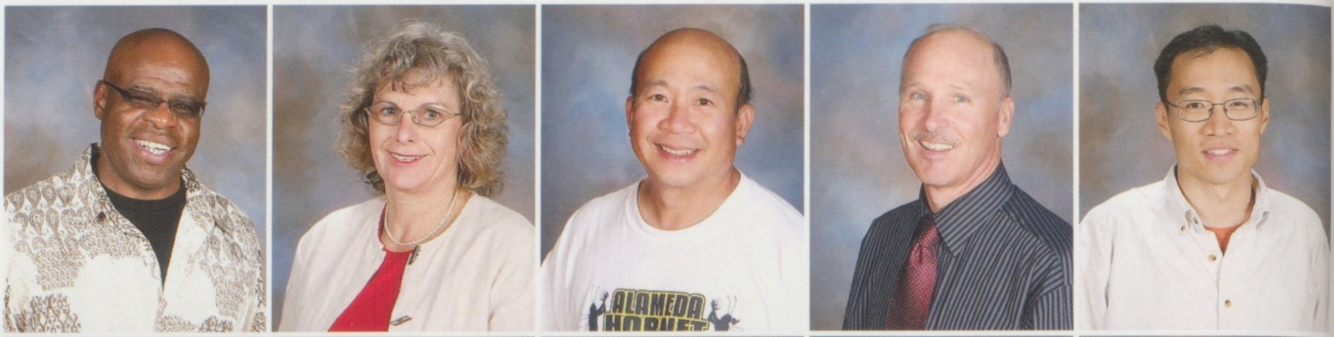


Martin Gross
Timothy Hardin
Amy Harriman
Karen Harrington
Richard Harris

# compassion

love

Al Hockenhull
Birgit Hoffmeister
Huang Huynh
Mike Janvier
Yong Joo

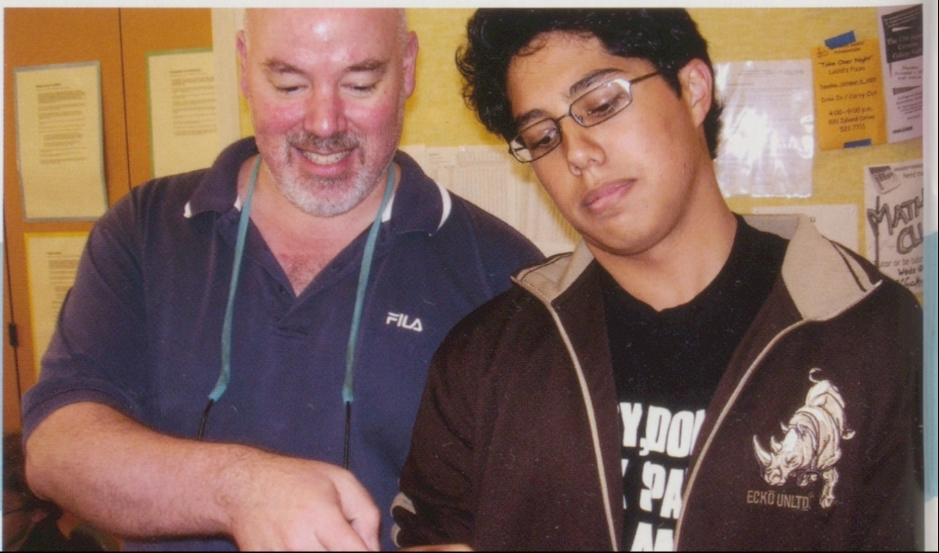


Chipp King
Judith Klinger
Denise LaBarre
Michael Lamb
Cindy Larsen

Allison Lee
Judi Lewis
Edwina Lo
Janice Loy
Kathleen Macy

Wendy Mariani
Dell Martin
Scott Mathieson
Susan Mcallister
Jodi Mccarthy

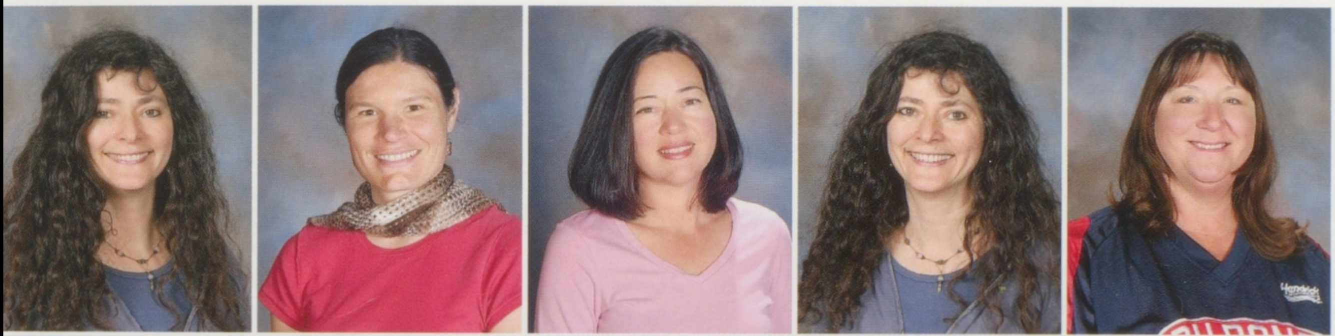
Mr. Freidman gives a few pointers to his ambitious student, **Austin Oducayen,** '08. Mr. Freidman uses his own original "catch" phrases such as, "100 points off if you use paper ripped out of a notebook!" Being the joker that he is, his uses these tactics to keep students alert and on task.



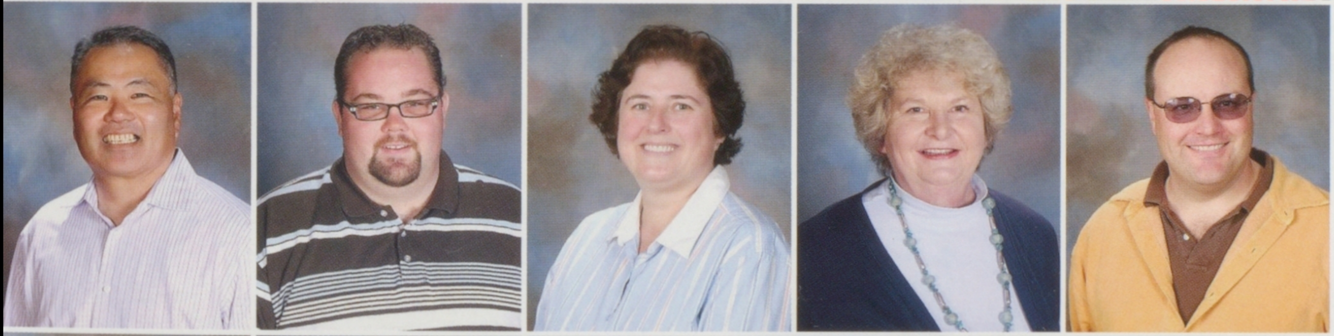
happiness

knowledge

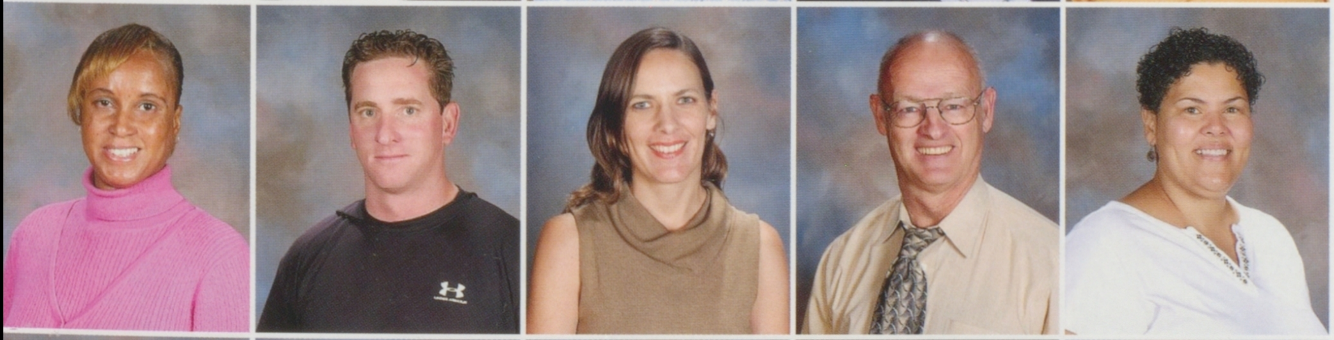
Loved by many students, Mrs. Ziemer lets her students know that she cares. Her forth period Juniors, **Ashley Assayag**, **Nick Winterbauer**, **Drishya Chhetri** and **Trevor Araujo** appreciate her help while working on an assignment for a book.



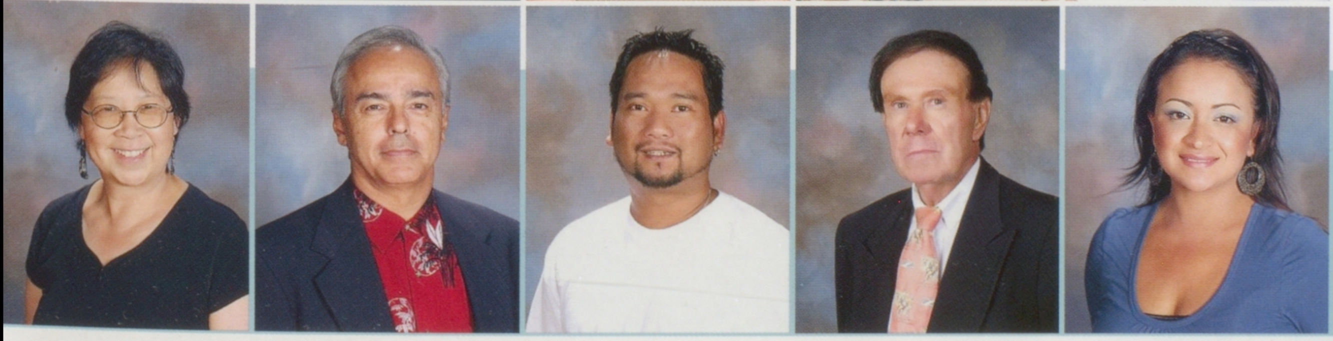
Ms. Mcgraw
Amy Mcguire
Kim Mendes
Charlie Milgrim
Rebecca Mjelde



Allen Nakamura
Adam Nelson
Lisa Nunn Needham
Teri Olsen
Michael O'Malley



Latrelle Parker
Joe Pearse
Lisa Piazza
John Potter
Sandra Pula



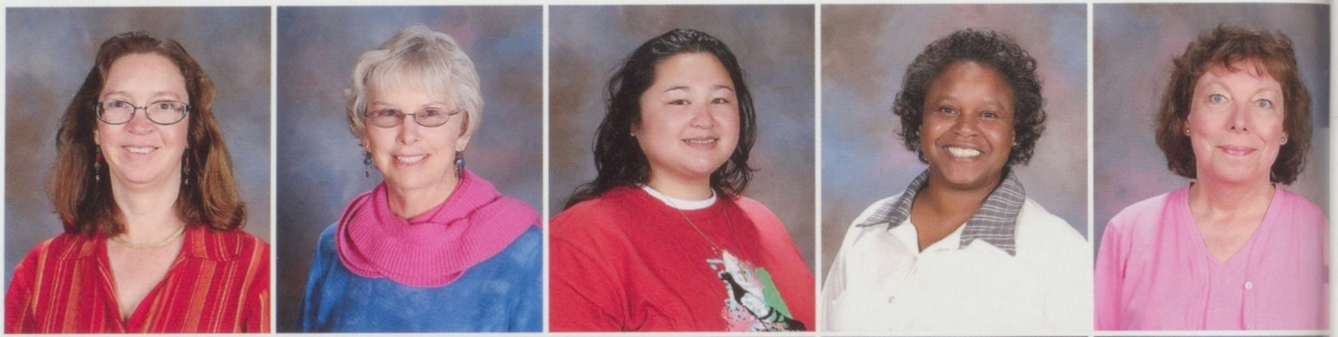
Judy Quan
David Quinonez
Randy Ramos
Gerald Rawlins
Veronica Reyna

# charisma

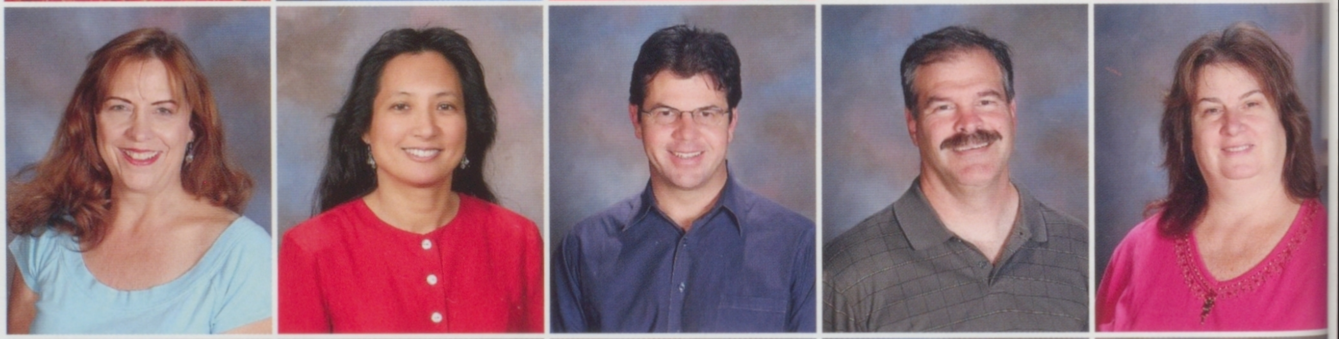
## optimistic

## creativity

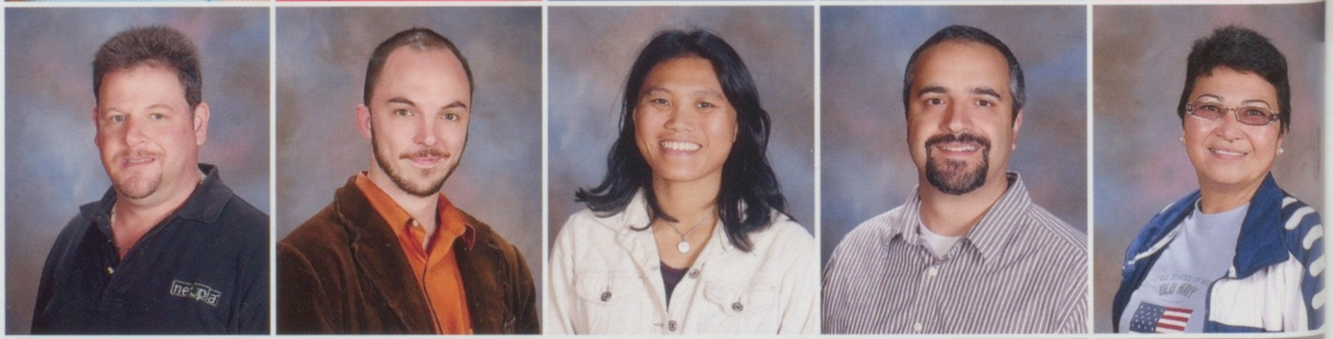
Mrs. Macy takes teaching seriously and does not take lip from rebel students. She lets her students get started the homework that they will do that night.



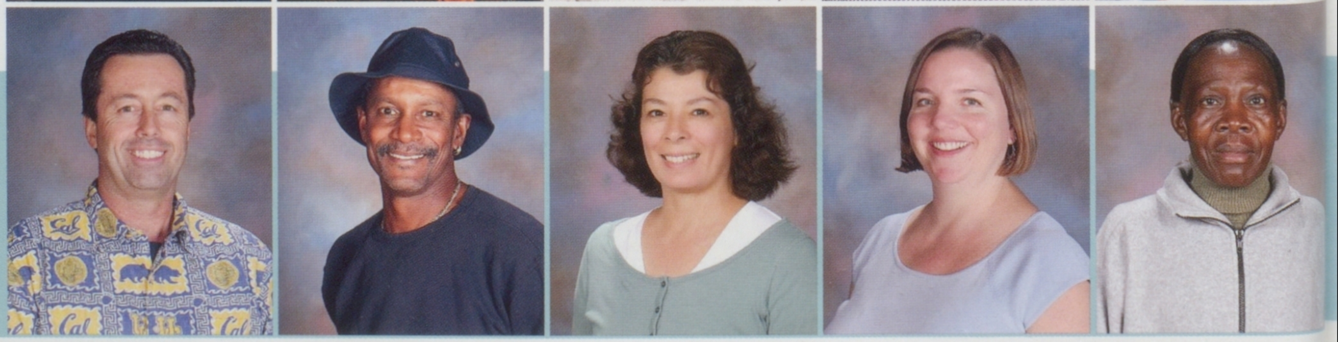
Deann Robinson
Karen Roemer
Tracy Rosalio
Cynthia Rosenthal
Margo Rudd



Robin Sarvey
Joy Sigmon
Robert Siltanen
Jeffrey Silverman
Barbara Stahl



Robert Stein
Charlie Sutherland
Andrea Szeto
Joseph Teixeira
Kelsey Teresita



Brad Thomas
Efonius Timmons
Sylvia Vasquez
Rebecca Vester
Gertrude Wafula

Page By: Jesse Prins
Picture: Andre Tom

Erin Whalen
Patricia Whitmore
Dorothy Wiggins
Julie Williams
Lajuan Williams

Brian Wilson
Jo Winzenread
Tonya Wynn
Clarisa Yeo
Kara Ziemer

Carmel Zimmerman

Dr. Griffith gives helpful tips to her students **Efe Ogbeide** and **Nikki Johnson**, Seniors, on their eco-column. This is an ongoing project that environmental science continues thought the year.

## leftovers

Rupika Mailk
Mark Martin

Page By: Melissa Lim
Picture: Esther Park

# clubs

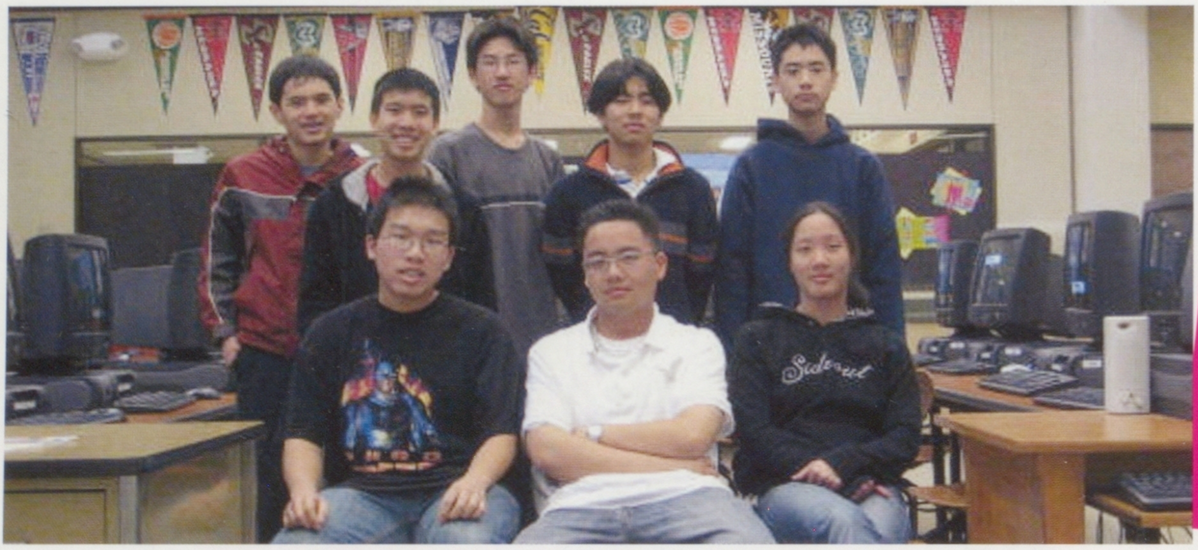
## salads

"What should I sign up for? Best Buddies? French? Culinary?" You may have asked yourself these questions at the beginning of the school year. Signing up for a club during Club Day is just like being at a salad bar- there are just too many choices! From academic to cultural clubs, AHS offers over 50 choices for its students. Like tossing a salad, people are mixed together in a healthy way. Clubs allow students of different backgrounds and grade levels to interact with one another over similar interests. The choices of salads are endless: like Chinese chicken salad? Try the Chinese Living in America club; for a taco salad, join Latinos Unidos. The blend of different flavors and textures adds to the fun and tastiness of Alameda High School's diverse culture.

Left: Senior **Yannie Horth** and Junior **Mariela Lopez-Garcia** prepare to sell snickerdoodles for Judo Club at Food Faire. "This club is great because it brings together the two separate Judo classes and we can practice our moves," **Horth** says.

# Afghan Club

Mansoor Adina, Masoud Adina, Roy
Aimen, Zalikha Barikzi, Freshta Esmatya
Esmeraldad Gutierrez, Farhad Hakimzada
Laily Hakimzada, Arielle Hernandez, Sar
Kohgadai, Arzo Mansuri, Mariam Nabiyar
Maseh Osman, Sara Osman, Aysha Rasul
Ahmad Shekib Shaghasi, Nargis Shaghasi
Yalda Sultan, Angela Ybarra, Marveleen
Wight.



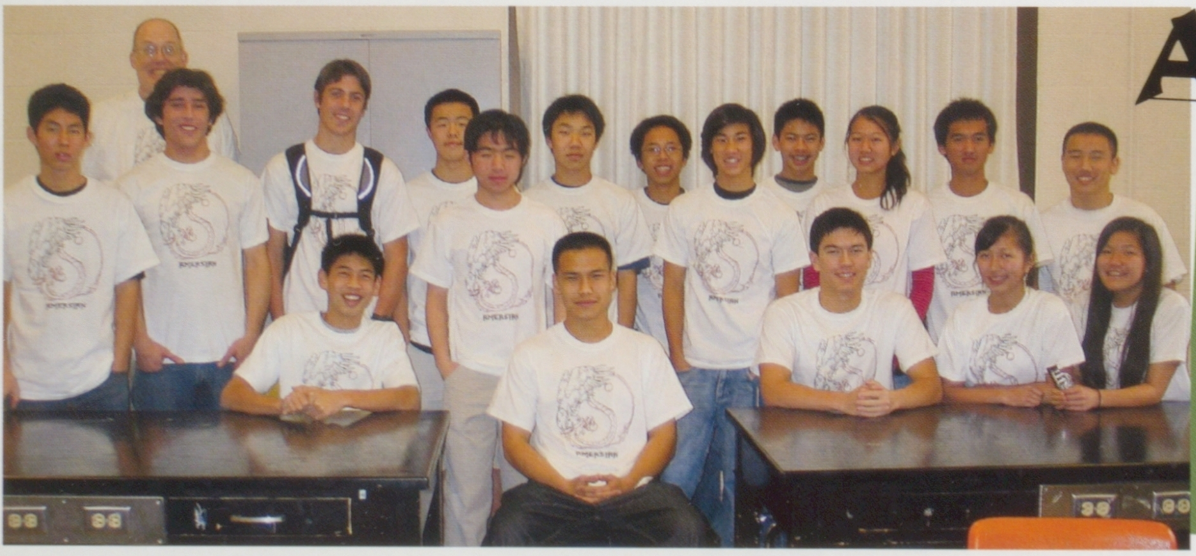
# AHS Tech

Heming Chen, Duy-Hoa Huynh, Nelso
Lau, Alan Tan, Jimmy Wu, Eddy Yang
Justin Yeo, Michelle Young

# AHS Voyager

Jonathan Bridge (President),Kevin Dadik,
Megan Foster, Samantha Ho, Amanda Lane,
Natalie Wilkins

Sponsors: Ms. Olsen, Ms. Chacon



# Amersian Clu

Jai Barcelona, Robert Chang,
Daniel Chen, Alexander Colvin, Jerem
Dong, Calvin Fong, April Hien, Daniel Higu
chi, Kelly Huang, Dominic Huynh, Ryan
Shum, Corey Tan, Shirley Tang, Thoma
Tran, Andre Tom, Joshua Yuen, Matthe
Yuen,

Not pictured: Michael Gee, Victoria Jo
Grace Na, Linh Phung Bonnie So, Eri
Wong

Page By: Christie Lee
Picture: Kristin Eng

## Anime Club

Richard Alexander, Phi Duong, Ansel Fok, Annie Fong, James Fong, Leslie Huang, Hannah Kang, Jamie Kelly, Francis Nguyen, Haidee Pang, Tim Ung, Kevin Wong, Jonathan Ye, Lindsay Young, Matthew Young, Sophie Zellick, Linda Zhang, Jennifer Zou,

## Art Club

Dheeraj Advani, Samantha Alemania, Ernesto Alonso, Veronica Ambrosini, Kevin Chan, Ivan Chew, Dylan Lotivio, Carmen Ng, Thien-An Nguyen, Thomas Oducayen, Matee Wolf, Martin Yonn,

## Belly Dance

Maribel Arrizan, Joyce Cheung, Xuxa Francisco, Summer Johnson, Taniya Kumar, Vivan Li , Nichole Perry, Meisze Phung , Melissa Rundle (President), Sally Sanchez, Victoria Trieu, Dorthy Tung

Not Pictured : Sara Ching

## Best Buddies

Ally Armijo, Jenny Atkinson, Rachael Axthelm, Jackie Betsillie, Janelle Bitker, Will Boscacci, Bethany Bostrom, Hannah Cooper, Ryan D'Costa, Amy DeSmidt, Brian Dinh, Vicky Dinh, Zachary Donald, Marissa Erikson, Tim Harmon, Andre Hines, Michael Hoye, Fahim Jamshidi, Shohei Kobayashi, Chris Larsen, Savio Le, Eddie Lee, Monica Lee , Monica Lee, Jose Lopez-Garcia, Maggie Mei, Michael Melson, Cerys Morgan, Daniela Myovich, Kristine Nakada, Kevin Ng, Nic O'Neil, Emily Pendleton, Sarah Price, Alex Quan, Omar Tibayan, Rebecca Torres, Tiffiny Tsosie, Jason Vuong, Victor Wu and Christopher Zapanta

## Black Student Union

Khyre Bailey, Javan Brown, Devin Carraway, Tyler Currie, Glen Durmas, OfeoritseEkwejunor Etchie, Terry Fernandez, Chris Foster, Tyler Freeman, Haley Hayes (president), Jasmine Jacobs, Taylor Jacobs, Shawn Johnson, Fayola Perry, Brianna Reynolds, Diamond Rhodes, Allyson Santa Maria ,Brianna Sims, Courtney Thomas, Daryl Wright

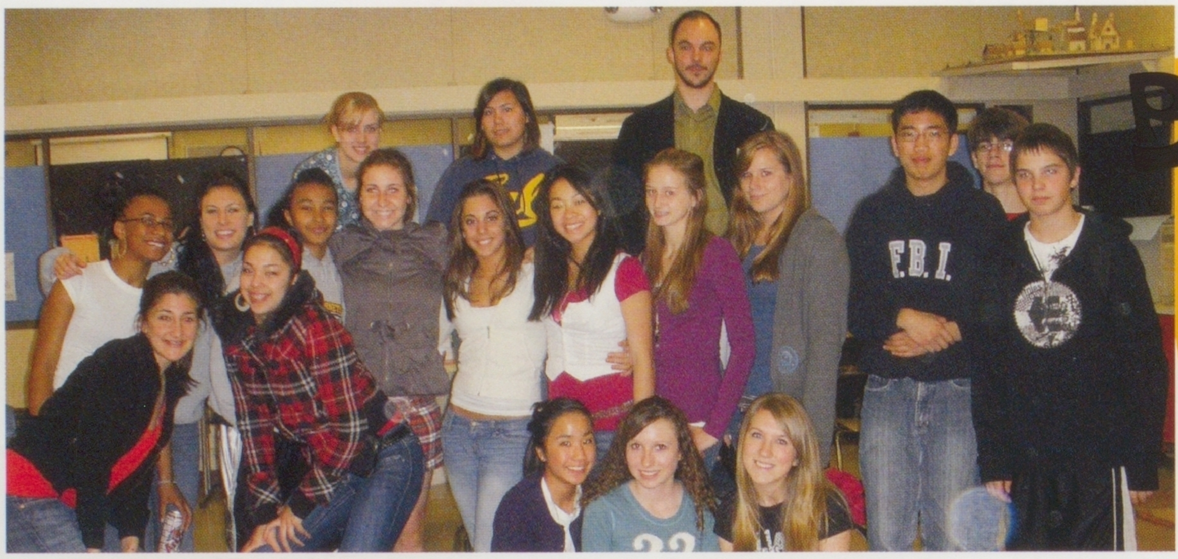
Sponsor: Ms. Sarvey

## Blankets of Love

Lau Arlynda, Mansol Arrizon, Kimberly Chen, Katy Huey, Megan Huey, Lauren Jiang, Michelle Loo, Elise Soo Hoo, Lindsay Quon

Not Pictured:Courtney Chang, Mariko Lam, and Samantha Wong

Sponsor: Ms. Carroll



## Bldg. With Books

Noel Arevalo, Ashley Assayag, Amy Desmidt, Allison Duby, Hope Fletcher, Hillary Freeman, Avery Glover-Mackey, Debbie Gee, Ananda Gebreyesus, Kellie Grigg, Zach Hinton, Ellie Johnston, Joanna Louie, Duncan McAdam, Kiyomi Miller, Daniel Morris, Michelle Murphy, Amber Prout, Katy Roberts,

## Chamber Music

Sally Bownson, Lisa Hick, Cindy Hickox (PRESIDENT), Edward Junsay, Miranda Lott, Olivia Lott, Jimmy Wu, Kevin Yu

Not Pictured: Judith Cruces
Sponsor: Mr. Hidalgo

Page By: Christie Lee
Picture: Marcella Miles

# Chess Club

Veronica Ambrosini, Marc Atkinson, Eric Causapin, Lisa Hickox (VP), Marwin Ko, Myles Moscato, Ryan Raphael, Renee Sieng, Jessica Trieu,

(Sponser): Ms. Sarvey

# Class Film Society

Mackenzie Bowles, Lauren Choy, Amelia Cortois, Eleanore Guenon, Katie Kerpel, Arden Koehler, Katie Linderme, Ashley Martinez, Alec Mathieson, Claire Mathieson, Duncan McAdam, Megan Mcgrath, Julia Mclean, Lauren Mercado, Daniel Morris, Vincent Ogden, Kelly Reynolds (President),Nathaniel Williams, Emma Rose Williams

Not Pictured: Emily Bliven ,Emily Kirschenheuter
Sponsor: Mr. Dell Martin

# CSF Club

Alexa Baptiste, Zalikha Barikzi, Carmen Chan, Kaila Chan, Marissa Chan, Janice Chang, Dianna Chen, Michael Chen, Mu-Lin Cheng, Emily Childs, Annie Chin, Annie Choi, Daniel Choi, Matthew Chong, Wai Tung Chong, Lauren Choy, Chris Chui, Leonne Chung, Sarah Courtland, Ryan D'Costa, Emily Devey, Jeremy Dong, Michael Dughman, Calvin Fong, Joie Fong, Lyndsay Fong, Dagnachew Gebreselassie, Winnie Gee, Cesar Hernandez, Hashmatullah Hasseeb, April Hien, Mingmei Hiu, Christina Ho, Samantha Ho, Stephanie Hoang, Steve Hoang, Kathy Hua, Jin Ming Huang, Megan Huey, Duy-Hoa Huynh, Rose Huynh, Tram Huynh, Koki Inlow, Leslie Ji, Kyle Johnston, Victoria Joo, Jennifer Kam, Victoria Kam, Vaishali Kashyap, Christine Kha, Min-Jae Kim, Leon Ko, Sara Koffman, Amanda Koo, Patricia Kwan, Jocelyn Lam, Jonathan Lau, Lena Lau, Wendy Lau, Alice Le, Brennen Lee, Sydney Lee, Christina Leung, Alice Li, Jeffrey Li, Michelle Li, Amanda Lim, Melissa Lim, Ryan Lim, John Lin, Jonathan Lin, Ryan Lin, Ina Liu, Trent Liu, Michelle Loo, Fatima Mohammed-Zakir, Ariana Mortuzaui, Afsaneh Morzazan, Agna Mung, Kristine Nakada, Janet Ng, Jody Ng, Kevin Ng, Terry Ng, Terry Nguyen, Vicky Nguyen, Mingmei Niu, Charles Ouyang, Nicolas Owyang, Yongjian Pang, Haidee Pang, Esther Park, Emily Pevey, Linh Phung, Allison Quach, Deanna Quach, Steven Quach, Michael Reyes, Anjuli Sastry, Nergiss Shaghasi, Eunnah Shin, Carmen So, Michelle Sum, Tamara Takeshita, Connie Tan, Shirley Tang, Stephanie Taylor, Jain Thapa, Steven Tom, Hei Tung Tung, Chris Tung, Teresa Trinh, Nana T, Kelly Watts, Ben West, Lila Wang, Briana Wing, Lauren Wong, Stephanie Wong, Llana Wu, Lauren Yeung, Carmen Yung, Julia Zhang, Michelle Zheng, Jeanette Zho

# Culinary Club

Richard Alexander, Antonio Jimenez, Yannie Horth, Megan McGrath, Emily Manson, Will Matteucci (president), Jessica Pan, Megan Pimentel, Allyson Santa Maria, Stephanie Taylor, Kelly Watts, Meagan Whitehead, Natalie Wilkins, Briana Wing

Not Pictured: James Fong
Sponosor: Mrs. Crowe

# DECA

Carmen Arryo, Azzaya Buyanurt, Louie Chan, Stephanie Chan, Yulanda Do, Amanda Duong, Ashley Edmonson, Lyndsay Fong, Daniel Garcia, Dagnachew Gebreselassie, Debbie Gee, Esther Han, Tein Huynh, Krystal Jugarap, Wendy Li, Lizeth Martinez, Louis PanDong, Niel Parkin, Gefany Partido, Gabriela Peroni, Victoria Schnapp, Kristyna Smith, Kevin Stein, Jain Thapa, Emma Ulrey, Irene Wen, Isaac Wolfm, Janice Xu, Jerry Xu, Yipchun

# Dragonboat

Dheeraj Advani, Richard Alexander, Marc Atkinson, Matthew Barraza, Annie Fong, Alison Gee, Erik Ho, David Hui, Lauren Jiang, Hannah Kang, Lena Lau, Henry Lau, Brennan Lee, Brian Lee, Ida Lu, Chris Ng, Haidee Pang, Ricky Quach, Stephanie Taylor, Teresa Trinh, Kevin Tu Lila Wang, Nina Xu, Brandon Yee, Raymond Yee, Martin Yonn, Lindsay Young, Michelle Young, Linda Zhang,

RECYCLE
RECYCLE
RECYCLE
RECYCLE
RECYCLE
LARRY PATTON

# Environmental

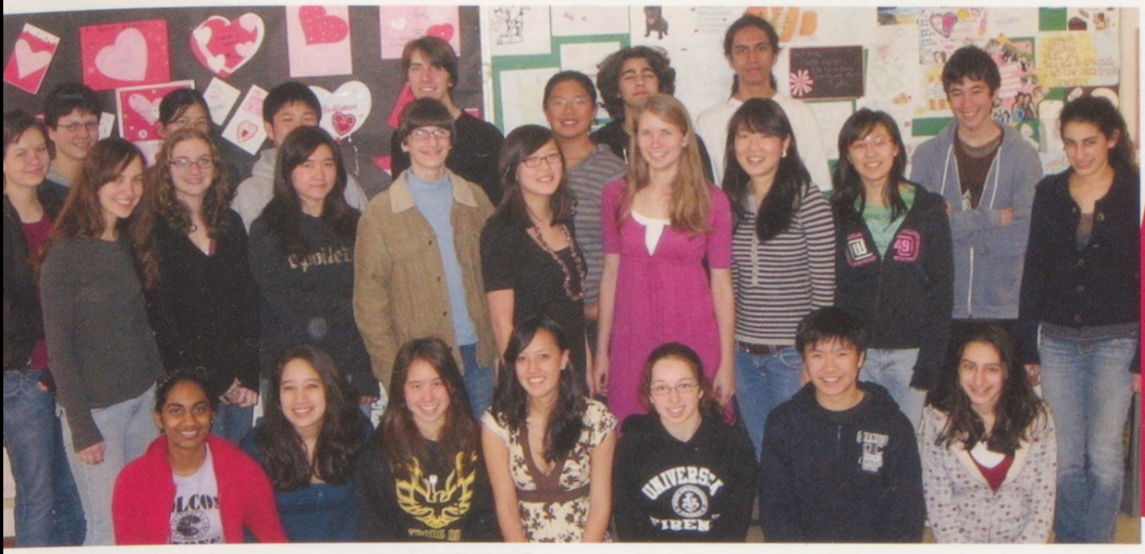
Lauren Choy, Leonne Chung, Jasmine Edelstein, Zoey Gordon, Maria Khatri, Sandy King, Arden Koehler, Ophelia Kong, John Lin, Claire Mathieson, Afsaneh Mortazavi, Catherine Ng, Linh Phung, Jessica Robbins ,Berg Tjonn, Teresa Trinh, Anna Varghese, Briana Wing,

Sponsor: Dr. Carolyn Griffith, Mr. David Steward

# Filipino Club

Ben Alemania, Frances Ancheta, Sarah Badr, Krystle Datuin, Anthony Durana, Paul Fermin, Krystal Jugarap, Sherelle Knight Hilary Ledoan, Janellelise Ondevilla, Tiffany Pham, Melissa Ramos, Joshua Ramos Justin Rozal, Allyson Santa Maria, Kevin Tacla, Jayso Velasquez, Tammy Vo

Sponsor: Ms. Sarvey



# French Club

Jason Berk, Janelle Bitker, Ankitha Bharadwaj, Alison Gee, Mika Hernandez, Brendan Hoye, Momo Ishiguro, Joey Johnescu, Laurel Johnescu, Katie Kerpel, Donny Landers IV, Michelle Li, Jonathan Lin, Katie Linderme, Kristin Little, Jose Lopez-Garcia, Nina Manno, Claire Mathieson, Afsaneh Mortazavi, Ariana Mortazavi, Jeffery Naijibi, Ryan Rapheal, Leena Richman, Melissa Scott

# Homes For Humanity

Chelsia Durkee, Brendon Foye, Caresse Fong, Misha Gonzalez, Fedila Jabir, Maria Khatri, John Lin, Taylor McLoughton, Chiamaka Onyemelurkue, Michael Stern

# Invisible Childeren Unite

Christina Bailey, Jamie Banks, Emily Basta, Lauren Basta, Tatiana Burenin, Sierra Calandri, Hope Fletcher, Clare Forbes, Megan Foster, Whitney Grindall, Cynthia Hughes, Lizzy Hughes, Michelle Jacobsen, Maddy Kuttner, Kristina Lam, Claudia Lee, Sydney Lee, Frances Li, Nadya Machrus, Nadia Mouzin, Cerys Morgan, Kristine Nakada, Monica Paulino, Samantha Sligh, Lauren Upp, Rachael Valler, Lauren Wong, Taryn Yee

# Jazz Club

Sally Brownson, Alex Didonato, Jose Lopez Garcia, Lisa Hickox (President), Marwin Ko, Melissa Scott, Madeleine Giordano, Marc Atkinson, Tyler Sanderson, Jason Lau

Sponsor: Mr. Hidalgo

## Judo Club

Dheeraj Advani, Tom Ahn, Matthew Barraza, Justin Calderson, Anthony Chan, Ivan Chew, Daniel Choi, Tuan Hoang, Yannie Horth, Sandy King, Ross Koppel, Charlie Lai, Alice Le, Mariela Lopez-Garcia, Elaine Nguyen, Franck Nguyen, Terry Nguyen, Thien Nguyen, AJ Ocampa, Thomas Oducayen, Jessica Pan, Sensei David Quinonez, Kristyna Smith, Hung Tran, Kevin Tu, Tiffany Wu

## Key Club

Matthew Barraza, Marissa Chan, Janice Chang, Kimberly Chen, Matthew Chong, Lauren Choy, Leonne Chung, Miranda Cohen, Sarah Courtland, LiFeng Feng, Bobby Fong, Calvin Fong, Andy Gee, Winnie Gee, April Hien, Christina Ho, Kathy Hua, Eddie Huang, Duy-Hoa Huynh, Koki Inlow, Leon Ko, Patricia Kwan, Jocelyn Lam, Henry Lau, Lena Lau, Nelson Lau, Brennan Lee, Michelle Li, Lauren Liana, Jonathan Lin, Michelle Loo, Janet Ng, Lily Nguyen, Haidee Pang, Carla Shao, Sophia Shin, Tamara Takeshita, Stephanie Taylor, Teresa Trinh, Wendy Truong, Chris Tung, Matthew Villegas, Jimmy Xu, Carmen Yung, Fatima M. Zakir

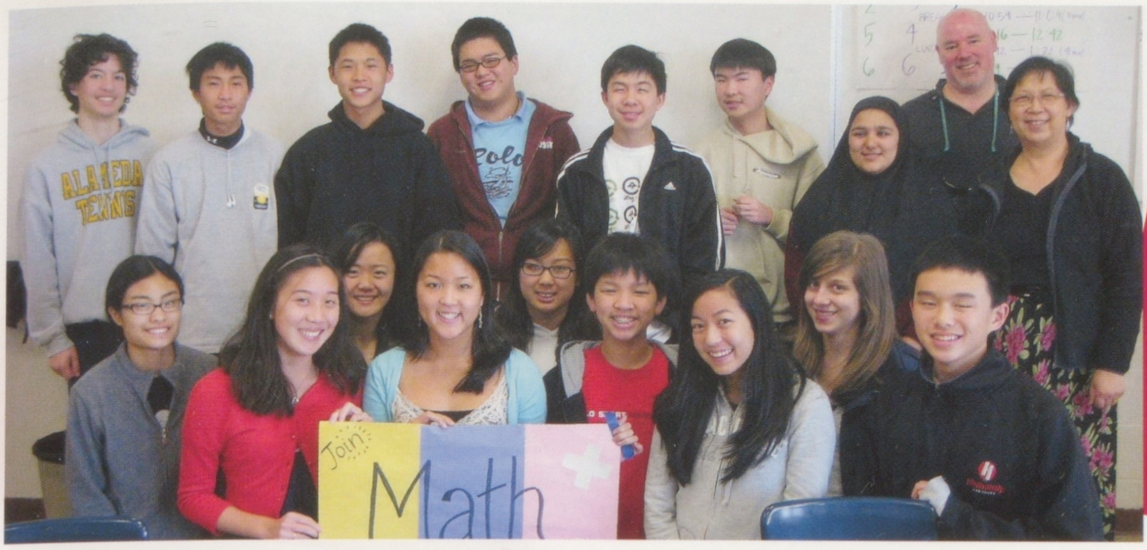
## Latinos Unidos

Roya Amen, Ernesto Alonzo Jr., Itzel Diaz, Freshta, Sergio Guzman, Brianna Jimenez, Jackie Moran, Beatriz Morales, Lori Romo, Christian Reyes, Aralisa Samaniego, They Silva

## Leo Club

Carmen Chan, Mike Chen, Carson Cheung, Jen Cho, Chris Chui, Brenton Du, Calvin Fong, Joie Fong, Michael Gee, Hashmatullah Hasseeb, April Hien, Kelly Huang, Leslie Ji, Victoria Joo, Vivian Lai, Wendy Lau, Alice Le, Jennifer Lee, Brennan Lee, Danielle Li, Maggie Mei, Becky Moon, Allen Nakamura, Carmen Ng, Elaine Nguyen, Terry Nguyen, Vicky Nguyen, Nick Owyang, Esther Park, Linh Phung, Meisze Phung, Mike Reyes, Eunnah Shin, Soojin Shin, Renee Sieng, Bonnie So, Corey Tan, Jessica Trieu, Victoria Trieu, Chris Tung, Lila Wang, Stephanie Wong, Annie Wu, Karen Yee, Allen Young

Page By: Christie Lee
Picture: Corey Tan



# Math Club

Zalikha Barikzi, Michael Chen, Mu-Lin Cheng, Summera Farooq, Joie Fong, Christina Ho, Jason Lau, Melissa Lim, Jeffrey Li, Ryan Lim, Chi Nguyen, Linda Nguyen, Mingmei Niu, Yongjian Pan, Sophia Shin, Samantha Wong

# Meditation

Dheeraj Advani, Irina Bobaranac, Lauran Baca, Allison Dea, Tammy Gilden, Misha Gonzalez, Nora Gordon,Yannie Horth, Sarah Melek, Allison Miller, Jason Miller, Vanessa Valerio, Briana Wing

Sponsor: Mr. Gross

# Peace of Mind

Dheeraj Advani, Andrew Altomare, Zalikha Barikzi, Kevin Chan, Ivan Chew, David Coustier, Chelsia Durkee, Susan Gill, Nzugu Kitenge, Natasha Mazza, Susan McAllister, Charlie Milgrim, Thien-An Van Nguyen, Daniel Paredes, Allison Quach, Jeremy Solomon, Vicky Tran,Victoria Trieu, Alex Truong, Martin Yonn, Kevin Yu

# Philosophy

Dheeraj Advani, Richard Alexander, Jonathan Bridge, Kevin Chan, Ivan Chu, Christopher Ng, Brandon Yee, Martin Yonn

# Photography

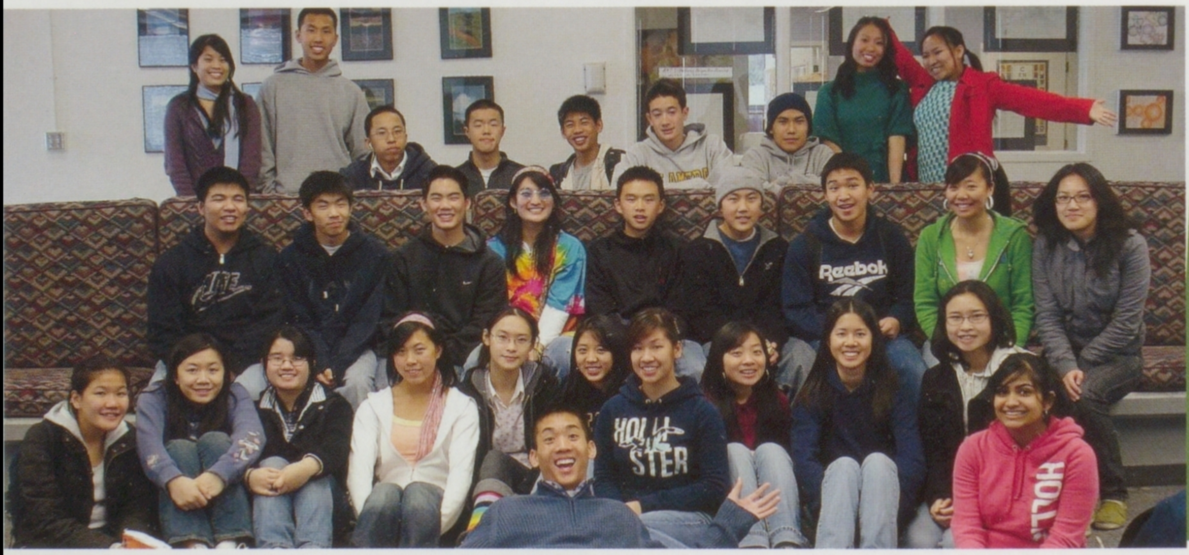
Dheeraj Advani, Christopher Arellano, Rosie Atkinson, Jamie Banks, Shannon Barry, Aamirah Dastgir, Michael Hoye, Momo Ishiguro, Shohei Kobayashi, Taniya Kumar, Alex Kofman, Bryan Lee, Monica Lim, Emily Manson, Daniel Morris, Azra Muftic, Jasmine Ng, Jennifer Ng, Stephanie Owyang, Nichole Perry, Jazmin Pulley, Emily Scott, Ally Seals, Brandon Sepp, Anna Soskin, Nana Tang, Alexa Tom, Andrew Wu

# Ping Pong

Louie Chan, Casey Christ, Alex Jung, Ophelia Kong, Jonathan Lau, Jonathan Lin, Trent Liu, Daniel Lopez, Catherine Ng, Kevin Ngo, Andrew Oducayen, Marika Prins, Michele Sum, Mr. Brian Wilson, Terrence Wu

# Reality Club

Alison Almquist, Kelly Arth, Lauren Basta, Robert Chang, Daniel Chen
Daniel Choi, Emily Devey, Erik Ho, Leslie Ji, Jordan Lee, Esther Park, Sophia Shin, Vanessa Valerio, Benjamin West, Audrey Yeung, Lauren Yeung, Matthew Yuen



# Red Cross

Daniel Chen, Dianna Chen, Elaine Chen, Michelle Fung, April Hien, Samantha Ho, Stephanie Hoang, Steve Hoang, Alex Hy, Kyle Johnston, Ophelia Kong, Brennen Lee, Christina Leung, Jeffrey Li, Agna Mung, Catherine Ng, Allison Quach, Deanna Quach, Ricky Quach, Anjuli Sastry, Ryan Shum, Priscilla Szeto, Thomas Tran, Kevin Tu, Chris Tung, Irene Wen, Lauren Yeung, Andrew Yu, Matt Yuen, Michelle Zheng

Page By: Christie Lee
Pictur Emily Kirschenheuter

# Sherlock Club

Clara Ho, Thomas Oducayen, Haidee Pang, Steven Quach, Tzu-Yi Tang, Michelle Tija, Teresa Trinh, Nina Xu

Sponsor : Ms. Crowe

# Spanish Honors Society

Maurelle Bagus, Chris Balino, Alexa Baptiste, Stephanie Chan, Janice Chang, Annie Choi, Miranda Cohen, Alex Colvin, Amelia Courtois, Alex DiDonato, Jasmine Edelstein, Debbie Gee, Hashmatullah Hasseeb, April Hien, Daniel Higuchi, Koki Inlow,Vaishali Kashyap, Daniela Myovich, Jessica Leong, Garren Orr, Charles Ouyang, Linh Phung, Michael Reyes, Maya Robles-Wong, Anjuli Sastry, Kevin Stein, Connie Tan, Corey Tan, Wendy Truong, Christopher Tung, Isaac Wolf, Stephanie Wong, Jerry Xu, Justin Yeo, Ying Xin Yu

Sponsor: Señora Yeo

# Song Writers

Chris Arellano, Rosie Atkinson, Jason Berk, Alex Didonato, Brendan Hoye, Micheal Hoye, Momo Ishiguro, Eli Kerns, Shohei Kobayashi, Donny Landers IV, Monica Lee, Emily Manson, Megan Mitchell, Ryan Raphel, Thomas Oducayen, Garren Orr, Symeon Tzvetkon

# Vietnamese Student Association

Elaine Chen, Duong Bui, Tuan Huang, Rose Huynh, Elizabeth Lam, Henry Lau, Alice Le, Brennan Lee, Vicky Nguyen, Deanna Quach, Ricky Quach, Hung Tran, Kevin Tu

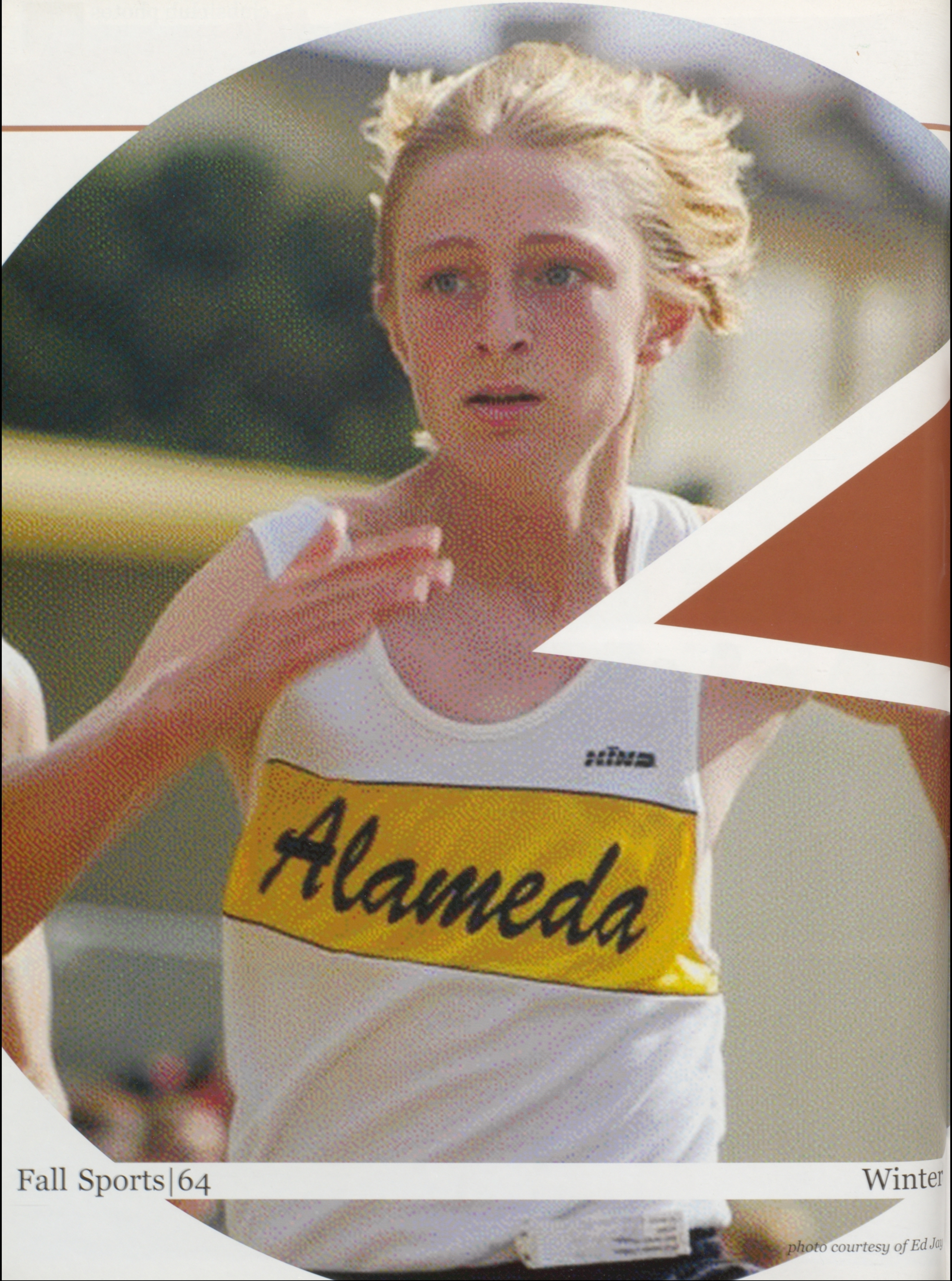


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*photo courtesy of Ed Jay*

Page By: Melissa Lim
Picture: Courtney Chang

# sports

## bread dishes

Why do our coaches encourage us to load up on carbs before a big game? The answer: glycogen packing. That slice of toast we ate for breakfast is stored in our muscles and liver, ready to provide the extra energy needed to win a race or ace our serve. To many of us, athletics are an important part of a balanced diet. The Ancient Greeks strove for *mens sana in corpore sana* [Latin], a sound mind in a sound body, embodying the notion that balance between these two spheres enhances both. Athletics proved to be a gernerous energy source this year: during the 2007-2008 season, Alameda High seized over six league titles and many of our athletes went on to compete at the North Coast Sectionals. Whether we're playing on the field or cheering from the sidelines, AHS athletics are the bread of our lives.

Left: Freshman **Tyler Parsons** sprints with determination at the Farmer Invitational. "I was nervous at first, but running the 2-mile turned out to be fun," **Parsons** recalls of his first cross-country meet. "I love participating in a sport that is so self-motivating," he adds.

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Zaetti
€1,5
€1,5
Pasta frolla, Cioccolato

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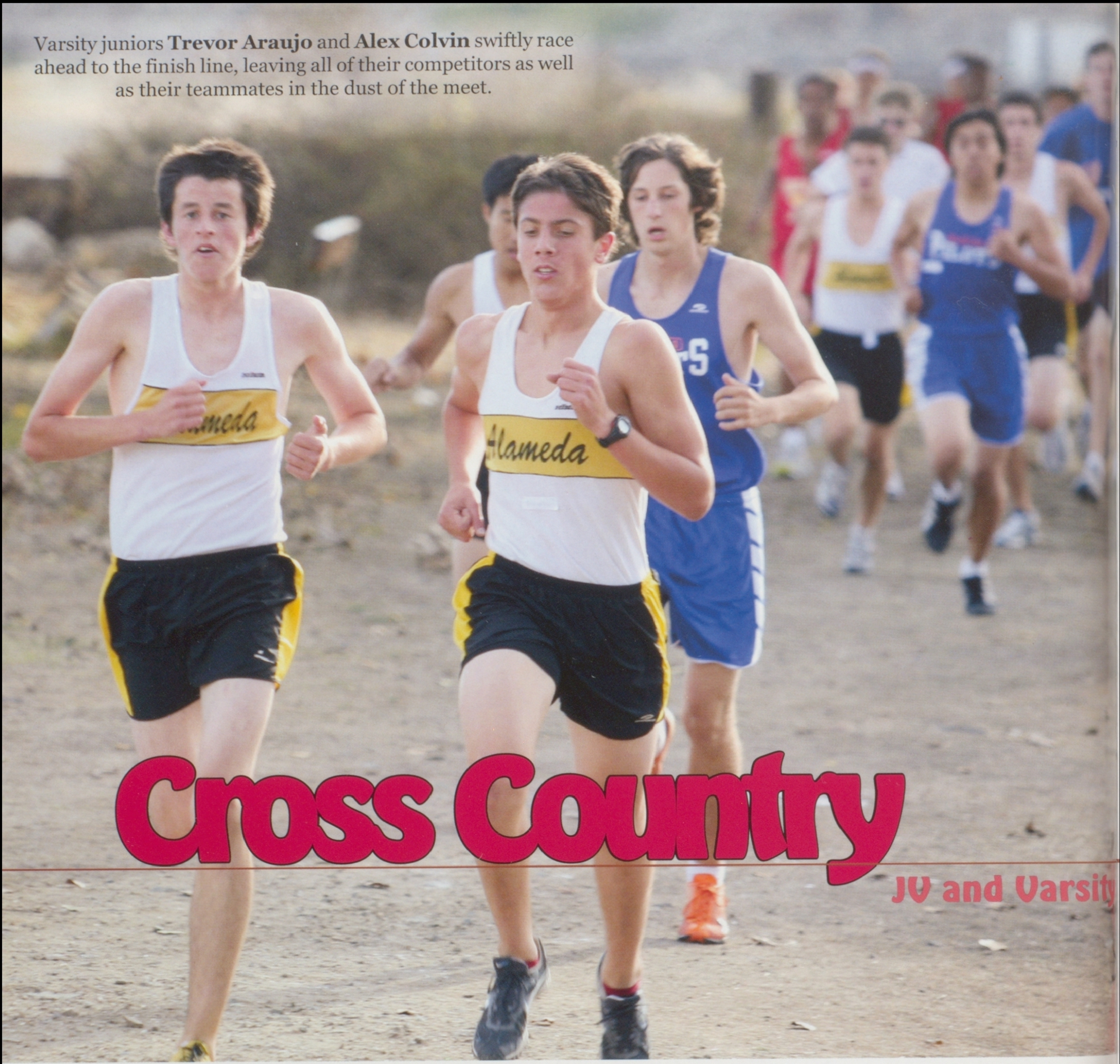
Varsity juniors **Trevor Araujo** and **Alex Colvin** swiftly race ahead to the finish line, leaving all of their competitors as well as their teammates in the dust of the meet.



# Cross Country

## JV and Varsity

The boys stratigize and get pumped with a pep talk with each other before they stretch, warm up, and get focused on winning the meet.

Our cross country women get extremely psyched as they approach their turn to race against the other schools, and beat them without breaking a sweat.

Page By: Michelle Murphy and Mike Panagakis-Maritz
Picture: Alec Foster

As the girls of the Alameda cross country team near the finish line, they push themselves to gain speed and energy as the feeling of accomplishment sweeps over them at the final turn of the race. The thought of a well deserved water break also helps push them to complete their race.

Jain Thapa, JV • '08
**Jain Thapa** sprints to the finish for a job well done from his teammates.

Maddy Kuttner, JV •'09
Even though **Maddy Kuttner** seems tired, she still manages to find a boost of energy to get through the race.

Aaron Soo-Hoo, JV • '10
Hard worker, **Aaron Soo-Hoo**, always pushes himself when it comes to running, especially when it comes to meets.

Gabby Bobarnac, Var• '08
As **Gabby Bobarnac** cruises along the beautiful track, it gives her a positive energy to keep going further.

Zach Perkins, JV • '10
Sophomore **Zach Perkins** has a knack for cross country.

## What do you like most about cross country?

I hate cross country practice, but I love the meets. It is a good outlet for my stress. I like to push myself to test my limits to see how far I can go.

-Will Boscacci, JV, '09

I got into cross country not only because I love to run, but it relieves my stress and gives me a clear mind.

-Noel Arevalo, JV, '10

I hate cross country and don't really like to run but I do it to get in shape for soccer.

-K. Valenzuela, JV, '08

As the boys' cross country team eagerly awaits the start of the race, they prepare to make a quick start to give themselves an early lead.

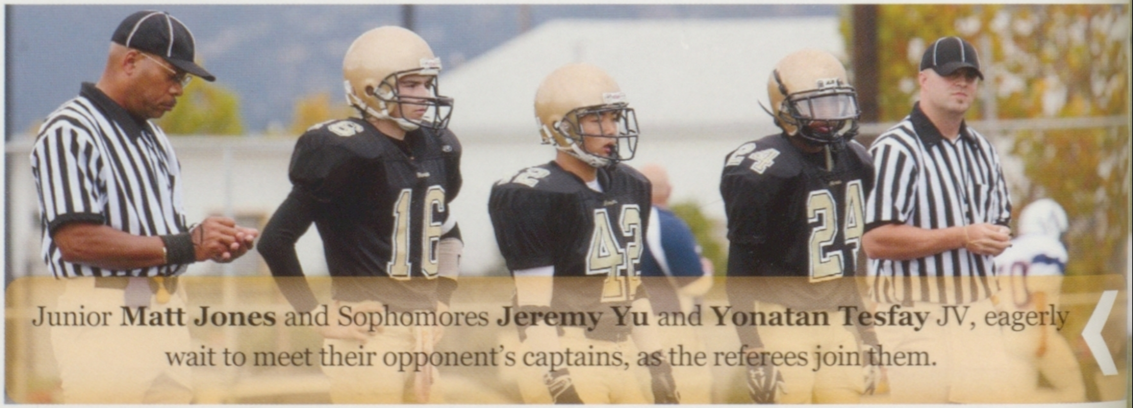
As the cross country girls' team follows through the race, they try to pace themselves because it is arduous and intense.

As these highly driven boys speed past their competitors, they hardly break a sweat so they still look good for the win.

Sophomore **Timothy Watanabe**, JV, goes for an interception while Sophomore **Marcos Medina**, JV, goes to tackle the opponent's wide receiver. **Watanabe** and **Medina** are both talented blockers who do their jobs well.

Freshman **Tuan Vo,** Frosh, receives a hand off as he boosts down the sideline, dodging the opposing team. He sweeps his arm backwards in order to defend himself. As tail back, he has rushed a lot of yards and carried many touchdowns.

Freshman **Tom Ruckman**, Frosh, looks for an open receiver while the offen sive linemen hold their opponents off of him, allowing him time to get a good glance of his surroundings.



Junior **Matt Jones** and Sophomores **Jeremy Yu** and **Yonatan Tesfay** JV, eagerly wait to meet their opponent's captains, as the referees join them.

**#5**

**Camaron Brown,**

Varsity RB/LB

**#22**

**James Powell,**

Varsity RB/DB

**#31**

**Omar Himed,**

Junior Varsity

RB/DB

**#8**

**Michael Cunningham**

Freshman RB/D

## Who do you look up to in the NFL and why?

Chad Johnson, #85, rom the Cincinnati Bengals is who I admire rom the NFL. He talks lot of mess, but he acks up for it. Overall, he is a great player."

rosh, **William Lyons**

"Peyton Manning, #18, on the Indianapolis Colts I believe he is one of the best quarter backs in the NFL. He really connects with his wide receivers and has a great team bond."

-JV, **Andrew Wu**, 10th

"In the NFL, I look up to LaDainian Tomlinson, #21, San Diego Chargers. He plays running back just like me, also he is a hard worker in and outside of the game."

-Var, **Weston Moyer**, 12th

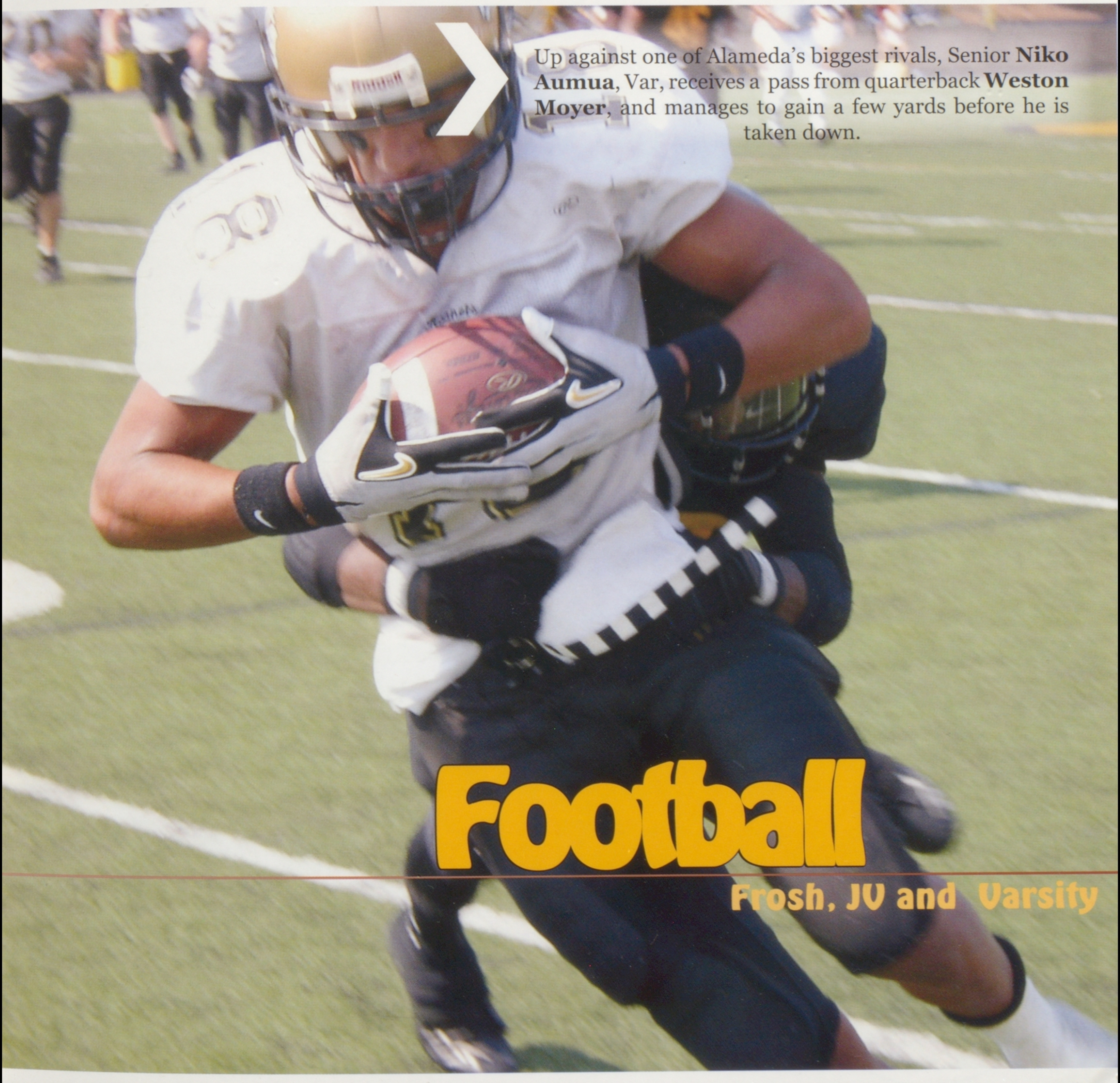
Page By: Eleanore Guenon, Haley Hayes, Christie Lee
Picture: Alice Le

Var, **Antonio Garcia**, 11th

JV, **Luke Morbitz**, 10th

> "The game of life is a lot like football. You tackle your problems, block your fears, and score your points when you get the opportunity."
>
> - Unknown

Frosh, **Randy Chahine**, 9th



Up against one of Alameda's biggest rivals, Senior **Niko Aumua**, Var, receives a pass from quarterback **Weston Moyer**, and manages to gain a few yards before he is taken down.

# Football

## Frosh, JV and Varsity

**Joie Fong**, '08, has been playing ever since she was ten years old, after her father introduced her to it. **Fong** likes to play on the school team because of what she calls the "support system." She likes knowing that her team has her back while playing.

# Women's Tennis

## Varsity

For **Michelle Loo** and **Sarah Courtland**, '10, **Shirley Tang**, '09, and **Audrey Yeung**, '11, tennis is their passion. They enjoy playing such an intense sport with each other and stick together even during tough times.

All hyped up after their team victory in Fresno, the women puts their hands in to celebrate their win and to congratulate the opposing team. Because of all their practice, their hard work paid off. The team hopes to beat Fresno next year too.

**Michelle Loo**, '10, and **Samantha**
and **Victoria Kam**, '08, support and ch
on their teammates through thick and th
hoping that it will make them less nerv
They know the same encouragement wil
given back to them in the future.

Page By: Beatriz Morales & Marika Prins
Picture: Annie Chin

1.

2.

3.

1. **Kathy Hua**, '09, has been playing since she was little. **Hua** loves playing on a team that motivates her and hopes to learn to slice the ball.
2. **Sarah Courtland**, '10, has been playing varsity for two years and hopes to continue playing next year.
3. **Lauren Yeung**, '08, is the co-captain and has been on the team all four years. She says, "this year has been a success and I'm really proud of them."

**Esther Park,** '08, normally plays doubles; playing with another person helps her to not get nervous. "We loosen each other up." **Park** believes it helps not to get too competitive and focus on the positive. She says "I play for fun and not focus on the bad."

**Sophia Shin,** '09, was first forced to play tennis by her parents but then she began to enjoy it. Now **Shin** has been playing for three years and is dedicated to improving her techniques like volleys. She enjoys playing and hopes to continue to be on such a supportive team.

**Stephanie Taylor,** '08, has only been playing for one year and has successfully made it onto Varsity. She owes it to her friends because they got her started. **Taylor** finds the sport fun and doesn't find pressure in playing even though she is new to the sport.

**Audrey Yeung,** '11, works hard to improve and to show her father how far she has come in three years. **Yeung's** father got her started in playing. Now, she has learned a few things on her own, like if she stays calm and focused, she will be successful.

## How do you balance school and tennis?

I sacrifice sleep, but it's worth it because I am part of a team and I have to be a team player. Sometimes, I bring my homework to the courts and do it there.

Victoria Kam, '08

I don't find pressure in juggling school and tennis. For me, tennis is a stress-reliever and I find it relaxing from the burden of homework.

Kathy Hua, '09

I have good time management. I set a certain time for tennis and a different time for school. I guess it's easy when you get the hang of it.

Samantha Ho, '08

**Miranda Cohen**, '09, tries to focus on the game rather than get too competitive. **Cohen's** friends encouraged her to play and she has been playing for roughly four years now. She tries to clear her mind when playing, which helps her concentrate and play better. Cohen's goals for tennis are to improve her serving and her forehand.

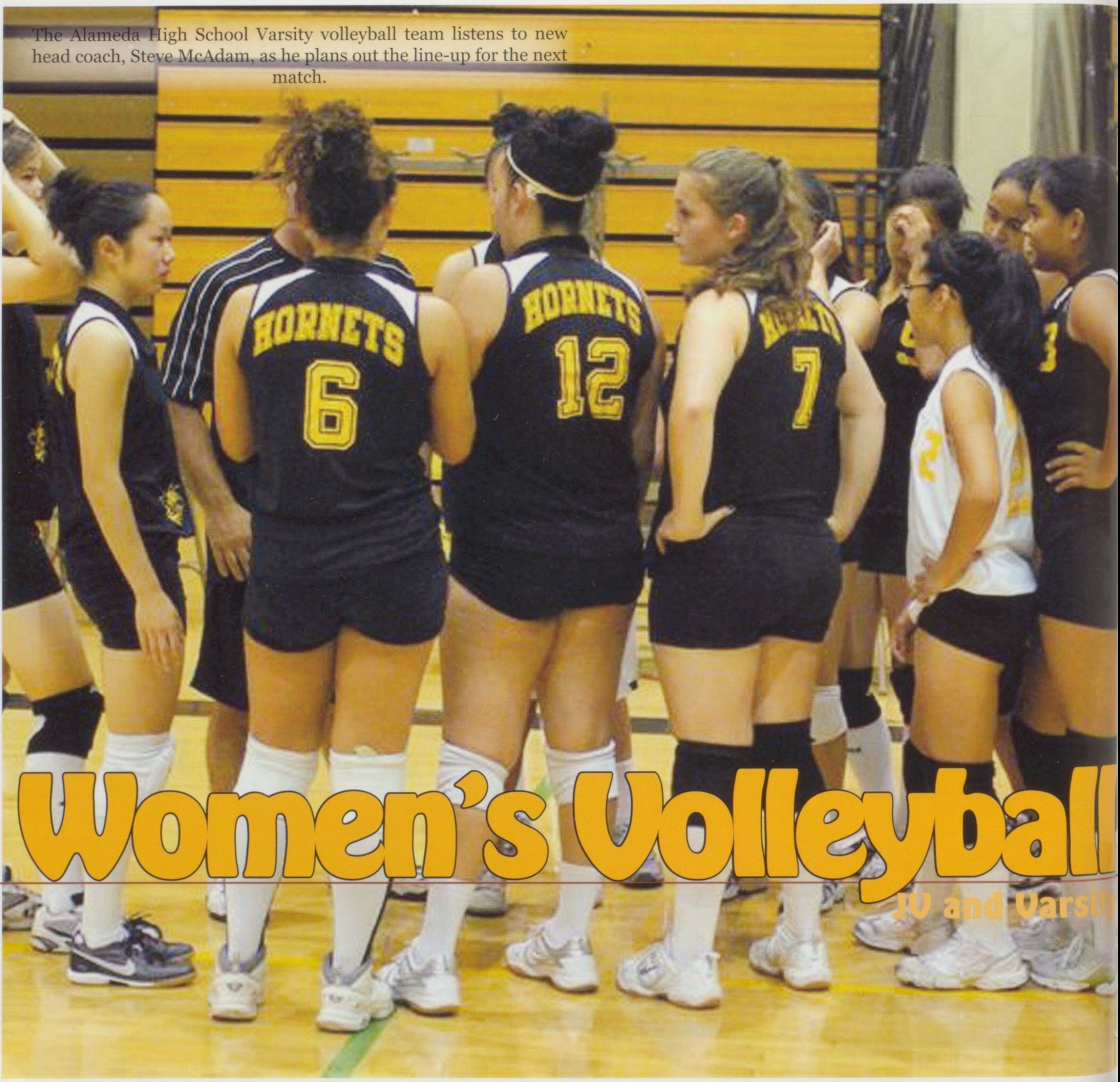
**Shirley Tang,** '09, was inspired by her father to play tennis. She believes that by being competitive and aggressive, you can do well. This is her sixth year playing tennis and she has learned different methods to cope with pressure. "I sing, talk to myself, or just do random things." She hopes by the end of the season she will advance her tennis skills.

Senior **Christina Clark** keeps her eye on the ball as she serves it into the court. As a Varsity player, her serves have been known to have a nasty topspin, meaning that the ball sails over the net before dropping dramatically.

Sophomore **Lauren Choy** serves the ball underhand into the court to jump start the game. She has played on the Alameda Junior Varsity team for two years during her Freshman and Sophomore year.

Freshman **Valerie Fong** stays alert during the home game against Hercules. She works hard as a back row passer for the Varsity troop. She is one of the two Freshmen who made Varsity this year.

**Samantha Alemania**, Senior specializes in serving for the Varsity squad. She has been dishing out hard serves to opposing teams since her Freshman year.

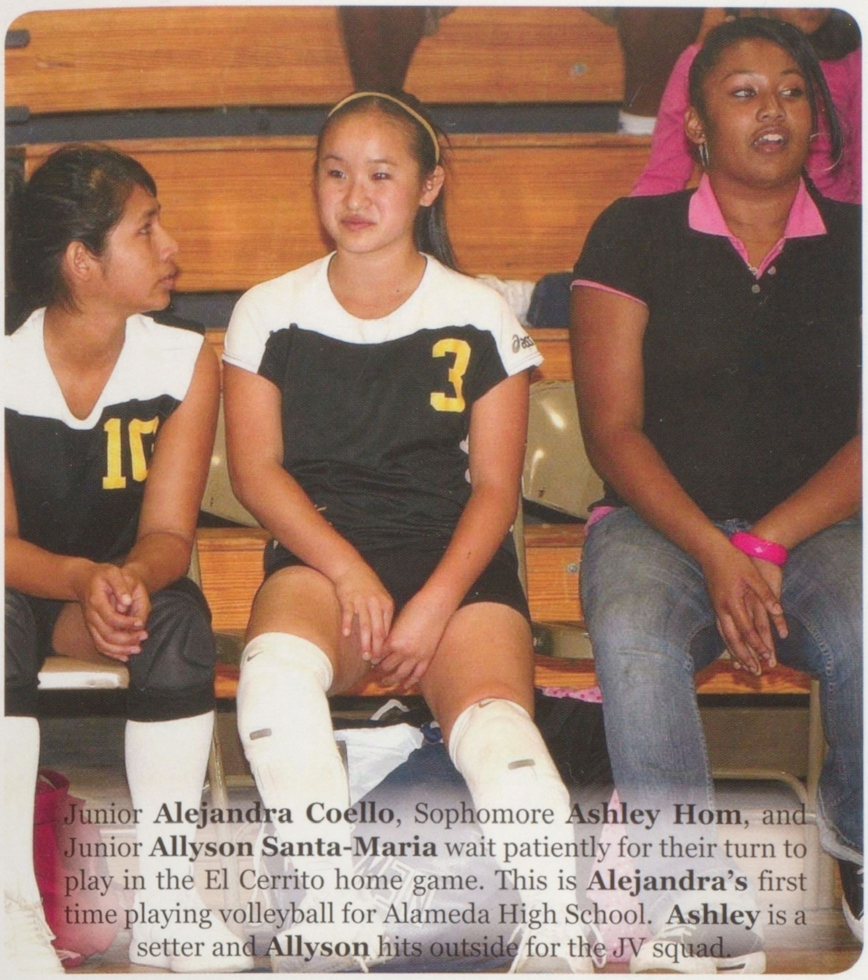


The Alameda High School Varsity volleyball team listens to new head coach, Steve McAdam, as he plans out the line-up for the next match.

# Women's Volleyball

## JV and Varsity

Page By: Jessica Leong and Vivian Wu
Picture: Vinh Ha



Junior **Alejandra Coello**, Sophomore **Ashley Hom**, and Junior **Allyson Santa-Maria** wait patiently for their turn to play in the El Cerrito home game. This is **Alejandra's** first time playing volleyball for Alameda High School. **Ashley** is a setter and **Allyson** hits outside for the JV squad.

Junior **Danielle Carmon** plays the middle blocker position for the JV team. She bumps the ball to her teammates in order to make a play during the home game against El Cerrito.

**Nadya Machrus**, Freshman, bumps the ball across the net for the third touch and prepares for the return hit from the other team. She takes part as a front row hitter on the JV team.

Sophomore **Sydnie Hernandez** concentrates on giving a good pass to her other JV teammates. This is her second year on JV and she has been a tremendous asset to the team. She takes on the role as a outsider hitter.

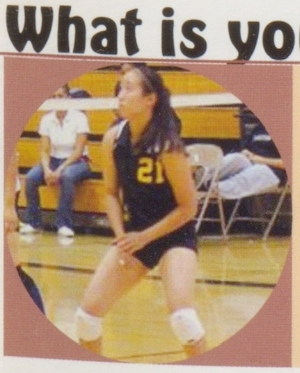
Junior **Arianne Guzman** is an outside hitter for the JV team. She bumps the ball to her teammates, concentrating on hitting her target setter. After the ball has reached the setter, she can prepare to slam the ball over the net. This is **Arianne's** first year playing for the Alameda High School volleyball team.

Sophomore **Anna Varghese** keeps her eye on the ball in order make a successful pass while Senior **Marvaleen Wight** waits her turn for a pass.

Junior **Kristyna Smith** plays the positions of middle-hitter and middle blocker for the Varsity line-up. She has been playing for Alameda High since her Freshman year and took part in the Varsity team as a Sophomore.

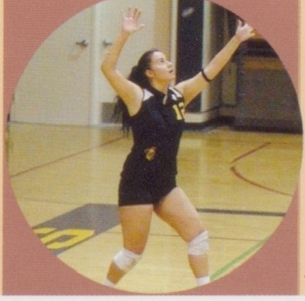
Sophomore **Jennifer Kam** and Freshman **Brittney Platt** listen intently to Coach Steve McAdam during a time-out as he gives some advice to the Varsity girls.

## What is your pre-game ritual?



My pre-game ritual is going to Tapioca Express with my teammates, Ling-Ling and TB.

**-Allison Dea**, '08

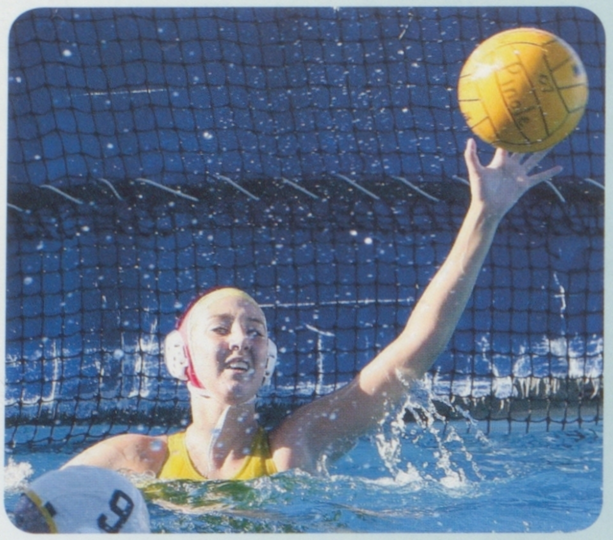


In the morning, the music in my car has to pump me up. Then, at lunch I have to eat Kobe-ya. Right before the game, I have to get in to the zone. I stare the competition down.

**-Nicole Lopez**, '08

Since I don't have a 6th period, I hang out with my teammates Christina, Nicole, and Samantha. Before the game, I stretch and think about my personal goals for the game.

**-Nergiss Shagasi**, '08



On the left, **Shannon Barry** plays her first year as goalie on the Varsity team. Shannon, Junior, is a great defensive goalie, and has blocked her rivals' shots from scoring. "When i first started playing it was nerve racking and here is some advice don't flinch."

To the right, Freshman **Katie Marshall** is warming up by throwing the ball to her partner and then catching it when her partner throws it back. "Warming up increases my game."

1.) Senior **Katrina Turman** goal. "My first goal was freshman year on JV i think it was an accident to. It was the most memorable moment of my freshman year. That is why I love playing water polo: all of my teammates encourage me. i thought i was really bad but everyone keep encouraging me that i wasn't has bed as i thought i was."

1.)

2.)

2.) Senior **Francesca Sentos** is deciding whether to score or to pass to a teammate. "When i first transfered to alameda my sophomore year I started playing on Varsity for my first time. And that is also when Coach Bret been coaching for alameda high. It is very welcoming and it makes me more confident."

3.)

3.) Senior **Christina Leung** warms up with a nice strong throw to the goalie. She has worked her way from JV all the way to Varsity in just for three years. "It made me feel good about making it to Varsity because I feel like that is a big step up."

Sophomore **Koki Inlow** plays efficient offense by swimming faster than the defense which is trying to block her. " Playing on Varsity was such a dream of mine since forever," she says.

Varsity player, Sophomore **Rebecca Pan**, stalls and waits to see if one of her teammates is wide open to make a goal. "Some of the teams we challenge are very aggressive pulling our bathing suits and dragging us under."

## What was your most memorable moment?

Mine was in the
ontra Costa col-
ege tournament. Our
eam beat Concord
ive to four, but in the
begging of the season
we lost to Concord.

**-Jessica Pan `08**

My most memorable moment was freshman year playing on Varsity for the first time and being a starter in our first game.

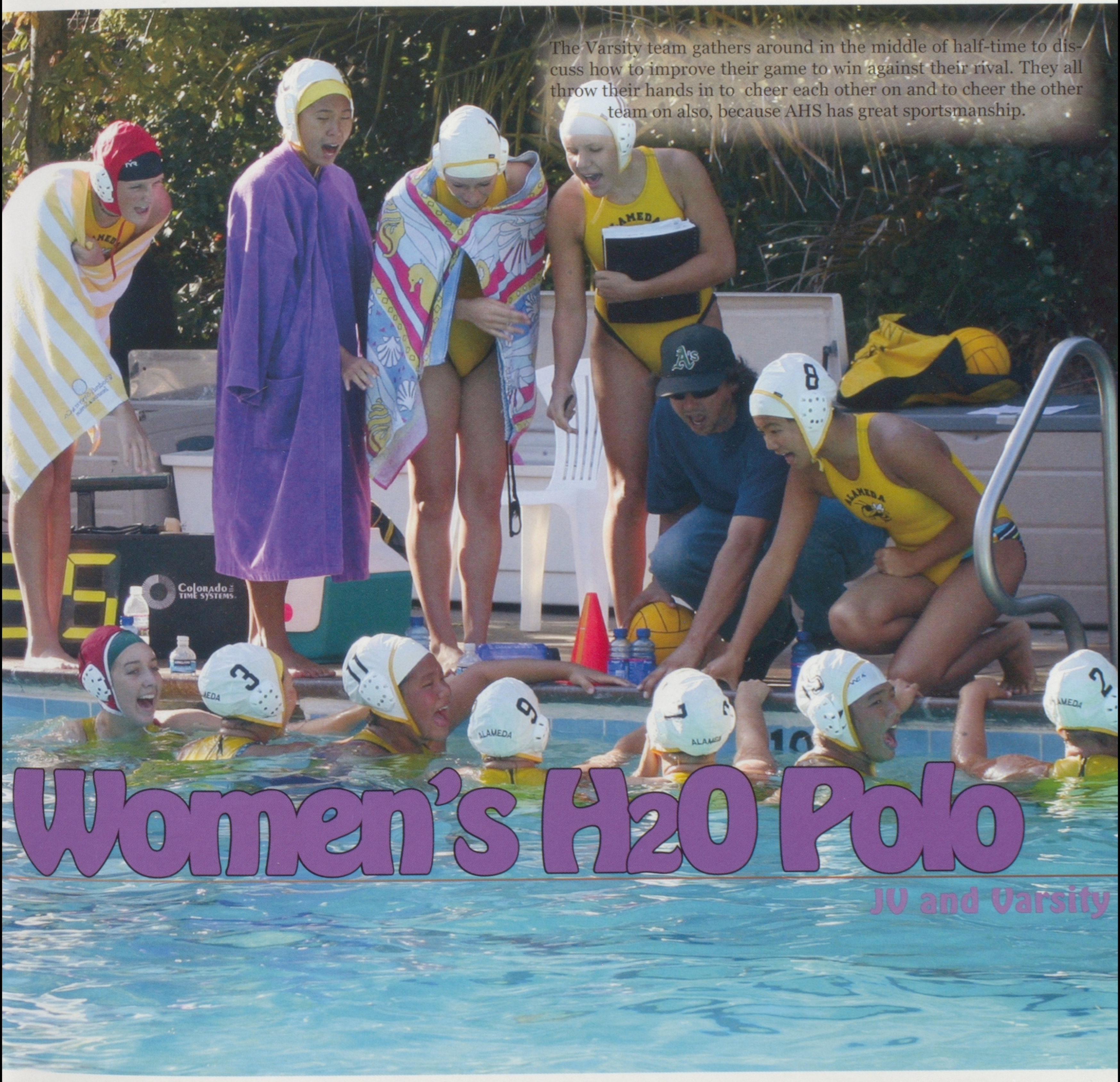
**-Marlena Nip `10**

My most memorable moment in water polo was when I made my first goal during my first Varsity game.

**-Cynthia Hughes `11**

Page By: Marisa Araujo & Jennifer Lee
Picture: Hannah Cooper

Left: JV/Varsity player, Freshmen **Kelly Arth** defends against her opponent by elbowing her. "I didn't mean to elbow her in her face, it just tends to happen on accident." Middle: Junior **Emma Ulrey** catches the ball from her teammate, just waiting for the right time to pass it back to make the winning goal. "Water polo is so much fun, I am glad that I started playing this year." Right: Freshman **Casey Huthison,** JV/Varsity, warms up before she plays, making sure her arm is ready to play goalie "Playing my first year as goalie has been a fun experience," she says.



The Varsity team gathers around in the middle of half-time to discuss how to improve their game to win against their rival. They all throw their hands in to cheer each other on and to cheer the other team on also, because AHS has great sportsmanship.

# Women's H2O Polo

## JV and Varsity

The JV water polo team puts its hands together before playing. Each of them looks forward to a great game. This is one of their first games and they want to start off on the right foot with a win.

# Men's H2O Polo

## JV and Varsity

1.) Senior **Cole Bryant**, Varsity, holds the ball high as he gets ready to either shoot or pass. **Bryant** has played water-polo all four years of his high school career.

1.

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2.) Senior **Humphrey Loh**, Var, calls for the ball over a Concord defender. This is his first year playing water polo and he is one of five Seniors on Varsity this year.

3.) Junior **Bobby Chang**, Var, throws the ball to a teammate to get in a better position to score. Bobby has been on Varisty since he was a Freshman and is considered to be one of the best players on the team.

3.

Page By: Brittney Choi & Jason Woo
Picture: Alyssa Ruckman

Junior **Andre Tom**, Var, scans the waters for a fellow Hornet. This is his first year on Varsity and he looks foward to making an impact next year as well.

Sophomore **Nick Olsen**, Var, cocks back to launch a pass over two incoming defenders. Nick is one of four freshmen on Varsity this year.

During half time, Coach Marshall Dortch gives his team a pep talk. His Varsity team listens closely to its coach, determined to play a strong second half.

Junior **Ryan Shum**, Var, holds his head and the ball high above the water to keep the ball from the opposing team.

Junior goalkeeper **Nick Winterbauer**, uses his 6'3" frame to tower over a player from Bishop O'Dowd. He is one of the best players on Varsity and one of the best goalies in the ACCAL.

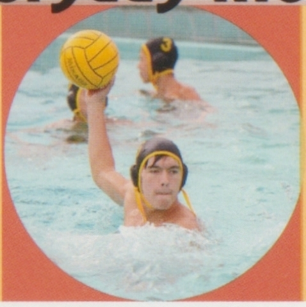
## How has water polo influenced your everyday life?

Water polo has taught me how to manage my time better between school and other responsibilities that I have.

**-Steven Tom '10**

Water polo has pushed me to exercise on a regular basis and to be a lot more active. It has taught me about teamwork .

**- Chris Daniel '10**



Being on water po has taught me th value of hardwo and if you work ha it will all pay off the end.

**-Bobby Chang '**

The sun beams down into the eyes of Junior **Michael Chen**, JV. This is his third year playing water polo.

Junior **Alec Osterdock**, Var, searches for another teammate so he can make a pass to set up an Alameda goal.

The Varsity defense displays its teamwork by working together to help Junior , **Nick Winterbauer**, block the ball. By building a good defense, the team hopes to keep its opponents from scoring any points.

Freshman **Vanessa Ambrosini** dives to her fallen opponent for the ball so the rest of the JV team can advance up the court to gain points.

Sophomore **Joanna Louie** fakes one way and dribbles up the side line to escape her opponent. She is one of the JV's guards and plays it well. This is her second year with the basketball team.

Freshman **Casey Hutchinson** fiercely jumps up to grab the basketball, giving her team the upperhand and Freshman **Kristina Lam** waits for the pass to take down court for a shot.

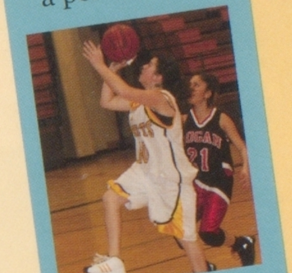
**Ananda Gebreyesus**, '10, manuvers her way out of a trap to keep her opponents from gaining control of the ball. Although she is only a Sophomore, she has definitely proven herself as a key player on the Varsity team.

# Women's B-ball

## Frosh JV and Varsity

Sophomore **Debbie Gee**, Junior **Victorya Warren**, Senior **Jennifer Sever**, and Sophmore **Kiyanna Grimes** shake the cheerleaders hands while running on to the court to warmup before the big game.

**Julia McLean**, '11, focuses her eye on the basket, preparing to make a perfect shot.



Freshman **Misti Williams**, takes her chance to score with a lay-up.

Seniors **Kiyanna Grimes** and **Allison Dea** watch the JV girls' basketball game with Coach Thomas while they wait with the rest of the varsity team to play against Hercules High.

Sophomore **Britney Walker** wisely stretches with the rest of her varsity team to avoid any injuries during the game.

**Chiarra Duncan**, '10, **Tiffany Smith**, '08, **Allison Dea**, '08, **Avery Glober-Mackey**, '09, and **Jennifer Sever**, '08, take a break from an intense game.

**Angelica Rivera**, '11, makes a quick move to steal the ball from her opponent. The JV team made a triumphant win with a score of 72-47 against Hercules High, continuing its winning streak.

## How is a team important?

Being in a team helps you get along with others, and it also teaches you to support your teammates in tough situations.

-Kristina Lam, '11

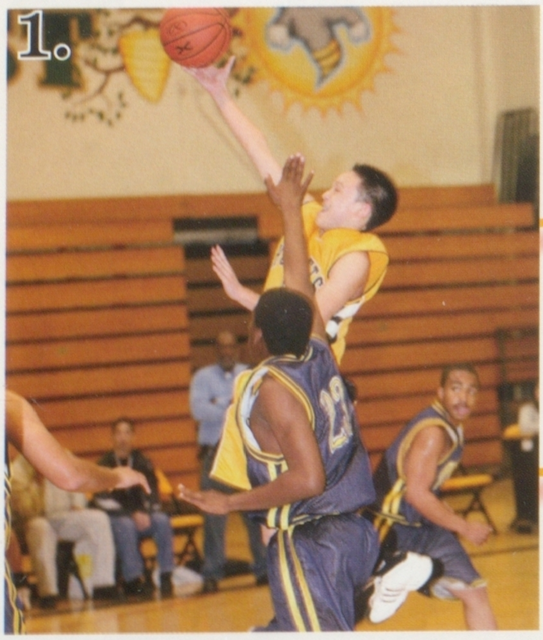
A team is like your family. You do everything together as well as learning how to work with each other.

-Hilary Freeman, '10

As team captain, I believe a team provides leadership skills and teaches how to communicate and solve problems better

- Tiffany Smith, '0

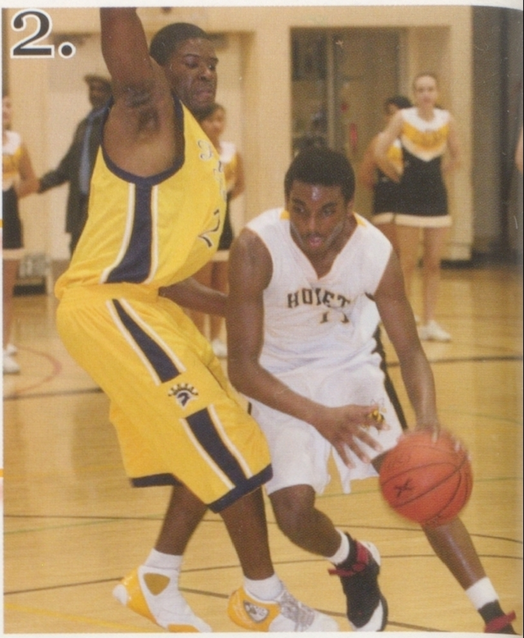
1.



**1.** Going right through the swat of his opponent's hand, Freshman **Joe Chin** jumps up into the air beneath the basket to receive a lay-up putting the team two points ahead.

**2.** Junior **Wesley Edwards** dribbles the ball around the block of his opponent to make a successful, yet powerful lay-up on him. "While going for a basket all I begin to think about is whether I will make it or not," Wesley says.

2.



**3.** Freshman **Brandon Woo** makes a smooth pass to his teammate that is right beneath the basket so that he can make a lay-up to put them ahead in the game. "I like to play basketball because it allows me to meet new people from different cities, like when we go on trips," says Brandon.

3.

**5.** Junior **Zach Hodges** wrestles and fights to win possesion of the ball. With his aggressivness and eagerness to get the ball, he does not let go, making Pinole's team work just as hard if not harder!

4.

**4.** The varsity team comes in for a time with the coach during a full time out. With sixty seconds to listen and get a play in, the team focuses on the concept and what needs to take place for them to make the play complete and victorious. When finished with time outs, the team works its way back on the court to now go head to head with its opponents.

5.

## What motivates you to play basketball? Why?

"My teammates and coaches keep me motivated because they push me not only in practice and games but in school too. Also because it keeps me busy outside of school."

-T.Takahashi, Var, '10

"The will to go to the NBA and my passion for the game. I am a competitve person and like to win. My mom is a lot of my motivation as well."

- S.Johnson, JV, '10

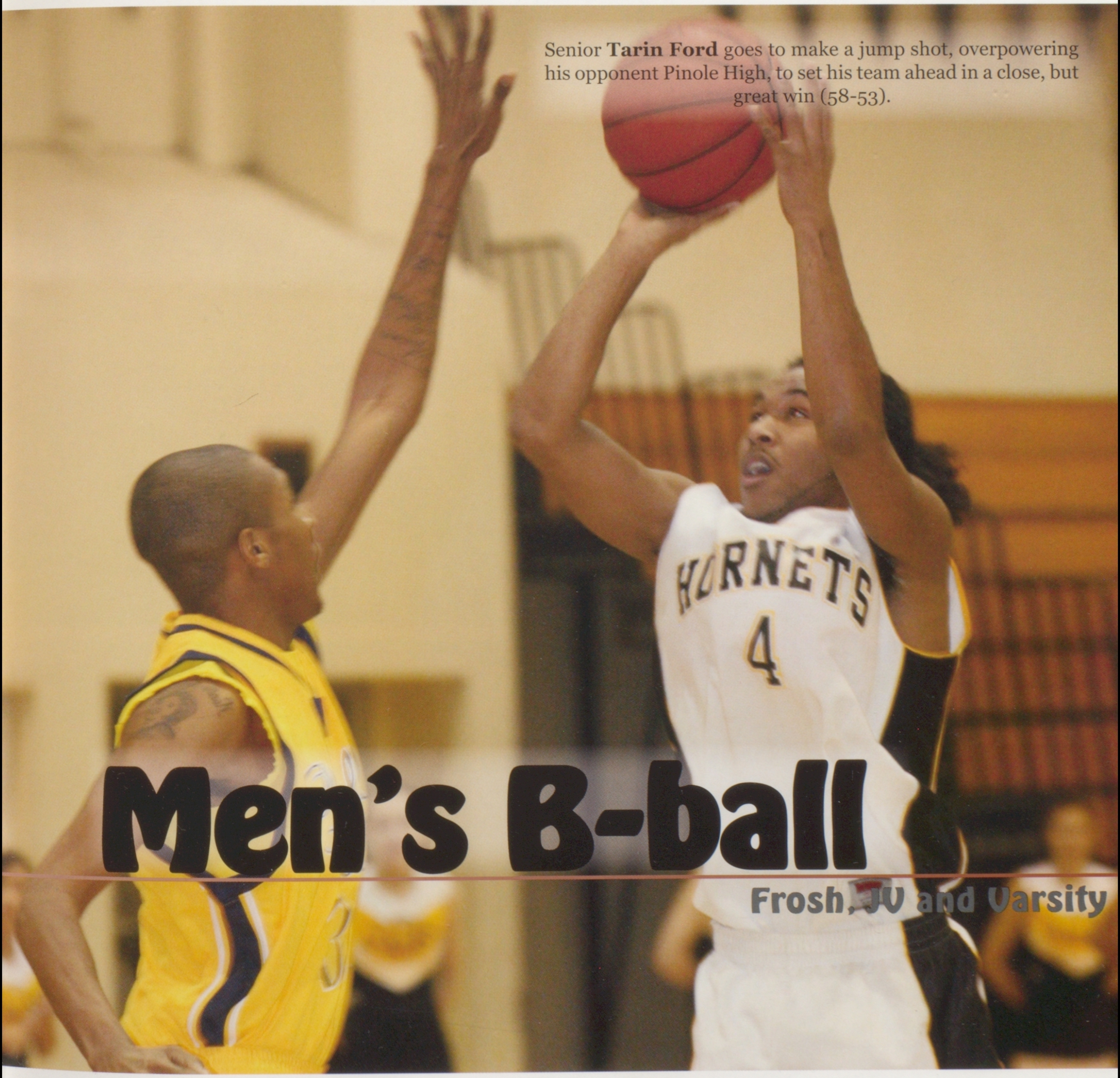
"I am motivated by basketball because it gives me things to do and teaches me life lessons."

-J.Ruck, '11

Page By: Haley Hayes and Beatriz Morales
Picture: William Lyons

The Freshman team comes in for a group huddle before starting the game. Coach Nakamura gives them some advice and direction on what play to make after the jump ball.

Junior Varsity begins its victory with a huddle of unity. As the team comes together to count down the last few seconds before the game starts they scream out "Go Hornets!"



Senior **Tarin Ford** goes to make a jump shot, overpowering his opponent Pinole High, to set his team ahead in a close, but great win (58-53).

# Men's B-ball

## Frosh, JV and Varsity

# Cheerleading

## JV and Varsity

Break! With time to spare after the JV football game and before the Varsity game, the two squads hang out, talk, joke, and do what they do best: SMILE together.

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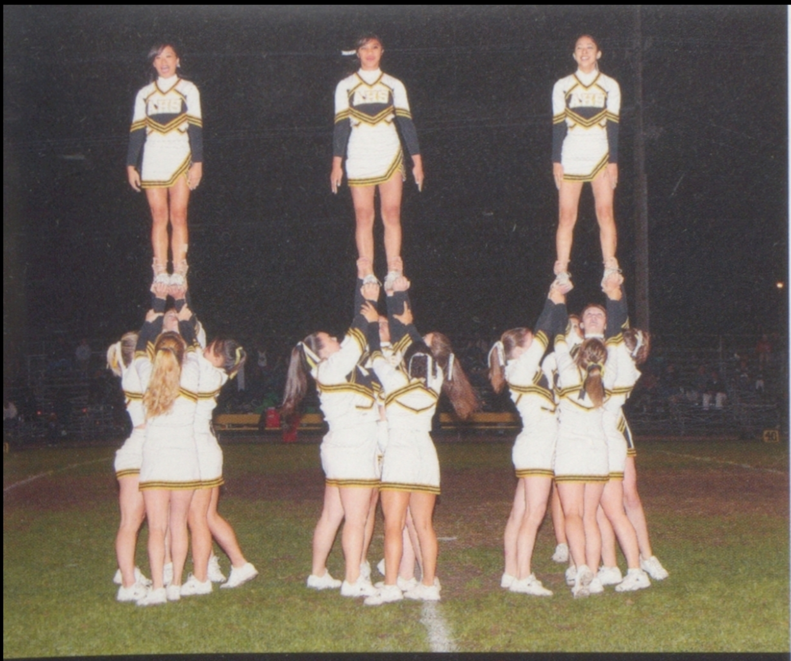
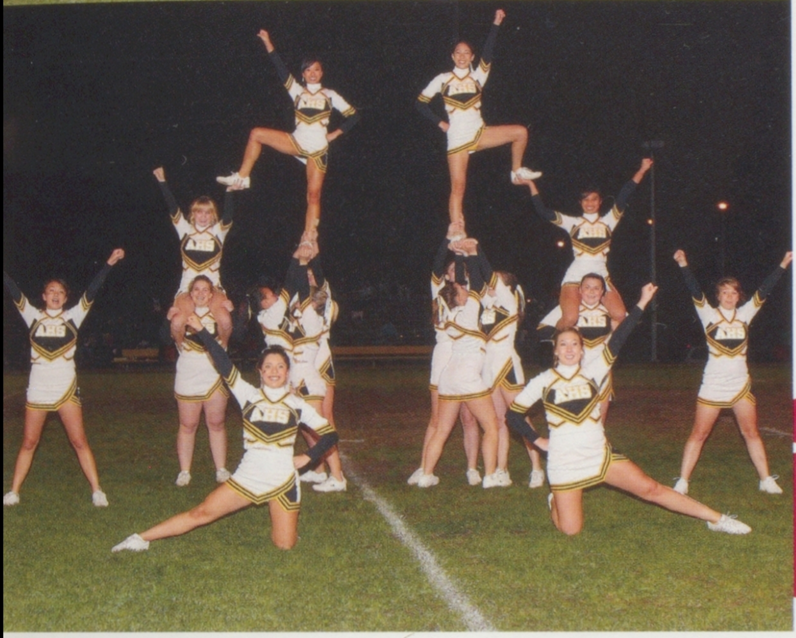
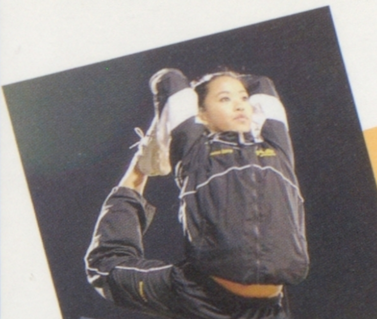
1.) Sophomore **Rachel Marra**, JV, smiles at the crowd while she spirits on to the field for the halftime show. 2.) Sophomore **Shannon Skiles**, JV, listens for the music to start so her well-practiced stunt group can put her up to a 'prep' level stunt. 3.) **Sierra Calandri**, JV, is the only Freshman on the squad this year. She is getting ready to dance to Michael Jackson's "Thriller". 4.) Before the football game, **Brianna Lawrence**, 10th, **Vanessa Valerio**, 11th, **Carol Tam**, 10th, and **Erika Greenley**, 10th huddle next to this year's new JV coach, Laura Lenahan. 5.) To start off their halftime routine with a 'bang', the JV Hornet cheerleaders put up their three main flyers into an 'extended' level stunt before coming back down to a 'prep' level.

Page By: Christie Lee and Precilla Tang
Picture: Kimmy Ramsey







TOP: Senior **Jessica Louie** of Varsity pulls off an amazing ‘scorpian’ stunt which involves extending her leg backwards with her foot right behind her head. This difficult stunt involves major flexibility. MIDDLE: Remember us! Silly Seniors of Varsity attempt to make a lasting impression on everyone. BOTTOM: Represent? Varsity Juniors deck themselves out in green while Varsity Seniors dominate with red baseball style shirts and knee socks to represent their grades for the homecoming game.

* TOP: For Senior Varsity cheerleaders, **Jessica Louie**, **Rachel Cortes**, and **Liana Choi**, being put up well over their teammates’ heads is no problem. All of them have been flyers for a squad since middle school. BOTTOM: The Varsity cheerleaders end their performance with two ‘hitches’ and two ‘shoulder sits.’

## What was the most memorable moment of cheer camp?

“At cheer camp, we enjoyed bonding with the whole squad; we spent many hours together which helped us become the squad we are now.”

**-Elaina Moe, Sara Kofman, Jennifer Silva**, 12th

“We will never forget the flights of stairs we had to walk up and down at least six times a day after hours of intense pratices and learning new material.”

- **Carol Tam**, 10th, and **Megan Harper**, 11th

“On the first day, our JV squad had gotten th spirit stick, it was reall exciting, especiall because it was my firs year going to an awa camp and accomplishing so much.”

**-Sierra Calandri**, 9

* 1.) Senior **Lauren Freeman** and Junior **Stacey Lyons** of Varsity practice their new dance routine, which involves partner moves that correspond to each other. 2.) After a final performance in front of everyone,including their parents, the Varsity team is all smiles. 3.) Waiting for other schools’ teams to arrive, the Varsity and JV squads do not know what to expect for the next three days. 4.) The JV team says good-bye to their two silly camp instructors in the back from the previous three days. 5.) Sophomore **Erika Greenley**, JV, only has a few hours to perfect a routine she learned earlier to perform in front of the whole camp.

Varsity player **Vannessa Watrous**, Junior, jukes a Richmond player using her amazing speed and ball skills despite the bad weather and the horrible status of Thompson field.

Junior **Mariela Lopez-Garcia**, Sophomore **Alexandra Umeki**, and Freshman **Roxy Guzman** defend their goal as a unit and hustle up-field when the ball is cleared out of the penalty box.

ALAMEDA
16
5

RICHMOND
13

Freshman Junior Varsity player **Emily Basta** defends an opposing Richmond player in order to regain possession of the ball once again. She knows that she must keep her eyes on the ball and not the player.

Freshman Varsity player **Emily Quilici** concentrates on trapping and passing the ball during warm-up. She wears a "headbanger" as the Varsity team calls them, to prevent head injuries when heading the ball.

The Varsity bench is all smiles as they watch their team succeed in beating the Richmond High Oilers. The team is very high-spirited because their little team mascot DJ Croxton is joining them on the bench today along with their new enthusiastic Varsity coach Diane Chann.

# Women's Soccer

## JV and Varsity

Page By: Jessica Leong & Jason Woo
Picture: Jennifer Kam

**Top Left**: Senior co-captain **Efe Ogbeide** aggressively controls the ball while a defender from the Richmond team tries to poke it away. **Efe** has amazing ball skills that have helped the Varsity squad gain ground in their quest to reach the North Coast Section Championships this year. **Middle Top Left**: Senior **Bryce Marshall** deflects a laser shot to the corner successfully. **Bryce** is the varsity team's only goalie this year and has been doing a outstanding job defending the goal.

The JV team takes a quick water break during warm up, while a few Varsity under classmen observe.

**Middle Bottom Right**: Senior co-captain **Emily Beylerian** throws the ball far down the field for her team to progress closer towards the opposing goal. **Emily** has been playing soccer all four years, and has been a great asset to the team as a defender. **Bottom Right**: Varsity, '09, player **Kristine Nakada** has been one of the biggest positive influences to the Varsity team since her Freshman year. She is extremely fast and agile which comes as a great advantage when the offense is attacking the opposing goal.

The Varsity team listens in as Coach Diane Chann gives them the line-up for the game.

Freshman **Emma Rose Williams** takes charge by preparing to throw the ball to a teammate.

Freshman **Arielle Siem** dribbles down the field, hoping to score another goal for her team.

Junior **Lauren Cabrales** leaps into the air over a Richmond defender to head the ball towards the opposing goal.

1.Junior **Mariela Lopez-Garcia** skillfully shields the ball as an opponent tries to take it away.
2.Varsity Sophomore **Hope Fletcher** calls out for her teammate to pass her the ball.
3.Varsity Junior **London Alfaro** thinks about her goals for the game.
4.Freshman **Megan Averitt** drives the ball forward and looks for a teammate to pass to.

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# How do you feel about the new coaching staff?

I think the change in coaches will be interesting and it will be very intriguing to see how the team reacts.

**-Kristyna Smith**, '09

I really like her, I had her as my coach Freshman year and she helped me improve my soccer skills a lot.

**-Stephanie Oliva**, '09

It's a big change, but I feel like we can relate to her better because she's a girl and she's younger.

**-Nicole Johnson**, '08

Right: **Ajaya Rana**, Sophomore, Varsity, is the top goal scorer this season. His powerful shots are almost unstoppable. Soccer for him is not just a sport, but a lifestyle. Being one of the highest goal scorers on the team, he lives and breathes soccer, following in the footsteps of his older alumni brother.

Below: Being one of the smaller players on the JV team, Freshman **Jack Barbour** uses his quick passes and his precise handling to carve around the opposing players. **Barbour** wants to keep playing soccer for many years to come. " I always think of a way to score when I have the ball, and I always think about how to get around the next defe nder," Barbour exclaims.

1) Freshman **Vinh Ha**, JV, goes in with everything he has in order to take down the opposing player. Playing expert defense is one of the main goals on the Hornet squad. Some days the team practices nothing but defense for two and a half hours, but every day they commit at least one hour to defense.

2) Sophomore **Liam Davis,** Varsity, has proved that he is worthy of playing on the varsity team. His ball handling skills have done nothing but get better since the beginning of the season. He practices every chance he gets on controlling the ball which makes him a very threatening player.

3) One of the many Seniors on the Varsity team, **Jason Hong**, maneuvers around the opposing player. He cracked one of his ribs during a game and could not finish out the rest of the season. " I'm really angry, this is my Senior year and I only got to play three games."

4) Freshman, **Hoshang Hatifie**, is the only Freshman on the varsity team. "I had two brothers who were on varsity their Freshman years, and I feel like I'm continuing the legacy," says **Hatifie**.

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## What drives you to play soccer?

I play soccer to get
etter and to have fun
ith my friends. I like
he pressure of the
ame situations. High
chool soccer is a whole
different level."

-Minjay Kay, '10

"I play because I love the game. I keep playing because of my parents; they really support me. After high school I want to keep playing soccer but nothing too serious."

-Alex Jiu, '09

It was my first sport, so the many years I have played, my passion for the sport has grown. It is a fun way to represent my school ad I really want to get into NCS this year, its been too long.

-Kyle Valenzuela, '08

Page By: Will Matteucci & Jesse Prins
Picture: Brenda Woodard

Teeming with anticipation, the varsity team awaits the whistle and the start of the game.

Breakaways are one of the hardest attacks for a goalie to defend. Forward, Junior **Antonio Garcia,** Var, attempts to beat the Foothill defender. He uses speed he obtained from football to his advantage.

Dedicated to the sport, **Luke Moran**, Sophomore JV, defends yet another forward from advancing. His improvement throughout the season is evident in each game he plays.

**Nick Moler**, Freshman, JV, always plays with wholehearted intensity. **Moler** may be a Freshman, but he always gets around the older players who tend to underestimate him.

Junior, **Alex Jiu**, Var, takes the ball upfield after a throw in. With his quick moves, he easily brings the ball up field and goes back on the attack.

**Edgar Castaneda**, Sophomore, Var, skillfully dribbles through a line of defenders in the Foothill game. **Edgar** is one of the younger players on the varsity squad but knows how to be a team player. With his skillful passes and strong shots he will help the Hornets win many games to come.

# Men's Soccer

## JV and Varsity

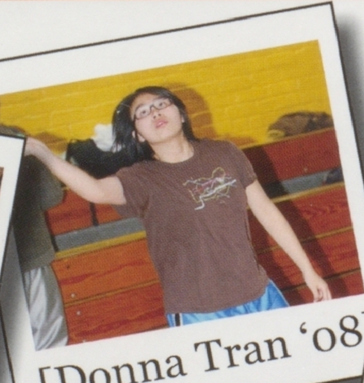
Senior **Xiao (Elaine) Chen** keeps her eye on the birdie and uses her full extension to reach out and hit it over the net to score yet another Hornet point. This is Elaine’s third year playing singles for badminton.

# Badminton

## Varsity

[Wai Suen ‘08]

[Kelly Li ‘10]



[Donna Tran ‘08]

[Maggie Lai ‘08]

As a first year player, Senior **Wai Yin Suen** squats down and prepares to launch the birdie to serve it.

Sophomore **Kelly Li** warms up by stretching before a game against Hercules. This is her first year playing for the Hornet badminton team.

Senior **Donna Tran,** in her fourth year playing badminton, was chosen to be this year’s team captain. As captain she takes responsibility for the team members’ welfare.

Senior **Maggie Lai** reaches high to strike the birdie and score another point for her team.

Page By: Maurelle Bagus & Jason Woo
Picture: Elisse Soohoo

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1. Sophomore **Charles Ouyang** first discovered badminton in P.E. this year and says he "fell in love with it." He now plays for the team in both singles and doubles.

2. Junior **Jocelyn Lam** waltzes toward the net after winning a point by hitting the birdie and having it fall onto the opponent's side.

3. Sophomore **Jonathan Lin** uses his quick reflexes to backhand the birdie over the net. He has to have stupendous endurance to last throughout multiple games.

4. Sophomore **Leonne Chung** warms up before a game by playing multiple matches against her teammates. She stands in a defensive stance as she awaits her opponent's serve.

## What's your favorite food to eat before a game?

"Before a game I eat something small like rice crackers, because you don't want to overwhelm your stomach and eat something that will weigh you down."

**- Clara (Soojin) Shin '11**

" I like to eat bananas before a game because they give me a lot of energy and they're really tasty too."

**-Truc (Rose) Hyunh '09**

" I enjoy eating anything, but I'd prefer to eat Mexican food because it is hot and spicy."

**-Kevin Chan '08**

In her first year playing badminton, Sophomore **Ying Xin Yu** carefully positions her racquet in order to make a perfect serve over the net.

Senior, **Matthew Barraza,** swings his racquet rapidly to strike the birdie with much force to get the birdie over the net. This is his fourth year playing badminton.

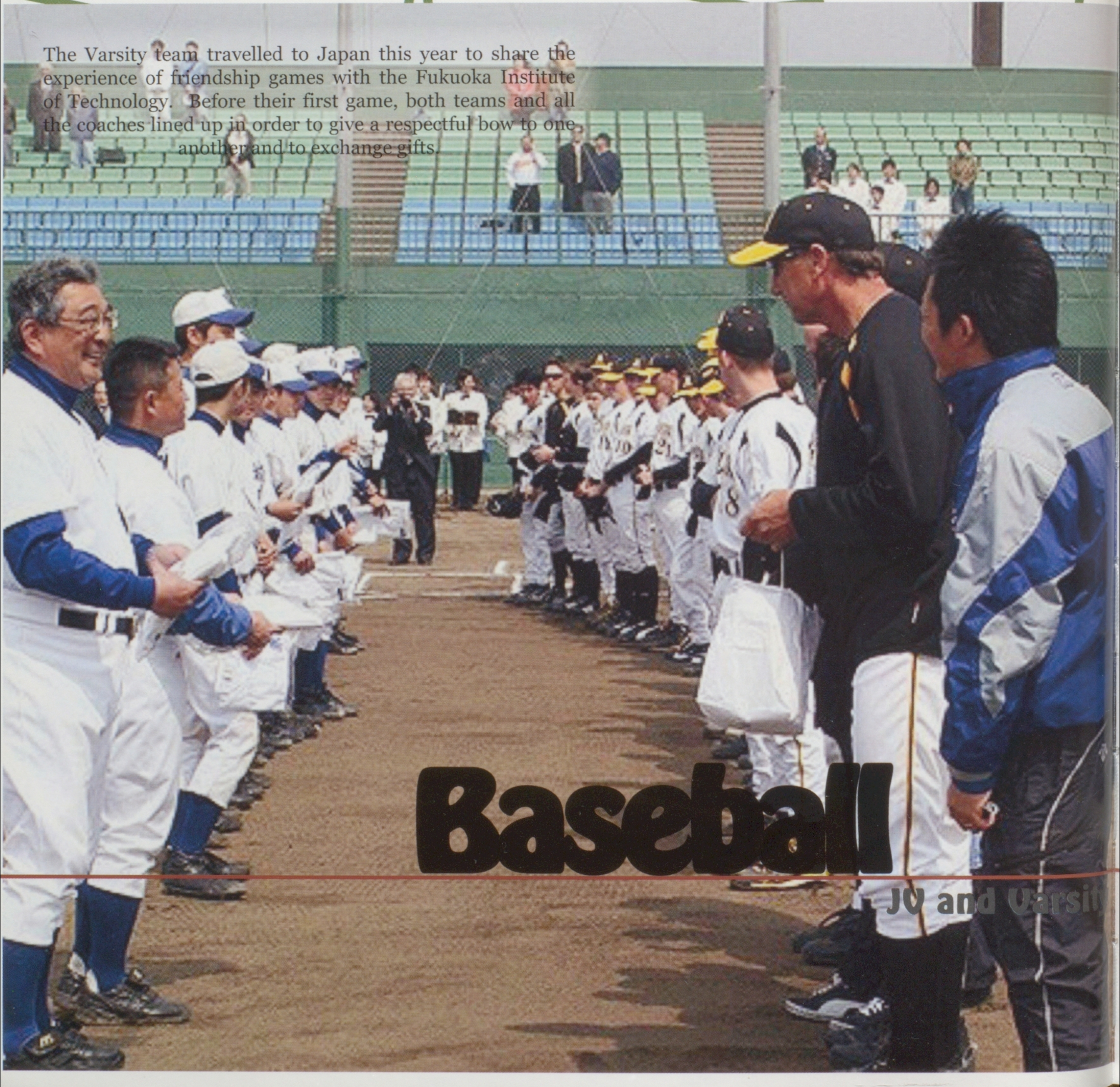
Sophomore **Rowena Huang** keeps her eye on the birdie as she runs over to return it to the opposing side in hopes of scoring a point for the Hornet team.

Var pitcher, **Jason Miller**, '08, starts his wind-up in order to deliver his pitch with as much power and velocity as possible, hoping for a strike.

JV shortstop, **Brandon Woo**, '11, fires his knee in order to allow his hips and hands to follow while batting.

Var shortstop, **Jordan Pries**, '08, steps and prepares to throw to first base after fielding a ground ball so he can throw out the batter.

JV centerfielder, **Calvin Fong, '09**, squares up so he can bunt the ball down and advance the base runner up to the next base.



The Varsity team travelled to Japan this year to share the experience of friendship games with the Fukuoka Institute of Technology. Before their first game, both teams and all the coaches lined up in order to give a respectful bow to one another and to exchange gifts.

# Baseball

## JV and Varsit

Page By: Christie Lee & Mike Panagakis-Maritz
Picture: Aman Bharji

**Home Plate:** Var Catcher **Casey O'Reilly**, '08, tucks in his glove to his body while preparing to throw the ball back to the pitcher after catching a perfect curve ball. The pitcher-catcher combination in games has to be thought out in order to keep the two on track with one another so not to mix up the pitches.

**First Base:** JV pitcher **Mathew Jones, '09,** begins his secondary lead off of first base as soon as the pitcher begins to deliver the ball to home plate. A good secondary lead is essential in base running; it allows the runner to get closer to the base in hopes of shortening the distance between him and the base. This could be the difference of being safe or out.

**Second Base:** Var second baseman **Johnathan Dunn**, '08, throws the ball to warm up while taking infield-outfield. Warming up on the field helps him adjust to the way the ball will hop and how much speed it will have. This will help him with his judgments in the game anticipating a ground ball.

**Third base:** JV leftfielder **Christopher Ngyuen**, '11, stops his secondary lead short, because the catcher caught the ball and **Ngyuen** needs to make his way back to the base so as to not get picked off and make an unnecessary out. On the other hand, if the batter hit the ball, he would have to quickly make his way to home.

1. Var first baseman **Daniel Brown**, '08, turns his glove in order to catch the ball when the pitcher tried to pick off the base runner. If he missed the ball, the runner would move up to second and get a free pass into scoring position.
2. Var centerfielder **William Sherratt**, '08, pulls back his bat in order not to get a strike called on him when the pitch is actually a ball. If he left his bat out and missed the ball or it went foul it would count as a strike against him.
3. JV pitcher **Tyler Cobb**, '11, delivers the ball to the plate in hopes of striking the batter out. Good pitching is a key to winning games because the better a pitcher does, the easier the outs are to get in a game.
4. The JV baseball team huddles in order to give each other a pep talk after the inning and to recognize what each person did correctly and incorrectly.
5. Var third baseman **Kyle Krinks**, '09, uses an excellent technique to field the ball. It is all of the hard-work that **Krinks** puts in that allows him to be the best that he can be.
6. JV catcher **Dylan Armijo**, '11, throws the ball to first base after a dropped third strike in order to make sure that the base runner is out. If the runner makes it to first base before the ball, then he is considered safe.

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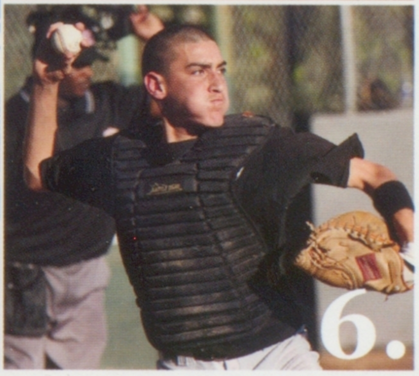


## What do you think are the key ingredients to a good team?

"I think that the key ingredients are determination, hardwork, and the ability to work together as a team."

**-RJ Rosales**,Var, '09

"I believe that the key ingredients to a winning baseball team are good teammates that support each other and who always push one another to be the best they can."

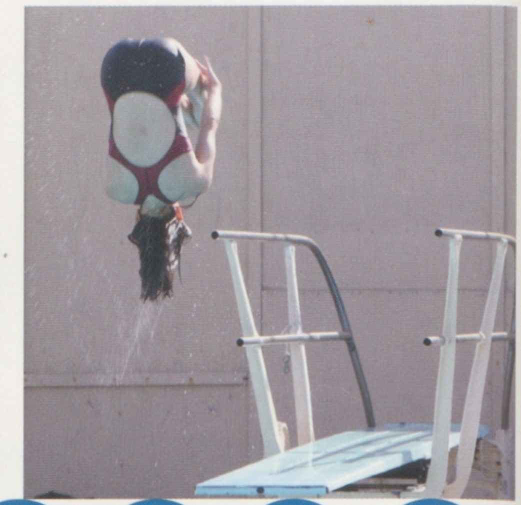
**-A. Altman**,JV, '10

"Some key ingredien to me would be talen friendship, and trus All of these help ever single person on a tea to perform well an that leads to a winning team.

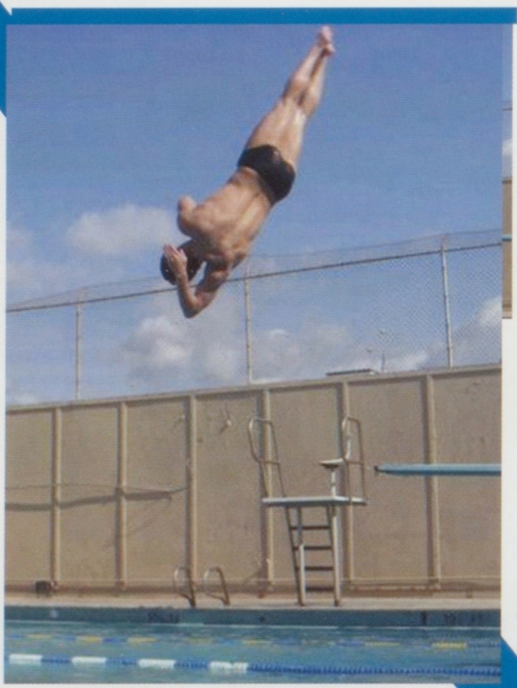
**-John Ruck**, JV, '

**Natalie Slivka,** '09, performs a front dive half twist, landing smoothly in the pool's water.

**Zachary Hinton,** '08, jumps off the diving board, before pulling off a front dive into the pool.



**Monica Lee**, '09, showcases a graceful front flip during a home meet against Oakland High.



**Senior Randall Perkins**, '08, performs a beautiful 1 1/2 front flips and one twist dive. Being Randall's last year he puts in an amazing performance.

**Vincent Ogden**, '09, performs a front dive. To pull off this stunt he must keep his body straight and attempt to land smoothly in the water. This is Ogden's first year on the diving team.

## What do you like about diving?

gives you an drenaline rush. Diving nakes me feel like I can y. It's something that u can do that other eople are scared of and gives me the mind set that I can do stuff.

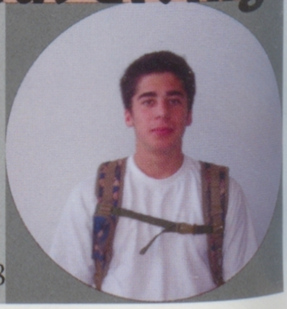
**-D. Lyons Lau**, '10

Diving is really fun and I like to meet new people. But I really like it because I never experienced any other sport besides gymnastics so it was good for me to do something new.

**-Monica Lee**, '09

I have been doing diving for a very long time. What I love about it is the rush you get when you approach the diving board and the feeling after, when you know you hit your dive.

-Randall Perkins, '08



**Eleanore Johnston**, '10, takes deep breaths in preparation for her dive. This is her first year on the diving team.

## DIVING

Sophomore **Kyle Bridge** completes his back dive, landing vertically in the pool. He keeps his arms firmly pressed against his side so that he will enter the water as straight as possible.

# Diving

## JV and Varsity

Freshman **Samantha Esguerra** is hits her golf ball out of one of the many sand traps at Bay Farm's golf course; the golf term for hitting the ball out of the sand is often called a chip shot.

# Golf

## Varsity

To the left, Junior **Christopher Tung** patiently waits for his opponent to finish his turn. Chris' father first introduced the game to him five years ago and **Chris** has been playing for the Alameda High golf team since Freshman year. He enjoys playing because he plays well and the course helps him find his inner self.

To the right, Sophomore **Marco Gonzalez** carefully analyzes his opponent's swing before his turn to drive. In order to stay focused during a long match, **Marco** prefers not to think about anything that might make him nervous. Meanwhile, **Senior Kyle Huey** takes a quick break from the game by rehydrating himself.

Page By: Marisa Araujo & Kaila Timbreza
Picture: Sophia Kohgadai

1.)

2.)

3.)

1.) Sophomore **Nathan Lilly** follows in his brother's footsteps of playing golf at Alameda High. He is focused on putting the ball into the hole. **Nathan** has been playing golf for five years and has become better ever since. 2.) Junior **Patrick Byrnes** drives the ball with his driver, which is a club that can hit the ball a long ways. **Patrick** won an amazing match against Berkeley. He was really shocked that he came back during the last couple of holes. 3.) Senior **Kyle Huey** concentrates while trying to putt. **Huey** says that putting isn't easy because the greens are sloped. To make a good putt, you need to have a proper stance, keeping your body closer to the ball.

## What was your most embarassing moment?

"When I teed up the ball and I swung, but when I was coming through with the swing, the ball fell off the tee."

**-Joshua Yuen** '11

"When I was seven, I was practicing on a course and there was this log on this lake and my brother dared me to walk on it. On my third step, I fell in the lake."

**-Grace Na** '11

"My most embarassing moment was when I first 'topped' the ball and it went like three yards from where I was standing."

**-Seigo Ma** '10

To the left, Sophomore **Marco Gonzales** concentrates on shooting the ball into the hole. **Marco** uses his putter to putt the ball. The best timeto putt the ball is when the ball is on the green.

GIRLS GOLF
CIF
2007

To the left, the girl's varsity team poses for many photographers. All of the girls on the Alameda High Golf team had to perform at high levels in order to win the North Coast Sectionals, which are highly comepetitive matches.

To the right, senior **Kyle Huey** shows sportsmanship by shaking his opponent's hand, after a rousing game. **Huey** says that you don't need to shake hands before a game, but it is obligated afterwards.

To the right, Senior **Michael Lilly** puts in effort to hit the ball to the other side of the hole. The farthest he has hit a golf ball is 440 yards when he was at a game in Lake Tahoe.

# Softball

## JV and Varsity

Varsity player, **Kiley Lonsdale** '08, catches the ball with the intent to tag the opposing player out. In softball, tags are necessary when the force out is unattainable. A force out is when there is a runner on base prior to the one you are on and the ball is thrown to the base you are heading to. Therefore you stranded between bases and are out.

Varsity player **Ashley Sanchez, '08**, helps hit balls to her teammates so that they can work on their grounders. She helps them navigate the bounces and hops of the ball. She has been playing softball since she was eight years old.

Varsity player **Stephanie Sorenson**, Junior, runs to the base and makes a vital tag to keep her team above their opponents. This is her second year of playing catcher and her seventh year of playing softball.

Page By: Jesse Prins & Jennifer Lee
Picture: Jack Zhu

enior **Kelly Watts** plays on the varity team. She has been playing since he was young in a little league. Good oaching and encouragement are hat motivate her. She has played ight field for two years on varsity.

**Julie Lawson**, '08, is set in a ready position prepared for any ball to be hit in her direction. She has been playing softball for ten years and she believes good chemistry is the key to having a successful team.

**Tyler Freeman**, '11, plays on junior varsity. She waits to catch the ball on third base, concentrating hard on the pitcher so that she can catch the ball. She has been learning softball from her past coaches and from her dad, with whom she sometimes likes to play at the park. What she likes about softball is the competitiveness which keeps her motivated. The Hornets won the recent game against Hercules High School and she felt happy and excited.

**Sara Sedlack**, '09, aims to catch the ball from the air. She has been playing on varsity all three years, and last year was ACCAL all league first team.

Varsity player **Jill Yastishak**, '08, has been playing softball for about ten years. As a pitcher, her pitches range from 50 to 56 mph. She stated, "this season started a little shaky, but it's picked up since then." Their goal, as always, is to win league and make NCS.

**Samantha Ferris**, '11, plays on junior varsity. She has been playing softball since she was five years old and she likes to play softball because it's fun to play with her friends and teammates. She also learns new skills to play smart every time she plays and that is what keeps her motivated. She also plays competitively during the summer.

## What are some of your pre-game rituals?

"I like to get ready early so I can take my time. We usually listen to music as a team before, and I make sure I drink a lot of water to stay hydrated."

-**Kelly Watts**, '08

"I make sure to stretch out and get together with my team. We do a chant to hype each other up. I think about making good throws and always want to get a hit."

-**Brittany Belt**, '10

"Well it usually takes about 20 minutes for us to get ready. We pump each other up by writing our opponents' name in the dirt and everyone spits on it."

-**Victoria Trujillo**, '08

As one of the few Senior captains for the varsity swim team, **Jessica Pan** is a leader that the team looks up to. Not only does she hold some of the team's fastest times, once a week at practice she tutors other swimmers with academic needs.

Senior **Katrina Turman** is an imperative part of the varsity swim team, as she is one of the top backstrokers. Though the 100 backstroke is her specialty, she still excels in other events such as the 100 breastroke, as seen above.

**Rebecca Pan**, a promising Sophomore, takes after her older sister, Jessica Pan, in helping to lead the team to many wins with her fast, powerful swimming in events such as the 100 backstroke.

Freshman **Esther Paik** keeps her pace as she competes in the JV 200 Freestyle race. Having just started swimming competitively, she has made immense progress since the beginning of the season.

With strong and smooth strokes, JV swimmer **Emily Devey**, '09, swims her 100 yards backstroke without hesitation. She has made tremendous progress since her first day Freshman year.

After their first meet against Arroyo, both the JV and Vasity teams have a meeting about the meet they just won. Varsity won 132-37 and JV won 112-28. All the swimmers who participated did extremely well.

**Alison Almquist**, '09, braces herself for her leg of the 200 medley relay while teammates **Lindsey Fong**, '09, and **Eleanore Guenon**, '11, provide moral support by cheering the team on.

Varsity Freshman **Heather Park** paces herself evenly throughout her 500 yard freestyle race. This 20 lap events requires immense endurance and a strict sense of what speed to go throughout it.

## What is your least favorite stroke and why?

"My least favorite stroke is the breaststroke. The reasons for that are because it's so boring and takes a such long time!"

-Julia Mclean, '11

"My least favorite stroke is freestyle because I feel like it's so much more monotonous than the other strokes and just not as fun."

-Katrina Turman, '08

"My least favorite is definitely the butterfly. It's so hard! And not to mention tiring. Also when I do the butterfly, I think I look like an idiot."

-Shannon Barry, '09

# W. Swimming

## JV and Varsity

Talented Sophomore swimmer and waterpolo player, **Marlena Nip,** is one of the many devoted swimmers on the varsity team. The hard work, time and dedication that she has put into her sport shines through as soon as she dives into the water. Her speedy 50 breastroke is a handy addition to any medley relay.

A beautifully coordinated and famously fast butterfly is demonstrated by Freshman **Samantha Rados**, an extremely valuable member of the varsity team, during one of her best events, the 200 IM.

Freshman **Kelly Arth**, one of the many new and beneficial additions to the varsity team, has been swimming her whole life. At every practice, she is always eager to improve her freestyle technique and stamina. Her hard work pays off with every race she swims.

Senior **Matt Rados** breaks both the pool and school records in the 100 breaststroke with a stunning time of 58.75 seconds. This record has not been broken for nineteen years.

# Men's Swimming

## JV and Varsity

Even though **Evan Shum** is a Freshman, he has managed to make his way on to the varsity swim team. During a meet, **Evan** swam the 50 Free with a time of 25.17 seconds.

**Jared Thompson** is a Freshman on the varsity swim team this year. Even though it is his first year on the team, he remains focused while practicing the breaststroke.

Sophomore **Daniel Lyons-Lau** backstrokes his way across to the other side of the pool. As a varsity swimmer, he practices persistently in order to be ready for the next meet.

**Andre Tom** is a Junior on the varsity team. He hangs around the lane lines in the pool, catching his breath before another swim.

Page By: Brittney Choi & Vivian Wu
Picture: Lindsay Young

1.

To the left, Senior **Humphrey Loh** displays his butterfly stroke during a swim meet as a varsity swimmer. This year, he has managed to swim into Alameda High School's top 10 list in the 50-free race with a time of 22.36 seconds. This is the 8th fastest time in this event in Alameda High School's history.

2.

Junior **Bobby Chang** races across the pool with his magnificent butterfly stroke. He is known to be one of the strongest members on the varsity team. As a part of the Ala Gators club team, **Bobby** practices year-round.

Junior **Vincent Odgen** works on his strokes during the mandatory afternoon practice. With daily conditioning, **Vincent** will surely strengthen his JV team.

Sophomore **Martin Kwan**, Freshmen **Dominic Costa**, **Daniel Daniel** and **Nathaniel Brown** listen closely to Coach Marshall's advice on how to improve their JV team.

3.

To the left, **Ryan Shum** flies through the water as another Junior on the varsity team. During a meet against the Oakland High School swim team, **Ryan** swam the 100 fly with a time of 1:11.14 seconds.

## What do you do to prepare before a swim meet?

"We stretch out our arms and legs so we don't cramp up during our swim meets. We usually go to practices, warm up and stay warm."

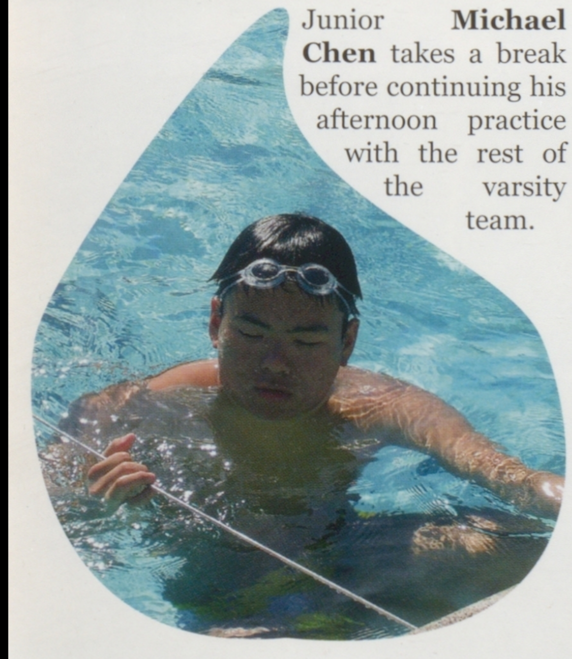
-**Chris Daniels**, '10

"Before a meet I don't want to eat too much because I can't seem to swim as well on a full stomach."

-**Kenny Fellows**, '08

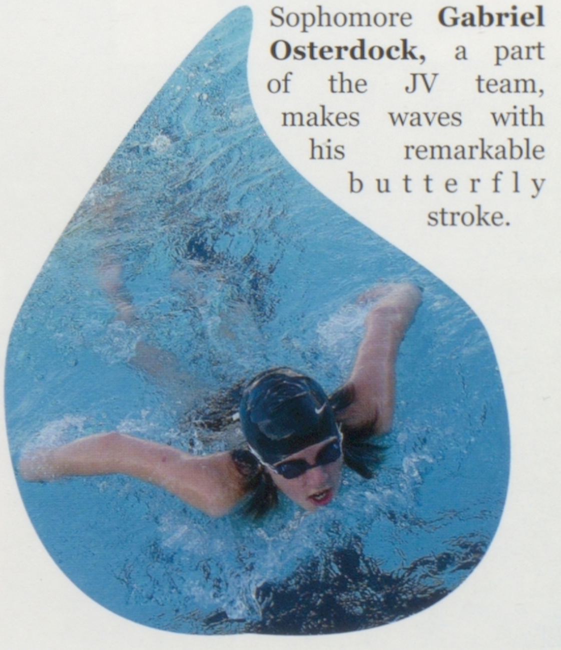
"To prepare for a meet I go to a mandatory morning practice on the day of the meet. Also I visualize the race beforehand and focus on my swim."

-**Taylor Seals**,



Junior **Michael Chen** takes a break before continuing his afternoon practice with the rest of the varsity team.

Sophomore **Steven Tom** strongly represents his varsity team with an impressive breaststroke during a swim meet.



Sophomore **Gabriel Osterdock,** a part of the JV team, makes waves with his remarkable butterfly stroke.

Dominating the court, Senior **Thai Tu's** racket follows through over his shoulder after delivering a backhand down the line with precision. **Thai's** skills have earned him the title of a No.1 rank in Northern California.

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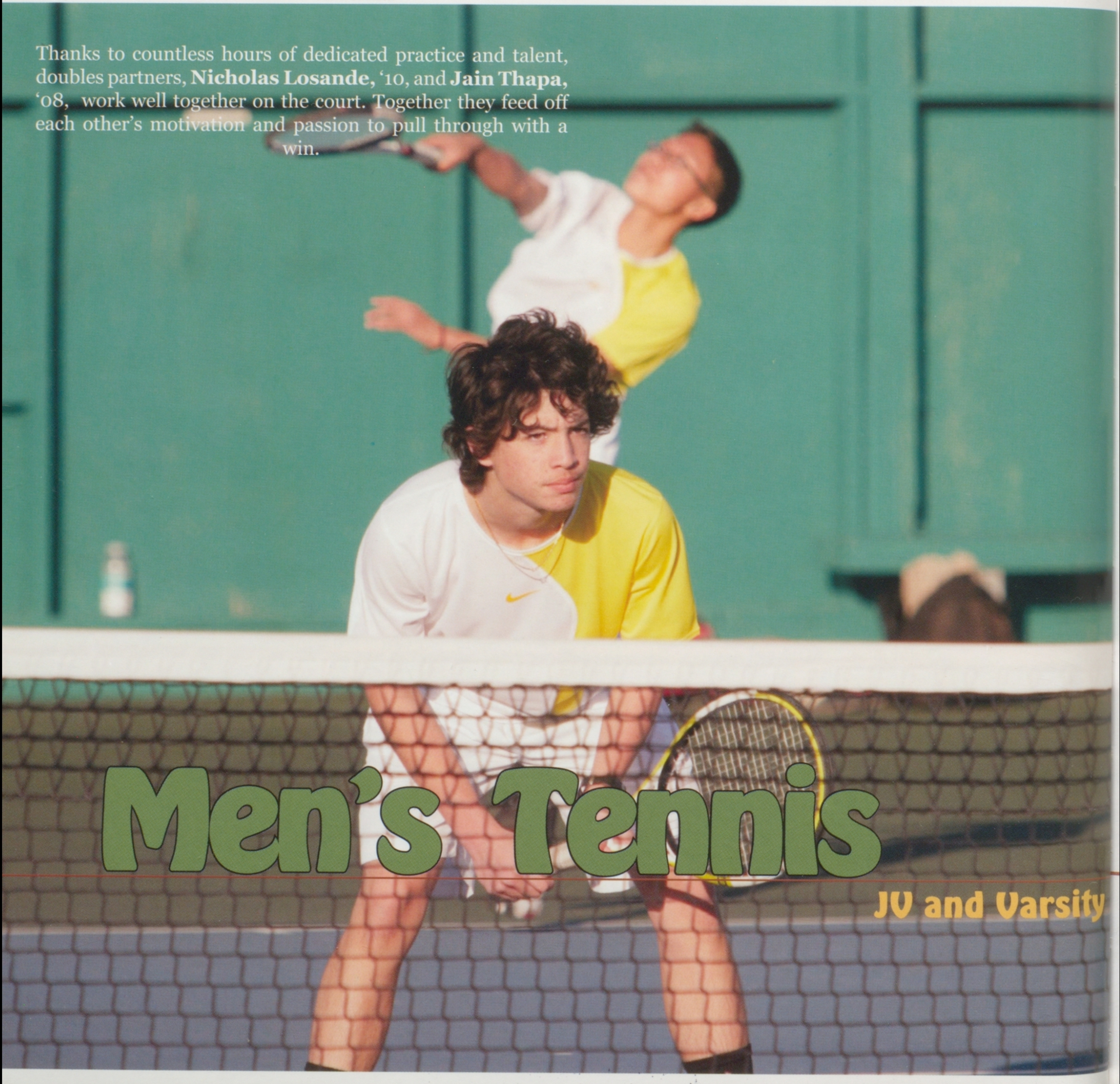
ARE YOU IN?

**Matthew Elefant,** '08, establishes precise control, as he prepares to do a backhand slice cross court, away from his opponent.



Thanks to countless hours of dedicated practice and talent, doubles partners, **Nicholas Losande,** '10, and **Jain Thapa,** '08, work well together on the court. Together they feed off each other's motivation and passion to pull through with a win.

# Men's Tennis

## JV and Varsity

The men's varsity tennis team plays "Butts Up," a friendlier variation of "suicide," a common pastime among students. According to the rules, the losing participants must wait as a tennis ball comes traveling full force, aimed at their rears.

The men's tennis team huddles around Coach Hein who reminds them to incorporate every tactic against their opponents in the upcoming match.

**Matthew Yuen**, '09, displays good sportsmanship after a rigorous game. He has been on the varsity men's tennis team for three consecutive years. "It has been very difficult; I've worked hard to get where I am today."

**Philip Dinh**, '08, sprints towards the doubles alleys while extending his arm, managing to hit the tennis ball and push it back into play.

**Ryan Lim** and **Jeffrey Li**, '10, strategize and discuss possibilities for improving their game play to avoid making unnecessary mistakes.

**Terence Wu,** '10, stands firm as he waits to anticipate the movement of his opponent's serve.

**Benjamin Engle,** '08, prepares to drive the tennis ball with a solid forehand, aiming toward the baseline. As a Senior, it is **Engle's** first year on the men's varsity tennis team.

The men's tennis team engages in BVO (Baseline Volley Overhead), a practice drill to perfect their techniques.

**Jeremy Dong**, '09, and **Bryan Gee**, '11, are enthusiastic about playing doubles together for the first time. With **Dong's** experience and **Gee's** talent, they make excellent partners.

**Kyle Johnston**, '10, places himself in the perfect position to return the ball with an incredibly low volley.

# Why did you start playing tennis and who inspired you?

"Tennis is a fun and competitive sport. When I get on that court, nothing else matters except winning for my team. When I was around eight, my parents would take me to the tennis courts to play with them."

**-Jeremy Dong**, '09

"I enjoy playing tennis because it is an individual as well as a team sport. My mother influenced me to play when I was 10 years old, and I have been playing ever since."

**-Ryan Lim**, '10

"I started playing tennis three years ago, my dad knows the coach at Bishop O'Dowd and he taught me how to play. Ever since then my dad has been signing me up for tennis camp and I've been loving it."

**-Benjamin Goode**, '11

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1. Junior **Linnea Oddie** paces herself as she competes in her 3200 meter event.
2. Freshman **Nicholas Reyes** maintains his con centration and drives ahead using arms to pump legs.
3. Junior **April Hien** keeps her head up and directed towards the finish line ahead during the 110 meter shuttle hurdle race.
4. Coach Bruce Hicks gives Sophomores **Lauren Choi** and **Maya Robles-Wong** a pep talk while they stretch before their race .
5. A group of distance boys take a couple of warm-up laps before starting the day's workout.

5.

Sophomore **Alex Hy** practices throwing the discus. He specializes in this event for the Freshman-Sophomore team.

Senior **Gabby Bobarnac** keeps her eye on the prize in the last leg of her 800 meter race.

Junior **Taylor McAdam** executes perfect form while exiting the blocks in her 400 meter sprint race.

Freshman **Frank Mai** follows through with his shot-put toss while his teammate observes from the side.

1.

1. Senior **Dennis Yu** breathes powerfully while trying to stay ahead of the pack in the 4 by 200 meter relay.
2. Junior **Taryn Yee** performs a flawless hurdle jump, as she leads her team in the 110 shuttle hurdle competition.
3. Freshman **Grace Wood** keeps her head down while in "the drive phase" of the beginning of her race.
4. Freshman **Jessica Trieu** aggressively attacks the hurdle while competing in the 300 meter hurdle race.

2.

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# What helps you keep your focus during a race?

What helps me ocus during a race s thinking about ll the strategies nd training that I got from practice.

-**Albert Chu**, '09

I don't really think during a race, but before it, I guess I just keep thinking about doing my best to satisfy myself. Also, knowing that there's a lot of people watching makes me want to do better too.

-**Miranda Cohen**, '09

I try getting hyped to stay focused. I also try to forget about my competition and run the race to the end.

-**Brandon Yee**, '10

Page By: Beatriz Morales & Jessica Leong
Picture: Jameia Taylor

Photos courtesy of Ed Jay

The distance team listens to new head coach Nino Hernandez as he informs them of the upcoming events for the weekend invitational track meet at Skyline High School.

Seniors **Misha Gonzalez**, **Ellen Suderman-Talco**, and **McCaulay Singer-Milnes** show their light-hearted sides while warming-up for a distance long run.

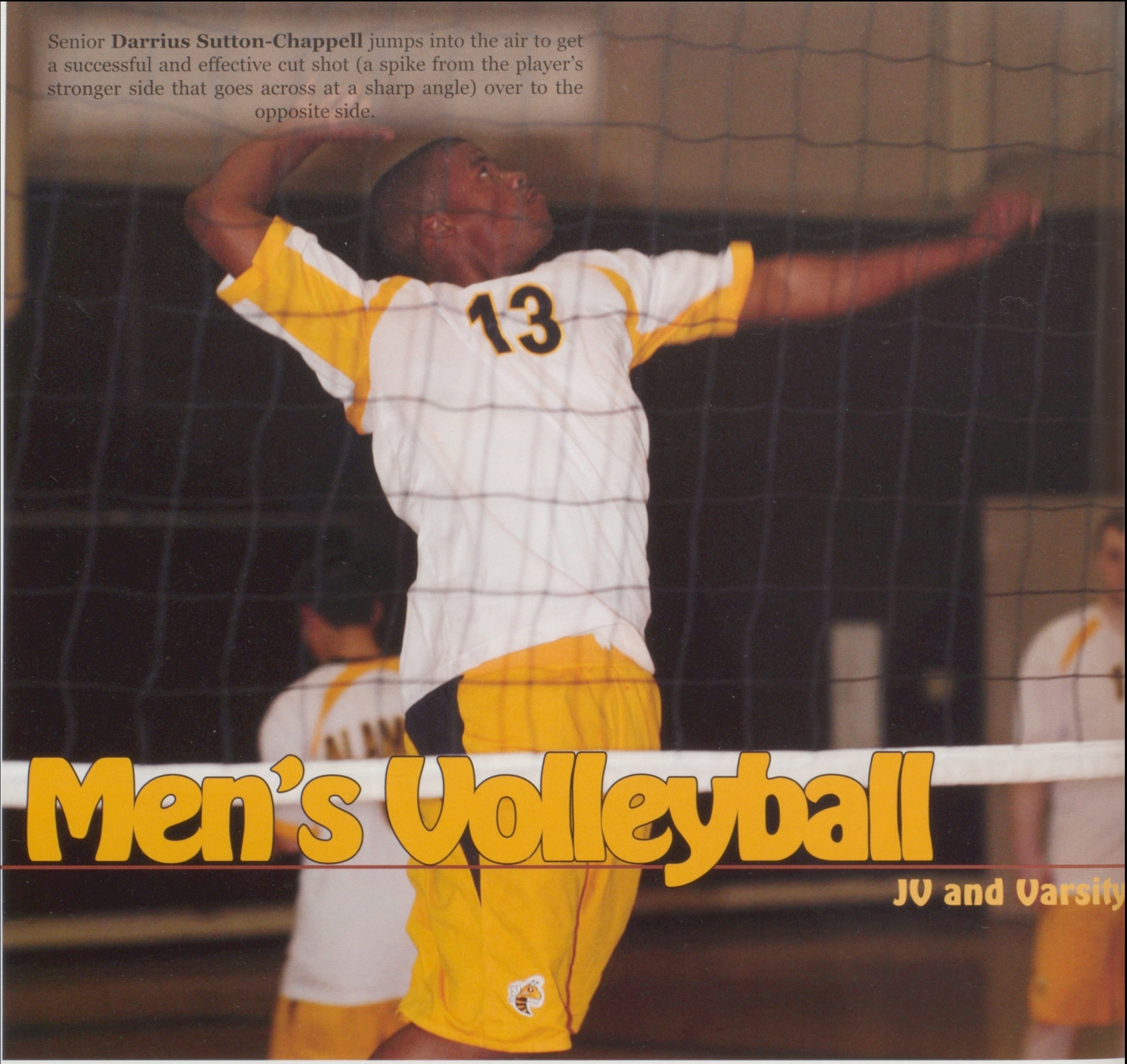
Juniors **Alexander Colvin**, **Albert Chu**, and **Trevor Araujo**, cheer on their teammates as they watch from the sidelines.

Senior **Conrad Chen** stretches his quadriceps while listening to sprint Coach Nakisha Carlos tell the team about the day's workout.

Seniors **Joseph Na** and **Gian Winzer** demonstrate the correct way to pass the baton in the 4 by 200 meter relay race. The four boys on the team have been running together for most of their high school careers and have been very successful competing together.

# Track & Field

## JV and Varsity



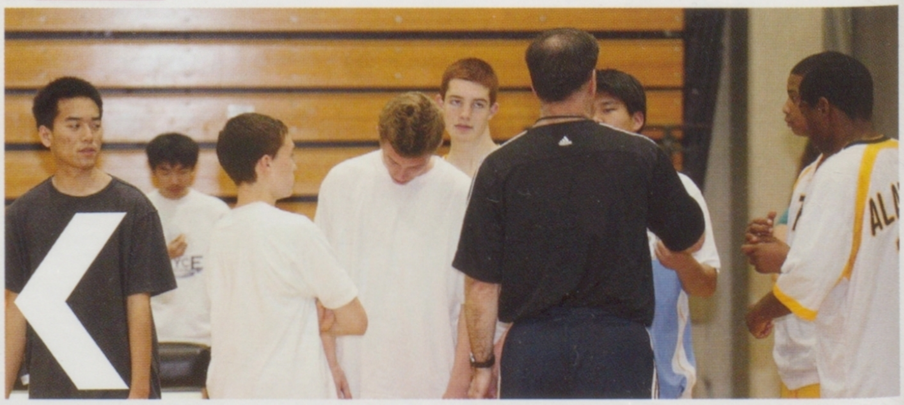
Senior **Darrius Sutton-Chappell** jumps into the air to get a successful and effective cut shot (a spike from the player's stronger side that goes across at a sharp angle) over to the opposite side.

# Men's Volleyball

## JV and Varsity

Before the game, the varsity team meets up with their coach so he can give them pointers and advice that will enable them to win the game. The coach reminds them of the strategies they memorized during practice and the best positions individual team member should take in order for them to efficiently score more points.

The JV team holds a quick conference to discuss the opponent's strategies, strengths and weaknesses. The purpose of the conference is to help the team use the information they recieved to their advantage during the remainder of the game.



Senior **Masoud Adina** serves the ball across the net to start the Hornets off with a couple of points. Serving, used to put the ball into play, is one of the six basic skills that are controlled exclusively by one player.

Freshman **Justin Clark**, patiently waits for the ball to come to him so he can efficiently hit the ball to one of his teammates. The team now has two more hits left to get the ball across to the other side.

Sophomore **Jessie Groves** reacts quickly and bumps the ball to his teammate during practice. **Groves** gains more strength each day at practice so when game day comes, he can feel confident.

With a powerful spike, Sophomore **Nate Silverman**, succeeds in scoring the Hornets another point in the game. After such a powerful spike, **Silverman** quickly positions himself for the next play.

## What is your strength in volleyball? Spiking, bumping...

"I am good at digging, which is good because it helps reset the offense for a play. Also, our team is good this year so we are going to challenge our league."

**-N. Williams,** 11th

"For me, instead of just hitting and spiking the ball, I have more of an eye for open spaces, allowing me to score."

**-K. Sutton-Chappell,** 10th

"I believe that my best quality in volleyball is spiking because I have a powerful arm that enables me to get the ball far across the net."

**-B. Paik** 10th

Sophomore **Leif Reynolds** turns inward so the ball can land in-bounds onto the opponents court, allowing the Hornets to keep their lead in the game.

Sophomore **Can hui Li** overhand passes the ball to his teammate setting the ball for a bullet-like spike. **Li** has helped the team score with his precise moves.

The Hornets' opponent tries to hit the ball over the net but Sophomore **Calvin Le** is prepared for what is coming his way and blocks the opponents hit.

Senior **Eddie Lee** bumps the ball to his teammate so they can get it over the net. When a team is preparing to score the team usually bumps the ball three times before actually scoring.

photo courtesy of Ed Jay

Page By: Melissa Lim
Picture: Alisa Hong

# team photos

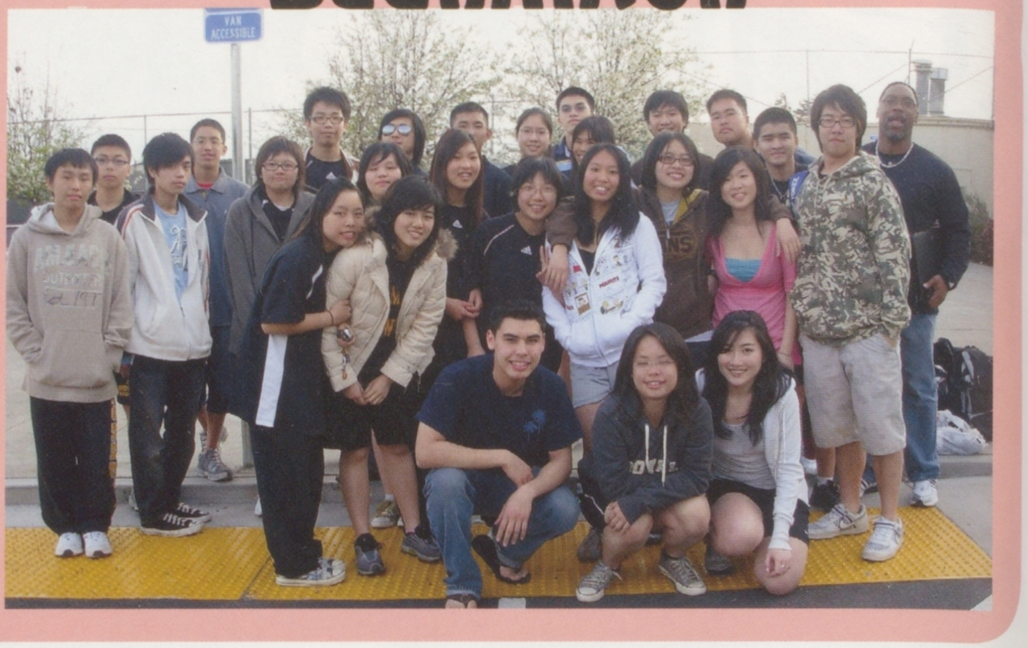
## *veggie dishes*

Like peas in a pod, a sports team is a close-knit group of athletes who grow together until ripe and ready to play. Teamwork is vital to our sports at Alameda High. During the season, our teammates become like a second family to each of us. The experience of practicing together at 5:00 am or until 8:00 pm after a long day of school; travelling together on the team bus to away games; overnight stays for out-of-town tournaments; and devastating plays where two Hornets put the opponent to rest all cause us to grow. We become bigger, better and stronger. Therefore, each of our teams is like a veritable bunch of broccoli, a head of cauliflower or a set of potatoes in the vegetable garden of AHS sports.

Left: Before facing Encinal High, the Men's Varsity Basketball team huddles together before their last game of the season. Senior **Eric Olveira** says, "I love being around all the guys because we can have fun together and still focus on the game."

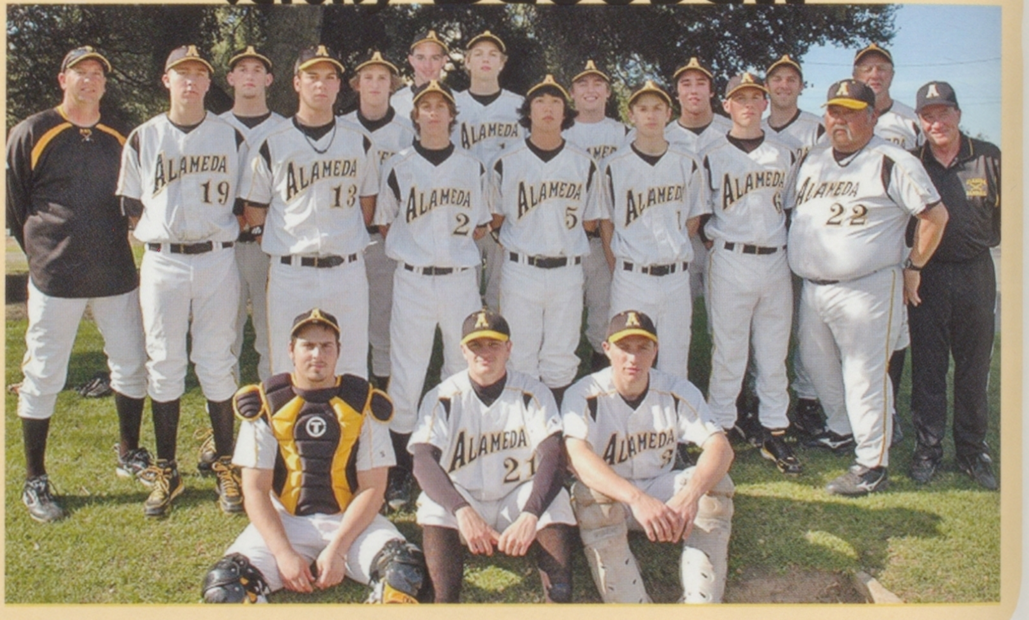
# Badminton

ROW 1: Hui Hong Ye, Dennis Cee, Vincent Yeung, Kevin Chan, Trent Liu, Jocelyn Lam, Zhiyi Liu, Leonne Chung, Johnathan Lin, Daniel Liang, Duy Bui, Coach Eddie Ruiz. ROW 2: Andy Zhang, Leo Yeung, Ivy Liu, Maria Huang, Rowena Huang. ROW 3: Kelly Li, Lulie Peng, Ying Yu, Elaine Chen, Donna Tran, Christina Ho, Mark Peng. ROW 4: Matt Barraza, Maggie Lai, Rose (Truc) Huynh.



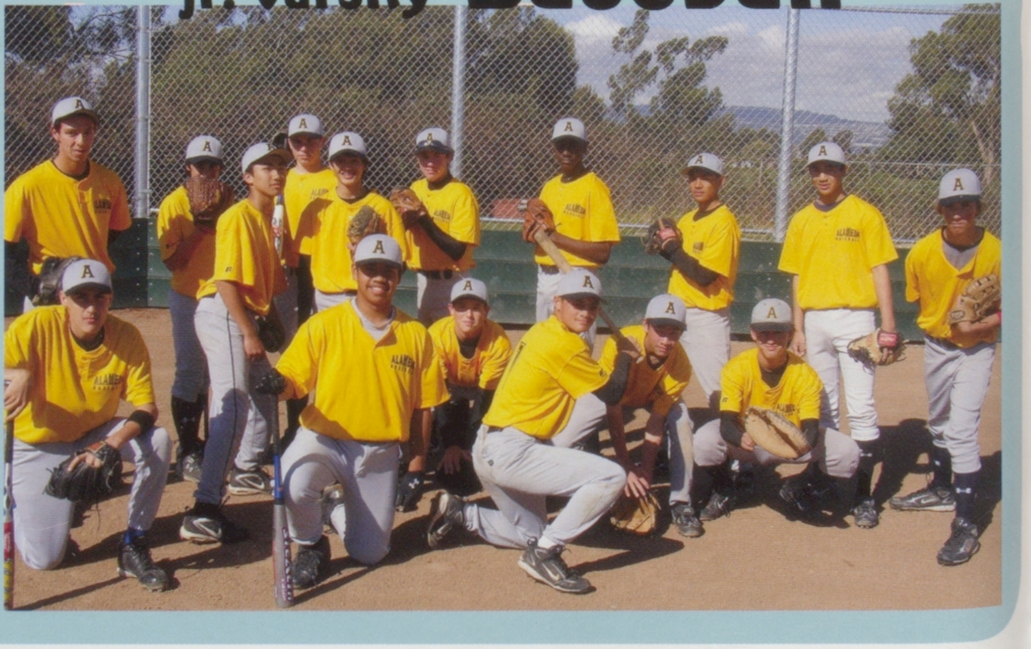
# varsity Baseball

TOP: Brandon Cooper, Kyle Krinks, Dylan Flores, Brian Nelson, Wes Moyer, Daniel Higuchi, Jason Miller, Coach Greg Dunn. MIDDLE: Coach Ken Arnerich, Will Sherratt, Jordan Pries, Will Boscacci, Sam Hedburg, Dan Smith, John Dunn, Coach Frank Yamasaki, Coach Rich Sherratt. BOTTOM: Casey O'Reilly, Daniel Brown, Mike Panagakis-Maritz.



# jr. varsity Baseball

TOP: Odalpho Perez, Alex Altman, Tom Ruckman, Nathan Hidalgo, Jon-Mykal Reyes, Eli Nemzer, Kyree Espino, Brandon Woo, Kyle Leong, Tyler Cobb. BOTTOM: Dylan Armijo, Richard Roque, John Ruck, Christopher Nguyen, Bryan Lee, Michael Hoye.



Page By: Will Matteucci & Precilla Tang
Picture: Gefany Partido

## women's varsity Basketball

TOP LEFT: Chiarra Duncan, Avery Glover-Mackey, Angelica Edwards. BOTTOM LEFT: Britney Walker, Stephanie Chan, Debbie Gee. MIDDLE: TC Smith, Allison Dea, Jennifer Sever. TOP RIGHT: Emily Park, Kiyanna Grimes, Coach Brad Thomas, Coach Ahshalic Johnson. BOTTOM RIGHT: Victorya Warren, Nashanta Williams, Khyra Conerly, Ananda Gebreyesus.

## women's jr. varsity Basketball

*photo courtesy of Ed Jay*

TOP: Hillary Freeman, Mariel Nyrop, Erica Obando, Coach Catherine Wu, Courtney Chang, Alicia Fong, Coach Brunett, Jennifer Kam, Vanessa Ambrosini, Francine Kolokihakaufisi-Gross. BOTTOM: Joanna Louie, Cecilia Nguyen, Angelica Rivera, Marissa Erickson.

## women's frosh Basketball

TOP: Coach Leslie Cortez, Emily Scott, Samantha Zinn, Eleanore Guenon, Mary Kim Hoang, Julia McLean, Kristina Lam. BOTTOM: Casey Hutchinson, Megan McGrath, Monica Lim.

## men's varsity Basketball

TOP: Coach Frank Yamasaki, Coach Kirk Wong, Eric Olveira, Wesley Edwards, Damien Stowers, Terin Ford, Brian Dinh, Coach Eddie Ruiz, BOTTOM: Enrique Padilla, Sean Ramsey, Taylor Takahashi, Erik Wong, Jeff Roeder.

## men's jr. varsity Basketball

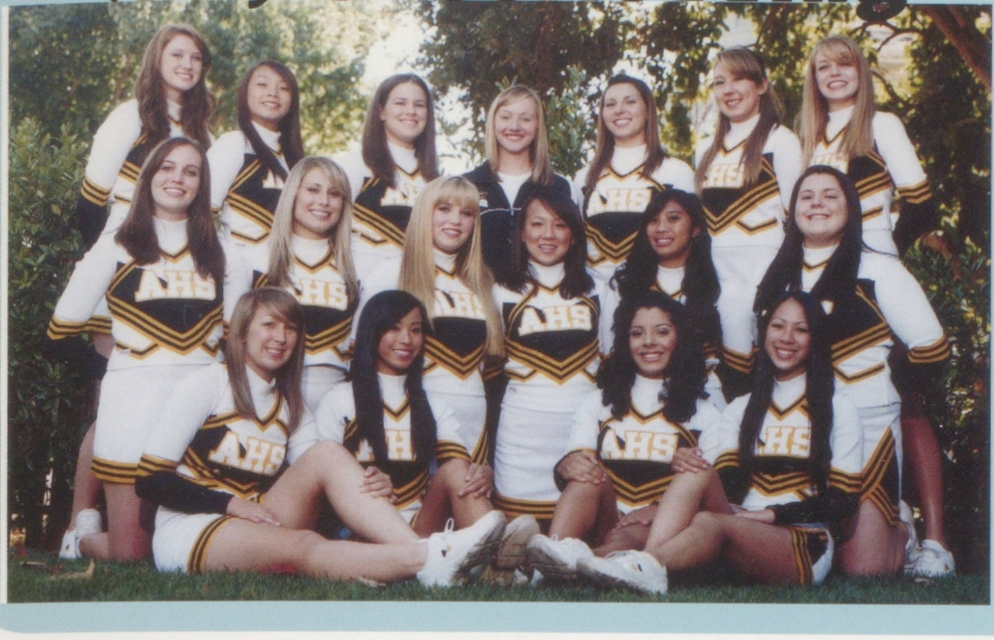
TOP: Coach Frank Yamasaki, Coach Kirk Wong, Marcus Vaughn, Brendon Foye, David Lu, Leif Reynolds, Joe Chin, Coach Eddie Ruiz. BOTTOM: Zack Hodges, Ben Trinh, Jesse Groves, Stanley Tu, Shawn Johnson.

## men's frosh Basketball

TOP: Coach Andy Olveira, Tyler Cobb, Kyle Leong, Dustin Ho, Matthew Goodwin Cruz, Christopher Young, Justin Clark, Devonte Sanchez, Quinn Reddrick, Dylon Armijo, Coach Allen Nakamura. BOTTOM: Safiullah Hasseeb, Nathan Hidalgo, John Ruck, Cameron Look, Brandon Woo, Juan Neri.

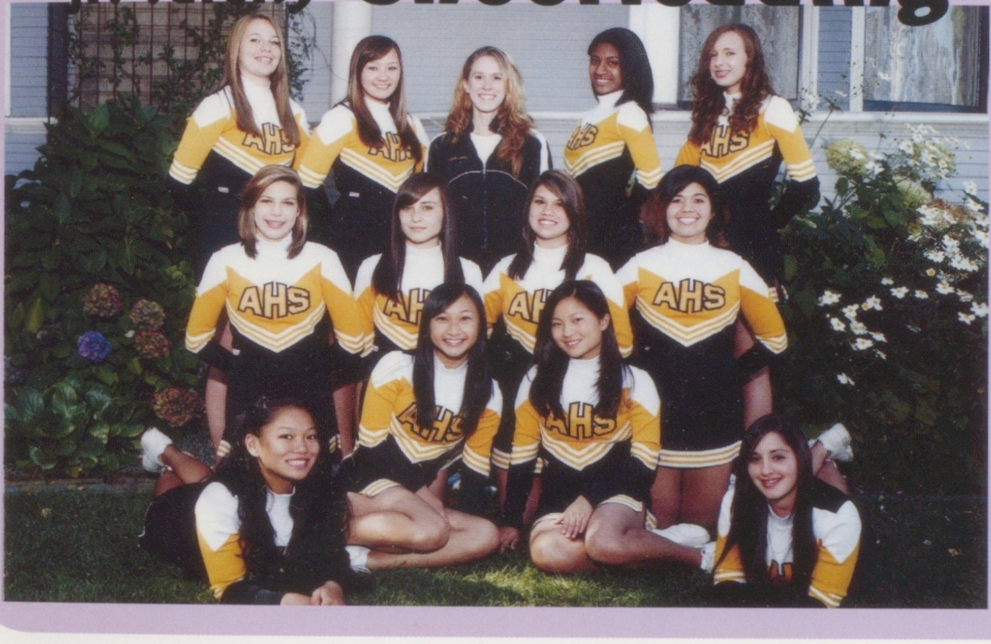
Page By: Will Matteucci & Precilla Tang
Picture: Bobby Chang

## varsity Cheerleading



TOP: Gabi Pieroni, Christie Lee, Riley McLens, Coach Shari Nichols, Jennifer Silva, Sara Kofman, Lauren Freeman. MIDDLE: Lainey Moe, Alyssa Ruckman, Kayla Missaggia, Lauren Lee, Rachel Cortes, Kimmy Ramsey. BOTTOM: Stacey Lyons, Jessica Louie, Tiffani Perez, Liana Choi.

## jr. varsity Cheerleading



TOP: Maddie Wynn, Erika Greenley, Coach Laura Lenahan, Brianna Lawrence, Megan Harper. MIDDLE: Sierra Calandri, Shannon Skiles, Cecilya Alanis, Vanessa Valerio. BOTTOM: Jasmine Tomelden, Carol Tam, Precilla Tang, Rachel Marra.

## Cross Country

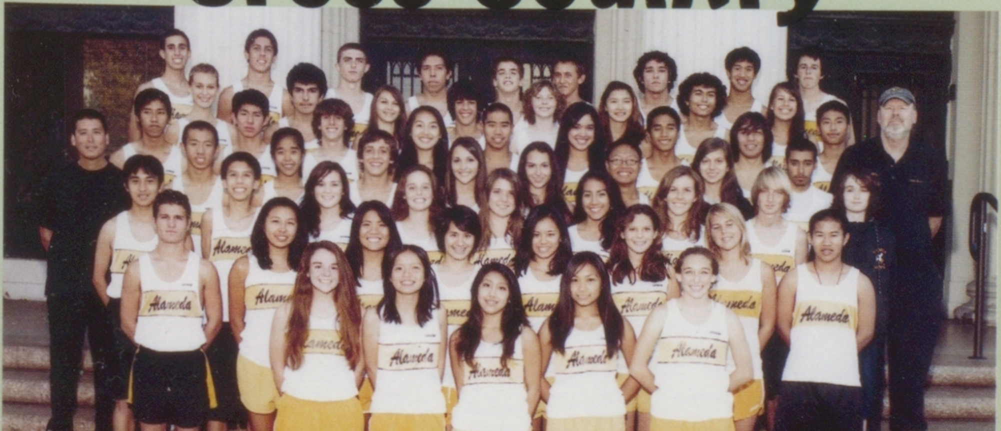


*photo courtesy of Ed Jay*

ROW 1: Daniel Lebe, Alexander Colvin, Kyle Valenzuela, Jesse Cruz, Zachary Perkins, Liam Davis, Daniel Higuchi, Albert Chu, Trevor Araujo. ROW 2: Christina Bailey, Jamie Kelly, Madeline Kuttner, Charles Perkins, Ryan Hunter, Frances Li, Michael Bugarin, Tatiana Burenin. ROW 3: Marwin Ko, Calvin Fong, William Boscacci, Stephanie Chan, Garrett Jay, Noel Arevalo, Justin Rozal, Christopher Arellano, Nick Owyang. ROW 4: Coach Nino Hernandez, Chris Chui, Kaila Chan, Will Colvin, Gabriela Bobarnac, Irena Bobarnac, Jain Thapa, Sara Boscacci, David Vergara, Coach Bruce Hicks. ROW 5: Matt Villegas, Maxwell Hong, Taylor Sandoval, McCaulay Singer, Megan Goldspring, Julia (Misha) Gonzales, Bridget O'Donoghue, Tyler Parsons, Eli Gray. ROW 6: Scott Nickell, Maya Wong, Claudia Lee, Linnea Oddie, Amanda Duong, Arden Koehler, Taylor McAdam, Aaron Soo-Hoo . ROW 7: Ellen Suderman-Talco, Connie Tan, Katy Huey, Jessica Trieu, Gina Salerno.

# Diving

TOP: Natalie Slivka, Emily Pendleton, Eleanore Johnston, Monia Lee, Sarah Melek. BOTTOM: Kyle Bridges, Joseph Colton, Vincent Ogden, Zach Hinton.

# varsity Football

ROW 1: Niko Aumua, Sohail Rahmani, Andrew Meyer, Robert Malone, Eric Oliveira, Brandon Cooper, Nick Darracq, Jeff Roeder. ROW 2: Casey O'Reilly, Wes Moyer, Sam Mora, Grayson Cooke, Taupeau Kaiser, Tim Han, Jordan Skipper, Antonio Garcia, Drew Keres. ROW 3: Coach Jarrett Moyer, Coach Kevin Lew, Coach Greg Bridges, Coach Steve Rochlin, Coach Kemp Moyer, Coach Steve Yamasaki, Coach Dan Reynolds, Coach Derrick Keegan. ROW 4: Terry Fernandez, Camaron Brown, Sean Ramsey, Matt Adgar, Ibrahim Mohammed-Zakir, Brandon Gregory, Edgar Castaneda. ROW 5: Johnathan Yu, Brandon Tubbs, Kevin Nguyen, Tameem Gawhary, James Powell, Romel , Joe Na, Marc Wada.

# jr. varsity Football

ROW 1: Sammy Hassen, Emilio Garcia Sanchez, Damien Stowers, Mathew Jones, Alex Jones, Brandon Adams, Antonis Koutoulakis. ROW 2: Jimmy Connor, Bryan Sagara, Harry Davies, Tim Watanabe, Ben Paik, Jacob Wise, Nick Cruz, Sean Reilly. ROW 3: Nolan Fortez-Sasaki, Coach Greg Bridges, Coach Jarrett Moyer, Coach Steve Yamasaki, Coach Kevin Lew, Coach Derrick Keegan, Sean Malone. ROW 4: Michael Smith, Yonatan Tesfay, Kyle Bridges, Jeremy Yu, Andrew Wu, u, Micah Carrington, Frankie Gonzales, Mukhtar Kohistani. ROW 5: Qais Shaghasi, TJ Crutchfield, Silvio Mora, Stanley Tu, Keith Murray, Andrew Oducayen, Zach Hodges. ROW 6: Justin Li, Daniel Lyons-Lau, Jesse Rios, Omar Himed, Giovanni Campos, Vincent Wong, Daniel Janz.

## frosh Football

ROW 1: John Dietrich, Ro Ro Lyons-Spears, Gabriel Ybarra, Oscar Reyna, Kevin Harvell, Peni Mesui. ROW 2: Frank Mai, Randy Chahine, Ahmad Shaghasi, Juan Neri, Ryan Carlson. ROW 3: Ian McLens, Sam Uyeno, Coach Kevin McKenna, Coach Jeff Ma, Tom Ruckman, Sam Finau. ROW 4: Jay Moody, Justin Clark, Michael Cunningham, Mahlik Blake, Taylor Crutchfield, Kevin Galindo, Dylan Armijo. ROW 5: Matthew Rodrigues, Victor Tran, Raymar Hardy, Nathan Hidalgo, Derric Lee, Francine Kolokihakaufisi-Gros. ROW 6: Tommy Van Ausdle, Mark Jansz, John Barbour , John Ruck, Tuan Vo.

## women's Golf

TOP: Emily Childs, Grace Na, Frances Ancheta, Coach Stephan Burnett. BOTTOM: Natasha Cruz, Samantha Esguerra.

## men's Golf

TOP: Patrick Byrne, Michael Lilly, Seigo Ma, Coach Glen Oetman. BOTTOM: Nate Lilly, Josh Yuen, Christopher Tung, Nicholas Owyang.

## women's varsity Soccer

TOP: Taylor Croxton, Ashley Assayag, Emma Ulrey, Nikki Johnson, Emily Beylerian, Kristyna Smith, Hope Fletcher, Nadia Mounzih, Coach Diane Chann. MIDDLE: Lauren Cabrales, Jessica Leong, Taryn Yee, Stephanie Oliva, London Alfaro, Bryce Marshall. BOTTOM: Kristine Nakada, Yen-Chi Ha, Tatiana Torio, Vannessa Watrous, Emily Quilici.

*photo courtesy of Ed Jay*

## women's jr. varsity Soccer

TOP: Coach Alfredo Medina, Arielle Siem, Lauren Upp, Stephanie Owyang, Emma Rose Williams, Mariela Lopez-Garcia, Ofe Etchie. MIDDLE: Jamie Banks, Megan Averitt, Emily Bliven, Camila Martinez-Granata, Naoise Lane. BOTTOM: Alexandra Umeki, Emily Basta, Roxy Guzman, Alexa Tom.

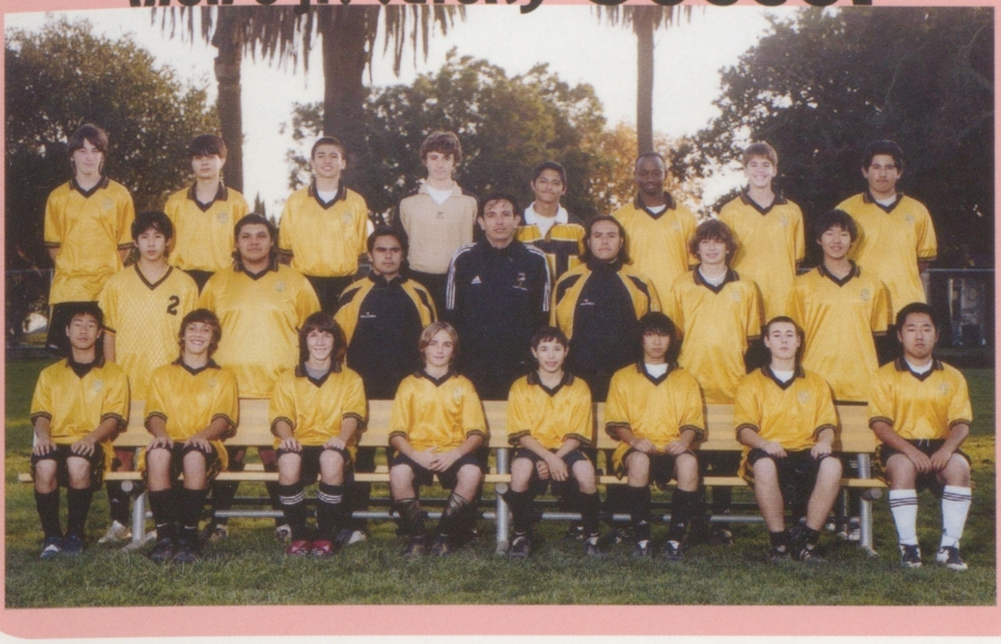
*photo courtesy of Ed Jay*

## men's varsity Soccer

TOP: Jaime Rengel, Nathaniel Williams, Luke Morbitz, Jason Hong, Antonio Garcia, David Garcia, Liam Davis, Taylor McGloughlin, Brenden Jui, Kyle Valenzuela. MIDDLE: Hoshang Hatifie, Randy Perkins, Coach Ivhon Ayllon, Coach Danny Ayllon, Coach Eric Smiler, Coach Jesus Ramirez, Coach Harris Smiler, Chris Harris, Josue Castro. BOTTOM: Edgar Casteneda, Andrew Yount, Bernardo Chavez, Anthony Alvarez, Jesse Prins, Alex Jui, Ajaya Rana, Charlie Perkins.

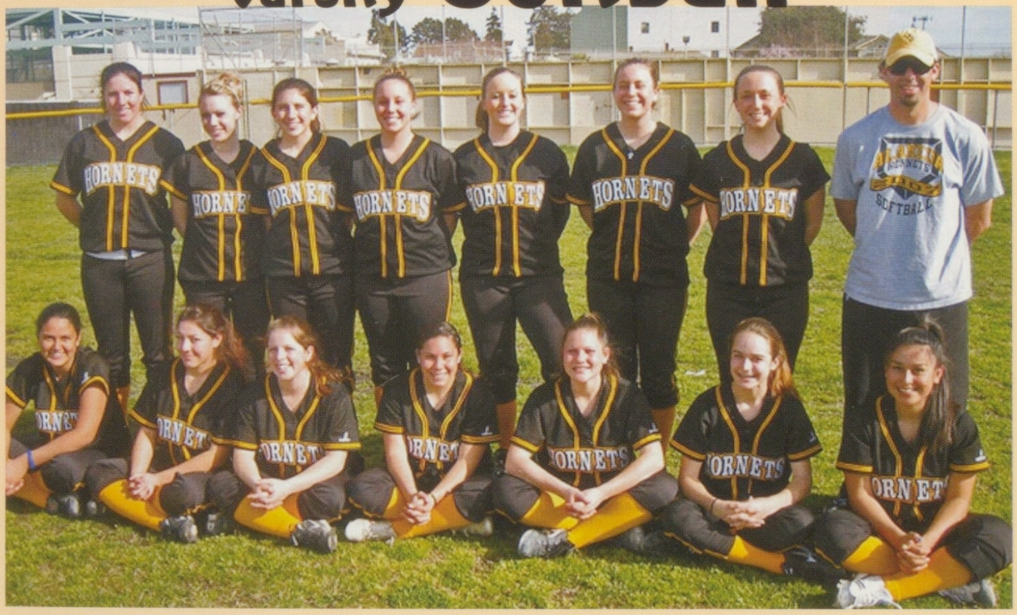
Page By: Will Matteucci & Precilla Tang
Picture: Harrison Freck

## men's jr. varsity Soccer



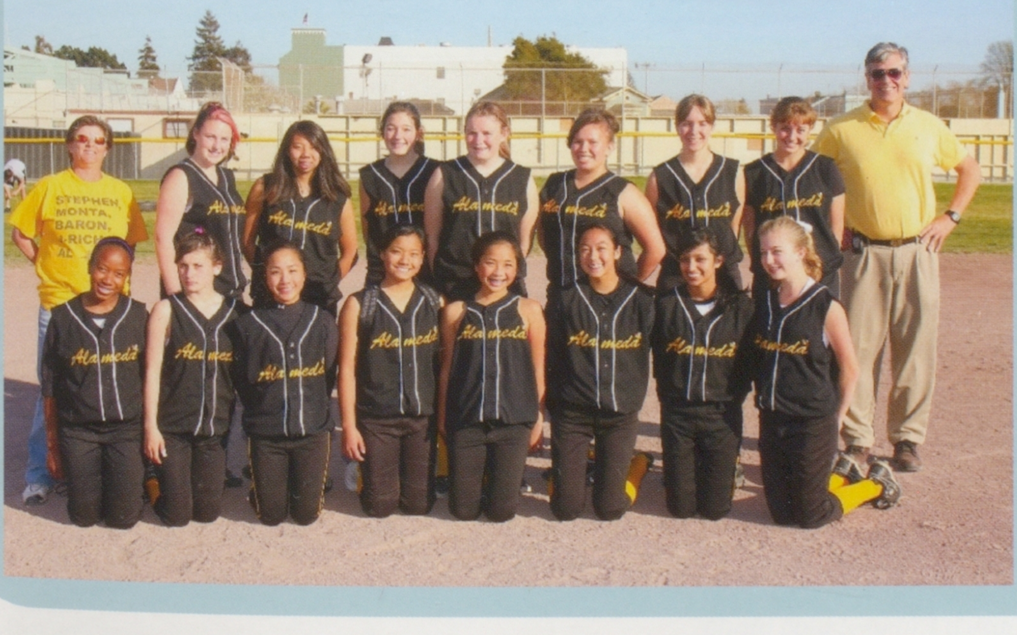
TOP: Ryan Carlson, Luke Moran, Marco Gonzales, Christopher Bridge, Andres Servin, Kevin Kamara, Zachary Perkins, Braulio Aramburo. MIDDLE: Jonathan Chen, Alfonso Juarez, Coach Ivahan Ayllon, Coach Jesus Ramirez, Danny Ayllon, Casey Christ, Min Jae Kim. ROW 3: Herman Leung, Will Colvin, Sam Uyeno, Jack Barbour, Nick Moler, Vinh Ha, Alexi Keller, Gi Park.

## varsity Softball



TOP: Sarah Sedlack, Jackie Hartnett, Gabrielle Reedy, Lacey Parodi, Stephanie Sorenson, Kiley Lonsdale, Julie Lawson, Coach Dan McCarthy. BOTTOM: Anna Varghese, Victoria Trujillo, Kelly Watts, Ashley Sanchez, Jill Yastishak, Megan Averitt, Rachael Rodriguez.

## jr. varsity Softball



TOP: Coach Vicki Ferris, Jessica Adkins, Alicia Fong, Alex Kofman, Megan McGrath, Brittany Belt, Elizabeth Park, Clare Forbes, Coach Park. BOTTOM: Tyler Freeman, Mercedes Rawlyk, Joanna Louie, Alisa Hong, Kristina Lam, Samantha Wong, Aamirah Dastgir, Katie Dunn.

## women's Swimming

ROW 1: Melissa Lim, Jessica Pan, Rebecca Pan, Francesca Santos, Katrina Turman, Natalie Medved, Kelly Arth, Heather Park, Koki Inlow, Katie Marshall, Cynthia Hughes. ROW 2: Alison Almquist, Emily Devey, Julia McClean, Eleanore Guenon, Esther Paik, Brittney Platt, Ariana Mortizavi, Linda Nguyen, Rebekah Asuncion, Sydney Lee, Stacy Fan, Vicky Dinh. ROW 3: Shannon Barry, Daniela Sanders, Samantha Freitag, Anna Soskin, Irene Wen, Lyndsay Fong, Susan Fagel, Alejandra Sainz De La Rice, Ray Chene Morie Alvarez, Kelly Huang, Tiffany Le. ROW 4: Avery Glover-Mackey, Lauren Lee, Christina Leung, Thu Le, Ina Lu, Kitty Chan, Ida Lu, Stephanie Huang, Baoyen Hoang, Leena Richman, Lindsay Young.

*Not Pictured:* Siena Zoe Allen, Emily Childs, Sara Kofman, Anna Sharpe, Samantha Rados, Marlena Nip, Briana Wing, Ting (Allison) Wu, Astrid Brown, Courtney Freitag, Natalie Wilkins.

## men's varsity Swimming

TOP: Nick Olsen, Michael Chen, Taylor Seals, Kenneth Fellows, Shaun Fellows, Dylan Arjo, Eva, Michael Sugitani, Ryan Shum, Coach Marshall Dortch. BOTTOM: Bobby Chang, Kyle Bridges, Daniel Lyons-Lau, Steven Tom, Jared Thompson, Odbayar Batsaikhan, Andre Tom.

*Not Pictured:* Humphrey Loh, Ryan Mcdaniels, Matthew Rados, Nick Winterbauer.

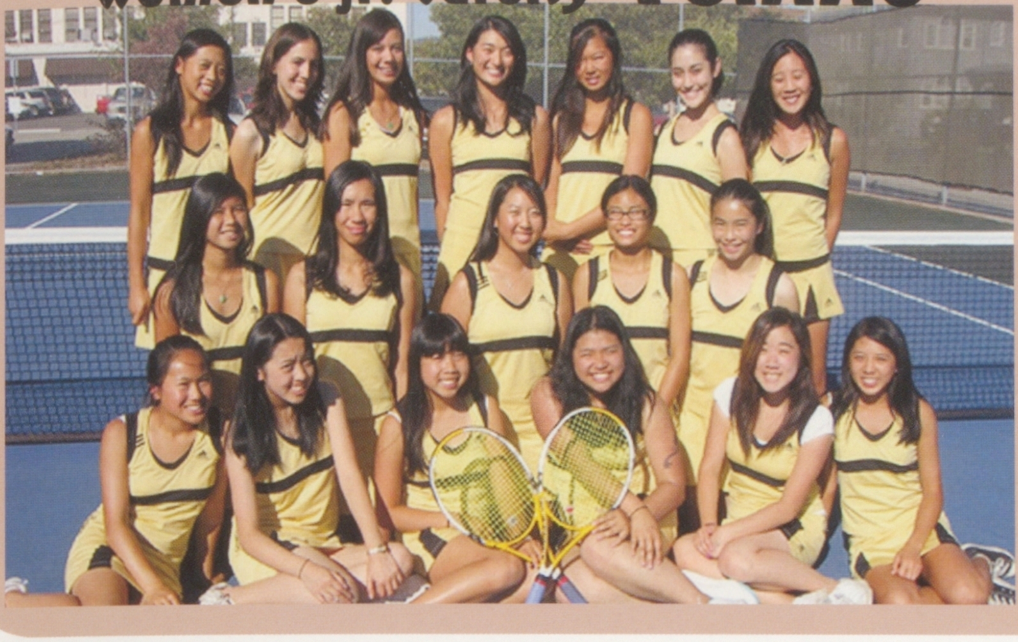
## men's jr. varsity Swimming

Joseph Johnescu, Dominic Costa, Zachary Hinton, Nathan Brown, Vincent Ogden, Daniel Giordano, Coach Marshall Dortch.

*Not Pictured:* Chris Daniel, Daniel Daniel, Harry Davies, Martin Kwan, Alec Osterdock, Gabe Osterdock, Peter Valente.

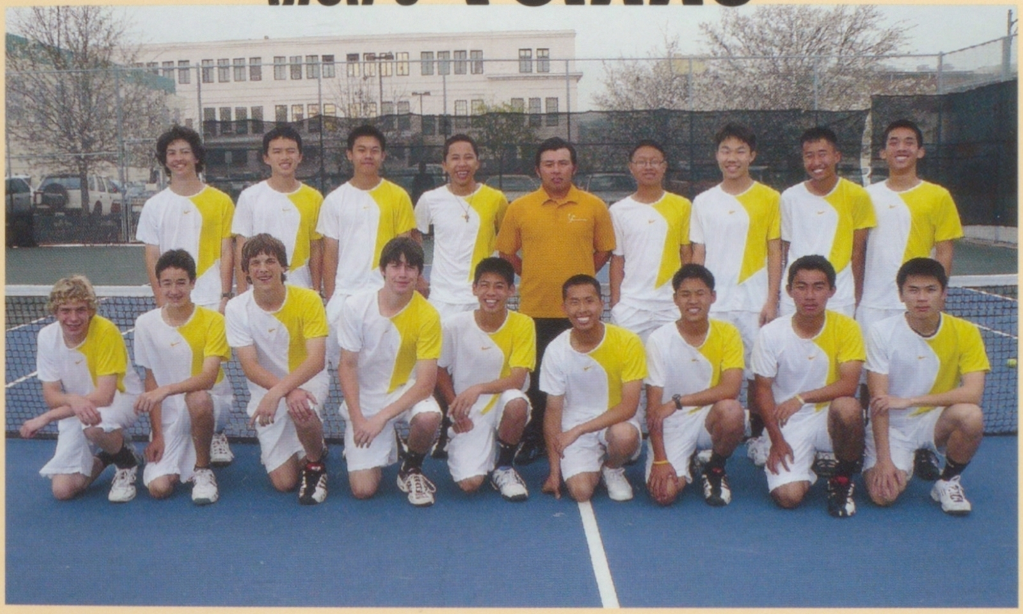
Page By: Will Matteucci & Precilla Tang
Picture: Tina Tran

## women's jr. varsity Tennis



TOP: Audrey Yeung, Stephanie Taylor, Sarah Courtland, Samantha Ho, Shirley Tang, Miranda Cohen, Joie Fong. MIDDLE: Michelle Loo, Carla Shao, Victoria Kam, Sophia Shin, Bonnie Tung. BOTTOM: Kathy Hua, Janice Chang, Lydia Tang, Haidee Pang, Esther Park, Lauren Yeung.

## men's Tennis



TOP: Nick Losande, Jeffrey Li, Philip Dinh, Thomas Tran, Coach Hein Tu, Jain Thapa, Jeremy Dong, Bryan Gee, Steve Hoang. BOTTOM: Benjamin Goode, Kyle Johnston, Ben Engle, Matthew Elefant, Matthew Yuen, Ricky Quach, Ryan Lim, Thai Tu, Terence Wu.

## Track&Field

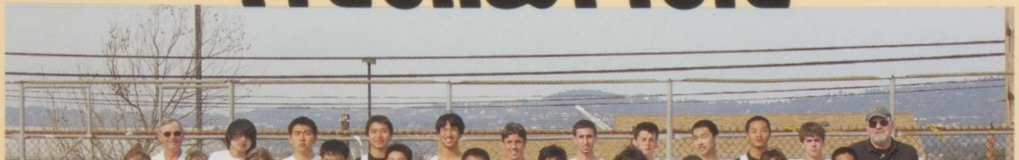
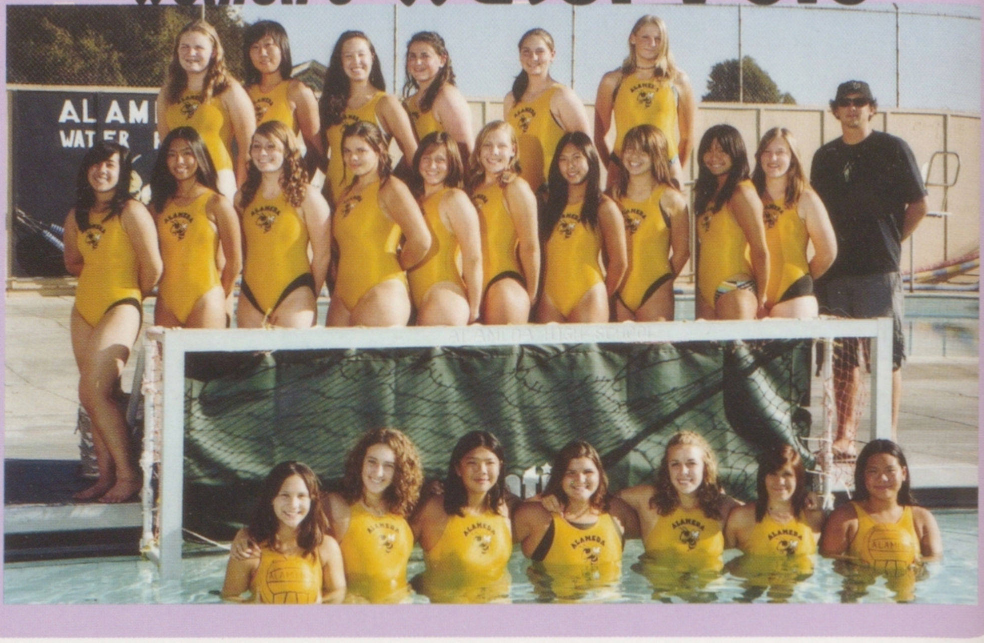


photo courtesy of Ed Jay

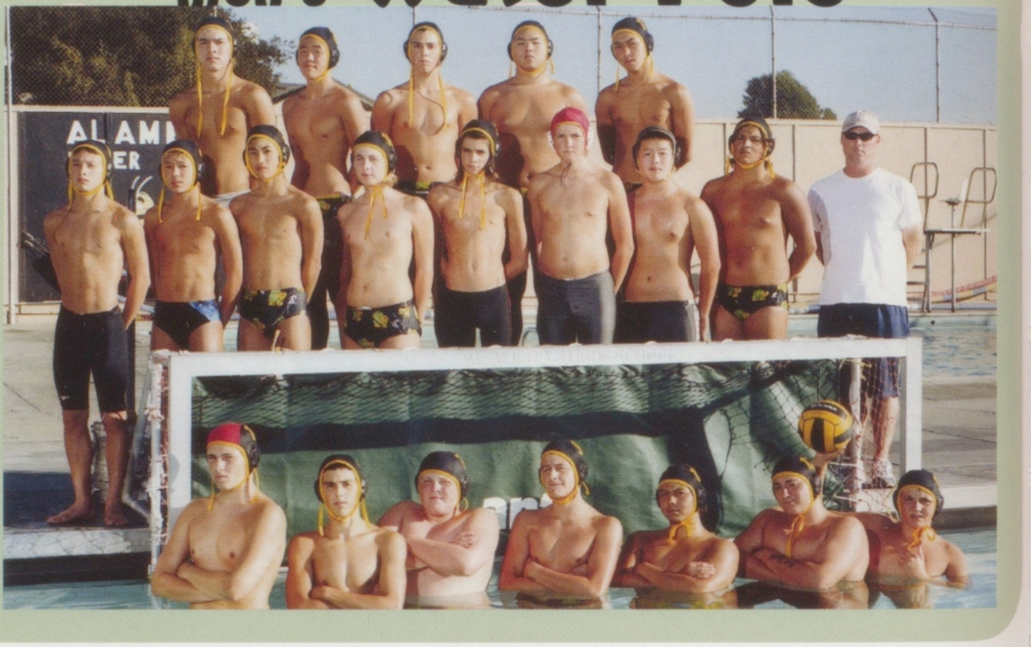
ROW 1: Coach Rich Noble, Andy Xu, Jun Lin, Alex Hy, Albert Chu, Alexander Colvin, Daniel Lebe, Trevor Araujo, Jimmy Xu, Brandon Yee, Zach Perkins, Coach Bruce Hicks. ROW 2: Hope Fletcher, Kellie Grigg, Emily Ball, Dave Zheng, Jimmy Wu, Frank Mai, Jamie Kelly, Michael Bugarin, Brandon Roper, Chris Arellano, Justin Rozal. ROW 3: Justin Tong, Ryan Hunter, Keith Murray, Charlie Perkins, Jeremy Yu, Conrad Chen, Nicholas Reyes, Will Colvin, Miranda Cohen, Lauren Choy, Kaila Chan. ROW 4: Coach Nicky Carlos, Gian Winzer, Dennis Yu, Garrett Jay, Joe Na, Jai Barcelona, Chris Chui, David Vergara, Andy Gee, Mike Reyes, Dagnachew Gebreselassie, Sara Boscacci. ROW 5: Scott Nickell, Matt Villegas, Derek Liang, Jennifer Lee, Taryn Yee, Allison Dea, McCauley Singer-Milnes, Taylor McAdam, Gabby Bobarnac, Emily Bliven, Derric Lee, Coach Nino Hernandez. ROW 6: Ellen Suderman-Talco, Connie Tan, Kristine Nakada, Jessica Trieu, Jessica Leong, Yen-Chi Ha, April Hien, Amanda Duong, Linnea Oddie, Sophia Shin, Grace Wood, Maya Robles-Wong.

## women's Water Polo



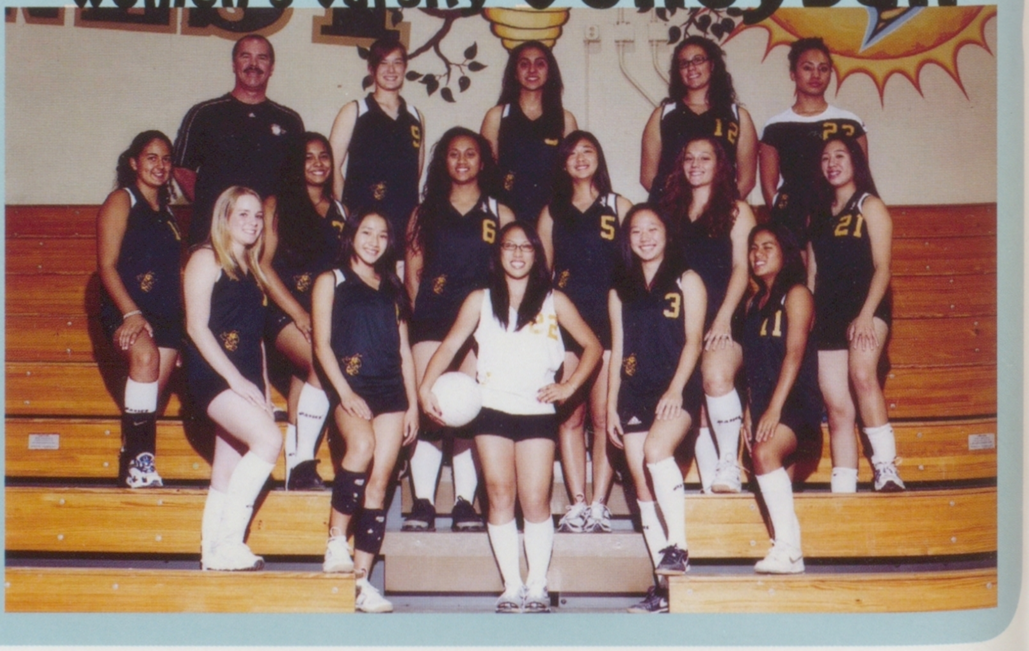
TOP: Cynthia Hughes, Ting Wu, Emily Devey, Emma Ulrey, Julia McLean, Casey Hutchison. MIDDLE: Thu Le, Sydney Lee, Cynthia Hughes, Flora Diamond, Sarah Price, Kelly Arth, Christina Leung, Katie Marshall, Koki Inlow, Hannah Cooper, Coach Bret Garvine. BOTTOM: Marlena Nip, Shannon Barry, Jessica Pan, Francesca Santos, Katrina Turman, Natalie Medved, Rebecca Pan.

## men's Water Polo



TOP: Bobby Chang, Ryan Shum, Kenny Fellows, Mike Chen, Humphrey Loh. MIDDLE: Jared Thompson, Steven Tom, Andre Tom, Gabe Osterdock, Dominic Costa, Joey Johnescu, Evan Shum, Peter Valente, Coach Marshall Dortch. BOTTOM: Nick Winterbauer, Shaun Fellows, Chris Daniel, Nick Olsen, Cole Bryant, Ryan McDaniels, Daniel Daniel.

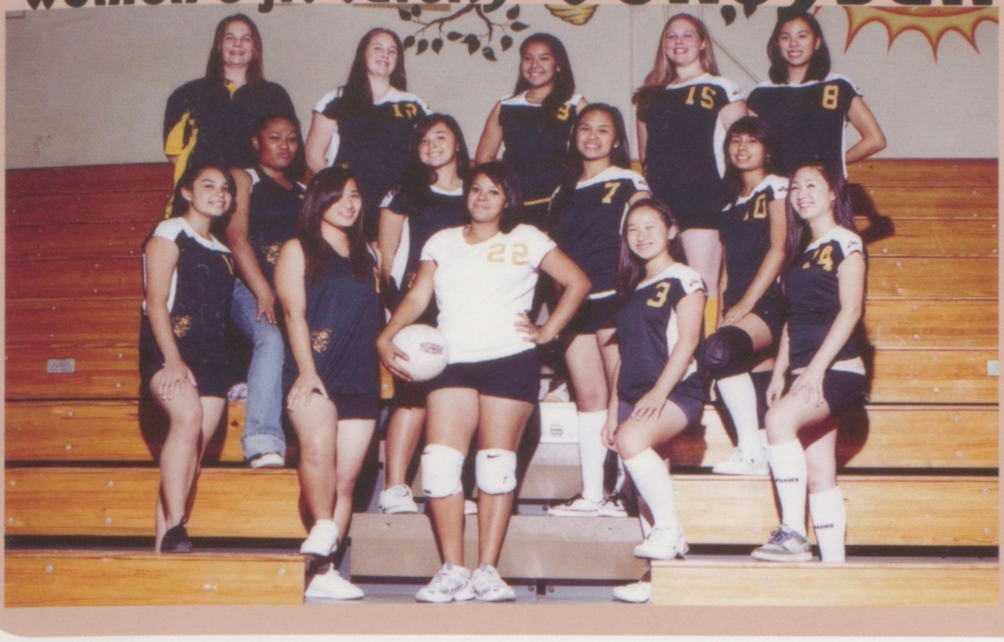
## women's varsity Volleyball



TOP: Coach Steve McAdam, Kristyna Smith, Nergiss Shaghasi, Nichole Lopez, Marvaleen Wight. MIDDLE: Anna Varghese, Samantha Alemania, Maggie Ve'e, Jennifer Kam, Brittany Platt, Allison Dea. BOTTOM: Brittany Platt, Valerie Fong, Janelle Ondevilla, Jessica Leong, Tatiana Torio.

Page By: Will Matteucci & Precilla Tang
Picture: Michelle Jacobsen

## women's jr. varsity Volleyball



TOP: Coach Jody McCarthy, Jessica Adkins, Nadya Machrus, Danielle Carmon, Lauren Choy. MIDDLE: Allyson Santa Maria, Erica Obando, Arianne Guzman, Alejandra Coello. BOTTOM: Sydnie Hernandez, Trish Phi, Angelique Robertson, Ashley Hom, Tina Tran.

## men's varsity Volleyball

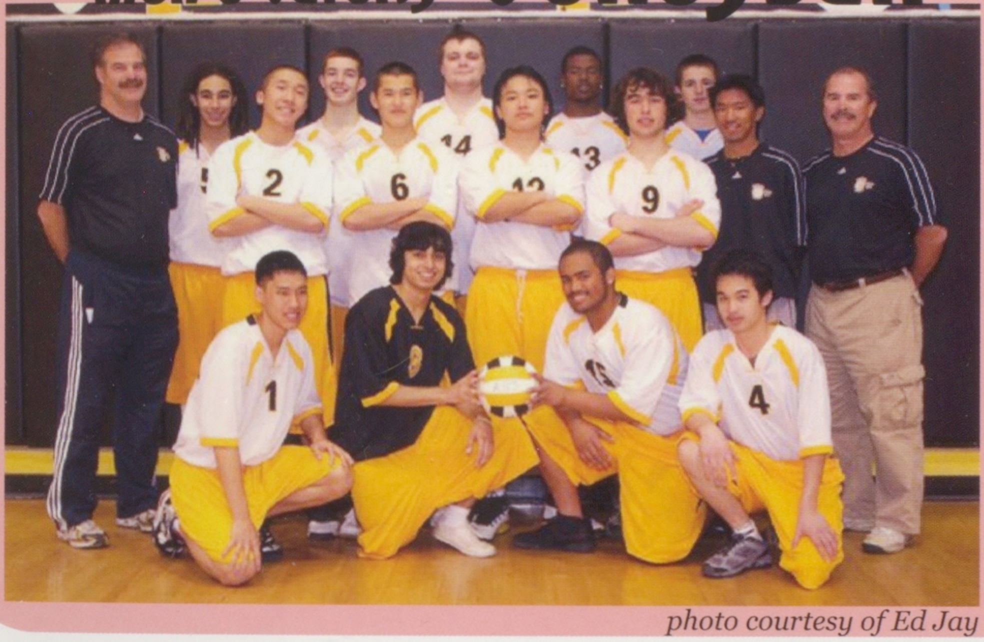


*photo courtesy of Ed Jay*

ROW 1: Coach Jeff Silverman, Nathaniel Williams, Nate Silverman, Steven Stone, Darrius Sutton, Michael Stein. ROW 2: Eddie Lee, Taylor McLaughlin, Minh Vu, Isaac Wolf, Coach Andy Cho, Coach Steve McAdam. ROW 3: Marwin Ko, Masoud Adina, Kawika Baculpo, Can Hui Li.

## men's jr. varsity Volleyball

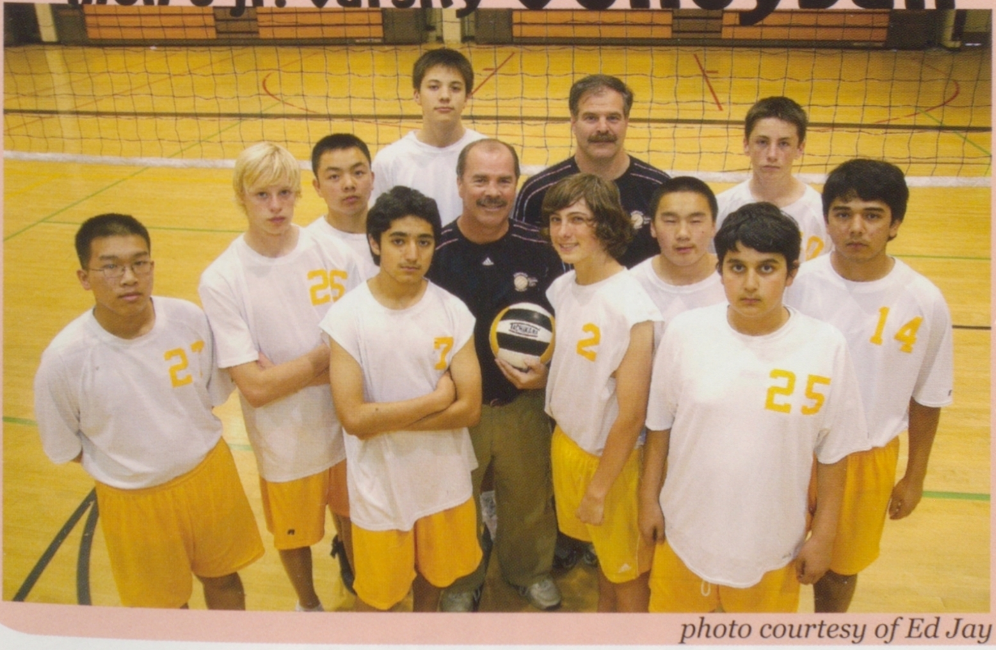


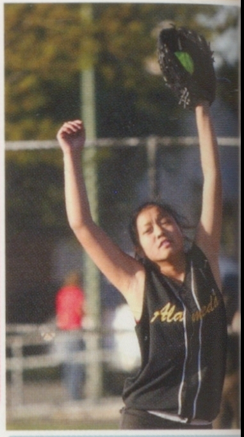
*photo courtesy of Ed Jay*

BACK: Chris Young , Coach Jeff Silverman, Ryan Carlson. FRONT: Nelson Lau, Alexander Wilkins, Damon Wong, Sadeed Rashid, Coach Steve McAdam, Jay Moody, Ama Sarantuya, Mansoor Adina, Hashmatullah Hasseeb.

RIGHT: **Rachel Marra '10, Megan Harper '09, Cecilya Alanis '09**

LEFT: **Lauren Cabrales** '09

RIGHT: **Samantha Wong** '10

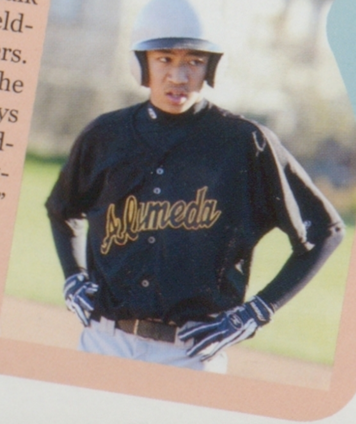


LEFT: Special Thanks to Mr. Ed Jay for all his pictures and help this year! "Photography isn't something he does for a reason; it is something he loves to do and he loves to do it for the kids here."
**-Garrett Jay** '08

# What makes up...

## communication

"There's always talk between the infielders and outfielders. During games, the bench is always talking to the fielders and encouraging the pitcher."
**Kyle Leong** '11



## dedication

"Swimming up to 6 days a week for 6 years is my dedication. It can get boring sometimes without my friends there but it's necessary to progress."
**Heather Park** '11

## friendship

"The football team is like a family, you develop a bond with all of your teammates and by the end of the season all of your acquaintances have become your best friends."
**Brandon Tubbs** '09

LEFT: **Jeffrey Li** '10

RIGHT: **Natalie Medved '09**

LEFT: **Misti Williams '11**

LEFT: **Steven Stone** '08

RIGHT: **Daniel Daniel '11**

## passion

"Passion for a team helped me to incorporate teamwork and leadership skills into academic work and social relations."
**Ellen Suderman Talco** '08

## perseverance

"Sometimes in a match, you have bad holes. You have to keep your efforts up because you gotta keep contributing to the team. If you're having a bad time, you gotta turn yourself around and keep your head up."
**Michael Lilly** '08

## teamwork

"Everyone is always there for each other on and off the field, for reasons in and outside of school. It's important because teamwork builds chemistry and allows us to play like a team and win."
**Joanna Loui**

# ...an AHS sports team?

Class Photo|124
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Page By: Melissa Lim
Picture: Samantha Ho

# seniors

## chef's choice

As one of the largest classes in Hornet history, the Seniors have learned to interact and befriend each other. We are proud of and embrace our differences. We are the most mature, the brightest and the most experienced. As Seniors, we have been here the longest and deserve the best. We shine both inside and outside of the classroom, starring in musicals, scoring goals, performing in front of large crowds and excelling in the classroom. Whether it's dancing the night away on the Commodore Galaxy at Senior Banquet, cheering along our Las Vegas-themed float during Homecoming or getting rallied up for spirit week, the class of 2008 *always* has fun together. In terms of an eight-course meal, *we* are the chef's choice.

Left: Mr. Siltanen's fourth period AP Government class is excited to be together during class color day. **Claire Lewis** (left) says, "Our senior class is so spirited! It was a lot of fun cheering with everyone at the Homecoming rally."

Baby Photos|170 Banquet|176 Candids|178

NO SMOKING
NOTICE

# Seniors

Page By: Jessica Louie & Lauren Yeung
Picture: Janice Chang

# class of 2008 "bow down"

# Seniors 2008

### Alameda High School class of 2008

Amber Acridge

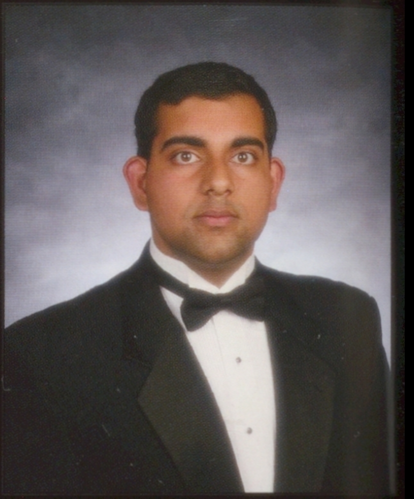
Inspire, smile. All you need is love.

James Adgar

“Respect isnt givin its earned”

Masoud Adina

Picture perfect, I paint a perfect picture -Tupac



Dheeraj Advani

to find your true strength fight for what you love

Young Ahn

Pain is temporary, Pride is forever…

Priscilla Alcorn

keep your nose in the sky, keep your heart to GOD.

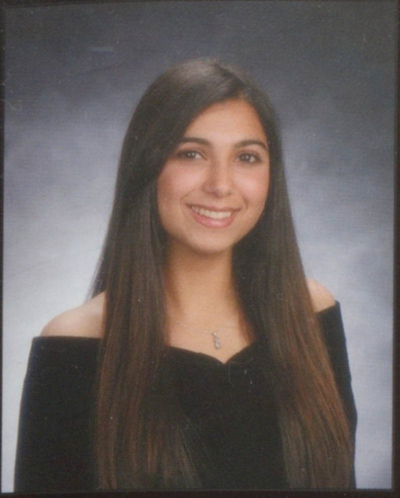
Samantha Alemania

If you can’t smell the roses, blow your nose =)

Kirsten Allen

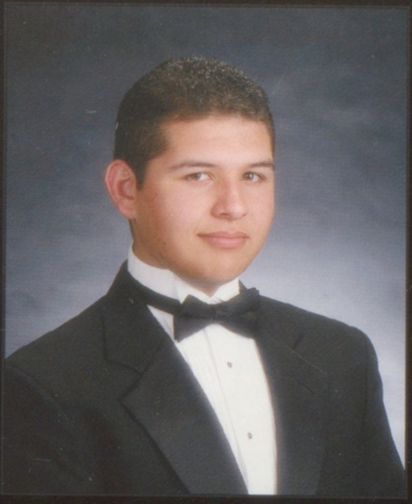
Feed your faith & your tears will starve to death.

Page By: Jessica Louie & Lauren Yeung
Picture: Katie Dunn



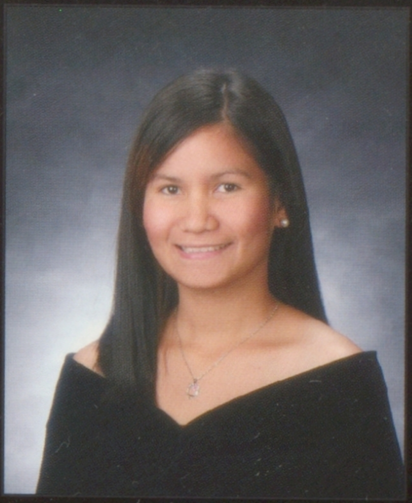
**Homyrah Alocozy**

To luv is to live and baby Im luvn to the fullest.



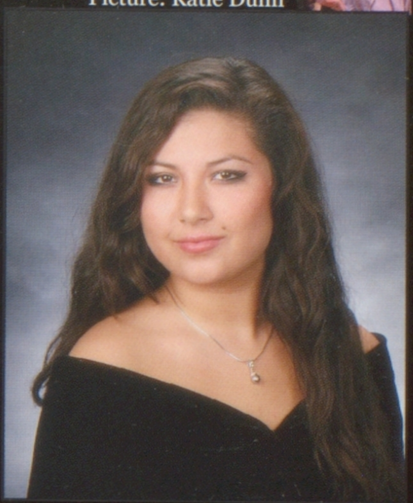
**Ernesto Alonso**

Class of 2008



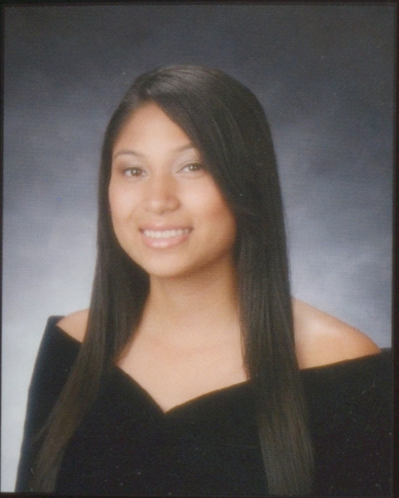
**Ray Chene Alvarez**

if others can do it, why can't I?..



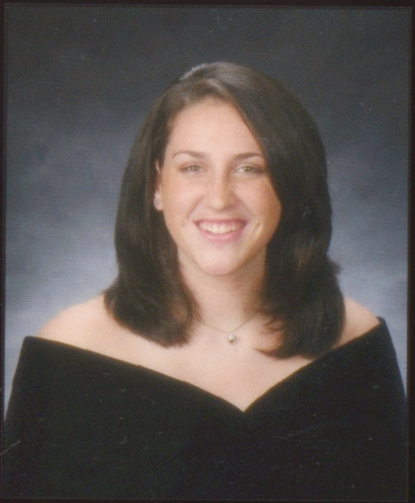
**Veronica Ambrosini**

"…things I had no words for." –Georgia O'Keeffe



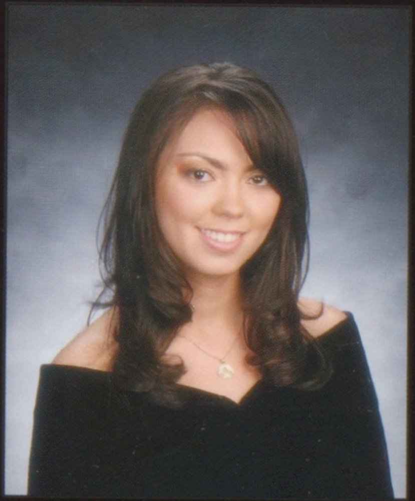
**Frances Ancheta**

Everything I'm not made me everything I am. –Kanye



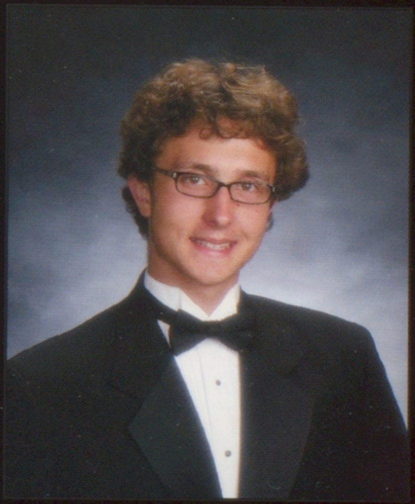
**Ally Armijo**

your world is your kite, go fly it!



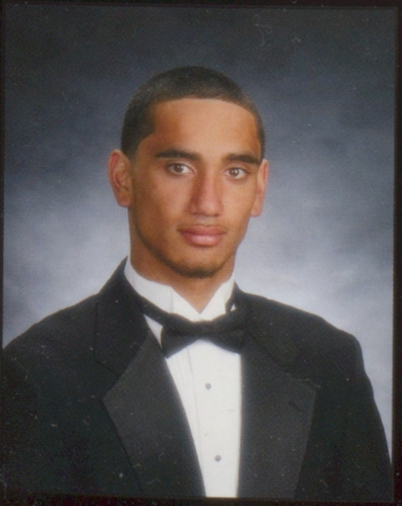
**Carmen Arroyo**

Nada dura para siempre SO LIVE IT UP y ariesgate!



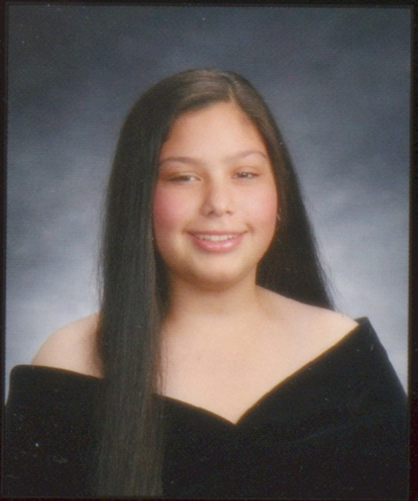
**Marc Atkinson**

Decide that u want it more than u r afraid of it.



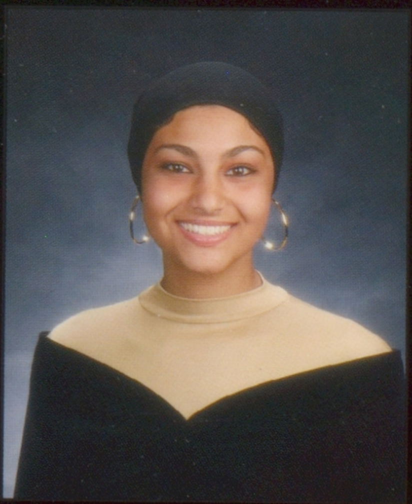
**Niko Aumua**

Class of 2008



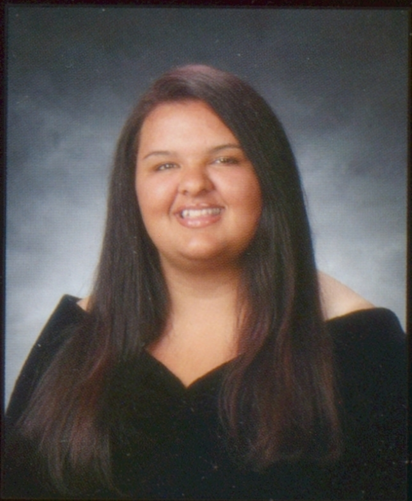
**Natalia Avalos-Solis**

People change things go wrong remember life goes on



**Yomna Badr**

Class of 2008



**Marissa Baldwin**

Tears may dry smiles fade memories last 4ever SB&KS

Jonathan Bang

**Class of 2008**

Zalikha Barikzi

**It's whatever it is you see that life will become.**

Matthew Barraza

**Live in harmony and prosperity with others**

Aaron Baruch

**Class of 2008**

Lauren Basta

**But the best thing God has created is a new day.**

Odbayar Batsaikhan

**Class of 2008**

Hajrija Becirovic

**People who walk in others tracks leave no footprints**

Emily Beglerian

**"I feel infinite."**

Ankitha Bharadwaj

**LIVE LONG AND PROSPER.**

Cole Blankenship

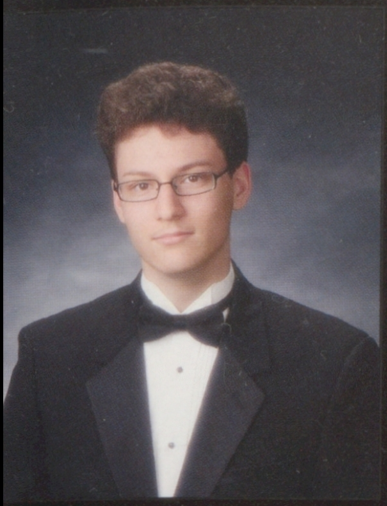
**To all of us in the hallway WE GO!**

Gabriela Bobarnac Dogaru

**Ships at a distance have every man's wish on board**

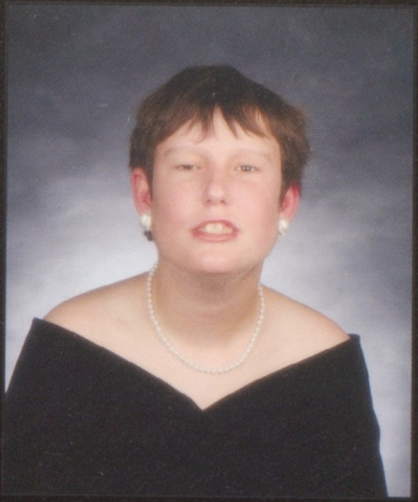
Irina Bobarnac Dogaru

**The answer is there is n answer. Live UNANSWERE**



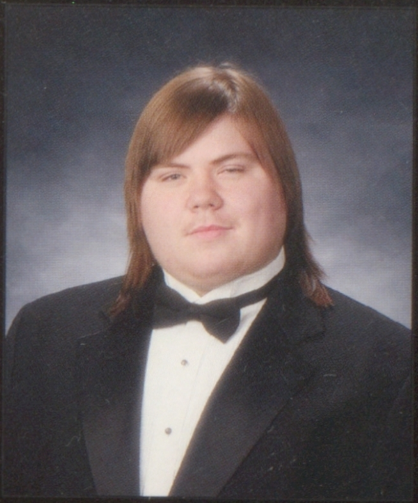
Ian Bonachea

n what Willis was talkin' bout!



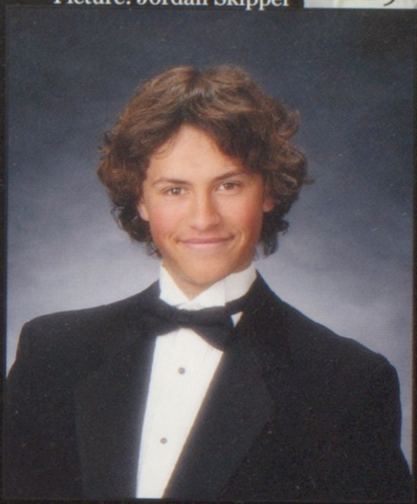
Bethany Bostrom

Class of 2008



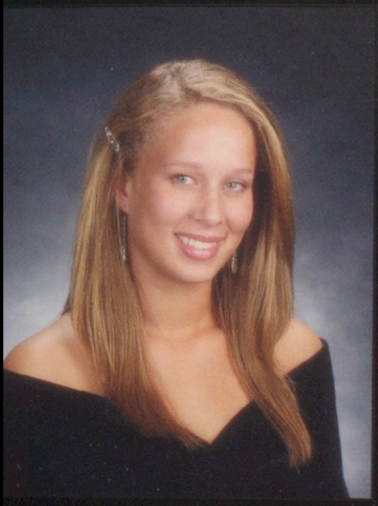
Jesse Bowen

Just say Live and Let die OnR mom



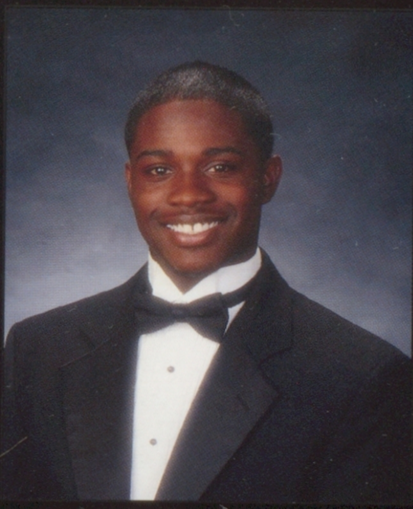
Jonathan Bridge

you can win the rat race but you are still a rat



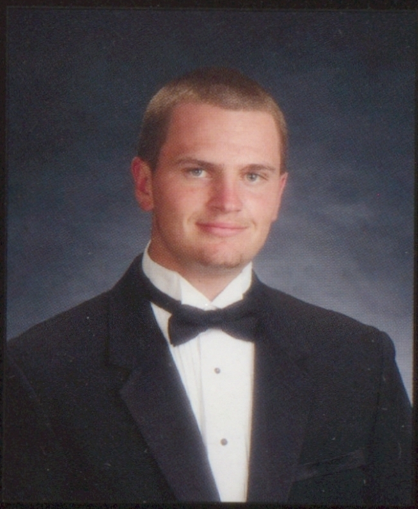
Astrid Brown

Class of 2008



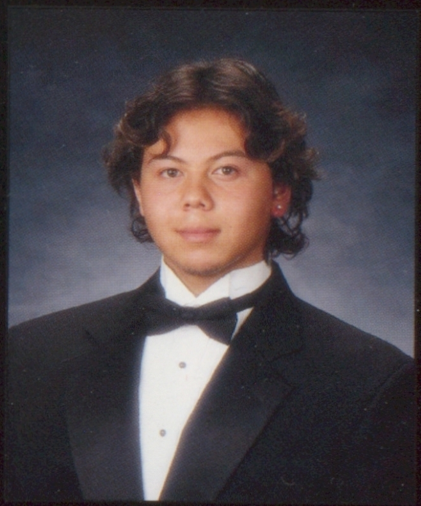
Camaron Brown

You must do the things you think you cannot do



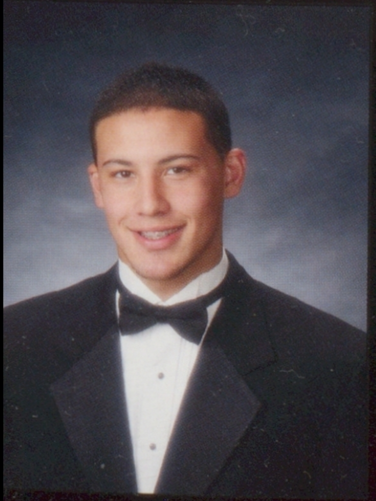
Daniel Brown

Nothing handed out im about to take mine



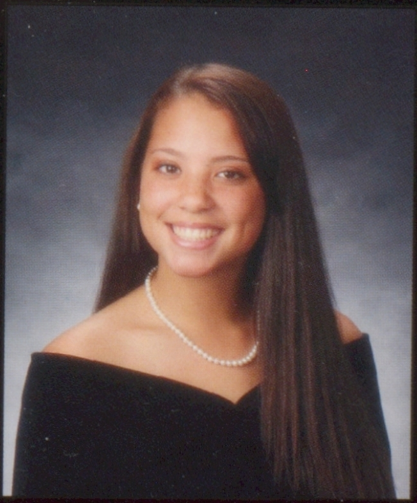
Cole Bryant

I never trip I stay on my feet



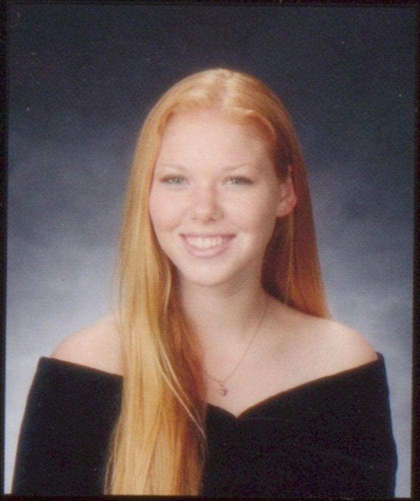
Ryan Burgo

’i hou i ka iwi huamo’o he Hawai’i au mau.



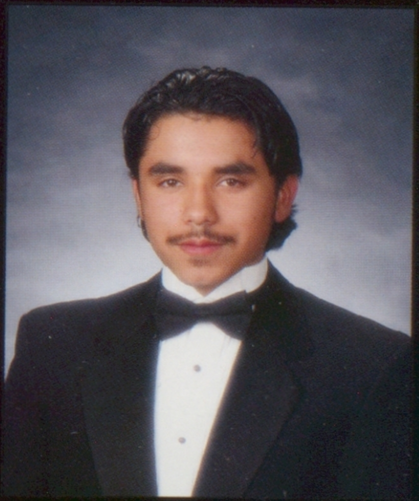
Krystal Carlson

Life's tough, get a helmet!



Elizabeth Carmon

Its been a tough road. I will always Love u ChrisG



Martin Castellanos

An eye for an eye only makes the whole world blind.

*Katrina Castello*

Always missed never forgotten! R.I.P Daniel Garcia..

*Veronica Castillo*

Class of 2008

*Kathleen Centeno*

The best is yet 2 come. A mi familia gracias x todo

*Kevin Chan*

There is a subtle beauty in everything.

*Lawrence Chan*

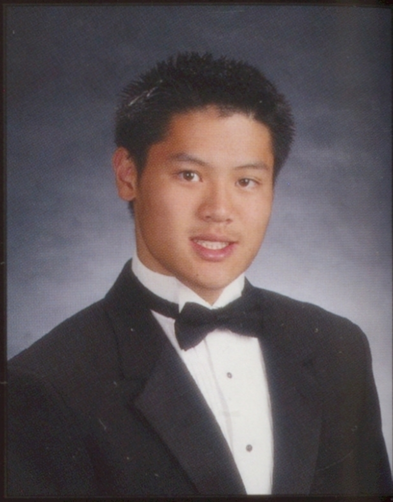
It ain't over till the time runs out.

*Janice Chang*

Life is a zoo in a jungle. LAUGHTER = HEALTHY

*Angelica Chavez*

Tomorrow is not a promise. Live life 2 the fullest



*Conrad Chen*

No means No

*Dianna Chen*

To reach the sweet you have to get past the bitter

*Elaine Chen*

If the #2 pencil is so popular, why is it still #2?:)

*Wei Liang Chen*

I need a glass of water! >_<

*Sharona Cheung*

Thank you Mr./Ms. Sigmon, Martin, M. Martin, Manno

Page By: Jessica Louie & Lauren Yeung
Picture: Sara Ching

Ivan Chew

Just enjoy Life's simple amenities.

Emily Childs

Quotes; nothing but inspiration for the uninspired.

Annie Chin

There's beauty in everything but not everyone sees

Jeremey Chinn

Class of 2008

Jiwon Cho

Love one another as I have loved you John 3:34

Lynn Cho

ONLY ONCE, NEVER TWICE. ILY MOM&DAD&PCADLAVJEH. '08

Brittney Choi

things fall apart so other things can fall together

Liana Choi

Always bring your own sunshine.

Wilson Chu

I just saved a bunch of money on my car insurance

Priscilla Chun

HAKUNA-MATATA. MEANS NO WORRIES.

Dieu Chung

Class of 2008

Christina Clark

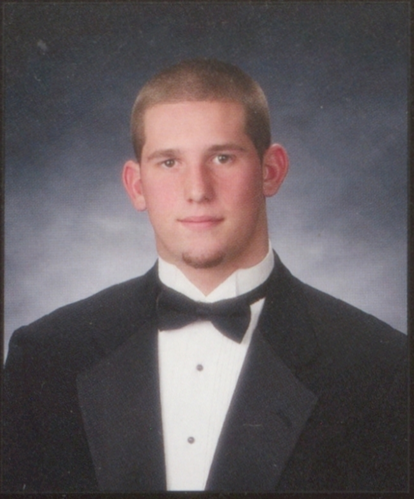
everything im not made me everything i am.

*Emily Clinton*

**AD ASTRA PER ASPERA**

*Daniel Contreras*

**I'd rather die on my feet than to live on my knees**



*Brandon Cooper*

**One man with no weapon at War, but I'm an army!**

*Rachel Cortes*

**Life is like a photo we develop from the negatives**

*David Coustier*

**Class of 2008**

*Ian Craig*

**Ah I Think that was my last eyelash!!!**

*Chelsey Crow*

**oh, the things you can think up if only you try!**

*Judith Cruces*

**Class of 2008**

*Anna Natasha Cruz*

**Class of 2008**

*Jesse Cruz*

**Class of 2008**

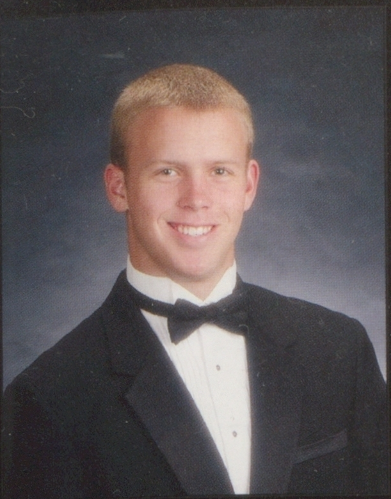
*Cesar Cuevas*

**The key to success is making dreams come true.**

*Kevin Dare*

**War is the easiest way to learn geography.**

Page By: Jessica Louie & Lauren Yeung
Picture: Dylan Stine



*Nicholas Darracq*

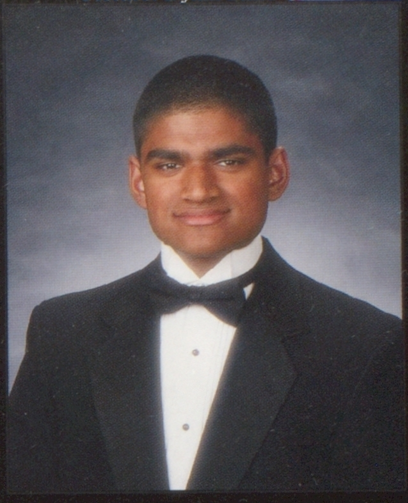
**FRENCH'S MUSTARD**

*Krystle Datuin*

**u R Da Music in ME goodbye'08 MFLHDJJJCKEMT Miss u**

*Amanda Davies*

**Things happen for a reason. I Love U! MH&JH, HDLCTK**



*Ryan D'Costa*

**Aut viam inveniam aut faciam**

*Allison Dea*

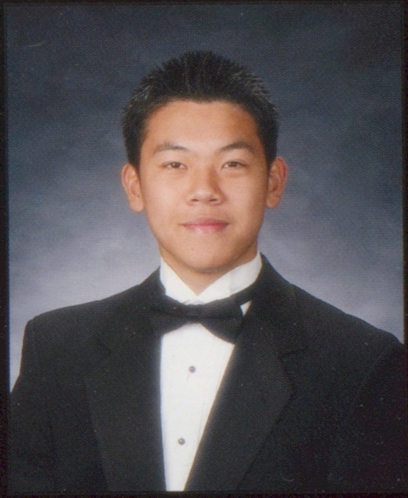
**Champions keep playing until they get it right.**

*Nadia Dhahbi*

**The end justifies the means…**

*John Dimalanta*

**Class of 2008**



*Philip Dinh*

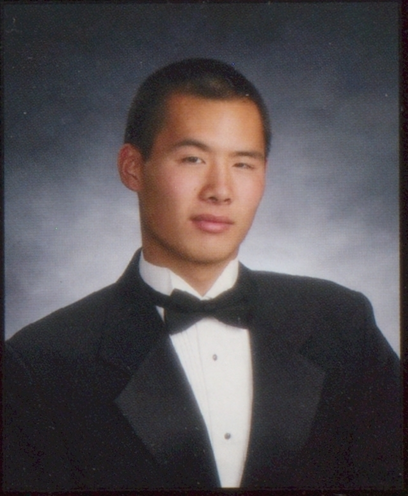
**Don't worry about it, just let it happen.**

*Yulanda Do*

**But tomorrow may rain, so I'll follow the sun**

*Janel Dominguez*

**Only God can judge me**

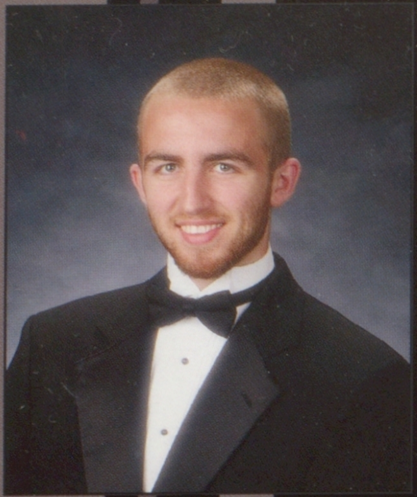


*Justin Dong*

**A dream is the door to tomorrow**

*Michael Dughman*

**Bene qui latuit, bene vixit**



Kevin Duke

Class of 2008

Nina Dumas

As I dip into the moonlit ocean room, I am home.

Johnathan Dunn

"Elevate your game, go hard for yourself."

Anthony Durana

I go for mine,I got to shine!
K. West Jefardbadortt

Chelsia Durkee

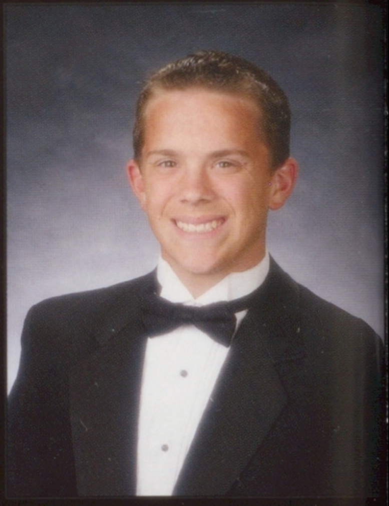
Dream things that never were and say "why not?"

Osama Eid

She Aint My Girl But She Call Me Daddy M.A.B.

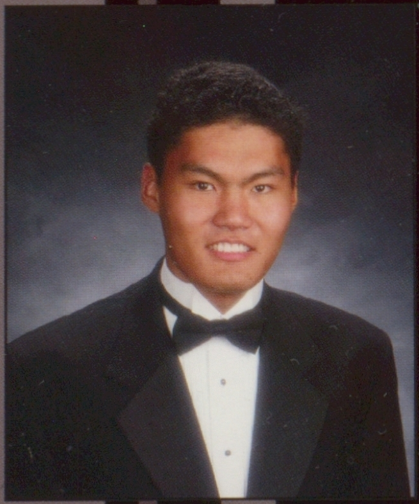
Matthew Elefant

HEY GUYS I GOTTA GO IT'S LATE



Benjamin Engle

Someone can live 100 years and not live a minute



Anar Enkhtur

Class of 2008

Kaitlynn Eoff

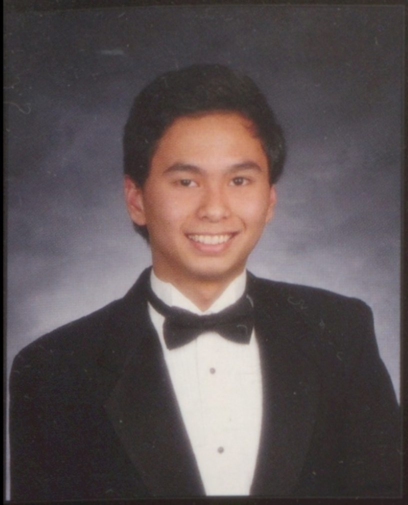
Class of 2008

Jamie Erwin

I did it for you mom,grandma,family,self I MADE IT

Katrina Espelita

A moment's is sometimes worth a life's experience



Kevin Espelita

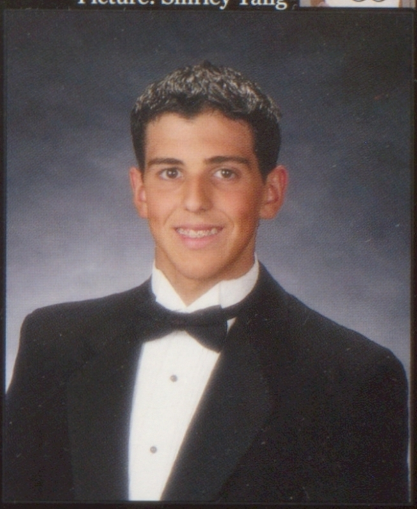
CHERISH YESTURDAY DREAM TOMORROW LIVE TODAY

Susan Fagel

your solution is where you least expect it

Kenneth Fellows

power & wealth to the people –R.U.F.



Shaun Fellows

LIVE LIFE AND PARTY -W.T.R

Paul Fermin

STOP THE HABIT! Just be you not anybody else =)

Veronica Flores

You shut your mouth when you're talking to me.

Joie Fong

Not all who wander are lost.

Tarin Ford

Mind Matter. Kick knowledge.

Torrey Fowler

he best thing to hold onto in life is each other.

Lauren Freeman

Happiness is the soundtrack of my life.

Courtney Freitag

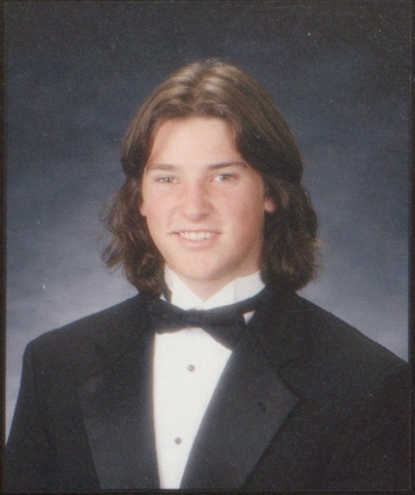
Doubt is the key to knowledge.

Michelle Fung

dream BIG because little dreams have no magic

*David Garcia*

Class of 2008



*Joseph Gay*

Valadictorian of 2007

*Tamara Gilden*

True wisdom is knowing you
know nothing -socrates

*Madeleine Giordano*

And they kissed 'Till They
were dead -Pixies

*Christopher Giovannetti*

If U aint Italian U aint anything. ILoveUMomDad&EC

*Myeia Glenn*

Everyday Is Beautiful if you
make decisions wisely

*Johnny Glick-Scroggins*

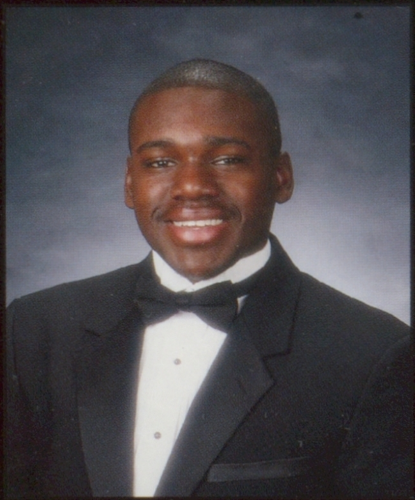
Class of 2008

*Julia Gonzalez*

Be curious, not judgemental.
-Walt Whitman

*Nora Gordon*

Class of 2008



*Kevin Gray*

Class of 2008

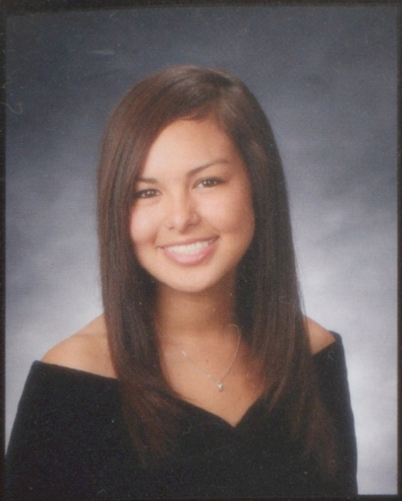
*Allison Griffin*

I'll learn from my mistakes
and try 2 achieve again

*Kiyanna Grimes*

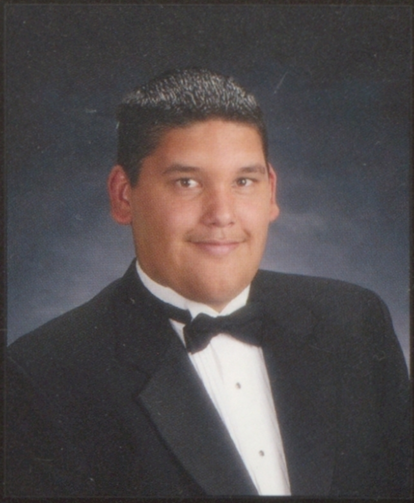
I did it grandma. RIP I miss
you angel. C u later.

Page By: Jessica Louie & Lauren Yeung
Picture: Terence Wallace



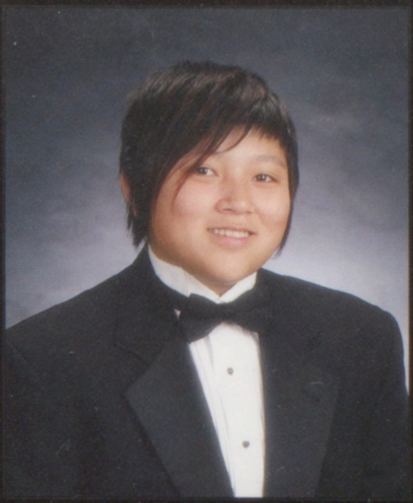
Esmeraldad Gutierrez

There are no stupid questions, just stupid people



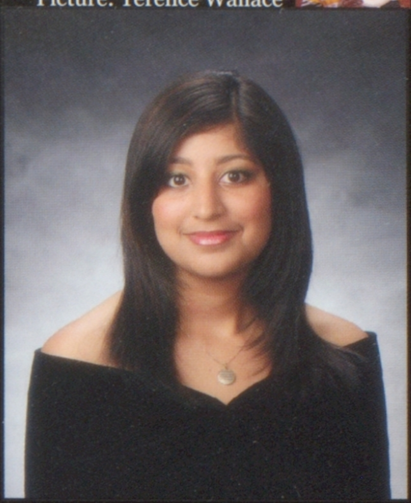
Sergio Guzman

thanks to God and my parents for all their support



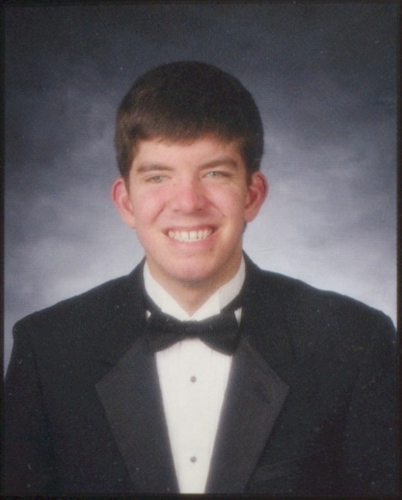
Maggie Ha

Class of 2008



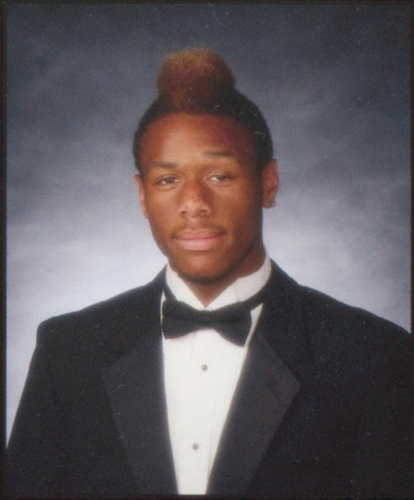
Laily Hakimzada

if you were right, I would agree with you



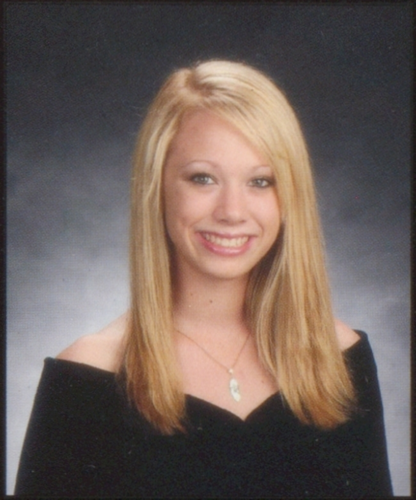
Timothy Harmon

Class of 2008



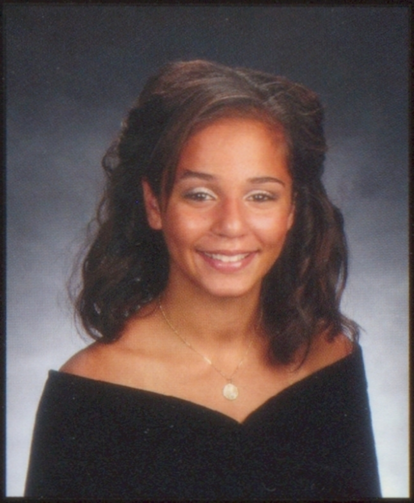
Christopher Harris

Have Faith... TIP CELL



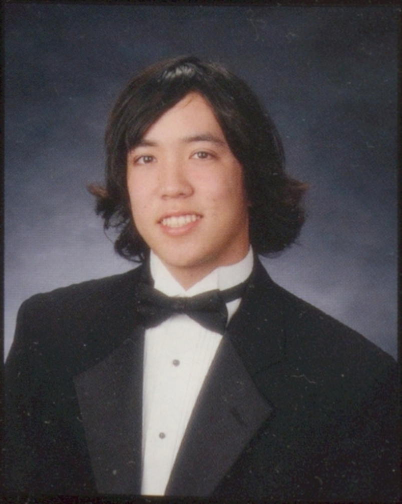
Jackie Hartnett

We were only waiting for this moment to be free



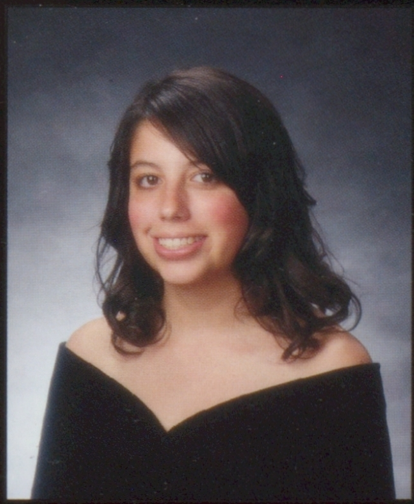
Haley Hayes

friends cum & go but family last 4eva<3 RHTHAHEHSS



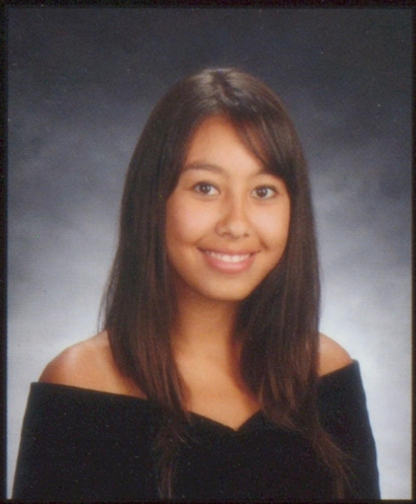
Samuel Hedberg

Stupid is as stupid does.



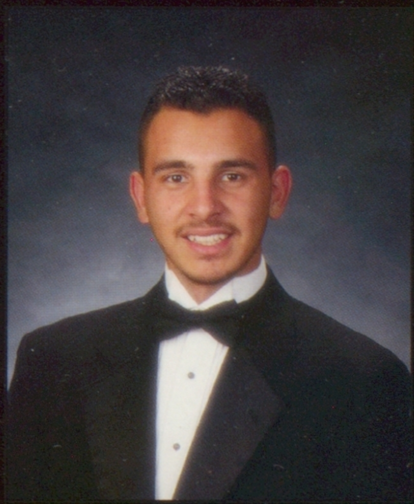
Anjelica Hernandez

Go to heaven for the climate, hell for the company.



Arielle Hernandez

it's opener there in the wide open air -dr.seuss

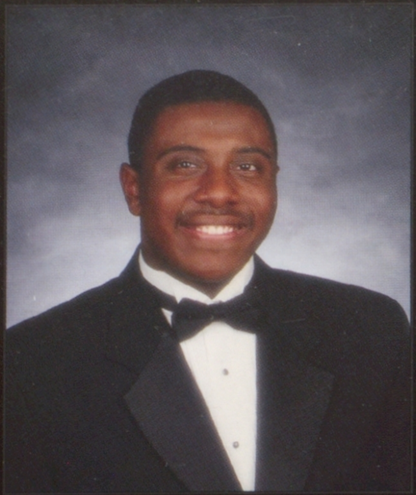


Luis Herrera

Class of 2008

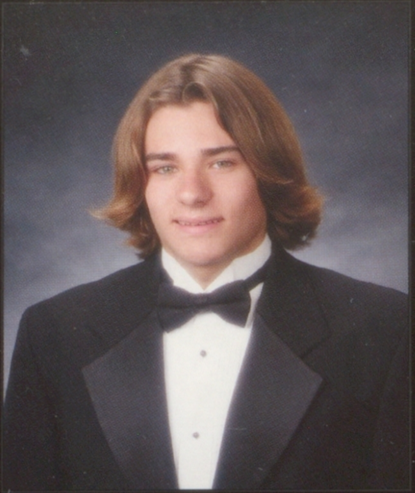
Lisa Hickox

You can play a shoestring
if you're sincere. -Trane



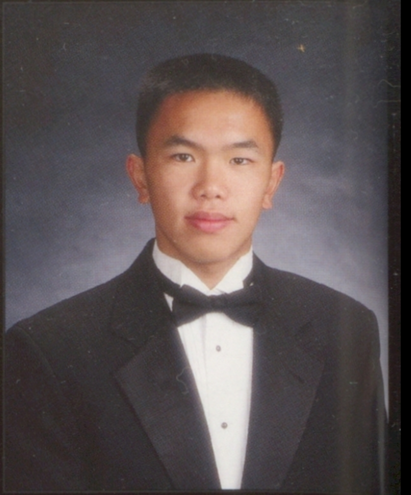
Andre Hines

Class of 2008



Zachary Hinton

Class of 2008

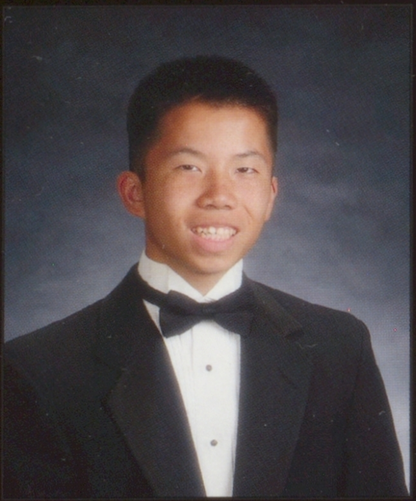


Alex Ho

I'd rather die like a man,
than live like a coward

Clara Ho

Never give up!



Erik Ho

Creativity constricted by
character constraints

Fanny Ho

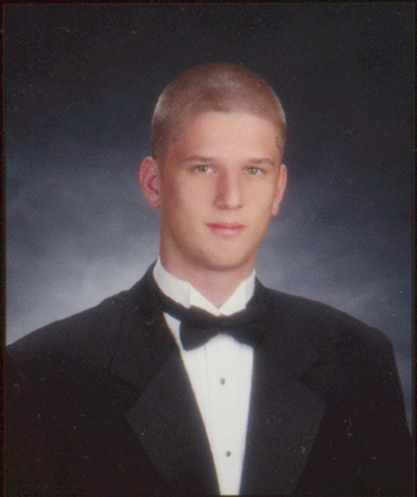
REAL LUV STORIES NEVER
HAVE AN ENDING.

Samantha Ho

If I were you, I would be
me.

Stephanie Hoang

In memory of the memories
that still make me smile

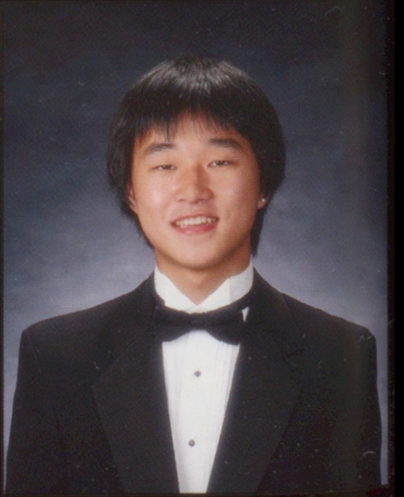


Daniel Hobbs

7.9.89 The day a star was
born

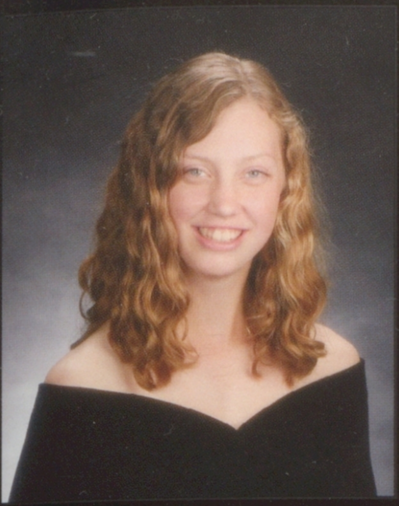
Jason Hong

Smiles tend to be contagious



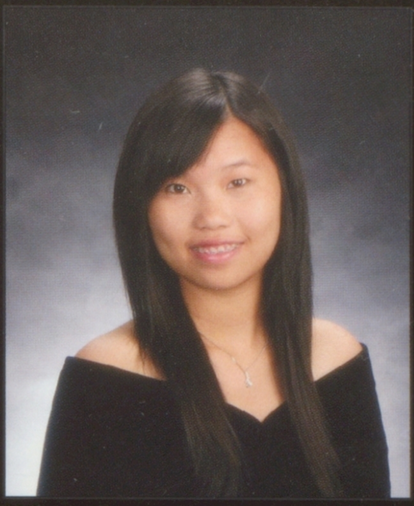
Ju Young Hong

Sorry Alameda! Once I
leave it will start to snow.



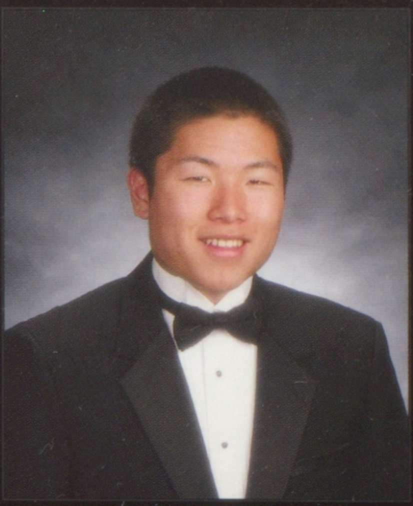
*Yannie Horth*

Class of 2008



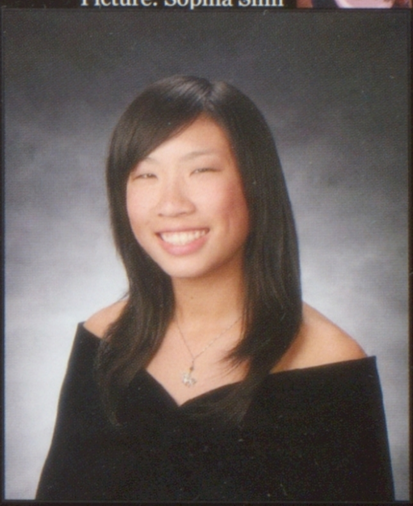
*Aijuan Huang*

There'll always be that person. 7/27/07



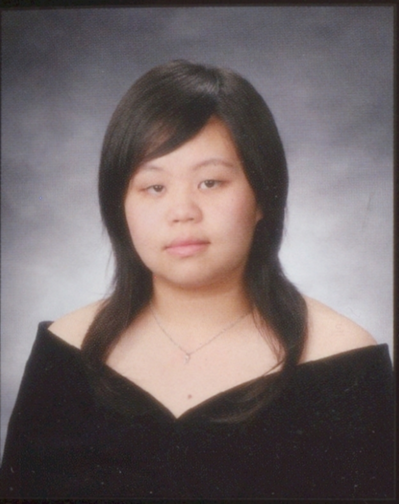
*Joseph Huang*

3 years from now I WILL BE A MILLIONAIRE. TRUST ME



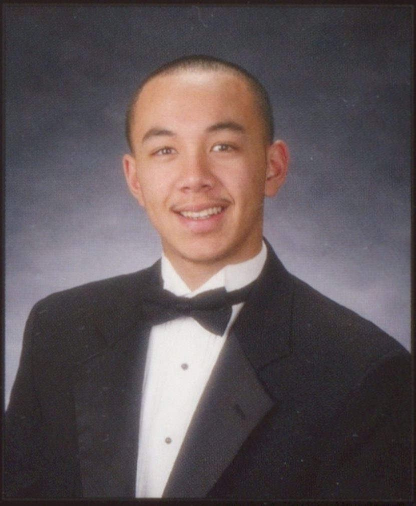
*Leslie Huang*

I am not young enough to know everything.



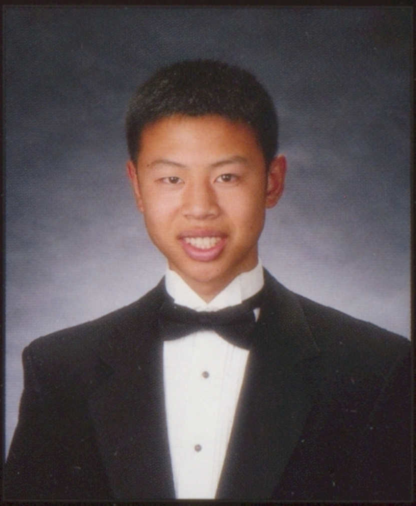
*Maria Huang*

..........



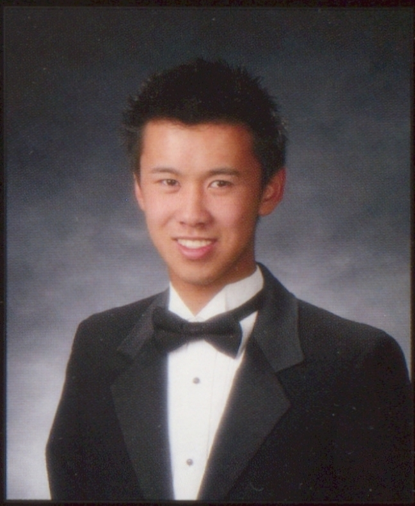
*Vincent Huergas*

Its Money In Da Streets And It Cant Be Ignored1100



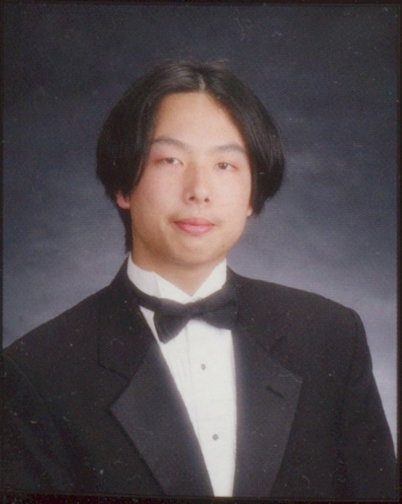
*Kyle Huey*

Class of 2008



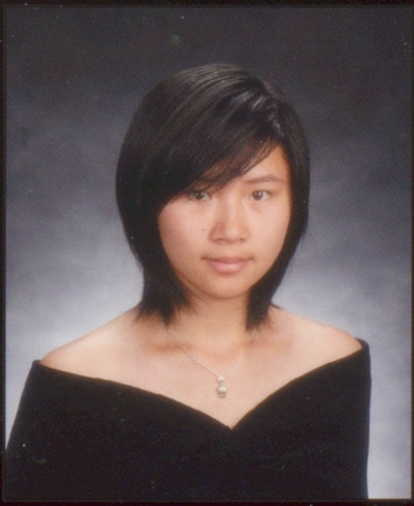
*David Hui*

It's Been Fun... Kinda.... ECS



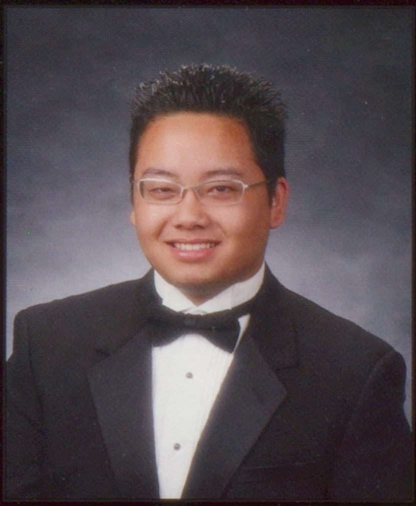
*Floyd Hui*

Class of 2008



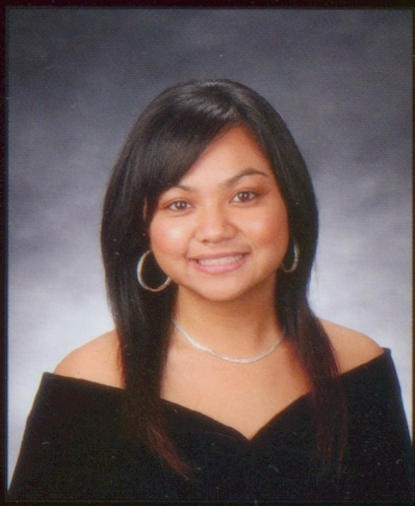
*Joanna Hui*

Class of 2008



*Duy Hoa Huynh*

Mistake is an element of life, easy to make hard to c



*Hazel Intal*

Its time 2 apply what we learned 2 reality xoxo VH<3

William Irons

Life, is no way to treat an animal -Vonnegut

Momoko Ishiguro

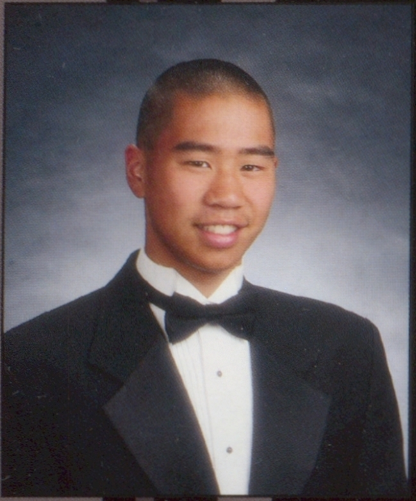
Plush safe ... he think.

Fedila Jabir

That is will never come again makes life so sweet.

Matthew Jacobus

Freedom is the right of all sentient beings.



Garrett Jay

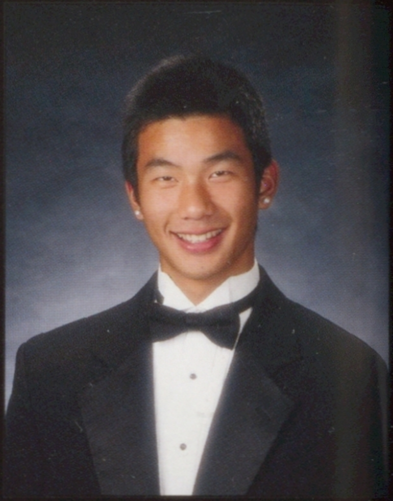
Awards become corroded, friends gather no dust

Hye Sun Ji

Laugh as much as you can, it's a cheap medicine=)

Antonio Jimenez

DoN't FaLL In LoVe... StAnD In LoVe WM/MP



Brendan Jiu

To Kill A Game You Must Give It Life First...

Laurel Johnescu

My camp is a great one.

Nicole Johnson

Always know the road that will lead you home again

Krystal Jugarap

Absolutely splendid. :)

Victoria Kam

A fall into a ditch makes you wiser.

Page By: Jessica Louie & Lauren Yeung
Picture: Jeremy Dong

Maria Khatri

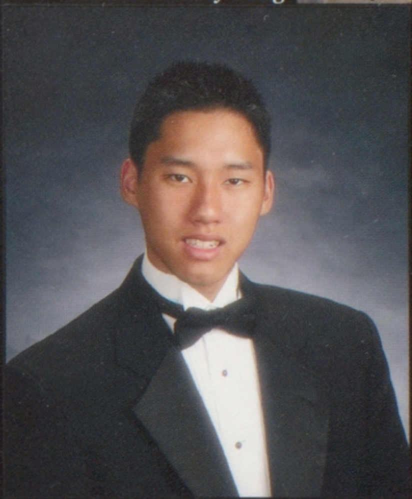
Success is 1% inspiration and 99% perspiration

Minah Kim

Ur word is a lamp to my feet & a light for my path

Nzugu Kitenge

Others have done it before me. I can, too.



Marwin Ko

Life isn't about finding it, its about creating it.

Sara Kofman

Life is either a daring adventure or nothing.

Aaron Kohgadai

Class of 2008

Taheli Kohlmann

Personality opens doors, character keeps them open

Manting Kuang

"08"—"08" Year!

Lipika Kumar

Voted most likely to drop-kick someone in the face

Angelica Kwong

At last!

Liem La

Class of 2008

Maggie Lai

Love and Peace

*Jessica Lam*

My picture is scratch and sniff! <3 JHEN

*Ester Lamborn*

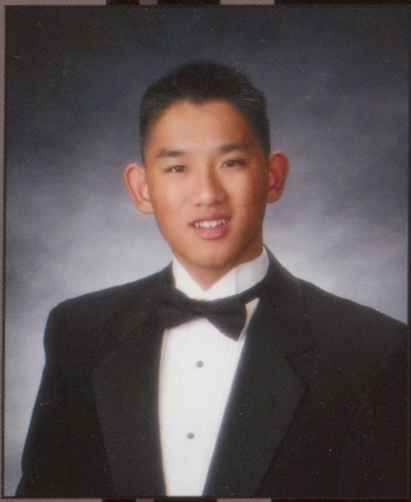
everything happens for a reason <3JNH<3

*Sarah Landskron*

Go n get yo man cuz ima go n get me mine.

*Amanda Lane*

and we shall forever sit on memories and leaves



*Henry Lau*

JUST GIVE UP IN LIFE AN GO GET A JOB AT MCDONALDS.

*Lena Lau*

Dare to dream. Think crazy. Change the world.

*Julie Lawson*

Just make it happen.

*David Le*

w/o fear ders no courage n w/o shob ders no david!

*Nhu Le*

If This Is Living, It's way over rated <3JERH<33

*Thu Le*

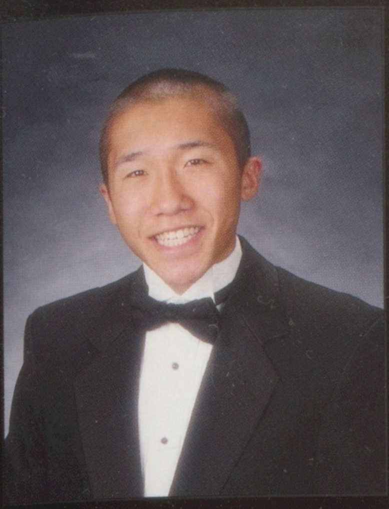
There are no short cuts to any place worth going.

*Hilary Ledoan*

When you look back make sure you see yourself

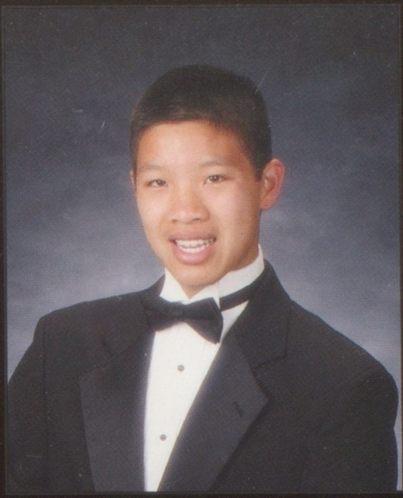
*Brian Lee*

The eyes are the gateway to the soul –H. Melville



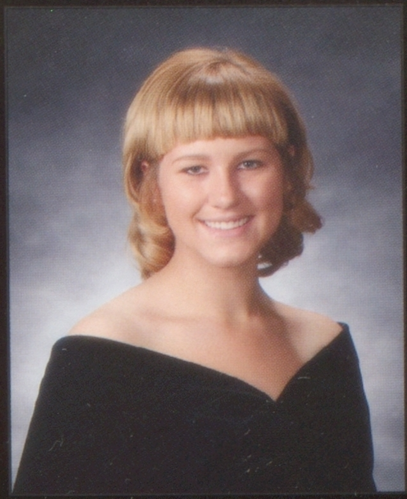
Eddie Lee

Life is like a garden... dig it!!!



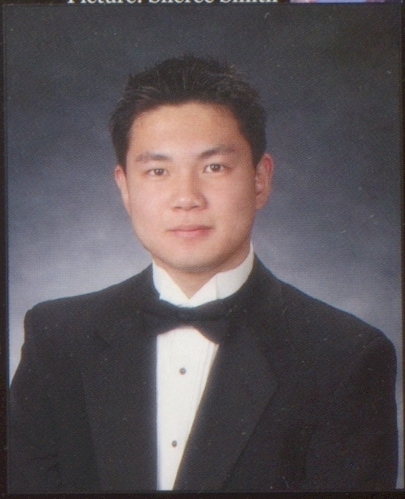
Jordan Lee

Are you gonna finish that?



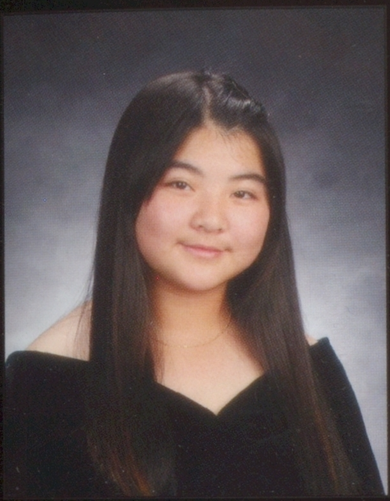
Katie Lee

These four years went by and I made it out alive



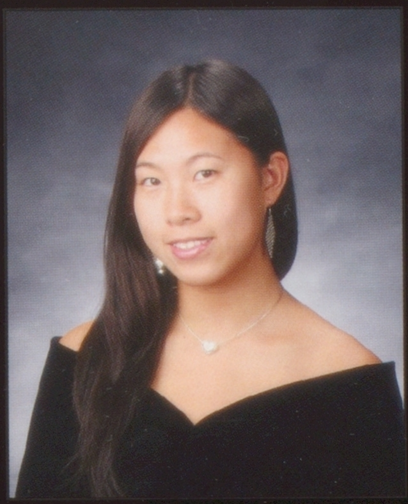
Kyung Woo Lee

Class of 2008



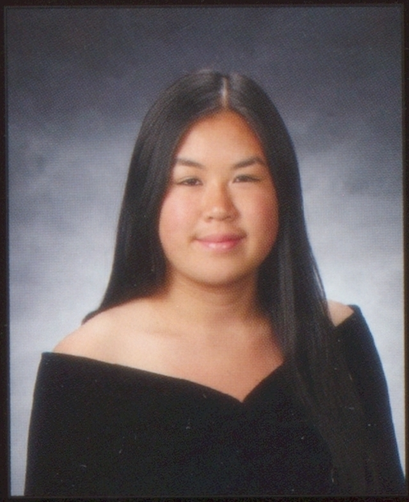
Susan Lee

Aliquando et insanire iucundum est



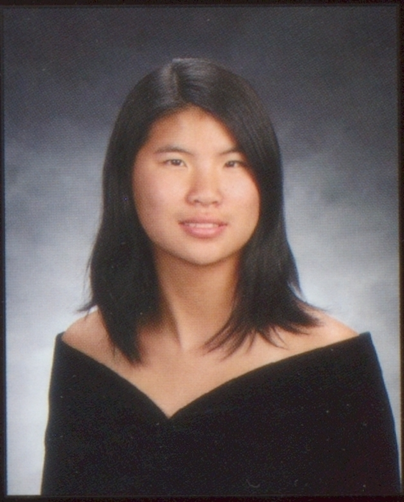
Christina Leung

don't be afraid of shadows. It means light is near



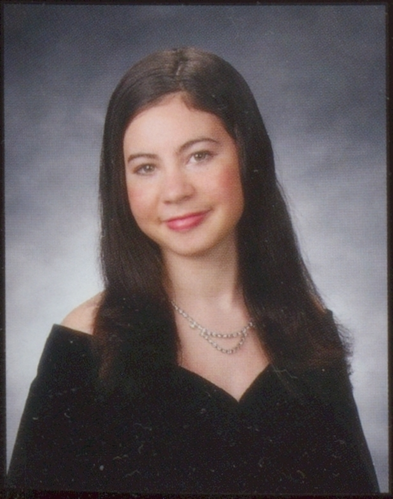
Jenny Leung

FRIENDSHIP is a ship that carries u thru da storm.



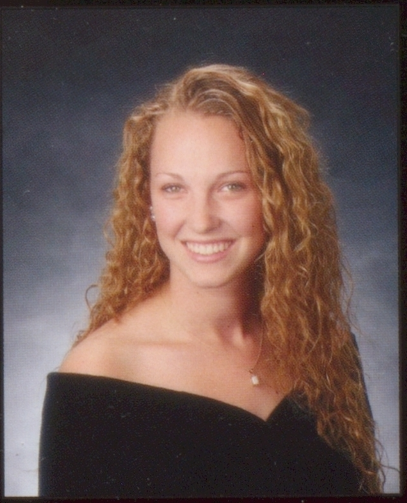
Miranda Leung

When you silence your mind, then you truly hear.



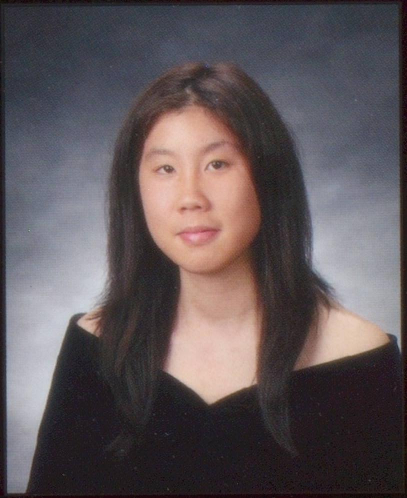
Claire Lewis

Tis not well to dwell on dreams and forget to live



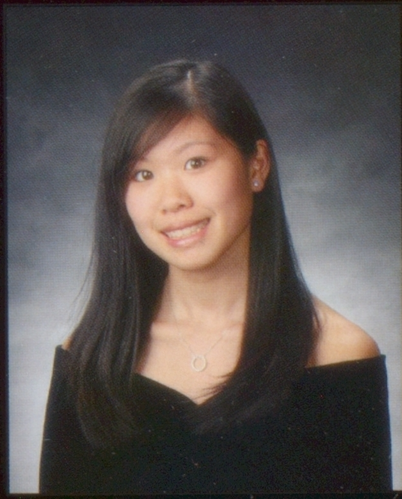
Kaitlin Lewis

Y not go out ona limb, isnt that where the fruit is?



Corinne Li

Make it last for the better cuz nothing last forever



Danielle Li

Love who you become because its too good to waste.

Damon Liang

The future is to those who take it.

David Liang

You can retake a test but you can't relive a party

Xin Yi Liang

"08"—"08"!cool!

Michael Lilly

Class of 2008

Melissa Lim

It loved to happen.

Diana Lin

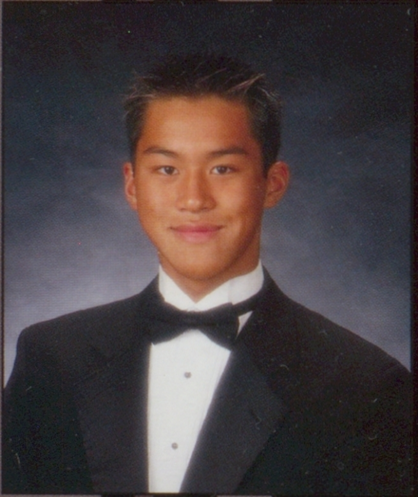
Good things don't last forever, baby.

Jun Lin

Nothing to it but to believe and do it.

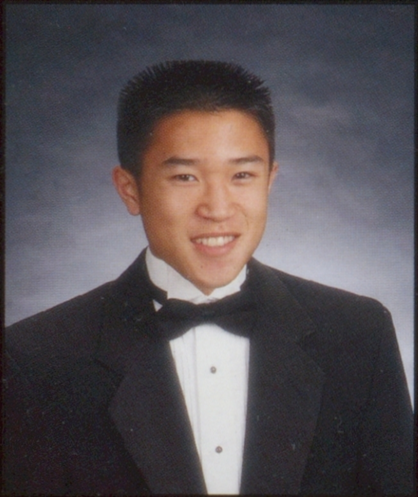
Ivy Liu

Life is full of adventure!



Humphrey Loh

Only a life lived for others is worth living.



Justin Lok

Class of 2008

Kiley Lonsdale

Life goes fast, its hard to make good things last.

Jose Lopez Garcia

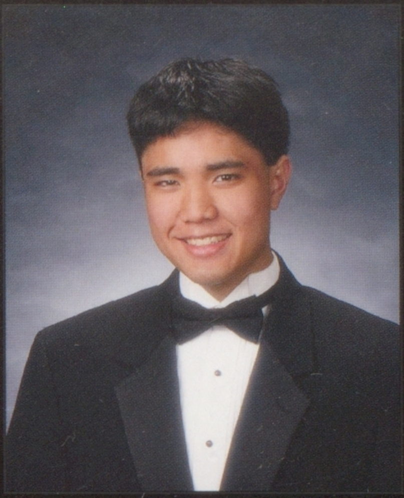
Voted most likely to ge drop-kicked in the face.

Nichole Lopez

Reality is wrong. Dreams are for real.

Patricia Lopez

Class of 2008



Dylan Lotivio

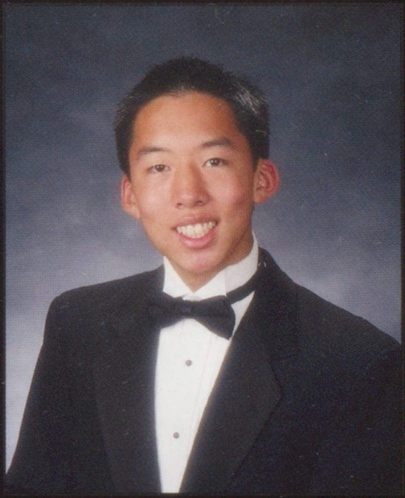
The sky can't exist without the ground.

Olivia Lott

Class of 2008

Jessica Louie

To be irreplaceable one must always be different.



Brennen Lowe

Live with no regrets. Thanks for everything dad.=)

Kathy Luo

The best way to predict ur future is to create it.

Kenneth Ma

One day I will speak & the words will not end. ec

Joseph Maier

If you play a wrong note, act like you meant to

Robert Malone

50/55...mark of tha Beast

Daniel Manrique

Only Two Things In My Life: Going Bad & Doing Bad

Emily Manson

ALL YOU NEED IS LOVE.

*Arzo Mansuri*

A 2 da iZZR Z 2 da iZZO IT GOES!

*Melissa Marchi*

All you need is trust & a little bit of pixie dust

*Bryce Marshall*

Give Peace a chance.
-John Lennon

*Elizabeth Marshall*

Class of 2008

*Lizeth Martinez*

When theres no struggle theres no success THANX MOM

*Meghan Mato*

And all the roads we have to walk are winding…

*William Matteucci*

Dad, your restaurant lives in my future. Love you

*Danuta Mazurek*

"Question yourself are yo really what you dream??"

*Natasha Mazza*

This above all: to thine own self be true

*Amber Mccarthy*

I'm too sexy for my quote ;D

*Julia Mcdonah*

Class of 2008

*Katelyn Mckeown*

Yay It's finally over I'm Fre
* Sigh*… Now What?

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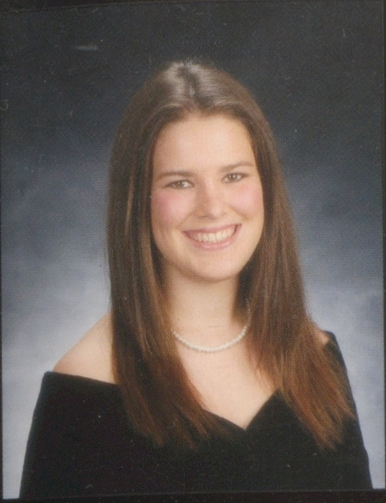
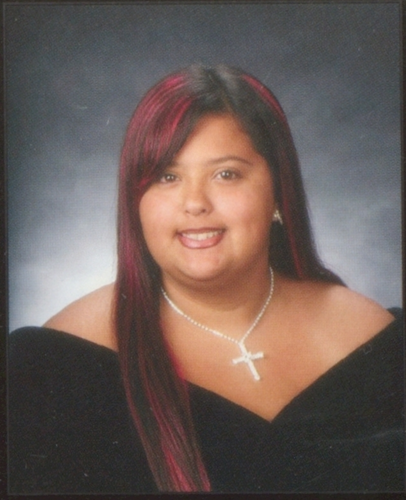
Picture: Janelle Bitker



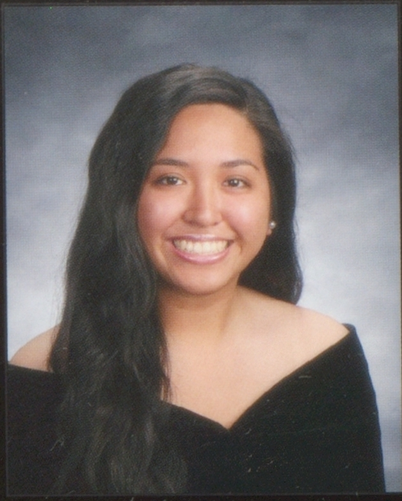
Riley Molens

Don't let yStray take 2 much of today w. Rodgers



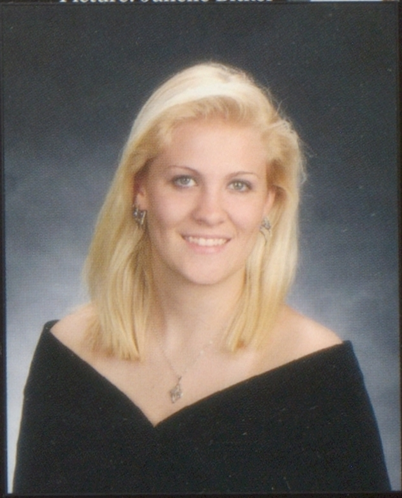
Teresa Mendoza

I do have goals and I WILL SUCCEED! I <3 u Mom&Dad



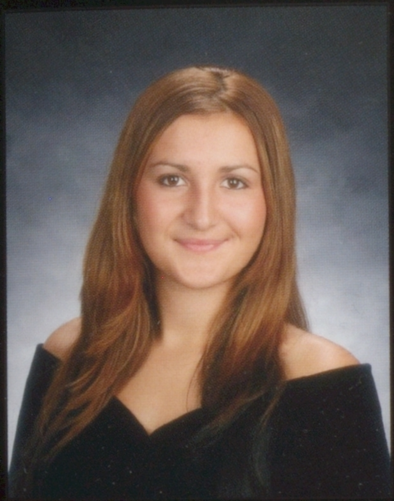
Sharleen Meneses

If they hatin', it means you doin' it right.



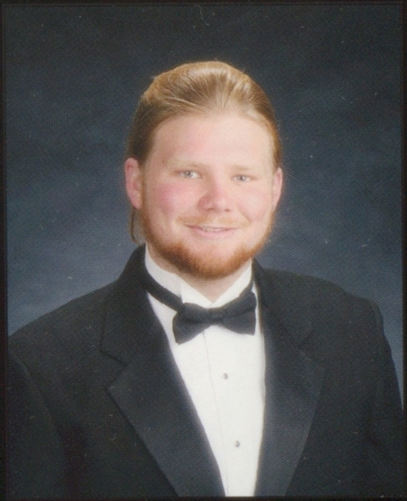
Genevieve Menz

Wilma and Pookie for life CH4 U my love. /Santa



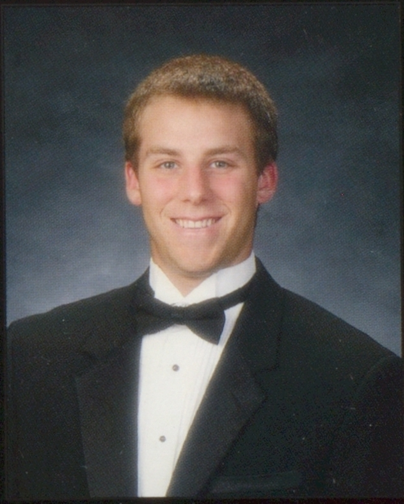
Ferisa Mesanovic

Don B Lazy Get Up Get Goin And Get Dun! C/08FRISCA



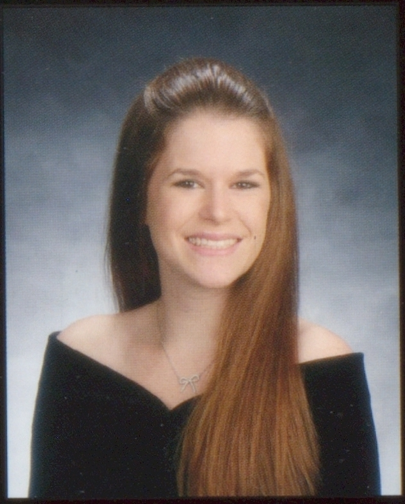
Andrew Meyer

Beast.



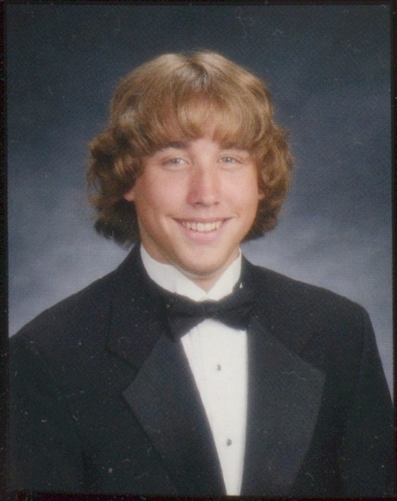
Jason Miller

Cool as the other side of the pillow



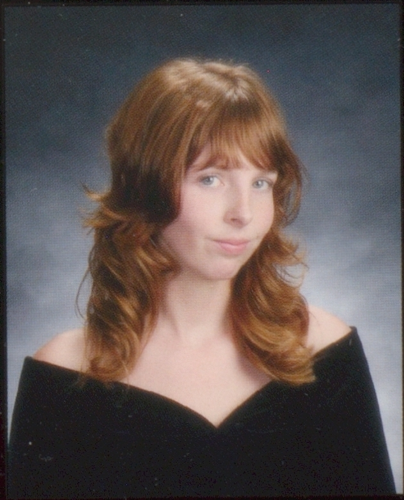
Jessica Miller

There is no path to Peace. Peace is the Path.



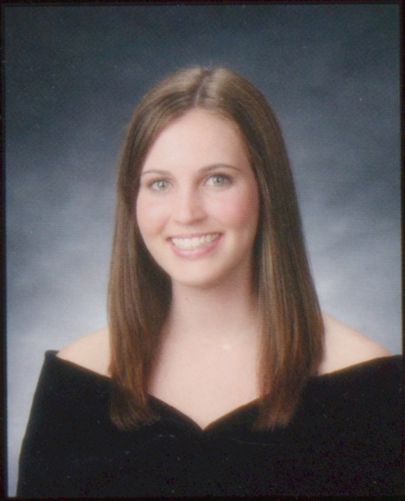
Joseph Missaggia

CJ's...yea that just happened



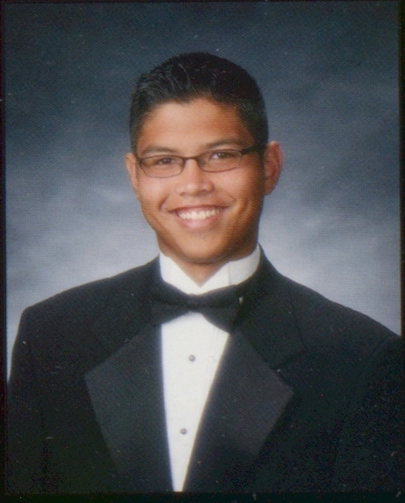
Megan Mitchell

Class of 2008



Elaina Moe

People of the world, spice up your life!

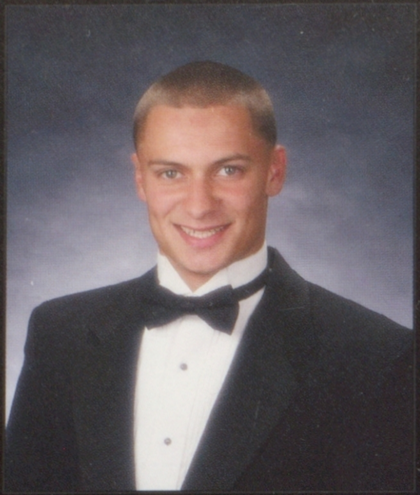


Ibrahim Mohammed

I Plan To Live Forever..So Far so good. I <3 you mom

**Ashley Moleiro-Edmondson**

the best way 2 prepare for life is 2 begin to live



**Samuel Mora**

the things you do define you. Go hard. play big. SVM7

**Myles Moscato**

Never let good be good enough

**Weston Moyer**

#2-QB/TB/FB/ILB/LS

**Hanah Mozden**

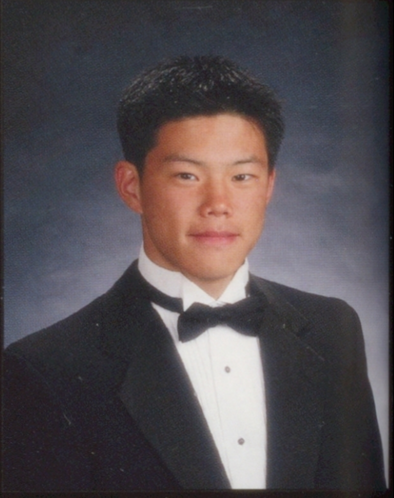
Be.

**Agna Mung**

I don't give a hoot.

**Marcus Murrietta**

Wheresoever you go, go with all your heart

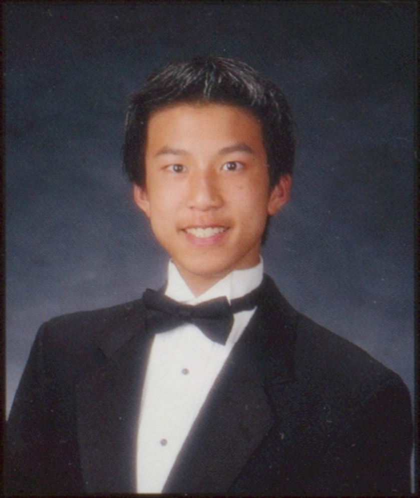


**Joseph Na**

Nothing is impossible to a willing mind.

**Carmen Ng**

"I HADTA KNOW HELL B4 I COULD FIND MY OWN PARADISE



**Christopher Ng**

minimize your weaknesses, maximize your strengths.

**Kevin Ng**

Embrace the joys that come your way.

**Mei Ng**

I hope my wish will b achieved!! Add Oil ~~ 4get it

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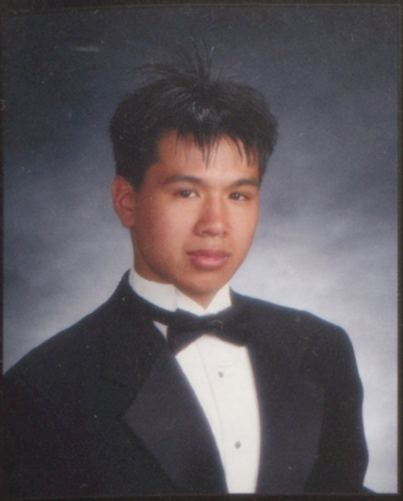
Picture: Sam Embry



*Andrew Nguyen*

I'm livin life prepared to die so live it to the max

*Elaine Nguyen*

I'm the best looking Nguyen on this page =D

*Kevin Nguyen*

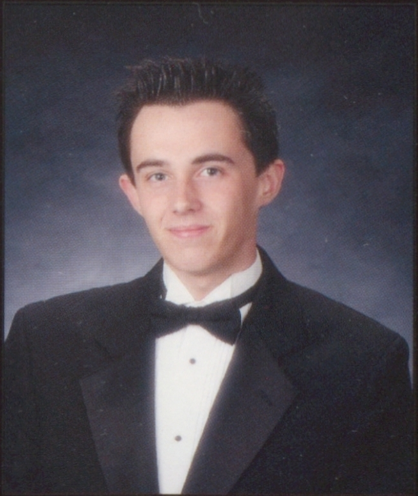
Fear doesn't scare you, it holds you back

*Linda Nguyen*

"This has been my life; I found it worth living."

*Clair Niven*

Class of 2008



*Matthew O Brien*

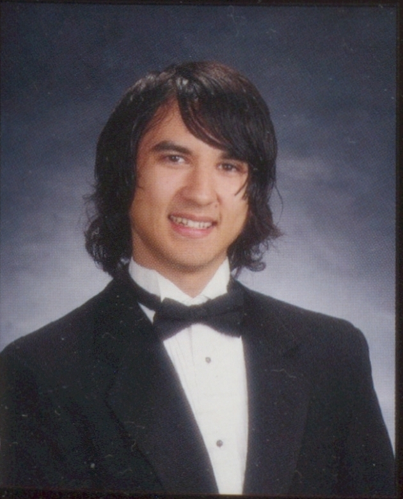
Figgadeal me?

*Liam OConnor*

Only children know what they are looking for.

*Austin Oducayen*

I film I sing I make dreams come true



*Thomas Oducayen*

EvrybdyGrv2TheMusic Evrybdy JAM- Backstreeet Boys

*David Odza*

I may not be a smart man but I know what love is

*Omoefe Ogbeide*

you don't miss your water until your well runs out

*Eric Olveira*

Take Life as it comes, and make the best of it.

*Janellelise Ondevilla*

ExperiencesIsTheNameEveryoneGivesToTheirMistakes.

*Casey OReilly*

only things that come to a sleeping man are dreams

*Cecilia Ostergren*

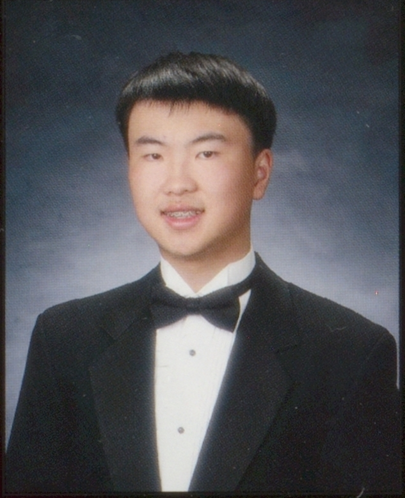
Class of 2008

*Billy Owens*

Class of 2008

*Jessica Pan*

To die is to have lived. Therefore live life fully



*Yongjian Pan*

There is no subsitute for victory

*Louis Pandong*

Class of 2008

*Franchesca Pang*

Blood runs thicker than water. VP. LA. TW wwedgirls

*Haidee Pang*

Life is short, so eat mass quantities of candy ^_^

*Esther Park*

Do everything in love.

*Reed Parker*

For those about to rock we salute you. What Pumpkin?

*Lacey Parodi*

NvrGiveUpOnSomethingThatUCan'tGoADayW/OthinkinAbout

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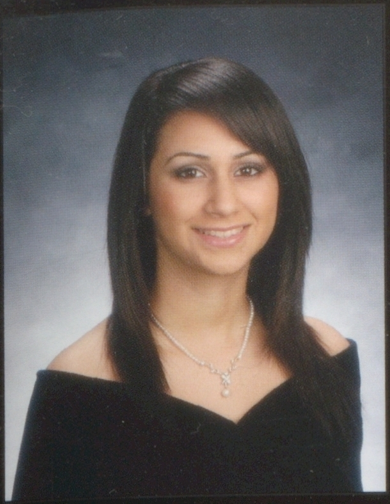
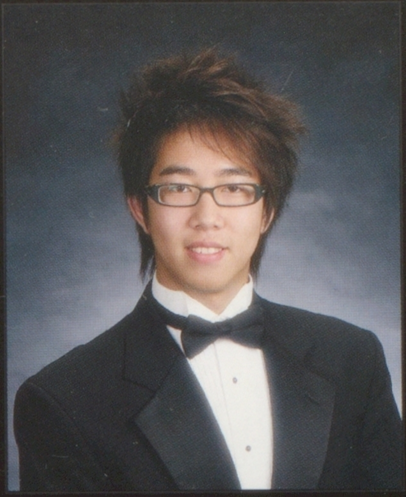
Picture: Maya Robles-Wong



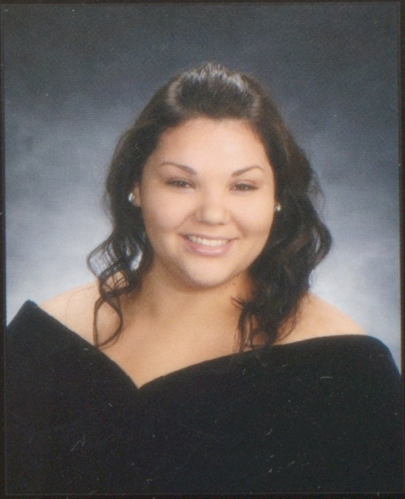
*Elizabeth Pena*

I dont get even I get ahead



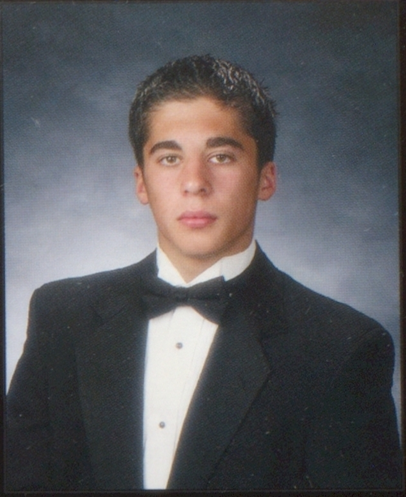
*Ying Hao Peng*

My passion comes from U-pui wi...9.24.00



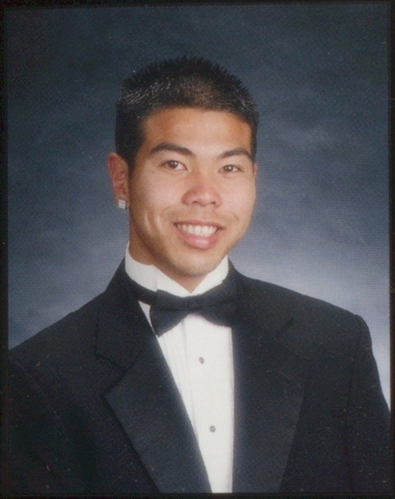
*Hannah Perez*

Live Love LAUGH



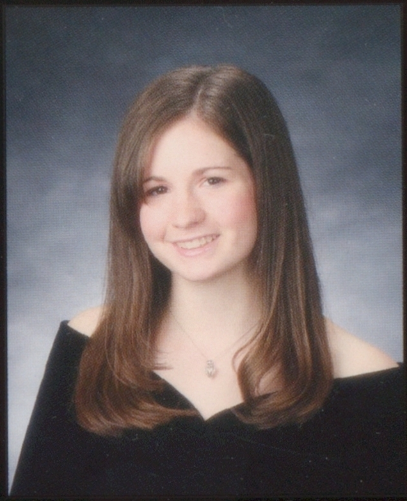
*Randall Perkins IV*

Always trust your instict.



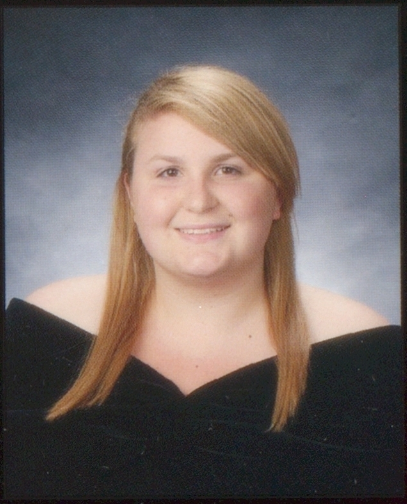
*Derek Phung*

I can accept failure but I cant accept not trying



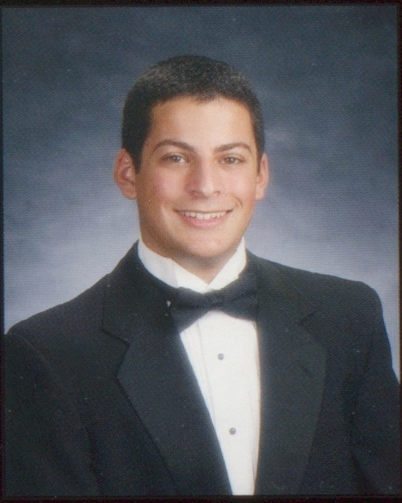
*Megan Pimentel*

Don't sweat the small stuff & it's all small stuff



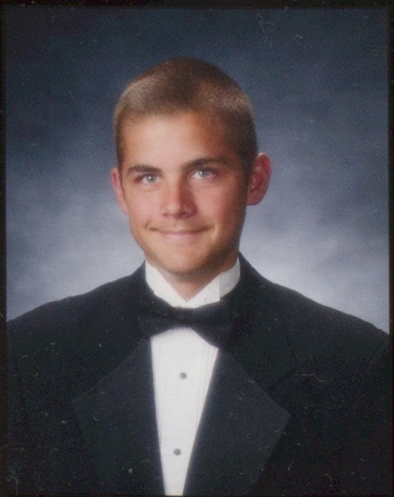
*Anna Rose Pitts*

Always laugh! ;)



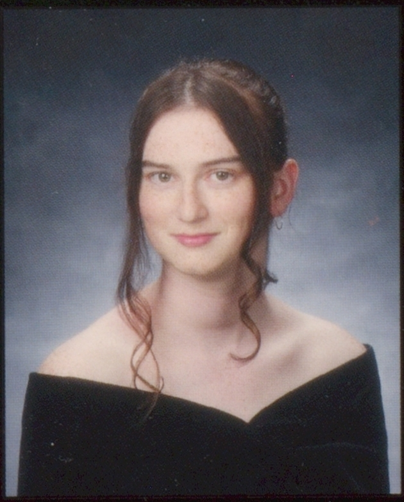
*Frank Polizzi Jr.*

"Slide"



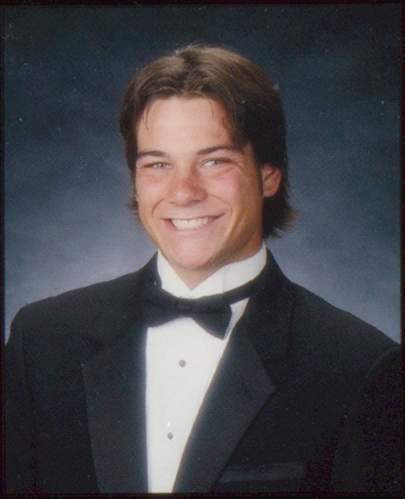
*James Pond*

You got to trust your instinct and let go of regret!



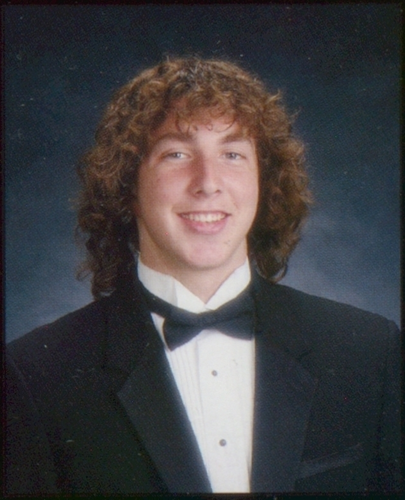
*Anna Price*

Class of 2008



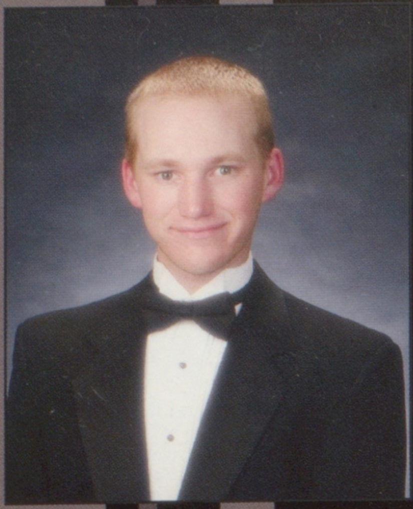
*Jordan Pries*

Let it be said, Let it be done



*Jesse Prins*

Never think about the future; it comes soon enough.



Russell Pritchard

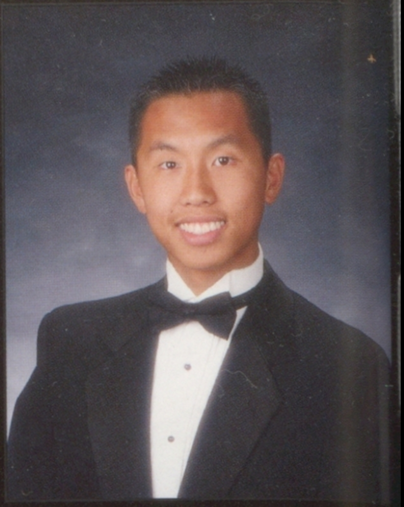
Class of 2008

Samual Prutton

Class of 2008

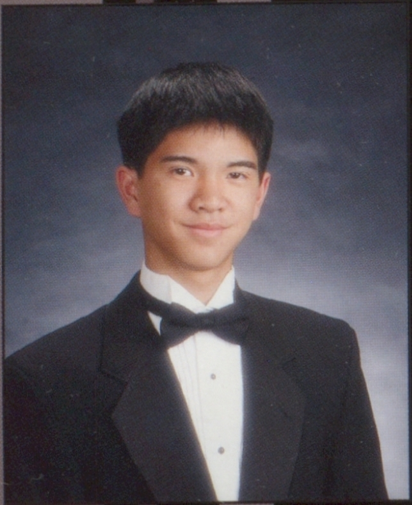
Allison Quach

I hope life won't be a joke, because I don't get it.



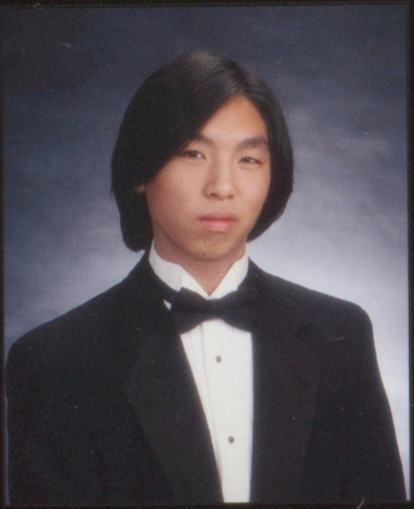
Ricky Quach

Live for today, Learn for tomorrow



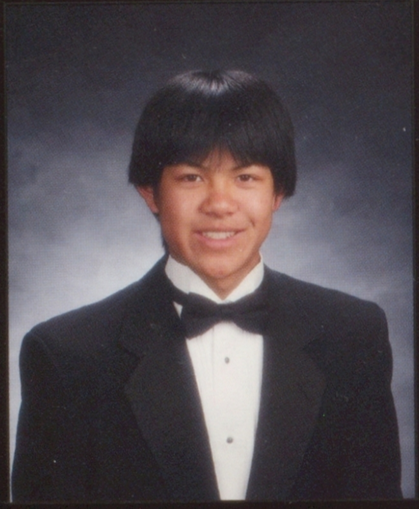
Steven Quach

Admire the struggle it takes to simply be human



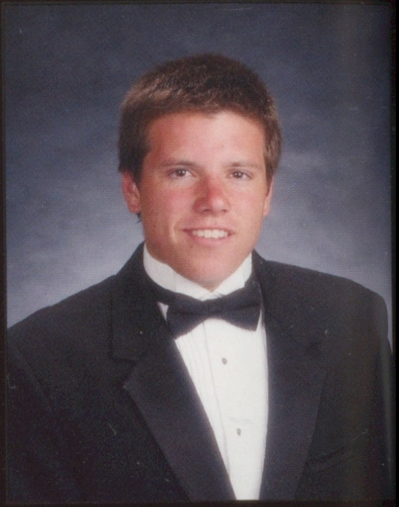
Aaron Quan

Class of 2008



Alexander Quen

To an educated man an "A" is just three sticks



Matthew Rados

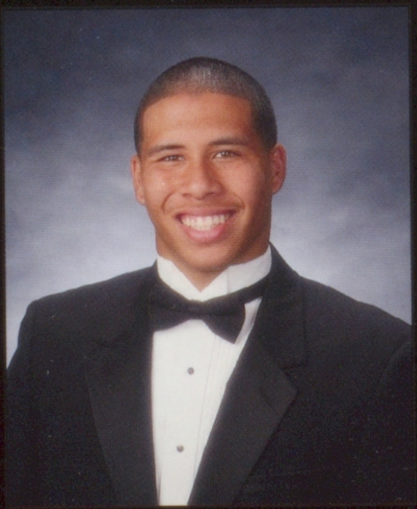
Good Luck and Congratulations to the class of 1908

Adam Ramos

Blessed with the recipe neva get the best of me

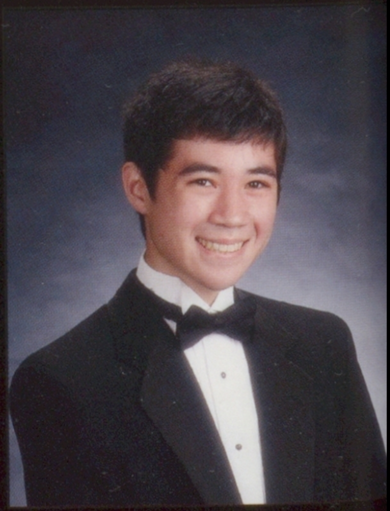
Joshua Ramos

Knowledge is freedom; ignorance is slavery



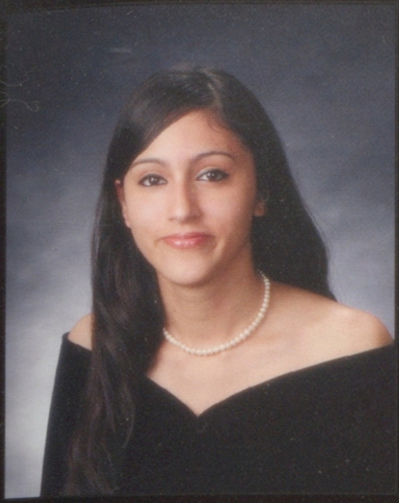
Sean Ramsey

THE 1 N ONLY SEAN JUAN ASK ABOUT ME ILUVUMA HP#1



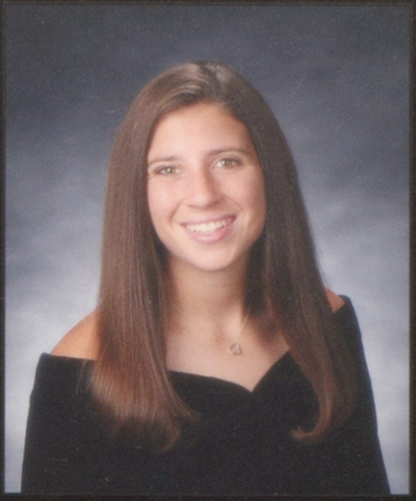
Ryan Raphael

Two roads diverged in wood; both led to bears



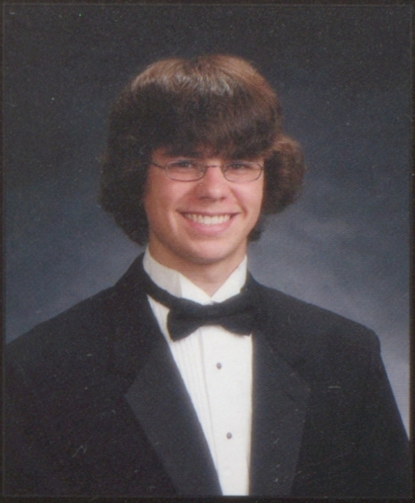
Aysha Rasul

This isn't the end; it's just the begining



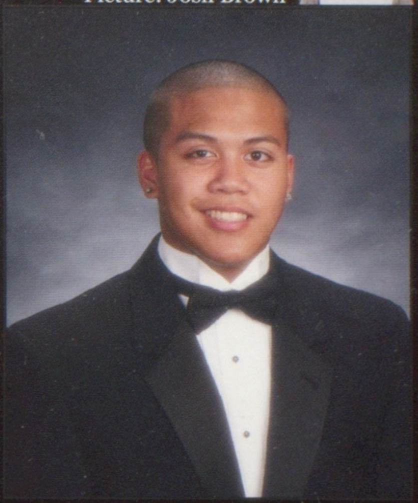
Gabrielle Reedy

School is like a lollipop, it sucks until its gone



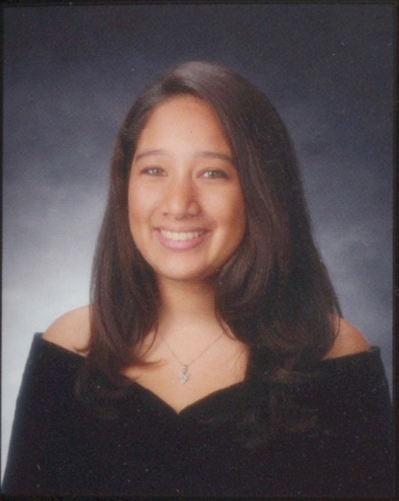
Jake Reimer

Its lonely at the top but crowded at the bottom



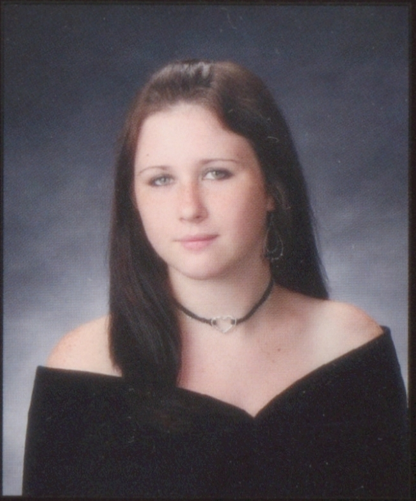
Ryan Reyes

Class of 2008



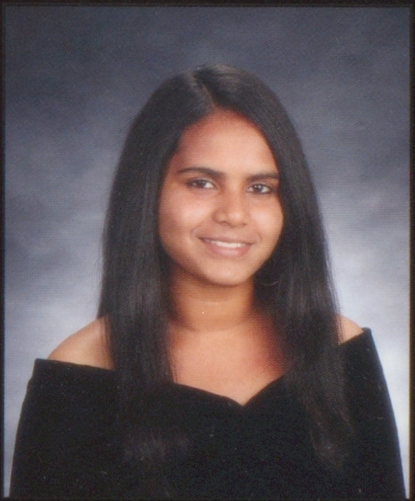
Leena Richman

I'm gonna dance with a dream...



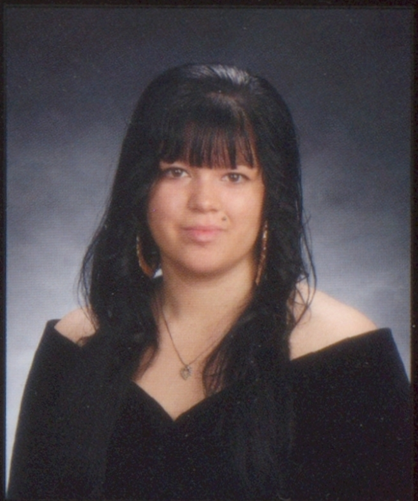
Chelsea Roberts

Class of 2008



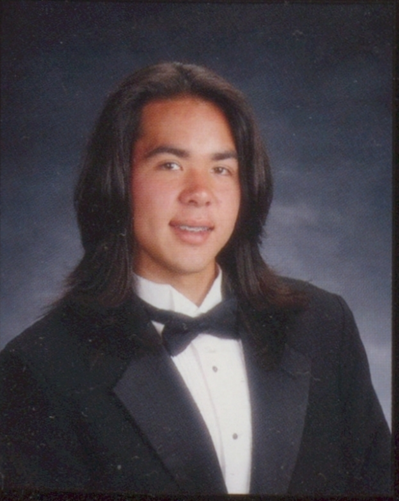
Shobhita Roberts

SHUT UP, STOP WHINNING & START STUDYING! D4LYF!



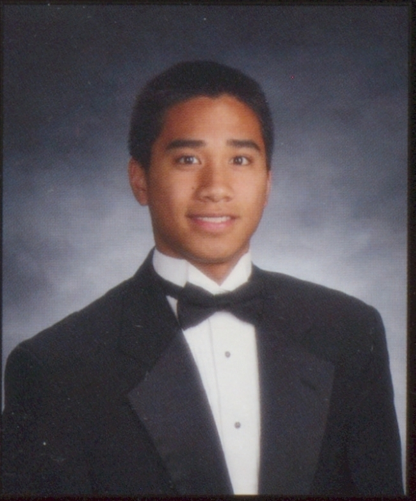
Veronica Rodriguez

Refuse 2 fail & if ur strong u will prevail RIP BL



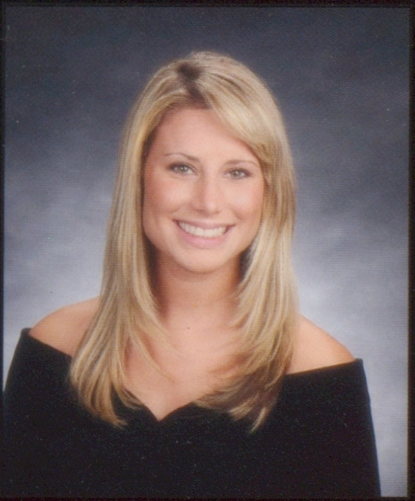
Jeffrey Roeder

Half white, Half asian, All business.



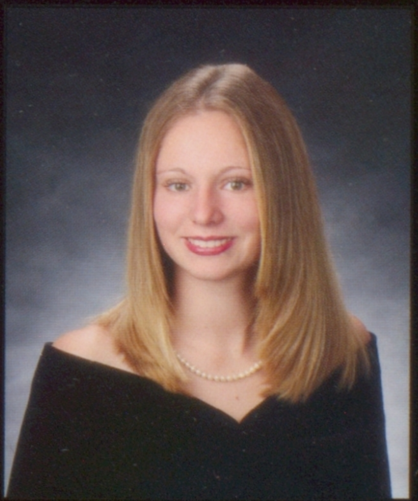
Justin Rozal

You get in life what u have the courage to ask 4



Alyssa Ruckman

I love you Mom and Dad! Thank you for everything!



Melissa Rundle

Dont get caught in the moment, but rather a lifetime

*Ashley Sanchez*

The happiest time in life, r the moments u make

*Daniela Sanders*

Laughter is the best cosmetic..so smile & wear it!

*Taylor Sandoval*

If u Cant C the brite side of life polish the dull

*Francesca Santos*

Dream It See It Believe It Do It

*Jessica Santos*

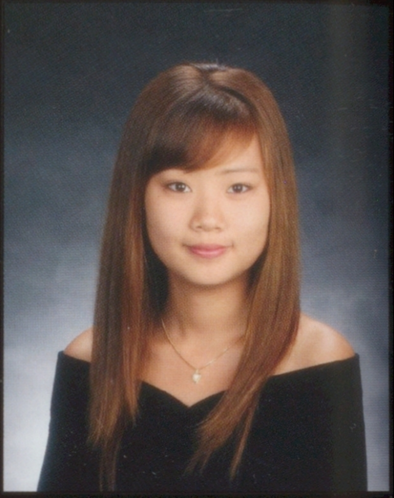
Lead me not into temptation-I can find it myself

*Victoria Schnapp*

Tears dry smiles fade memories r 4ever <3 MOMT-EDGG08

*Westyn Scott*

My future is Righteousness. -Bob Marley



*Hyelim Seo*

I can do everything thru Him who gives me strength

*Jennifer Sever*

everything I'm not made me everything I am

*Nergiss Shaghasi*

one person with courage makes a majority

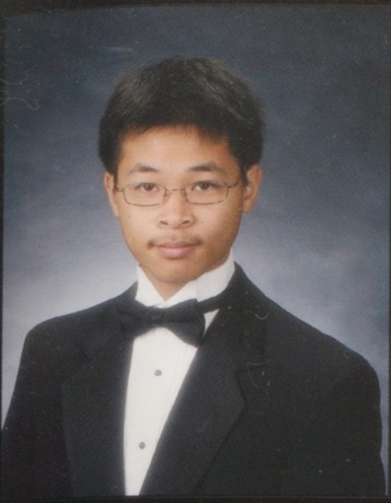
*William Sherratt*

Cool as a polar bears toe wails -Stuart Scott

*Eunnah Shin*

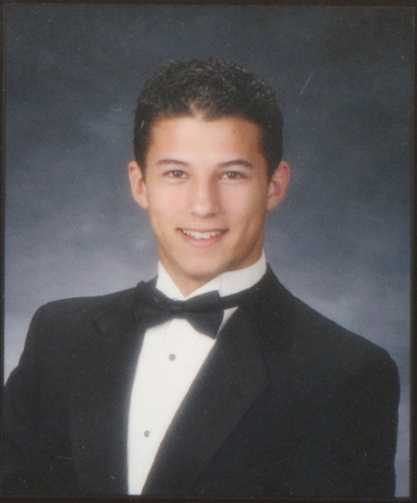
I have summoned you by name you are mine. (Is43:1)

Page By: Jessica Louie & Lauren Yeung
Picture: Vanessa Valerio



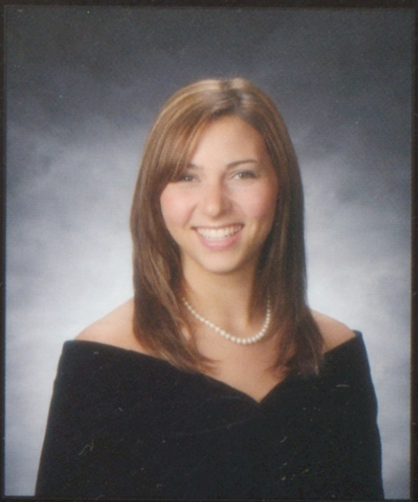
Simon Si

Class of 2008



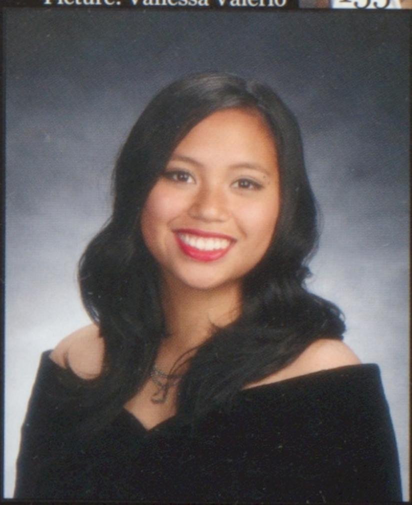
Austen Silva

Drive it like you stole it!!!



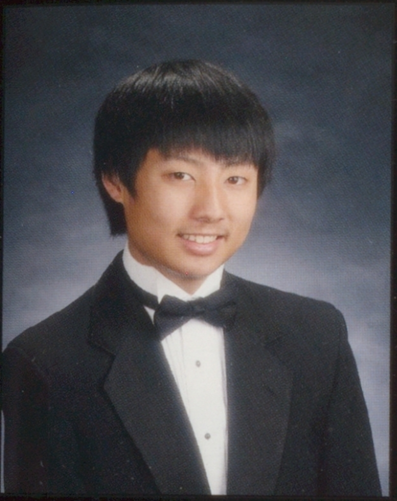
Jennifer Silva

Always be true to yourself and follow your dreams!



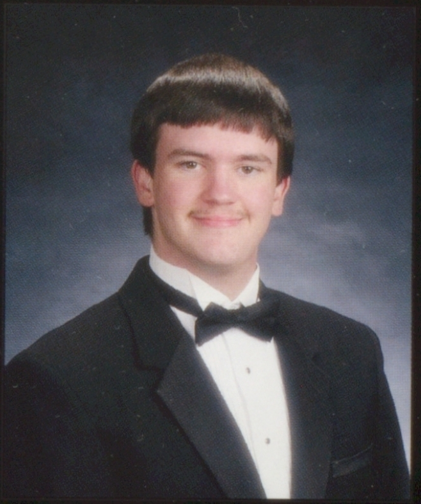
Michelle Silva

For as long as possible, live free... -Thoreau



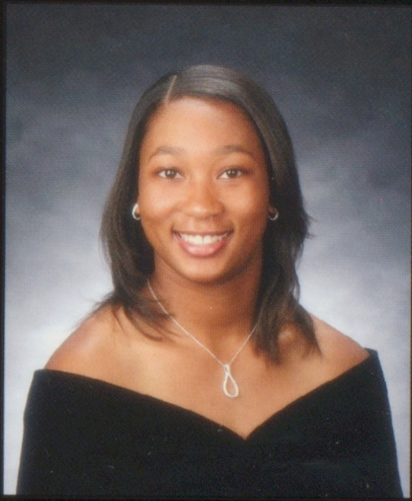
Nathanial Siu

reach 4 the stars 4 dreams, call 4 friends 4 love



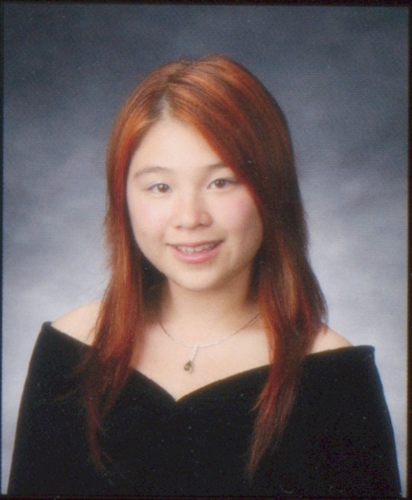
James Smith

Class of 2008



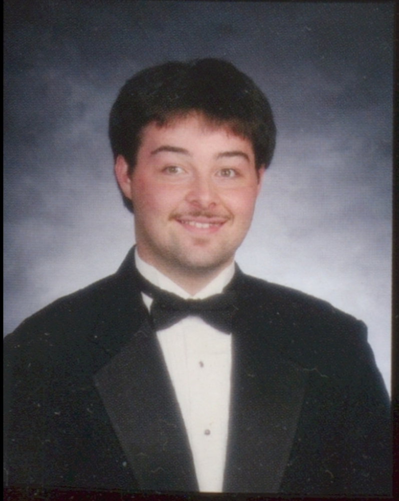
Tiffany Smith

As long as you believe in yourself you win. #22



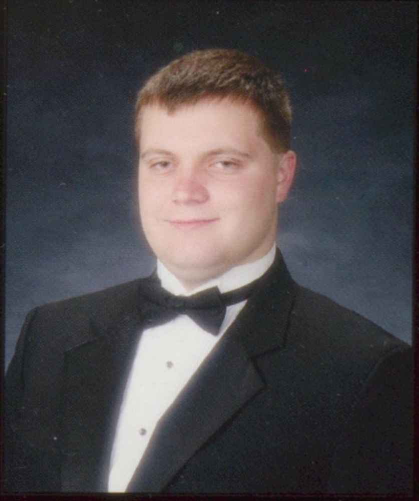
Carmen So

Departure: 20:08 Reality. Arrival: infinite surreal



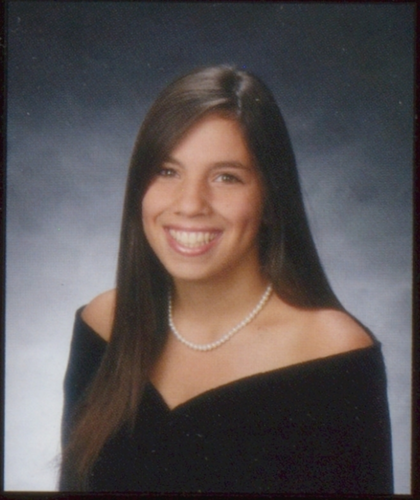
Jeremy Solomon

Keep a Weather Eye on the Horizon. J BEEZIE SOL!!



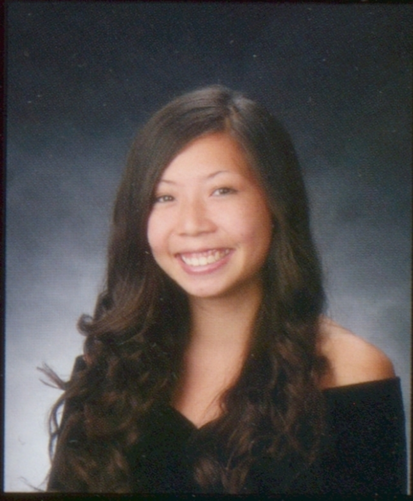
Steven Stone

My Polemans let me show them to you! Go Magikare!



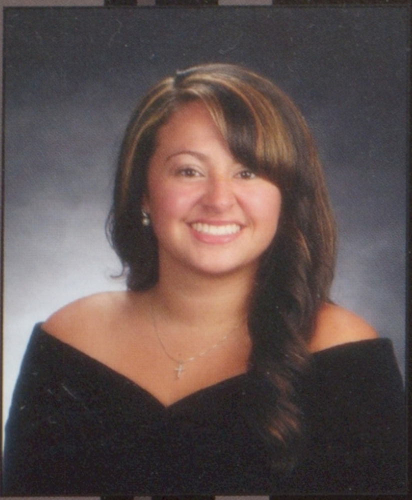
Kayla Strucky

Follow your heart but use your head



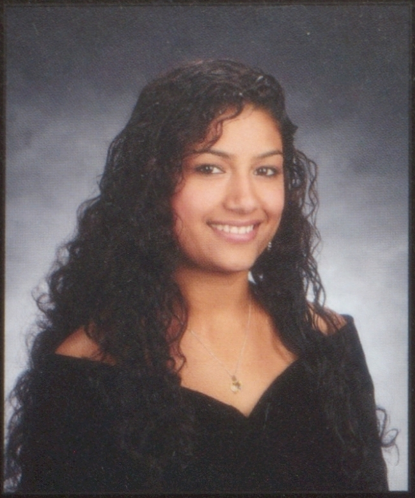
Loan Su

ditch the logical



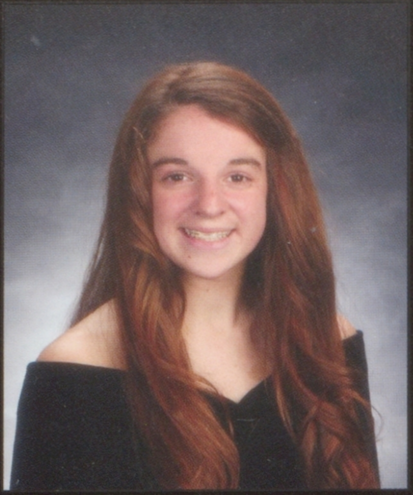
*Rebecca Suarez*

Dream as if u Live 4EVER, Live as if u die 2dayXOXO



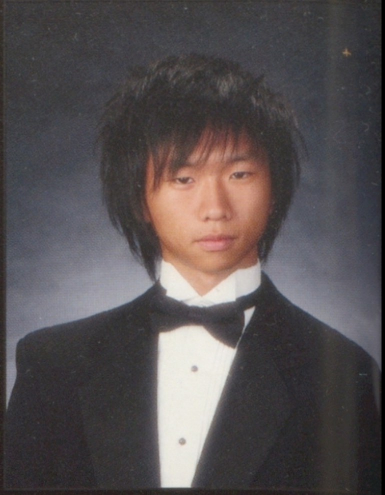
*Sanuska Subedi*

Class of 2008



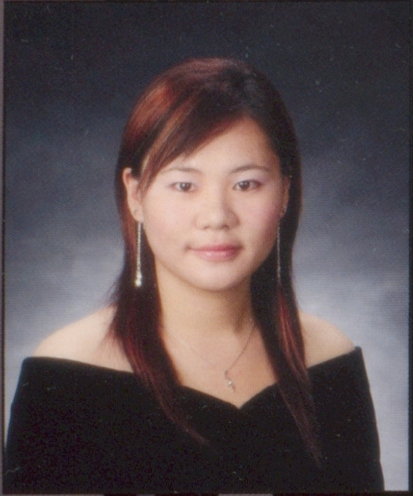
*Ellen Suderman-Talco*

...everything but Yogurt Park



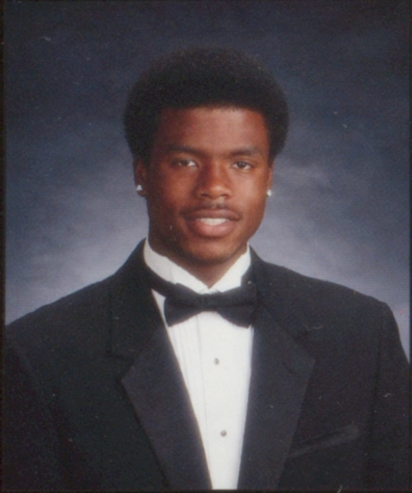
*Wai Suen*

Don't look at me, You are not my cup of tea.



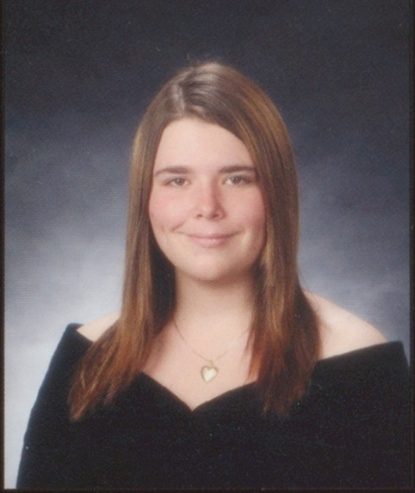
*Yang Sun*

Life is not what you get, but it is what you give.



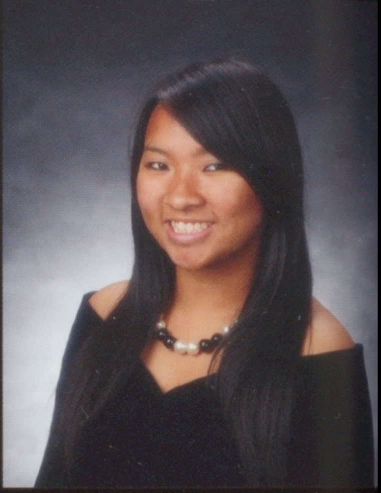
*Darrius Sutton-Chappell*

Joy wouldn't feel so good if it wasn't for pain...



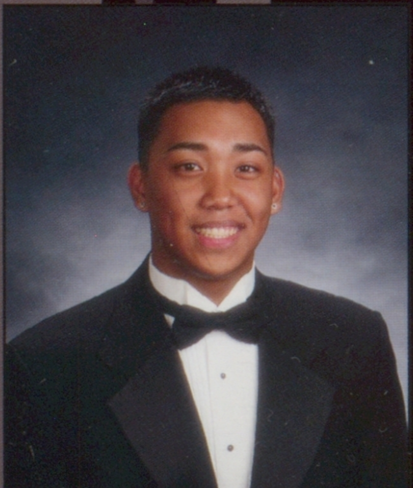
*Megan Suzio*

Dnt hold bak, it maybe ur last chance. <3 u LtShAjAe



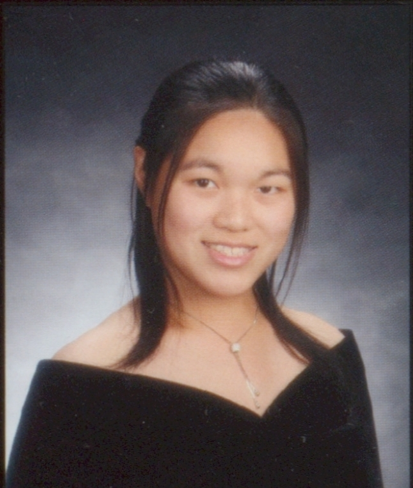
*Priscilla Szeto*

common sense ain't com mon



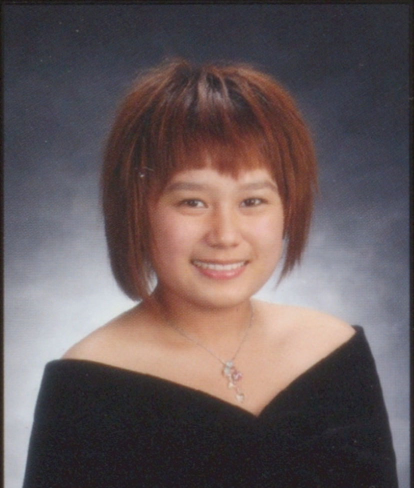
*Kevin Tacla*

Ima dreamer so Ima keep dreamin on- common



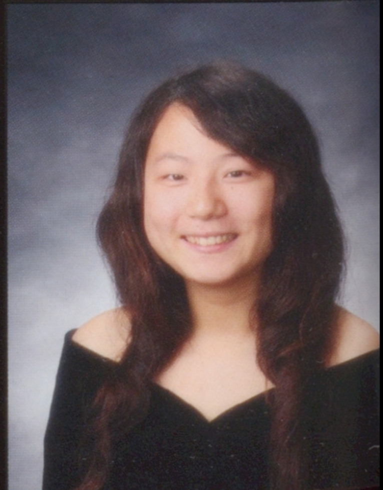
*Pui Tam*

Follow you passions & you'll never regret. 92406



*Yuet Ying Tam*

A secret makes a woman, woman!



*Tzu-Yi Tang*

Too Fast To Live, Too youn To Die!

Page By: Jessica Louie & Lauren Yeung
Picture: Sean Hunter

*Vincent Tang*

ALWAYS BE CONFIDENT AND EVERYTHING WILL WORK OUT!

*Lauren Taylor*

Play times over. <3 M.M M.S and every1 else I Love

*Stephanie Taylor*

Rampaging bears are the answer to all our problems

*Pedro Terrazas*

Class of 2008

*Jain Thapa*

My life is Beautiful, thanks to All Of You.

*Justin Tillson*

Class of 2008

*Michelle Tjia*

Everything's got a moral, if only you can find it.

*Bergljot Tjonn*

BLANK

*Olivia Tong*

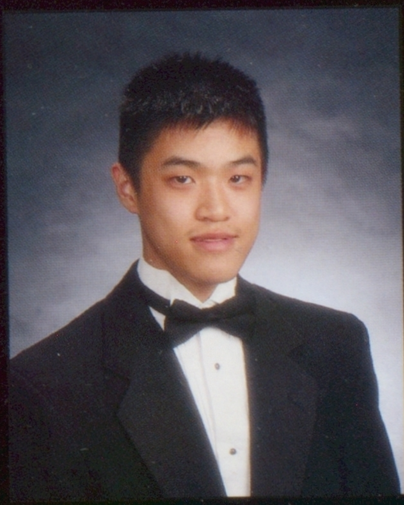
Life Is Like A Box of Chocolate 82206 OT=RT Always

*Tatiana Torio*

You underestimate me but tell me whose on top

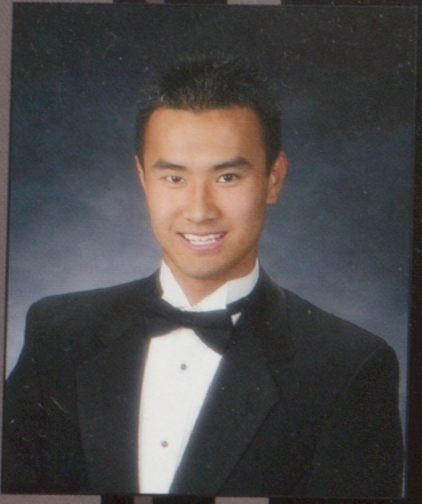
*Donna Tran*

Friends R Like bras! Close 2 ur <3 n there 4 support!



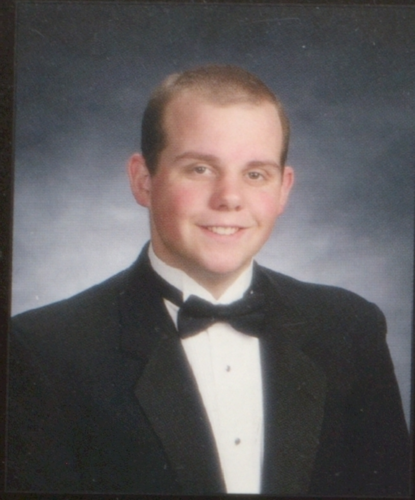
*Steven Tran*

don't be afraid to be UNIQUE



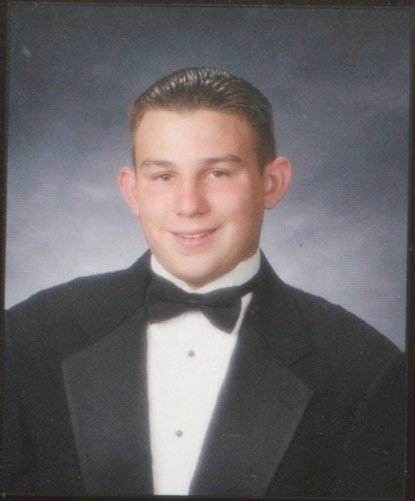
Tin Tran

Class of 2008



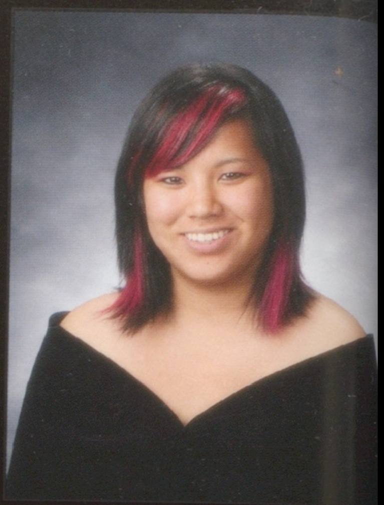
Jay Treat

Class of 2008



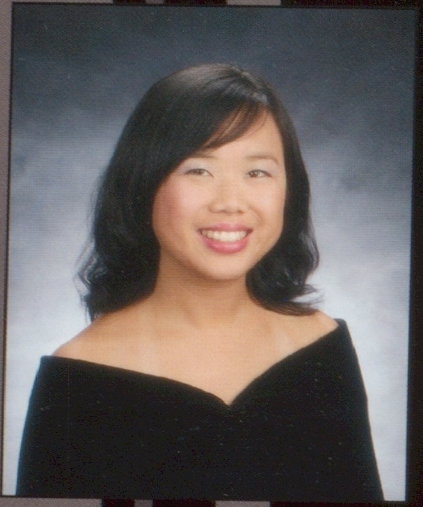
Marco Trejo

Class of 2008



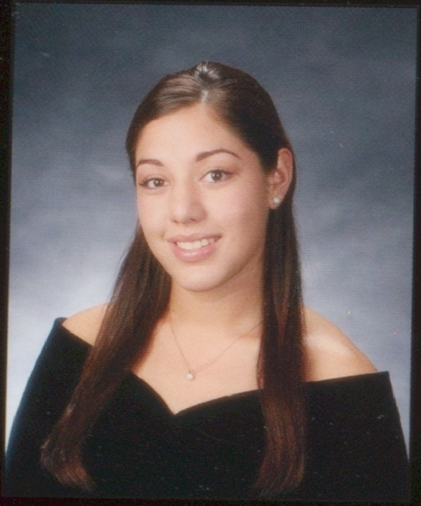
Anna Trinh

The duty of youth is to challenge corruption.



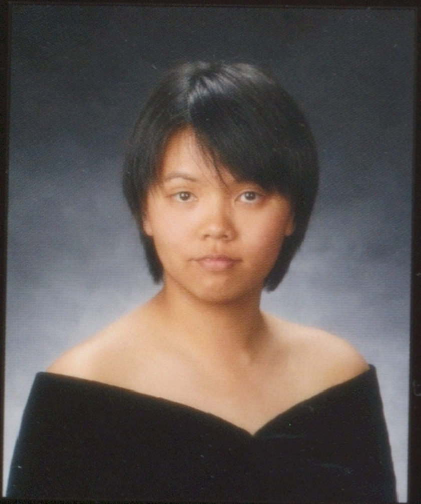
Teresa Trinh

Always think twice but never regret.



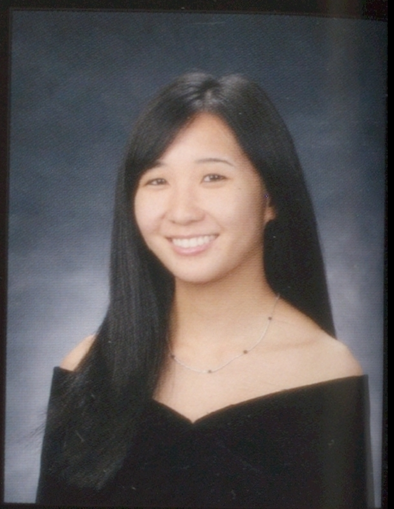
Victoria Trujillo

Never resist an impulse especially a terrible one



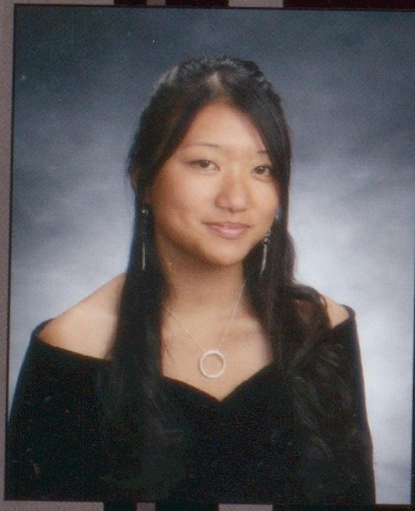
Kimberly Truong

1% Fun @ Lunch 48% Boring 51% Sleepy=PricelessMath



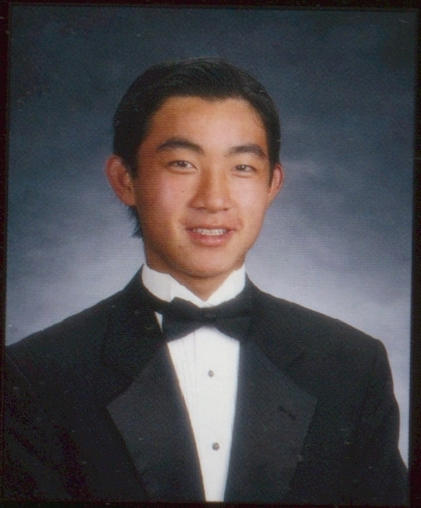
Wendy Truong

Bears. Beets. BATTLESTAR-GALACTICA.



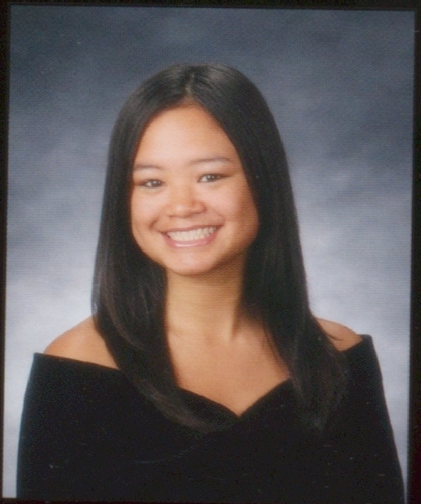
Stephanie Tso

Reach 4 the moon cuz you mite land upon a star :)



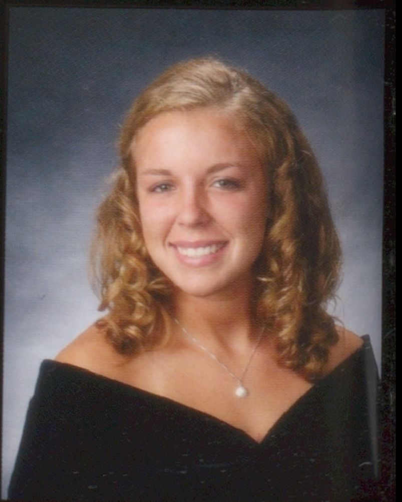
Thai Tu

The worst thing to do when u lose is give excuses



Brittany Tuazon

Big things come in small Packages.



Katrina Turman

We are the Music makers and the Dreamers of dreams

Benjamin Ulrey

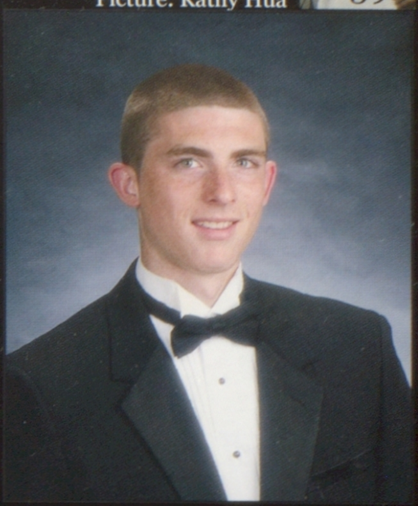
And so it goes.

Hang Kei Un

Class of 2008

Peter Valente

Life is Random so just go with the flow. W A M



Kyle Valenzuela

of the Argyle sweaters. Throw ya A's up

Tatiana Vedel

"Forget regret or life is yours to miss" - RENT

Jayson Velasquez

don't give up to any challenges

Matthew Villegas

Practice for skill. Pray for luck.

Tatyana Vogt

I will make life my most beautiful dream come true!

Cassandra Von Garvisch

Friends are the Family you choose!

Jessica Vosanigaqona

dont cry because its over, smile becuase it happened!

Hoang-minh Vu

Class of 2008

Quan Vuong

Live my life with no regret!!!

*Lila Wang*

And God said "Let there be light" Genesis 1:3

*Kelly Watts*

Live Well Lagh Often Love Much <3

*Benjamin West*

In celestial strains, enraptured myraids sing.

*Meagan Whitehead*

Class of 2008

*Natalie Wilkens*

Hakuna Matata

*Travis Williams*

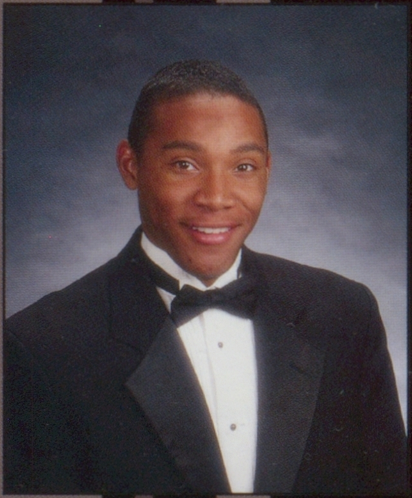
Class of 2008

*Briana Wing*

Swim, Eat, Sleep and Wing it.

*Katherine Winton-Henry*

Class of 2008



*Gian Winzer*

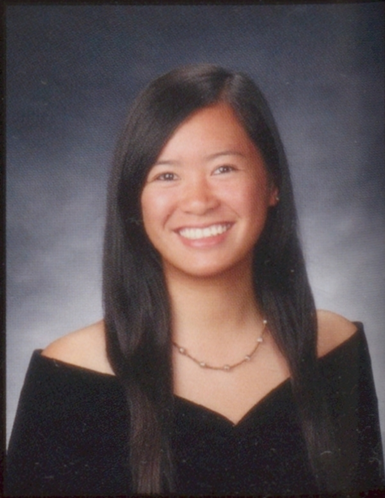
from start to finish, keep your goals true.

*Andrew Wong*

Class of 2008

*Ashley Wong*

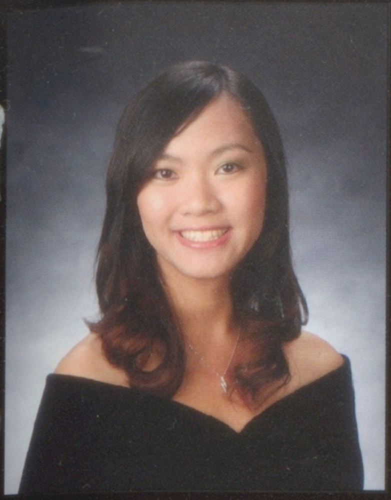
Commitment to Excellence



*Jenny Wong*

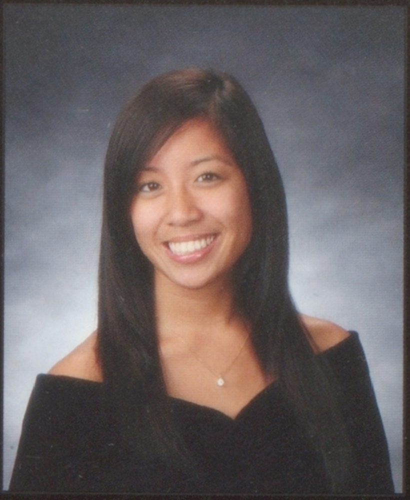
Don't make me walk when I want to fly.

Page By: Jessica Louie & Lauren Yeung
Picture: Alex Colvin



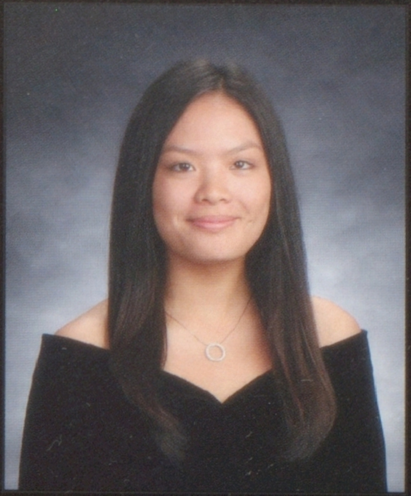
*Joanne Wong*

If u want the rainbow, u gotta put up w/ a lil rain.



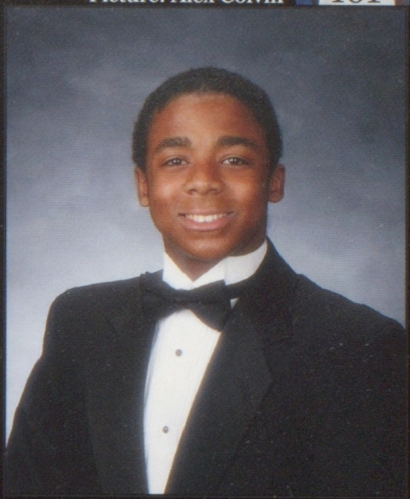
*Tiffany Wong*

what doesn't kill you makes you stronger. fam/eclafp



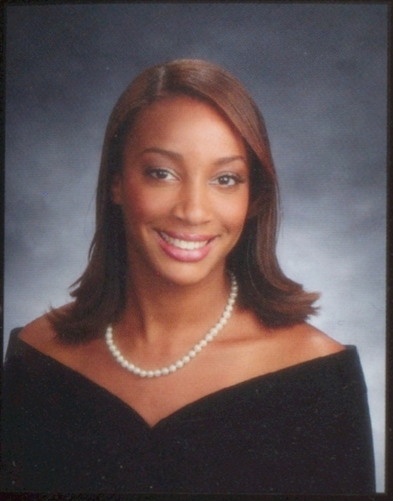
*Victoria Wong*

LIVE, LAUGH, AND HAVE FUN!



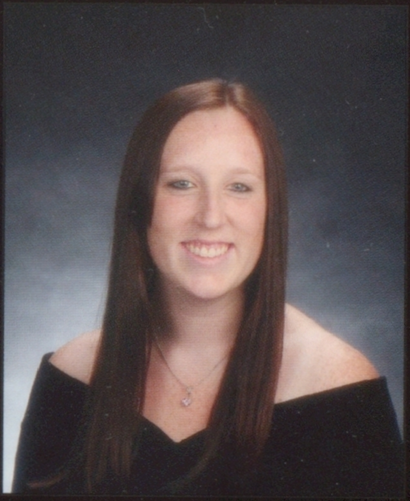
*Jerame Wood*

Laughter is cheap medicine. you want some?



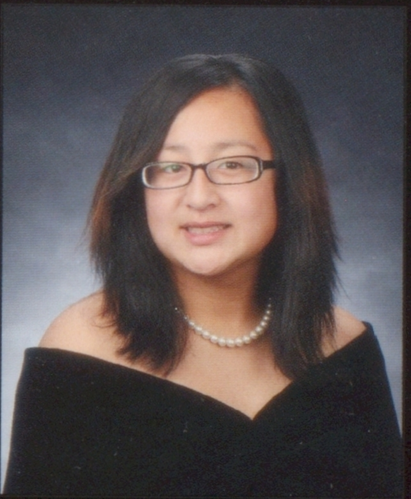
*Brenda Woodard*

Reach high. Reach far. Your dreams are in the sky.



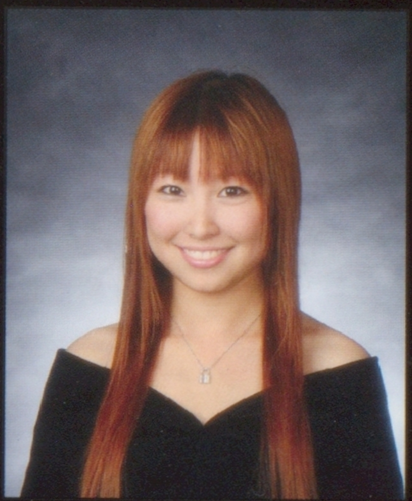
*Aesia Woody*

WATdontKILLmeWILLonly MAKEmeSTRONGER-Luv u my bests



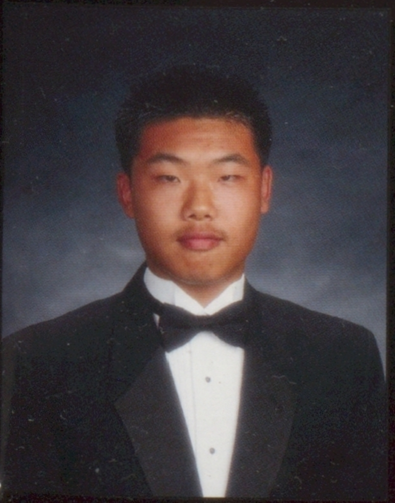
*Annie Wu*

5 shots couldn't drop me, I took it & smiled. :)



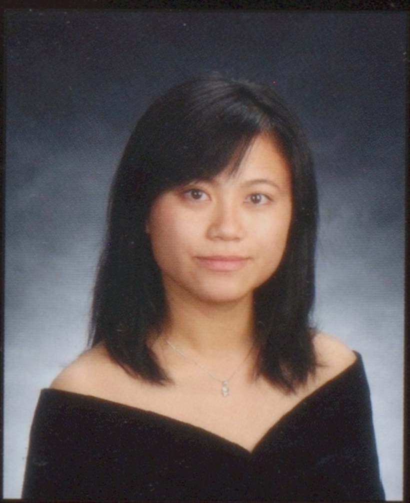
*Qiao Xie*

Class of 2008



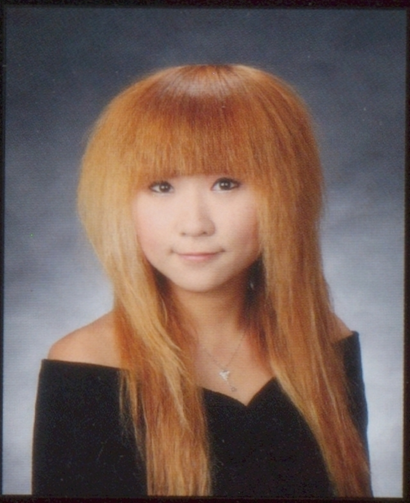
*Eddy Xiong*

Just believe in yourself and follow you DREAM.....



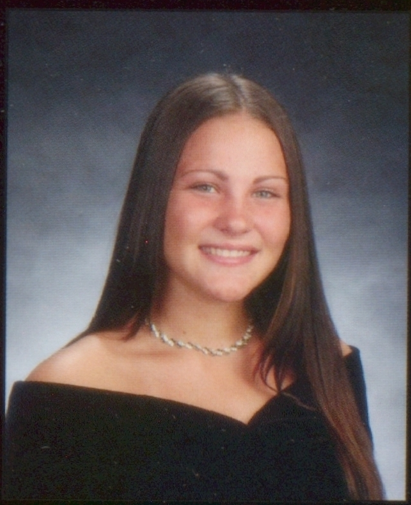
*Nina Xu*

Lather. Rinse. repeat. Always Repeat.



*Yun Ting Xu*

F-EVER LOV: SBDING n DJUN



*Jill Yastishak*

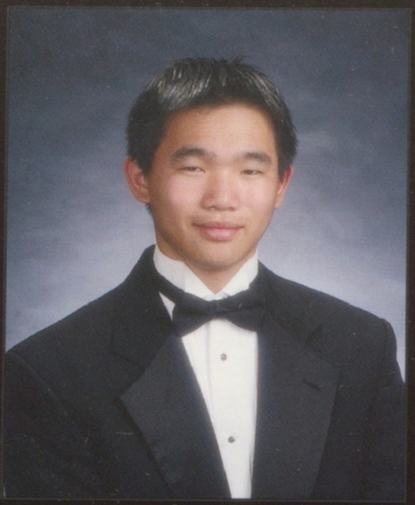
2gether4ever,NeverApart. MabeInSitance,ButNvrIn<3

*Angela Ybarra*

Dreams open doors but believing makes then happen

*Jonathan Ye*

It is the best of times



*Brandon Yee*

You cant gain anything without losing something

*Jiwon Yee*

Who loves you pretty baby?

*Lauren Yeung*

The Heart Has Reasons That Reason Does Not Understand <3

*Man Yeung*

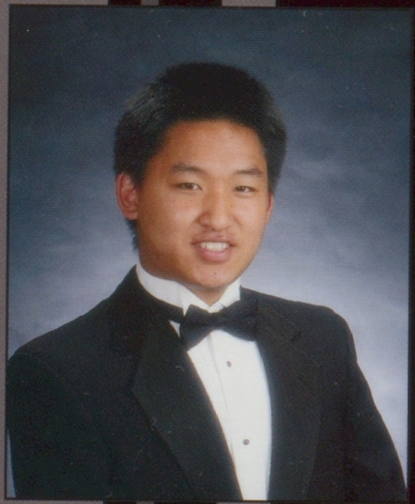
Your WORST enemy is yourself!

*Yi Yin*

You're the winner if you smile.

*Martin Yonn*

"While u live, while u can, be some good." -Aurelius



*Matthew Young*

Regret it later

*Michelle Young*

Always seeking light

*Dennis Yu*

aSculptureIsToaBlockOf MarblesAsEducationIs-ToTheSoul

*Hiu To Yu*

luv u. w*son

Page By: Jessica Louie & Lauren Yeung
Picture: Emma Rose Williams

*Xingan Yu*

Class of 2008

*Feng Chai Zeng*

Ineedtostudyeveryday.

*Julia Zhang*

u cant be old & wise if u were never young & crazy

*Michelle Zheng*

If you obey all the rules, you miss all the fun.

*Kaixin Zhou*

Class of 2008

*SiHua Zhou*

Happy Everyday M&C

*Jia Zhu*

Class of 2008

*Jennifer Zou*

try not door do not there is no try!

*Donald Landers IV*

Class of 2008

## *Chef's Surprise*

Anthony Alvarez
Rachael Axthelm
Jennet Calewarts
Mario Casillas
Te Chang
Wei Liang Chen
Wei Xiong Chen
Keith Ching
Young Ki Cho
Lisa Chung
Matthew Chung
Tan Dinh
Quyen Do
Leanna Francis
Safia Haidar
Esther Han
Lilly Hoang
Albert Huang
Hong Huynh
Tram Huynh
Treana Kahey
Ann Kim
Jarret Koffler
Trisha Lane
Quan Le
Andrew Liu
Melissa Matheney
Thien Nguyen
David O'Hara
Ha Pham
Eugene Raggio
Steven Reid
Isreal Robertson
Robert Romero
Michael Stateler
Tu Tran
Huy Trinh
Phung Vo
George Volante
Jiamin Wang
Marveleen Wight
Jiaxi Wu
Amanda Yee

Q: Where was your favorite food place to go at lunch?

CALIFORNIA
YMCA Youth & Government

A: Chili Bowl Freshmen year, but the Hawaiian Drive-In Junior and Senior Year.

**-Marcus Murrietta**

Q: What are you looking forward to most after high school?

A: College. Getting out of the house and living on my own.

**-Daniel Brown**

Q: Who was your favorite teacher? Why?

A: Mr. Gross! He made the class fun by playing his guitar.

**-Dianna Chen**

Q: What are you happy to leave behind?

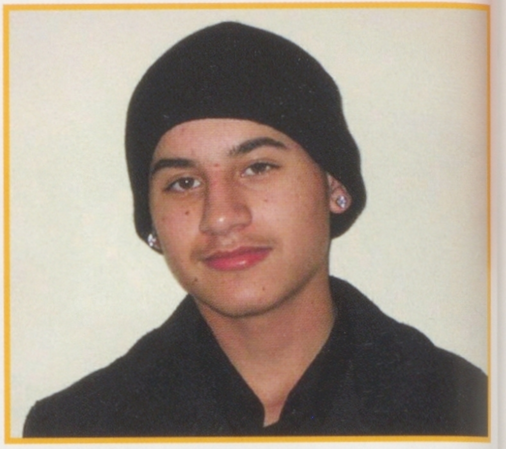
A: All the drama an the gossip that come with high school.

**-Lila Wan**

Q: Any last words or advice you want to give the underclassmen?

A: Have fun, stay in school, find friends with cars, and do it BIG.

**-David O'Hara**



Q: Where was you favorite food place t go at lunch?

A: I like to go to Kobe Ya because I like Japanese food.

**-Lisa Chun**

Q: What are you looking forward to most after high school?

A: Taking classes that I want, where I want, and when I want.

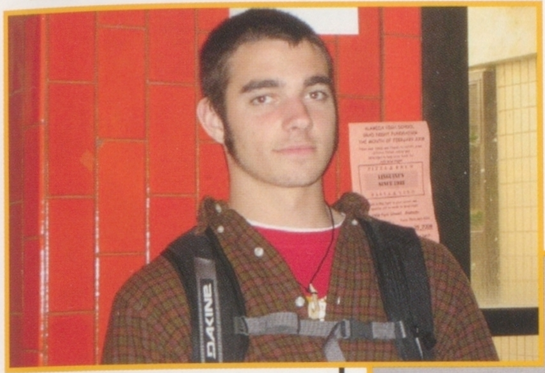
**-Natasha Mazza**

# Past.Present.Future.

Page By: Jessica Louie & Lauren Yeung
Picture: Francois Tuazon

# Questions & Answers

**Q:** What are you going to miss most about high school?



**A:** I am going to miss my mother's home cooked food.

**-Eugene Raggio**

**Q:** What are you happy to leave behind?

ALAMEDA TENNIS

**A:** I'm happy to leave back the tests, and the people who are tough.

**-Philip Dinh**

**Q:** Any last words or advice you want to give the underclassmen?

**A:** Make as many friends as you can. Just be kind to everyone because you never know who is going to be your boss. These are going to be some of the best times ever and they go by quick so make the most of it.

**-Cole Blakenship**

**Q:** What was your most embarrassing high school moment? Memory?

**A:** My most embarassing moment was when I lost a bet and I had to race a friend to his car with my pants down.

**-Erik Ho**

**Q:** Who was your favorite teacher? Why?

**A:** It's between Mr. Wilson and Mr. Joo. What other teachers set themselves on fire or are stars on YouTube?

**-Amber McCarthy**

# SENIORS 08

**Kayla Stucy** and **Anjelica Hernandez**

**Donald Landers, Momoko Ishiguro, Nora Gordan, Laurel Johnescu, Ankitha Bharadwaj, Megan Mitchell, Leena Richman,** and **Carmen So** before their performance in the foreign language talent show.

**Claire Lewis, Victoria Kam, Annie Chin, Lauren Yeung, Samantha Ho** and **Elaine Chen** dress up for Mock Congress.

08
WELCOME
Fabulous

The Class of 2008 proudly admires their 1st place Las Vegas float.

SENIORS
EFE #7
EMILY #19
BRYCE #1
NIKKI #3

**Nikki Johnson, Emily Beylerian, Efe Ogbeide, Tatiana Torio** and **Bryce Marshall** enjoy their last moments as AHS Varsity soccer players.

Varsity cheerleaders **Jessica Louie, Riley McLens, Lauren Freeman, Lainey Moe, Sara Kofman, Jennifer Silva, Alyssa Ruckman, Liana Choi & Rachel Cortes**

**Brittney Choi, Nhu Le, Ester Lamborn,** and **Jiwon Cho**

VIVA MEXICO

**Victoria Trujillo, Cesar Cuevas,** and **Carmen Arroyo** represent their Mexican heritage during Unity Week.

**Jessica Pan, Katrina Turman, Francesca Santos** and **Christina Leung**

**Jesse Prins, Ellen Suderman Talco, Hanah Mozden,** and **Frank Polizzi**

**Thu Le, Melissa Lim, Joie Fong, Linda Nguyen, Danielle Li, Liana Choi** and **Rachel Cortes** at Rachel's Cotillion upon her 18th birthday.

*photo courtesy of Ed Jay*

# "WE ARE THE Best..."

## '07-'08 SENIOR BEST

### Angel Food Cake

most innocent

**Jessica Louie & Ben Engle**

"I've known Jessie since freshman year and she's always been a good influence to everyone around her."
-Susan Fagel

"He is old-fashioned."
-Eric Olveira

### Apple Pie

most intelligent

**Ben West & Momo Ishiguro**

"Ben's a smart guy but he definitely has his moments."
-Stephanie Hoang

"Wait, you voted for *Momo* for most intelligent?"
-Nora Gordon

### Best Chef

best cook

**Will Matteucci & Xiao Chen**

"Girls come to hang out with Will and I for my jokes, but they stay for his food."
-Antonio Jimenez

"I can always depend on Elaine to keep my tummy full."
-Jenny Leung

### Caeser Salad

best dressed

**Anthony Durana & Ashley Wong**

"He sure has expensive taste and a lot of swag."
-Frances Ancheta

"Ashley always looks best dressed *everyday.*"
-Angelica Kwong

### Chili Pepper

most rebellious

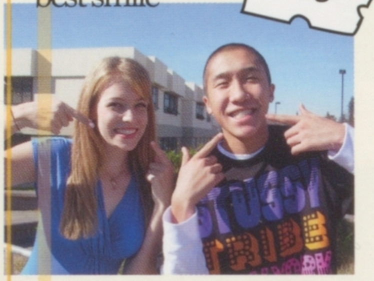
**Chris Giovannetti & Elizabeth Carmon**

"Chowda is a bad influence; he scares me."
-Brendan Jiu

"Everytime I see Elizabeth down the hall, I already know she's guilty of something."
-Tiffany Smith

### Cheese

best smile



**Lauren Freeman & Eddie Lee**

"Her smile is always there to brighten up my day."
-Sara Kofman

"He is one smiley guy!"
-Kevin Ng

### Chocolate

best advice

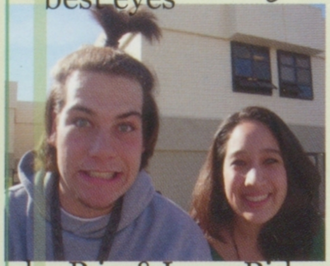
**Alyssa Ruckman & Ryan D'Costa**

"Anytime I have a problem, I can always count on her to give me unbiased advice."
-Kirsten Allen

"Ryan is one of the sweetest guys I know! He's a great listener and always knows the right thing to say."
-Melissa Lim

### Eye Candy

best eyes



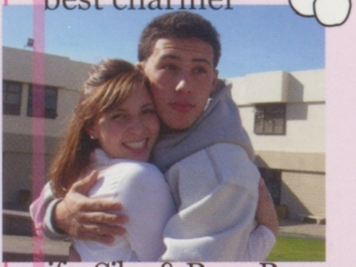
**Jordan Pries & Leena Richman**

"When I gaze into his majestic green eyes, my soul is put into a state of peace."
-Jason Miller

"When you talk to her, her eyes reply, beautiful."
-Carmen So

### Fudge Sundae

best charmer



**Jennifer Silva & Ryan Burgo**

"She is definitely a people person, her personality is so loving and accepting that people, guys especially, are drawn to her."
-Elaina Moe

"Ryan Burgo flirts with anybody that has two legs but I think he likes me best."
-Casey O' Reilly

### Hot Dog

most athletic

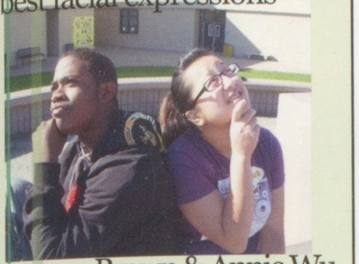
**Jennifer Sever & Westyn Moyer**

"She works hard in every sport. She dedicates her time and effort and she gets good outcomes."
-Kiyanna Grimes

"Wes is a humanizing form of God on earth."
-Nicholas Darracq

### Lemon Pie

best facial expressions



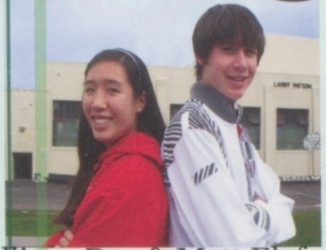
**Camaron Brown & Annie Wu**

"Alameda High would not be Alameda High with out Camaron."
-Niko Aumua

"People talk with their hands, but she talks with her facial expressions. She has some of the craziest expressions I've ever seen!"
-Westyn Scott

### Orange

best all around



**Allison Dea & Matt Elefant**

"She's really nice and there for you when you need her. I love Allison!"
-Tatiana Torio

"He is an all-American tennis player, 3.8 GPA, cornerstone of the community and by the way that's my jacket."
-William Sherratt

### Pear

most artistic

**Michelle Silva & Ryan Raphael**

"Whether it's a sketch of Tu-Pac or a painting of a pin-up girl, she's up to the task."
-Cecilla Ostergren

"It's natural for him to constantly convey emotion in his drawings, it's all he does in class."
-José Lopez-Garcia

### Popcorn

most spontaneous

**Laurel Johnescu & Jain Thapa**

"Laurel's a nut."
-Emily Childs

"Jain's the kind of person who will randomly break out and dance with you in the hallways."
-Linda Nguyen

### Popsicles

best jokes

**Ju Yong Hong & Ally Armijo**

"His jokes make you smile, but his eyes make you laugh."
-Tin Tran

"Whenever I am with Ally she always makes me laugh the hardest till I'm crying."
-Krystal Carlson

### Spaghetti

best hair

**Tarin Ford & Sharleen Meneses**

"Tarin's hair is like honey, silk, and cupcakes all mixed together because its shweet."
-Cole Blankenship

"I've always thought her hair was really nice and voted for her to win."
-Angela Ybarra

### Sprinkles

most spirited

**Ibbie Mohammed Zakir & Amanda Lane**

"Ibbie always goes all out with whatever he does, even if he makes a fool of himself, but that's what everyone likes about him."
-Kyle Valenzuela

"Amanda's hair makes her ten times more spirited then anyone else in the school."
-Emily Beylerian

### Star Fruit

most likley to be famous

**Donny Landers IV & Megan Mitchell**

"The real question is not if Donny is going to be famous, but if he is going to win an Oscar or a Tony."
-Liam O' Conner

"Megan...is amazing. Period."
-Nina Dumas

### Sweet Potato

best personality

**Janelle Ondevilla & Cesar Cuevas**

"Janelle's just got that prescence. It's hard to forget her."
-Christina Clark

"I <3 Cesar, he's a social butterfly!"
-Dianna Chen

### Two Peas in a Pod

best friends

**Johnny Dunn & Osama Eid**
**Liana Choi & Rachel Cortes**

"Johnny and Sama are the cutest boys in the world and I'm in love with them. Sorry boys, I'm taken!"
-David Odza

"Best friends past, present, and forever."
- Joie Fong

## Zagat® * usually only rates the finest restaurants, but this year, they rated these class of '08 food catagories as THE BEST.

* Zagat is the web's most trusted guide to restaurant reviews and ratings

# BABY PHOTOS

Finger Foods
Veggie Wagon Wheels

Amber Acridge
James Adgar
Masoud Adina
Priscilla Alcorn
Samantha Alemania
Kirsten Allen

Anthony Alvarez
Ray Chene Morie Alvarez
Frances Ancheta
Ally Armijo
Carmen Arroyo
Natalia Avalos Solis

Yomna Badr
Zalikha Barik
Matthew Barraza
Lauren Basta
Emily Beylerian
Ankitha Bharadwaj

Camaron Brown
Ryan Burgo
Krystal Carlson
Elizabeth Carmon
Katrina Castello
Kathleen Centeno

Angelica Chavez
Dianna Chen
Xiao Chen
Emily Childs
Annie Chin
Jiwon Cho

Lynn Cho
Brittney Choi
Liana Choi
Priscilla Chun
Brandon Cooper
Rachel Cortes

Page By: Jessica Louie & Lauren Yeung
Picture: HiutoYu

Cesar Cuevas
Kevin Dare
Allison Dea
Nadia Dhahbi
Philip Dinh
Yulando Do

Janel Dominguez
Justin Dong
Michael Dughman
Johnathan Dunn
Anthony Durana
Chelsia Durkee

Osama Eid
Matthew Elefant
Katrina Espelita
Kevin Espelita
Susan Fagel
Paul Fermin

Veronica Flores
Joie Fong
Tarin Ford
Torrey Fowler
Lauren Freeman
Courtney Freitag

# Guess Who?

1.

2.

3.

4.

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11.

12.

1. Young Jun Ahn 2. Marc Atkinson 3. Marissa Baldwin 4. Ryan D'Costa 5. Krystle Datuin 6. Haley Hayes 7. Stephanie Hoang 8. Jason Hong 9. Samantha Ho 10. Antonio Jimenez 11. Fedila Jabir 12. Laurel Johnescu

Michelle Fung
Christopher Giovannetti
Tim Harmon
Jackie Hartnett
Angelica Hernandez
Arielle Hernandez

Andre Hines
Erik Ho
Maria Huang
Duy-Hoa Huynh
Hazel Intal
Jason Miller

Garrett Jay
Brendan Jiu
Nicole Johnson
Krystal Jugarap
Victoria Kam
Maria Khatri

Minah Kim
Nzugu Kitenge
Sara Kofman
Maggie Lai
Lena Lau
Julie Lawson

Thu Le
Brian Lee
Eddie Lee
Christina Leung
Jenny Leung
Kaitlin Lewis

Danielle Li
Xin Yi Liang
John Lin
Ivy Liu
Kiley Lonsdale
Nicole Lopez

Brennen Lowe
Alexsandra Mah
Joseph Maier
Daniel Manrique
Emily Manson
Melissa Marchi

Page By: Jessica Louie & Lauren Yeung
Picture: Yunting Xu

Meghan Mato
Natasha Maza
Amber McCarthy
Katelyn McKeown
Riley McLens
Sharleen Meneses

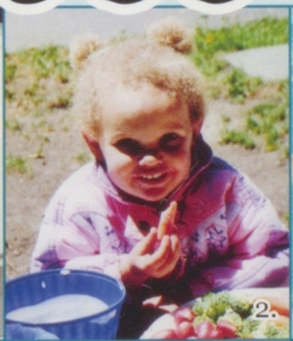
Jessica Miller
Joseph Missaggia
Elaina Moe
Samuel Mora
Wes Moyer
Hanah Mozden

Agna Mung
Marcus Murrietta
Joseph Na
Carmen Ng
Kevin Ng
Mei Ng

Elaine Nguyen
Kevin Nguyen
Austin Oducayen
Janellelise Onyemelukwe
Fran Pang
Haidee Pang

# Guess Who?

1.


2.

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12.

1. Anna Kim 2. Amanda Lane 3. Claire Lewis 4. Melissa Lim 5. Jose Lopez Garcia 6. Kathy Luo 7. Jessica Louie 8. Lizeth Martinez 9. William Matteucci 10. Ibrahim Mohammed Zakir 11. Miles Moscato 12.. Randall Perkins IV

Jessica Pan
Esther Park
Reed Parker
Lacey Parodi
Hannah Perez
Megan Pimentel

Frank Polizzi
James Pond
Jordan Pries
Ricky Quach
Joshua Ramos
Sean Ramsey

Gabrielle Reedy
Leena Richman
Jake Riemer
Shobhita Roberts
Veronica Rodriguez
Jeffrey Roeder

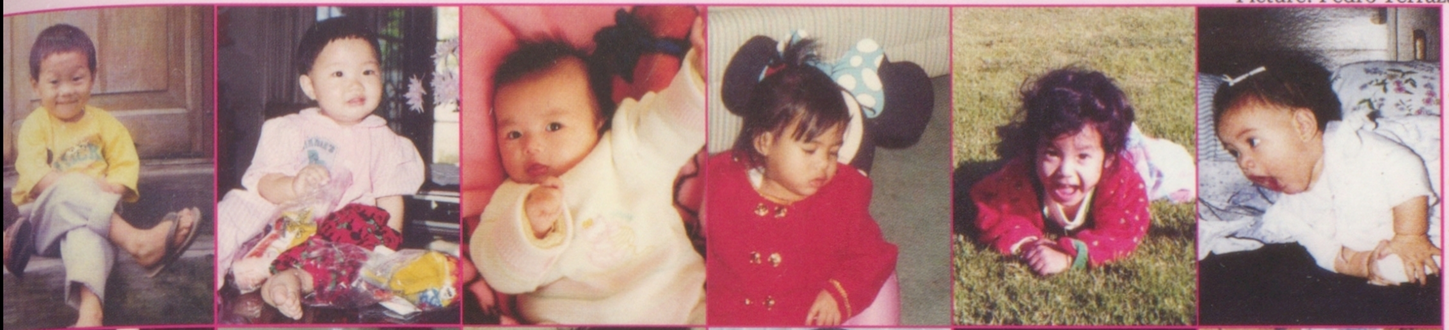
Justin Rozal
Alyssa Ruckman
Melissa Rundle
Ashley Sanchez
Daniela Sanders
Francesca Santos

Victoria Schnapp
Westyn Scott
Hyelim Seo
Jennifer Sever
Eunnah Shin
Jennifer Silva

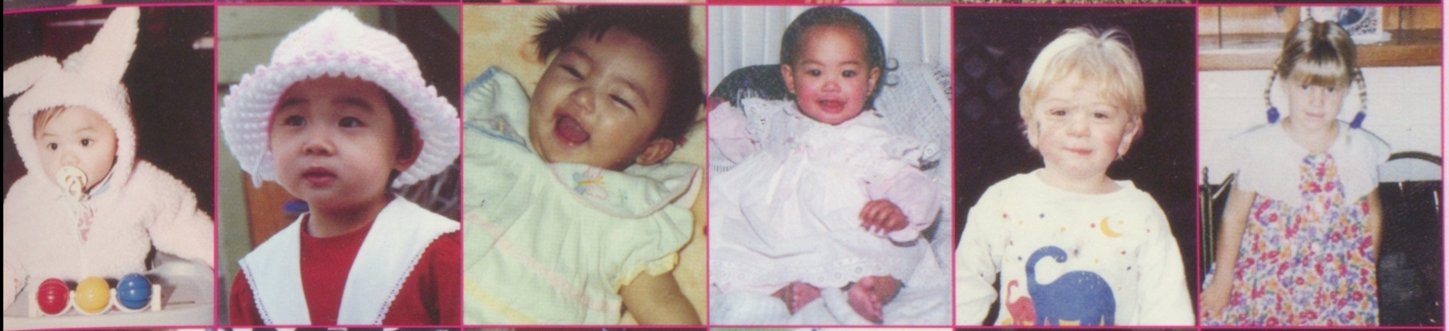
Michelle Silva
Tiffany Smith
Carmen Wan Han
Loan Su
Rebecca Suarez
Ellen Suderman-Talco

Megan Suzio
Priscilla Szeto
Kevin Tacla
Pui Tam
Tzu-Yi Tang
Lauren Taylor

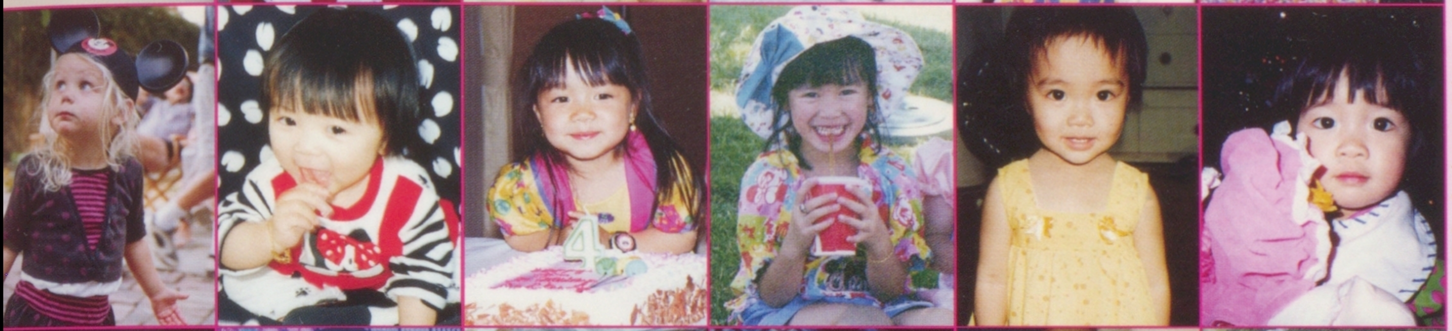
Page By: Jessica Louie & Lauren Yeung
Picture: Pedro Terrazas-Medina



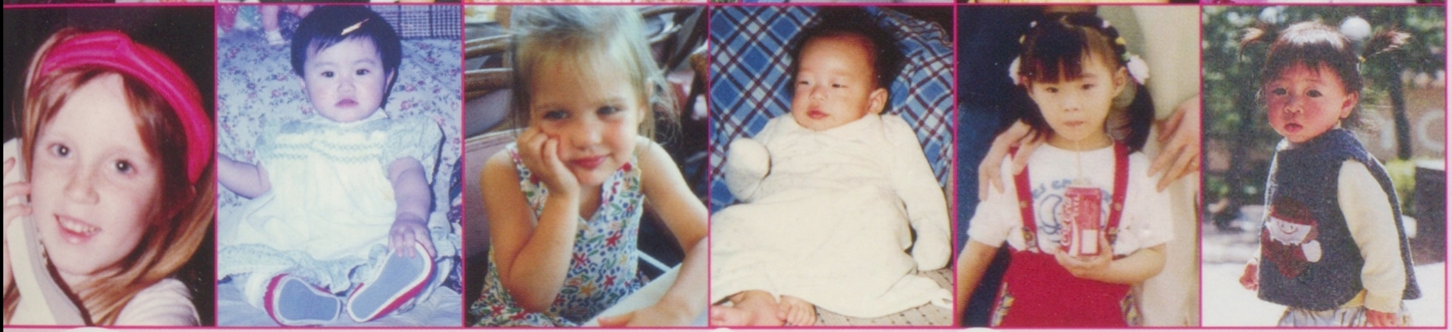
Jain Thappa
Michelle Tjia
Olivia Tong
Tatiana Torio
Anna Trinh
Victoria Trujillo



Kimberly Truong
Wendy Truong
Stephanie Tso
Brittany Tuazon
Benjamin Ulrey
Cassandra Von Garvisch

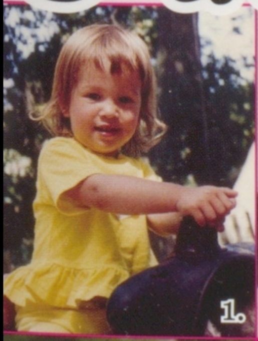


Natalie Wilkins
Briana Wing
Ashley Wong
Jenny Wong
Joanne Wong
Tiffany Wong



Aesia Woody
Nina Xu
Jill Yastishak
June Yee
Julia Zhang
Michelle Zheng

# Guess Who?



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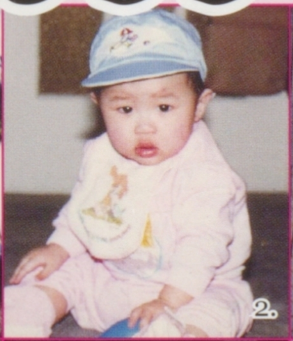

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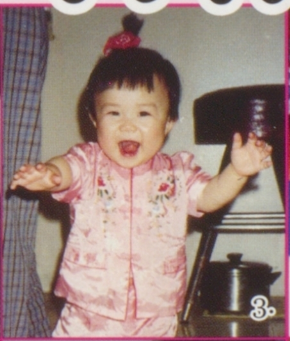

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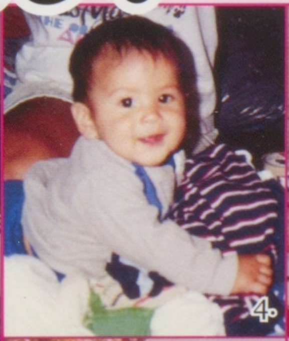

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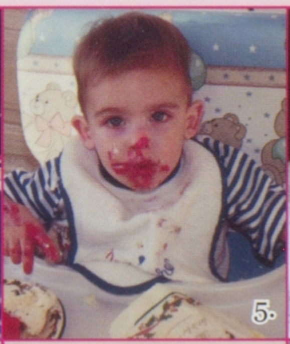

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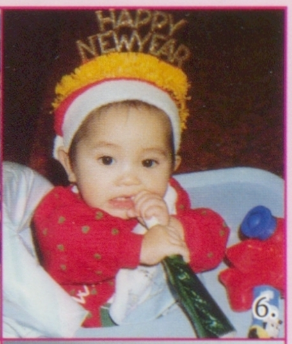

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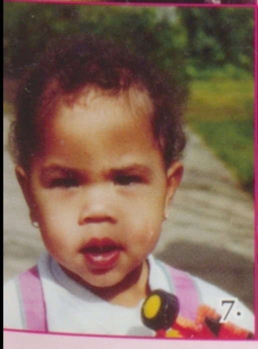

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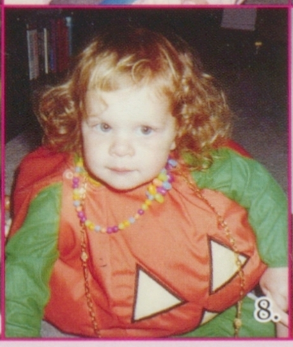

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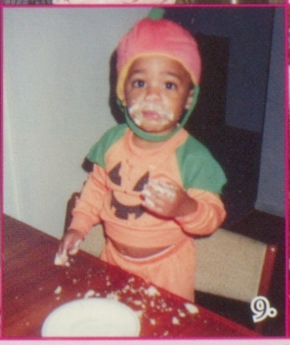

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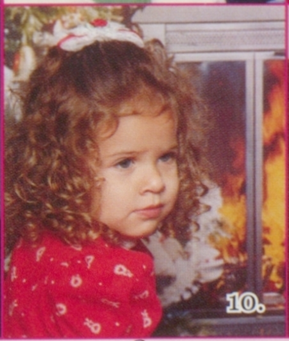

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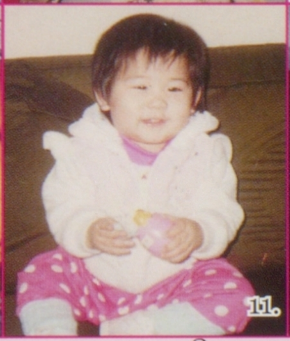

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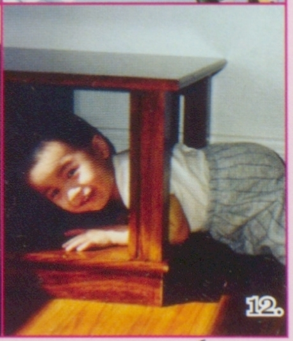


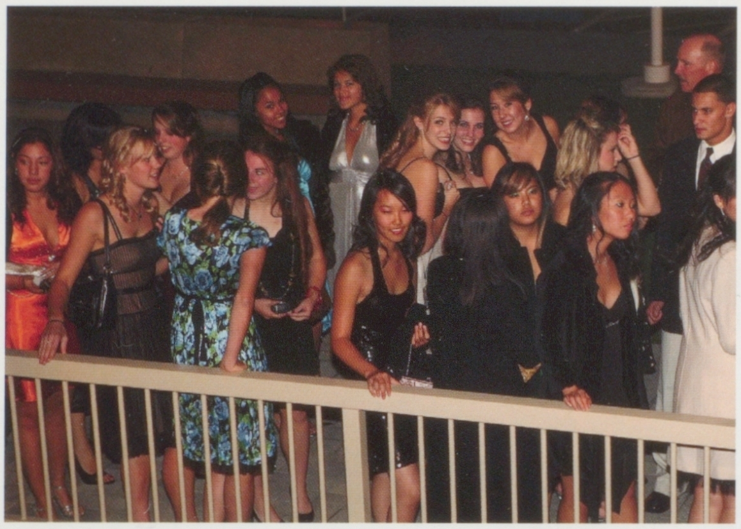
12.

1. Stephanie Taylor 2. Steven Tran 3. Teresa Trinh 4. Peter Valente 5. Kyle Valenzuela 6. Matthew Villegas 7. Tatyana Vogt 8. Kelly Watts 9. Jerame Wood 10. Angela Ybarra 11. Lauren Yeung 12. Dennis Yu

# Senior Banquet

**As the last year of high school slowly comes to an end, the Seniors begin their journey of "Lasts." Last first day of high school, last holidays of high school, last season of high school sports, etc.... Before June 2008 comes and goes, Seniors attend Banquet. What better way to begin the first of many senior activities than a night full of fun and laughter on a yacht sailing across the San Francisco Bay?**

**Here the journey begins...**



Anxious Seniors greet each other while they wait in line to get onto the boat.

Omoefe Ogbeide, Nicole Johnson, Ally Armijo

A. Meyer, R. Perkins IV, M. Elefant, K. Valenzuela, J. Roeder.

R. D'Costa, B. West, K. Ng, S. Ho, J.Thapa, C. Leung

Benjamin Engle, Frank Polizzi Jr, Jake Reimer, Benjamin Ulrey

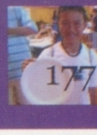
Corinne Li, Hilary Ledoan, Elaine Nguyen, Ray Chene Morie Alvarez

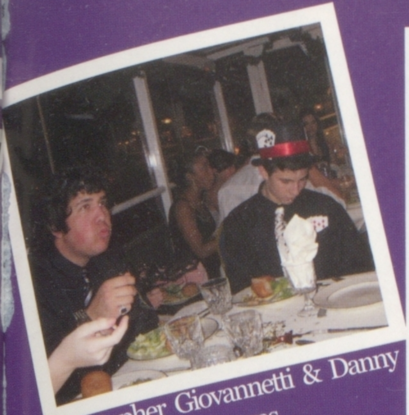
Hannah Perez, Allison Griffin, Esmerldad Gutierrez, Veronica Rodriguez

Emily Manson, Tatiana Vedel, Aesia Woody, Hanah Mozden

M. Fung, X. Chen, D. Hui, J. Wong, J. Wong, P. Szeto, L. Su, J. Dong

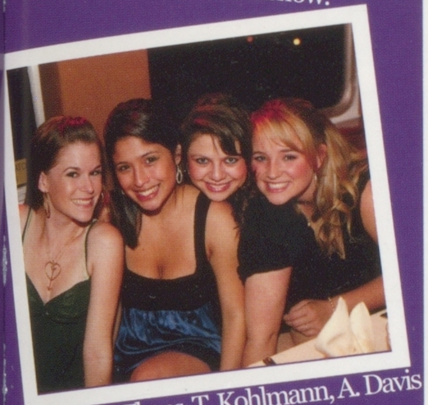
Page By: Jessica Louie & Lauren Yeung
Picture: Cameron Look





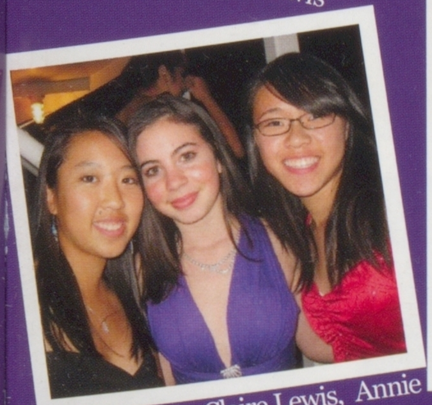
Christopher Giovannetti & Danny Contreras

The seniors gather around to watch the senior slideshow.



J. Miller, V. Flores, T. Kohlmann, A. Davis

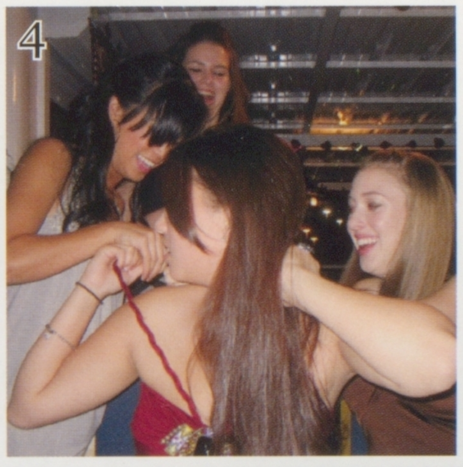
Tarin Ford & Kaitlin Lewis



Victoria Kam, Claire Lewis, Annie Chin

J. Yastishak, N. Lopez, K. Lonsdale, L. Parrodi, and J. Lawson

Linda Nyugen, Melissa Lim, Rachel Cortes, Joie Fong, Liana Choi, and Danielle Li toast to "Senior Year."



**Anna Rose Pitts**, **Francesca Santos**, and **Lauren Taylor** are ready for a fun night.

Teammates **Weston Moyer** and **James Adgar** give each other a handshake.

Friends **David Odza**, **Daniel Brown**, **Brandon Cooper**, and **Casey O'Reilly** have a friendly group hug.

**Jessica Louie** and **Torrey Fowler** have a good laugh as they fix **Krystal Carlson's** dress.

C. Brown, K. Jugarap, A. Durana, J. Ramos, S. Ramsey, K. Nguyen, J. Hong, and P. Fermin, dressed in their Las Vegas attire, get together for their first of many last senior events, hoping to make their evening memorable.

# Candids

Left: Thu Le, Kathy Luo, Carmen Ng

Right: Kevin Ng, Lisa Ahn, Tatiana Torio, Eddie Lee

Above: Matthew Young, June Yee, Wendy Truong, Stephanie Taylor, Haidee Pang, Michelle Young, Lila Wang

Right: Nergiss Shaghasi

Above: David Garcia, David O'Hara, Ernesto Alonso

Right: Antonio Jimenez, Peter Valente, Ju Young Hong, William Matteucci, Emily Manson

CSUMB
MONTEREY BAY
LADY HORNETS
AHS
SWIMMING

Left: Anna Price, Francesca Santos, Miranda Leung, Chelsia Durkee

Right: Nicholas Darracq, Brendan Jiu

FINANCIAL AID...
SCHOLAR-SHIP$
COMMUN COLL

Left: Brandon Yee, Andrew Nguyen, Allison Quach, Samantha Ho, Joie Fong, Mrs. Pula, Lila Wang, Damon Liang

Below: Kyle Valenzuela, Krystal Carlson, Courtney Freitag, Daniela Sanders

Right: Julia Zhang, Agna Mung, Michelle Zheng, Donna Tran

Left: Samuel Mora

Below: Marcus Murrietta, Ibrahim Mohammed Zakir, Kevin Duke

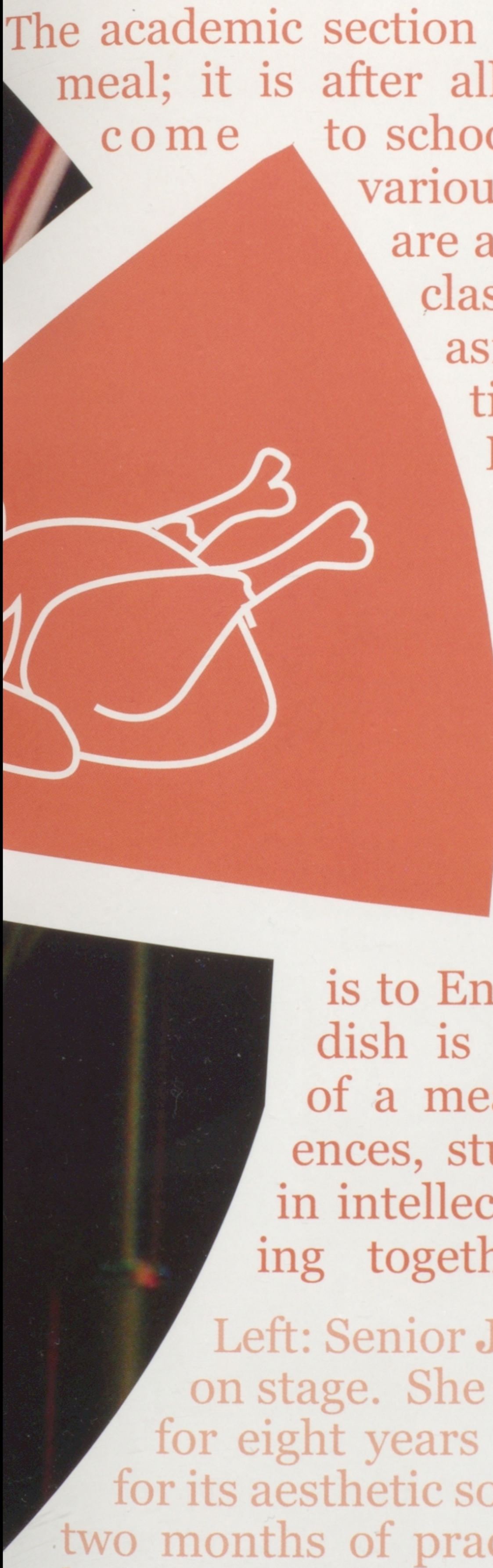
Above:
Alyssa Ruckman,
Janellelise Ondevilla,
Dr. Dauber.

Right: Casey O'Reilly,
Eric Olveira

Page By: Melissa Lim
Picture: Nicholas Reyes

# academics

## main courses



The academic section is the main course of our meal; it is after all, the primary reason we come to school. Like a family exploring various dishes of a meal, students are able to experience different classes with interest, enthusiasm and sometimes trepidation. Teachers at Alameda High School encourage us to approach material in many creative ways. We participate in class discussions, debates and projects. As chopsticks are to sushi, graphing calculators are to Calculus; as bread is to ethiopian food, Shakespeare is to English Literature. The main dish is the hearty, chewy center of a meal. Through these experiences, students are able to engage in intellectual activities while bonding together as a student body.

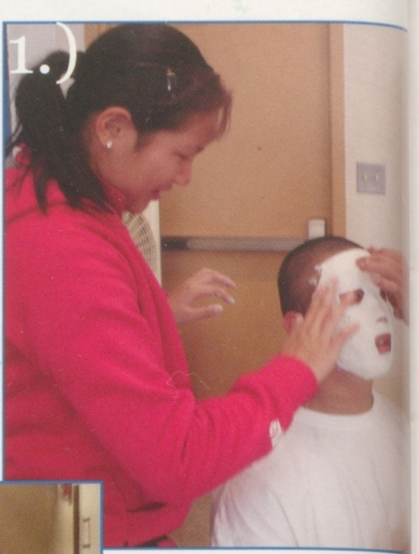
Left: Senior **Judith Cruces** loves being on stage. She has been playing the violin for eight years and chose the instrument for its aesthetic sound and appearance. After two months of practice, the band performed t the winter assembly and was a huge success.

Classes |190

Core Classes|198

*3 Tablespoons of Cookies- 1/2 Cup Grace- 1 Teaspoon of Perspective- Whip in Inspiration- 2 Cups of Rhythm- Generously stir in an E*

Freshman **Camila Martinez Granata** is helping freshman **Michelle Licea** out by putting the strips of paper maché over her face. **Camila** and **Michelle** are making a paper maché mask in Mrs. Milgrim's class. After the masks dry, they are able to paint their personal designs. "That stuff on my face felt so nasty Ix wanted to take it off and it was also itchy." said **Michelle**

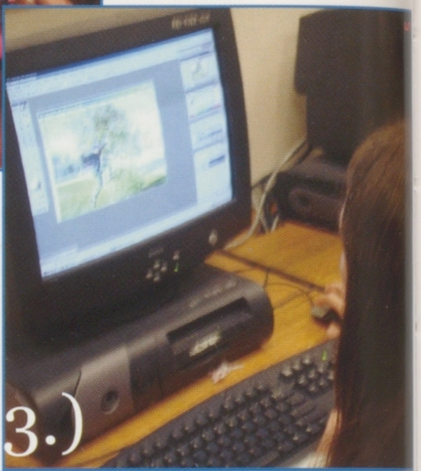


1.)

1.) Freshman **Lori Nquyen** began with vasoline so the mask can come off easier, but then after they soak strips of something in a paste to make the mask stay together. Finally, after the mask dries they get to paint the mask.

2.) Junior **Hoa Chung** is dancing to the rhythm of the African beats. **Chung** is practicing for the final where they have to perform in front of Mrs. Gill.

2.)



3.)

3) Sophomore **Rachel Quintana** is demonstrating how to use PhotoShop efficiently. Rachel is editing one of her many photos for a power point project. Rachel was tampering with her action photo.

Freshmen **Dustin Ho** and **Ryan Fong** are also sketching a perspective drawing of the hall. They are measuring the accuracy of their perspective with rulers." We are checking the angles of the locker," said both **Ho** and **Fong.** "My sketch turned out just fine but I didn't finish it," said **Dustin Ho**. "I finished mine and it turned out really well," commented **Ryan Fong.**

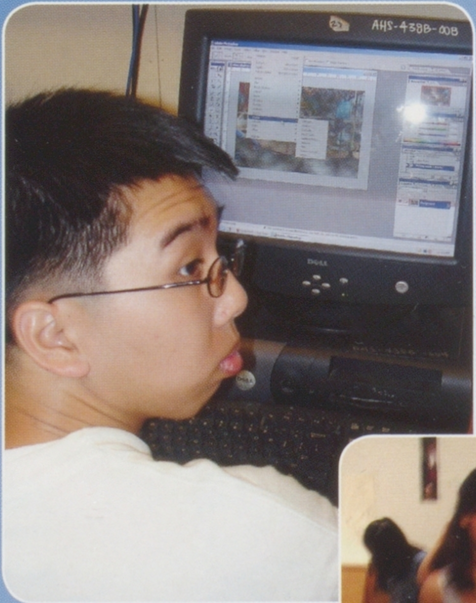
## *What do you like about art?*

"We are able to do a wide variety of projects in the biggest room in the school. I also like the different materials we use, such as plaster, paints, and pencils."

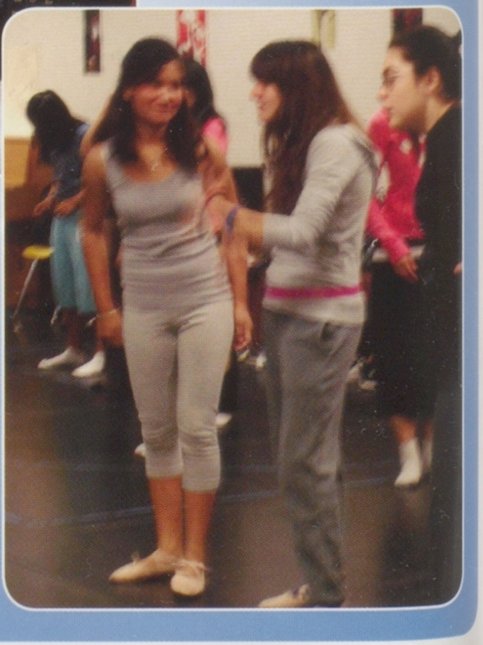
- **Benjamin Goode**, '11

"My favorite thing about multimedia art is that we are able to manipulate and create pretty pictures. The best thing is we get to use the different equipment, like the professional cameras."

- **Tam Le**, '10



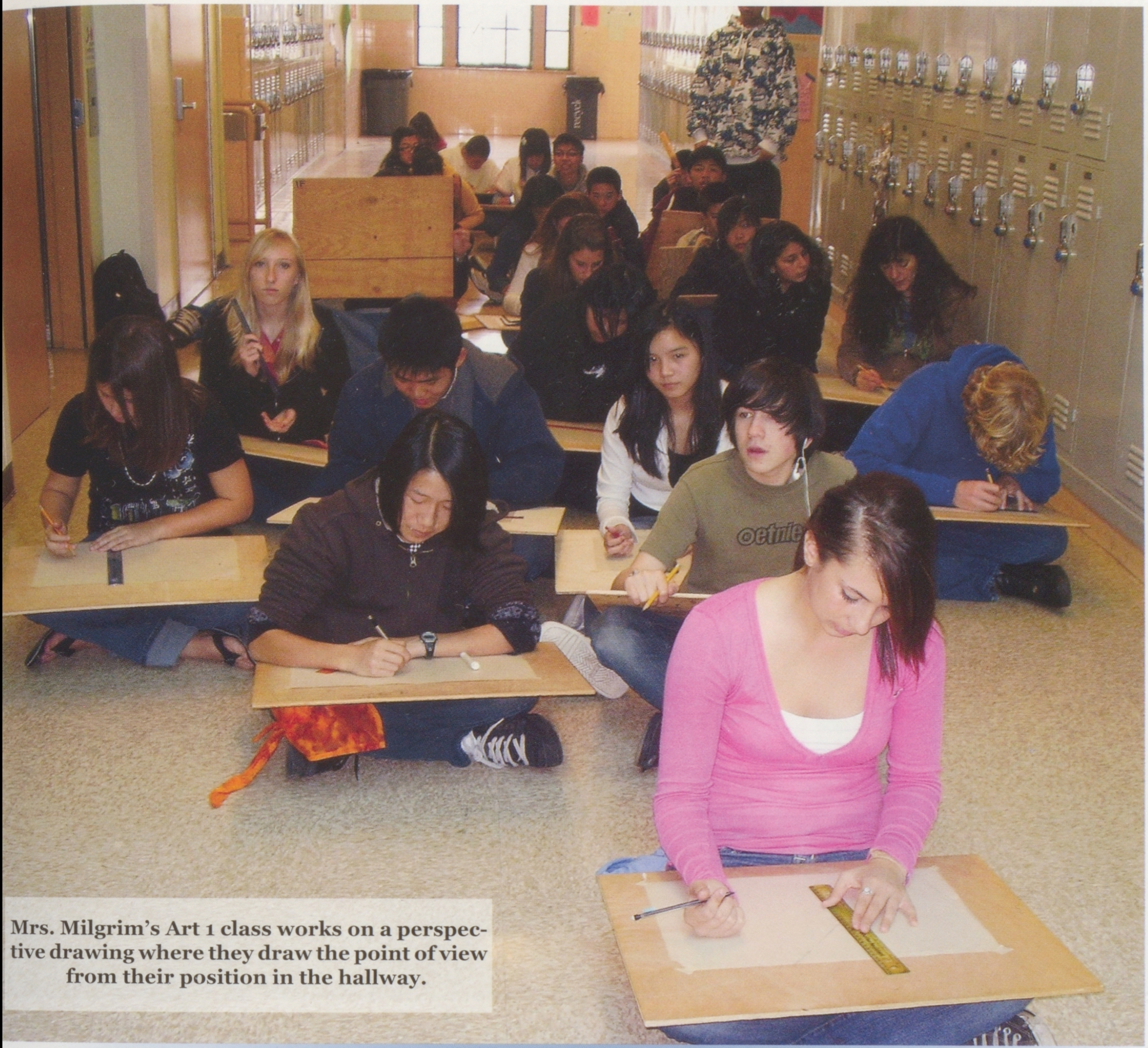
To the left, Junior **Lester Chen** is pondering ideas for manipulating his picture for one of his many projects in Multimedia art. He is looking for a way to make his photo better. "I like PhotoShop because I can enhance my pictures and make them all different styles from animation to a blank photo."



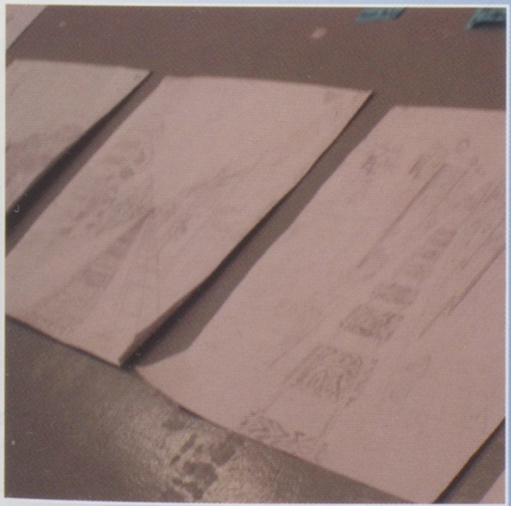
To the right Senior **Ray Chene Morie Alvarez** and Junior **Alejandra Sainz De La Rica** are in a deep conversation about the movement of their African dance. After dancing, **Ray** and **Alex** talk about what they did wrong and how they can make it better the next time around.

Page By: Marisa Araujo and Sara Osman
Picture: Courtney Lee

# Art & Dance



**Mrs. Milgrim's Art 1 class works on a perspective drawing where they draw the point of view from their position in the hallway.**



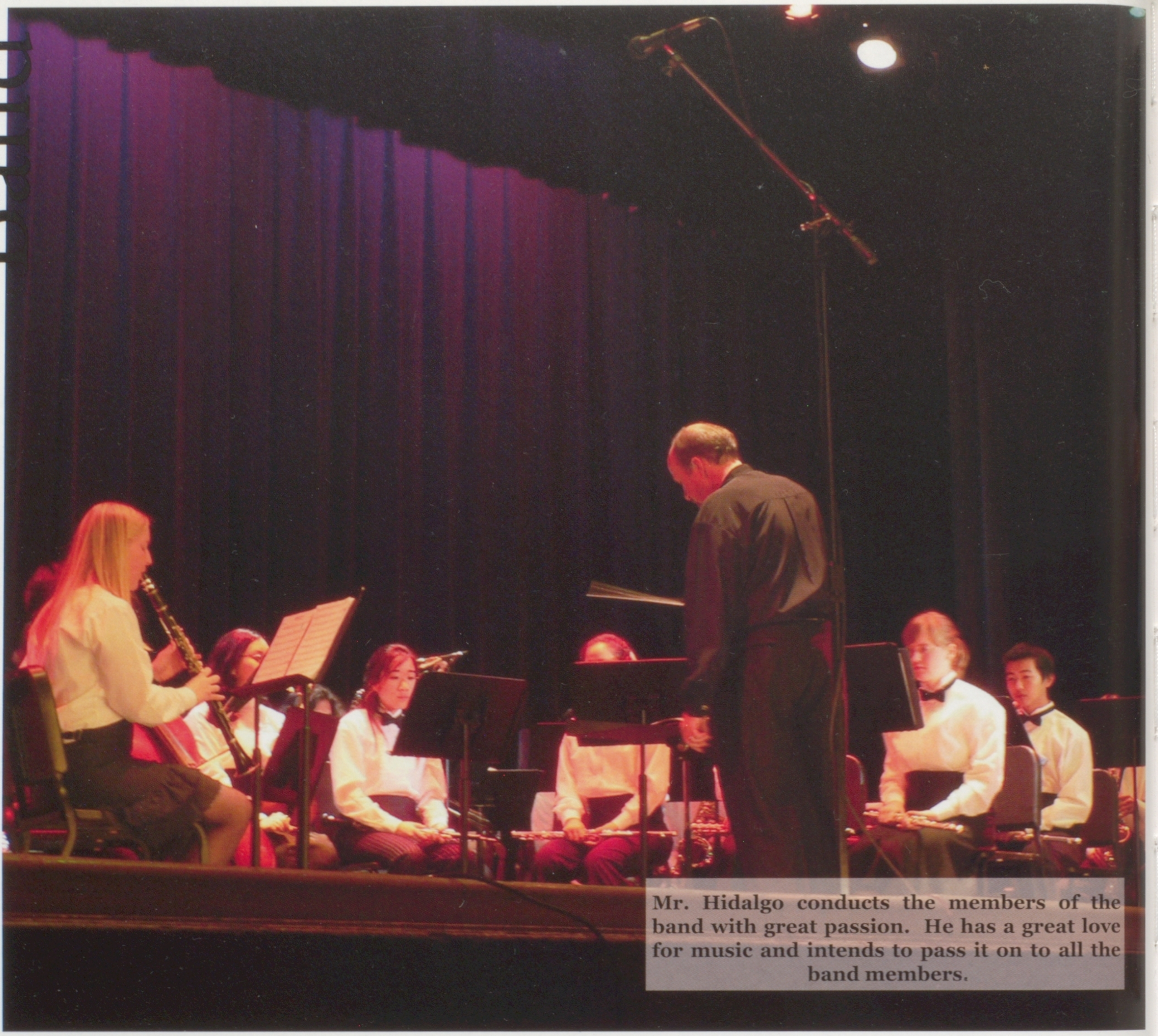
In Mrs. Milgrims class she posts her students work all around the room. All of her Art 1 students made a town with a railroad going straight through it.

Dance class is practicing a routine they recently learned. They are starting out with a new dance so everyone is unsure of the dance steps.

Sophomores **Ashton Doulabi Ramezani** and **Daniel Lyons Lau** take a quick shot of woodchips for their project in Multimedia Art.

*3 Tablespoons of Notation~ 1/2 Cup of Allegro ~1 Teaspoon of D Major~ Whip in a lot of Discipline~ 2 Cups of Rhythm ~*

# Band



**Mr. Hidalgo conducts the members of the band with great passion. He has a great love for music and intends to pass it on to all the band members.**

**Kyle Valenzuela**, '08, is a member of the Argyle Sweaters, a band made of students here at Alameda High. The Argyle Sweaters do many performances here at the school and we even had a spirit day named after them.

**Melissa Scott** '09 concentrates on her music for the song *Urban Dances* that she and her fellow band mates are performing, which helps them perform the song flawlessly.

**Joseph Maier** '08 has been playing the piano for four years and all of his hard work and practice really show in the assembly.

Page By: Mike Panagakis-Maritz and Jennifer Lee
Picture: Maya Robles Wong

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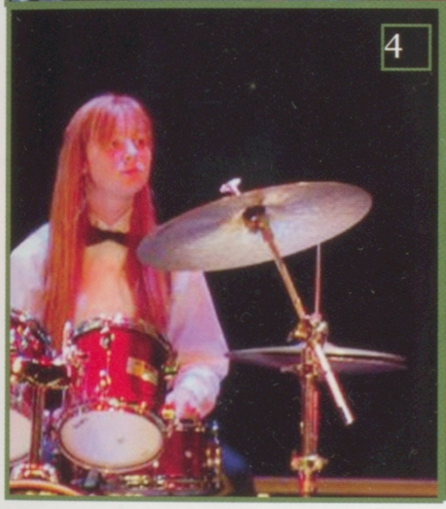


5

1. **Joshua Ramos** '08, plays his saxophone enthusiastically during his solo. He puts a lot of hard work into the band. Joshua has been playing saxophone since fourth grade. Even without much practice, his dedication is what helped him play his solo.

2. **Lisa Hickox** '08, must concentrate on the exact position of where she places her fingers in order to hit the right notes. She loves to play guitar because she thinks it's good in any style and there are always new challenges for her to face.

3. **Andrew Ramos** '09, another member of the Argyle Sweaters, loves to play guitar and practices playing everyday. He also practices by playing Guitar Hero in his free time.

4. **Madeleine Giordano** '08 plays drum passionately during the concert. **Giordano** has been playing drums for a while and she manages to play in sync with all the other band members, thus, setting a perfect rhythm.

5. **Mr. Hidalgo** commands the band members to quiet down so they can begin to practice for their next performance. It is all the hard work that they put in that makes them as great as they are.

The beautiful sound of the saxophones really stands out from all the other instruments playing because they have a soulful touch to them.

The clarinets have practiced for two months preparing themselves for the winter concert. This helped them to play consistently without making any mistakes.

## *How do you prepare before a performance?*

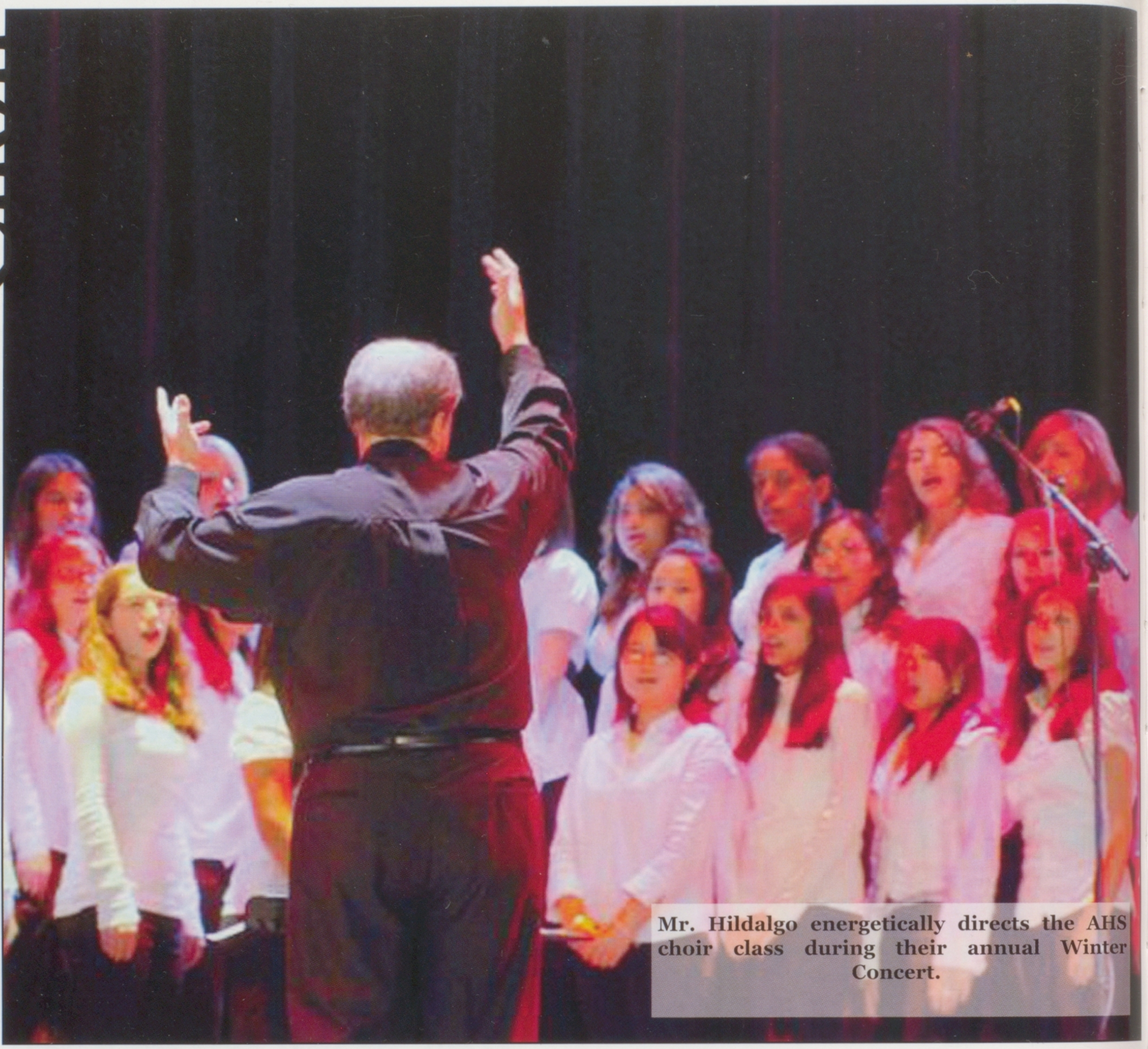
"I like to get a good night sleep the night before the performance. When the day comes for the performance, I will take a shower and try to look pretty."

- **Leslie Ji** '09

"Before a performance I usually eat a big dinner the night before so I will have the energy to last the entire performance. I will also practice for a while the night before."

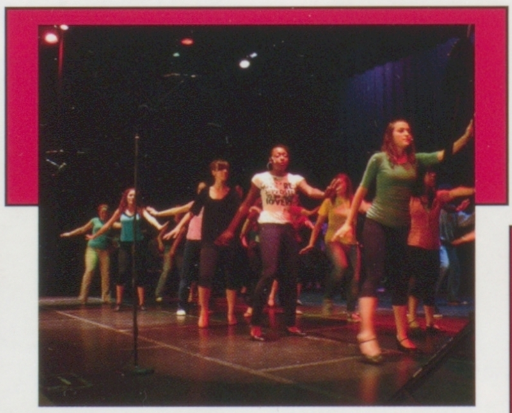
-**Tyler Sanderson** '09

# Choir



**Mr. Hildalgo energetically directs the AHS choir class during their annual Winter Concert.**

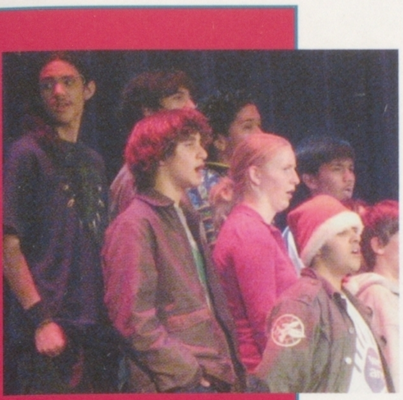
The AHS choir class follows Mr. Hildalgo's conducting during their practice in the Koffman Auditorium. They performed a total of five songs at the AHS Winter Concert.



Musical Theater practices for the AHS Winter Concert. They performed "You Can't Stop the Beat" from the musical *Hairspray*.

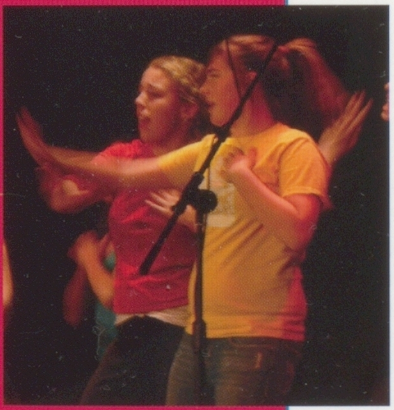
**Casey Hutchison** '11, waits for her cue to begin her solo. While she waits, the rest of musical choir backs her up with singing.

Page By: Michael Hoye and Carla Shao
Picture: Brianna Lawrence

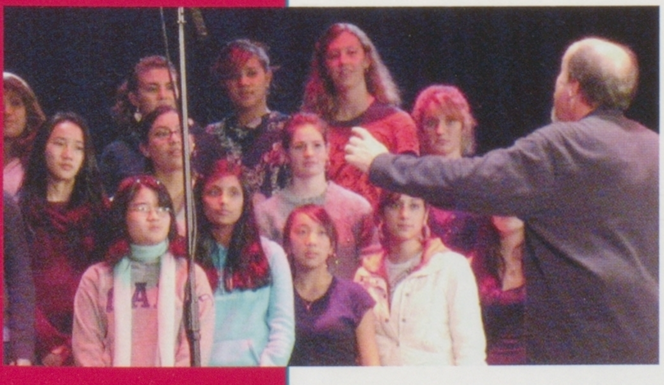


**R. Quesada** ‘10, **B. Hoye** ‘10, and **N. Martinez** ‘11, members of the baritone section, rehearse their performance for the Winter Concert.

Mr. Hildalgo leads the tenor/ baritone section in the Norwegian song “Adieu.”

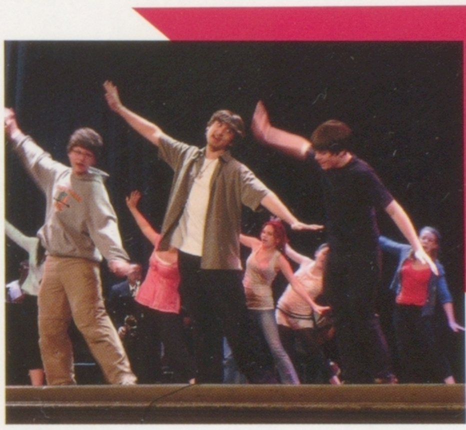


**Rosie Atkinson** ‘11 and **Katrina Turman** ‘08, step to Musical Theater's carefully choreographed routine.



**Catherine Ng** ‘10, **Aamirah Dastgir** ‘11, and **Courtney Lee** ‘11, attentively watch Mr. Hildalgo during a pause in the song “Sweet Amarillis.”

Musical Theater finishes off their performance of “You Can't Stop the Beat.” They perfected this grand finale by practicing a great deal.



**Nathan Brown** ‘11, **Alec Mathieson** ‘11, and **Thomas Oducayen** ‘08, dance with rest of the Musical Theatre class while they rehearse “You Can't Stop the Beat“.

The choir waits for Mr. Hidalgo to lead them in “Louisiana.” They sang this song during their performance at the Winter Assembly.

The choir sing “California Dreamin’” during the Winter Concert on December 13. Their hard work paid off; an audience member commented that their performance was “fantastic.”

## *What is the best thing about choir?*

“Choir is more then a class. It is a family. Four years in choir has increased my confidence and enabled me to form strong friendships with Freshmen to Seniors. Singing has created a bond with friends whom I will always treasure.”

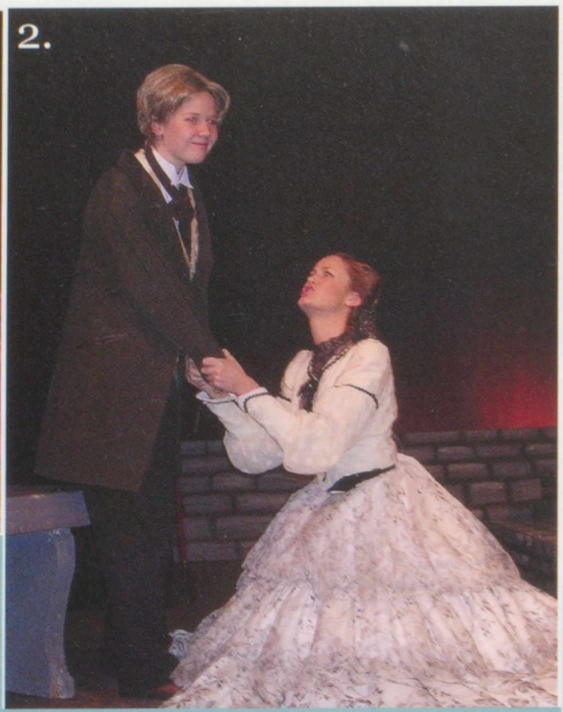
-**Emily Manson** ‘08

“I like that it is such a calm environment and nobody cares if we mess up because we are such a big family like Emily said. If you make a mistake, make it loud and proud.”

-**Monica Lee** ’11

*3 Tablespoons of Confidence - 2 Cups of Vocal Projection - 1 Pinch Dedication - Whip in Strong Stage Presence - 2 Cups of Applause - Generously stir in*

1.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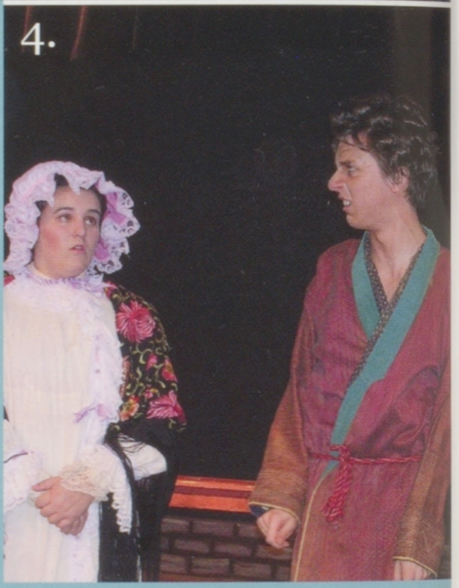

4.

1. Senior **Andy Meyer** is one of the new-found talents of the drama department thanks to his role as the Beast in last spring's *The Beauty and the Beast*. Here he plays the role of Sir Toby, the rowdy drunkard uncle of Olivia. Paired with Maria, Olivia's clever maid played by Junior **Kelly Reynolds**, the two provide the play with humor, leaving the audience laughing repeatedly.

2. Senior **Nora Gordon** skillfully plays the role of Viola, a strong-willed woman that dresses up as a man under the alias of Cesario. This identity becomes the object of affection of Olivia, played by **Darrah Jones** '09.

3. Comedy, cleverness and music are brought to the stage by **Jason Berk**, '10, who plays the role of Feste, the sharp-witted fool.

4. Malvolio, the extremely self-righteous steward of Olivia's house is phenomenally played by Senior and accomplished actor **Donald Landers**.

5. Viola, played by **Nora Gordon** '08, becomes besotted with her employer, the Count Orsino, played by **Benjamin Hughson** '09, even though he uses her to profess his love to the fair maiden Olivia.

6. by In the opening scene, Sophomores **Lauren Mercado** and **Azra Muftic** do a lovely fan dance in Orsino's ballroom.

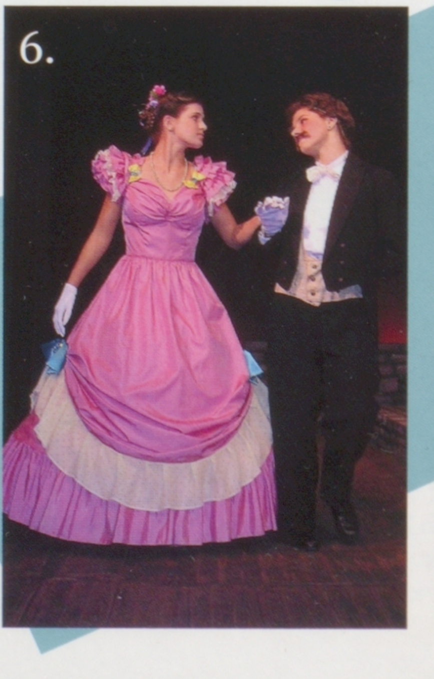
## *What's your most embarrassing moment on stage?*

"In the *Music Man Jr.* for KTTS, I was offstage when I heard silence until it hit me that, oh shoot, I was supposed to be on stage! I panicked and then covered it up by instinctively yelling 'Marian? Marian? Where are you!?" and pretending to be looking for her.

- **Erin Nickell**, '09

"When I get nervous on stage, I panic and start to laugh a lot louder than I really need to, which is pretty embarrassing."

- **Jeanette Zhu** '10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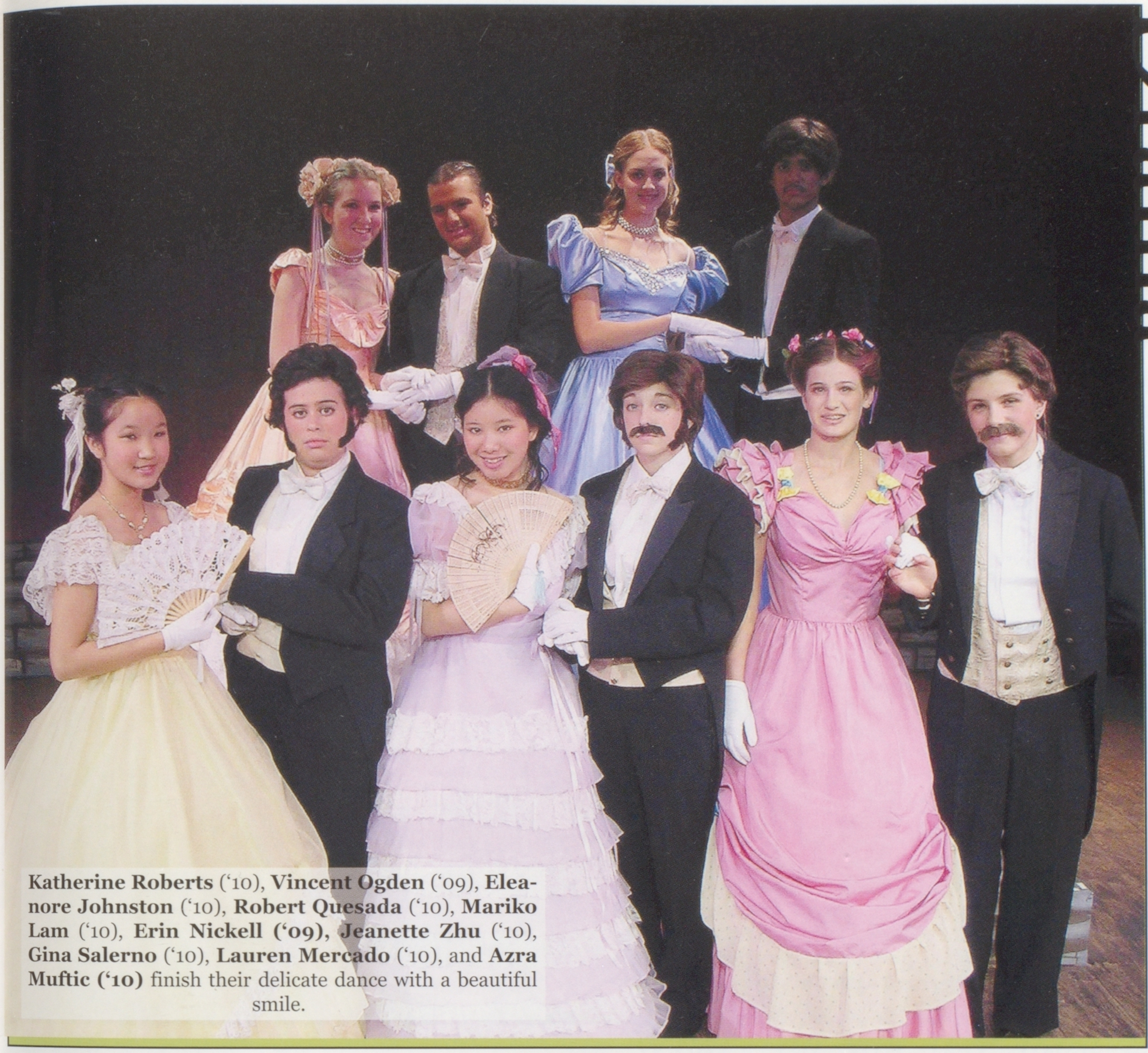
Page By: Natalie Medved and Kaila Ann Timbreza
Picture: Daphne Duong

# Drama

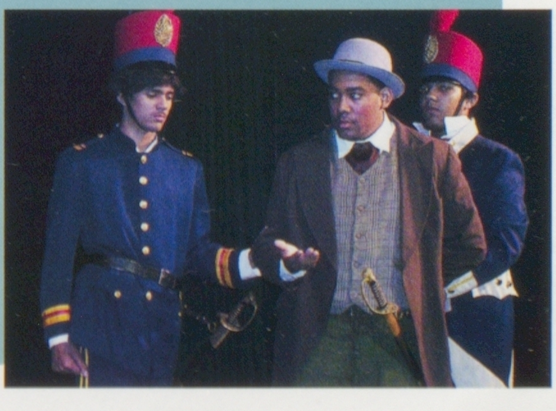


**Katherine Roberts** ('10), **Vincent Ogden** ('09), **Eleanore Johnston** ('10), **Robert Quesada** ('10), **Mariko Lam** ('10), **Erin Nickell ('09)**, **Jeanette Zhu** ('10), **Gina Salerno** ('10), **Lauren Mercado** ('10), and **Azra Muftic ('10)** finish their delicate dance with a beautiful smile.

Bottom Left: In *Twelfth Night*, while scheming on how to destroy the well-developed ego of Malvolio, his opposers **Kelly Reynolds** ('09), **Andy Meyer** ('08), **Jason Berk** ('10), **Emily Pendleton** ('09) and **Neil Livingston** ('08) gather and decide to write him a fake love letter from his secret love, Olivia.

Bottom Center: **Gina Salerno** ('10), **Vincent Ogden** ('09), **Azra Muftic** ('10), **Erin Nickell** ('09) stare down Orsino, played by **Benjamin Hughson** ('09), and await his word to follow his every movement.

Bottom Right: Sophomores **Robert Quesada** and **Jeffrey Lafountain** attempt to imprison Antonio, played by Senior **Marcus Murrietta**. Antonio is another factor in the play's entangled love connections, as he harbors a secret love for Viola's twin brother, Sebastian, while Sebastian, in turn, courts Olivia.



*2 cups of Interest ~ 1 tablespoon of Choice ~ 3 tablespoons of Creativity~ A dash of Self-discipline ~ 1 tablespoon of Happiness ~ 1 cu*

# Electives

**Elizabeth Reilly '09, David Garcia '08, and Esmeraldad Gutierrez '08 keep an eye on the children as they play in the playground that is part of the Careers with Children classroom.**

**Carlos Jimenez '09**

**Carlos Jimenez** carefully concentrates as he uses his saw to cut out the shapes he needs to construct his doghouse in construction class.

**Stacy Fan '09**

**Stacy Fan** uses her computer skills in the Media Center to produce a grade A paper for psychology class.

**Eric Olveira '08**

**Eric Olveira** uses his tall height to his advantage as he carefully balances on a ladder to hang posters to decorate the marketing classroom.

Page By: Maurelle Bagus and Michelle Murphy
Picture: Shuki Chan

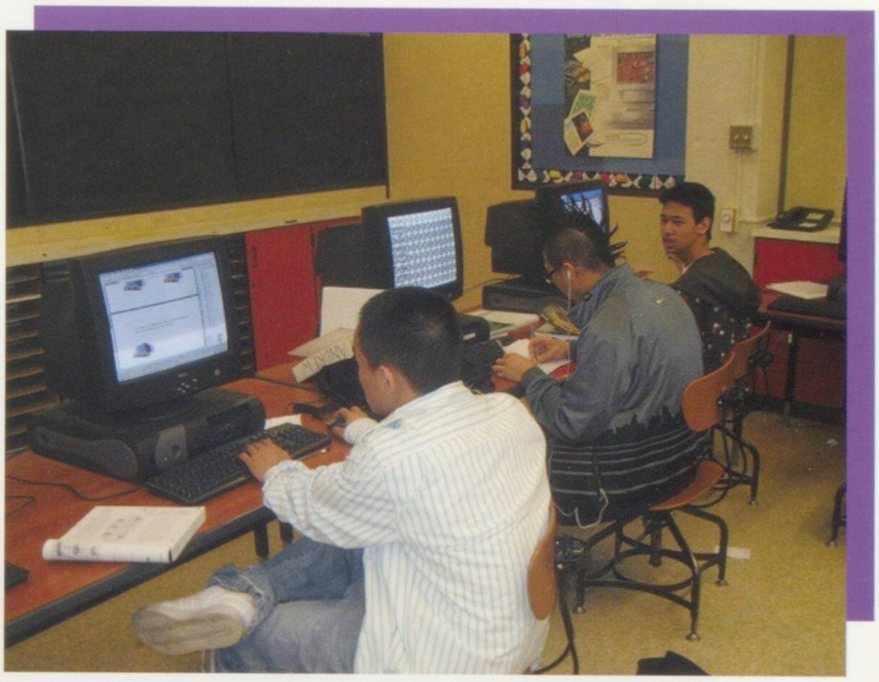
**vana Wu** '09 must translate nformation on the computer as a Media Center aide.

**Erik Ho** '08 and **Josh Mandell** '09 happily finish their film for TV Media.

**Tiffani Perez** '09 creates colorful ornaments for Careers with Children.

Seniors **Liana Choi** and **Rachel Cortes** put up posters in the marketing classroom.

**icholas Reyes** '11, **Neil Livingston** '09, **Alanna Regan** '09, d **Christina Tran** '10 work together to finish writing their found poem in creative writing class.



Seniors **Kevin Nguyen, Andrew Wong** and **Kevin Dare**, diligently finish their assignments from their computer workbook, in order to maintain the good grades they strive for in tech-aide.

**Jonathan Bang,** '08, carefully measures the doorway to his handmade doghouse in construction class.

**Daniel Huie,** '09, and his classmates explore the gaming world in Intro to Video Games.

## *What do you like most about your elective?*

"I've been in AVID for two years and it's like a family. Not only does it help me figure out things necessary for college, but it helps build leadership skills and self-discipline."

**- Tammy Vo** '10

"I like tech-aide because it's a lot of fun and it will help me in the future."

**-Nicholas Owyang** '09

*1 tablespoon of Interest ~ 1/2 a cup of Good Memory ~ 1 cup of Understanding Concepts~ 1 teaspoon of Intelligence ~ whip in the*

# Foreign Language

**Mme. Labarre's 4th period French 2 students cook delicious Belgian waffles to experience a taste of France.**

**Miranda Cohen** '09 helps out her fellow classmates as she tests their vocabulary skills with her newly made flashcards.

Templo Azteca

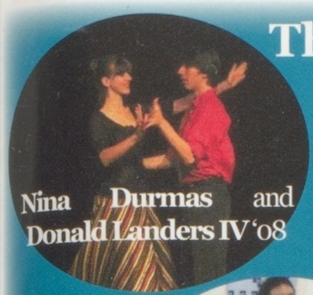
**Kayla Missaggia** '09 eagerly raises her hand to answer Sra. Yeo's questions in Spanish 3.

**Daniela Myovich** and **Nathaniel Williams** '09 work together to finish their group quiz in HP Spanish 4.

**Loann Hoang** and **Emily Ball** '10 quickly finish their warm-up in French 3.

Page By: Maurelle Bagus & Christie Lee
Picture: Evan Shum

# The Second Annual Foreign Language Talent Show

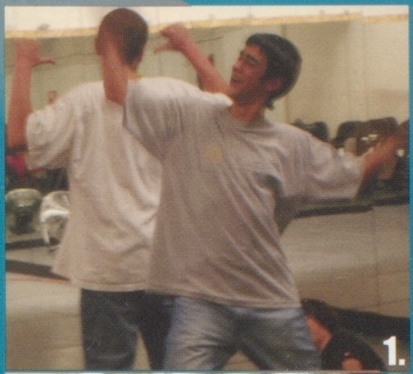


Nina Durmas and Donald Landers IV '08

Michael Reyes and Bonnie So '09

Momo Ishiguro '08

1. **Adam Khatib** and **Ashton Ramezani Doulabi** '10 dance and sing for the French teachers.
2. **Joseph Maier** and **Lisa Hickox** '08 perform a Spanish duet for the foreign language teachers.
3. **Nicholas Lee** '09 and **Clara Shin** '11 skillfully finish their tango solo for the talent show auditions.
4. **Stacy Fan** and **Jeremy Dong** '09 joyfully practice their impressive salsa number.



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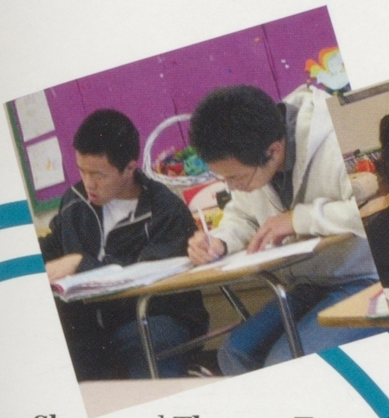


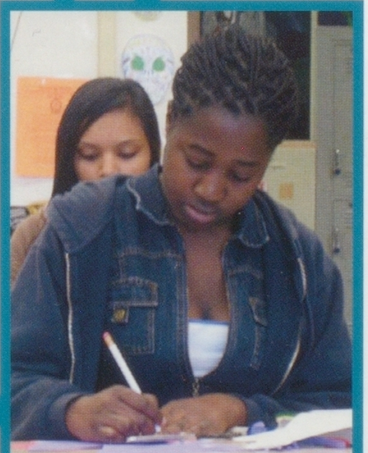
**Ryan Shum** and **Thomas Tran** '09 work on their Spanish essay on global warming.

**Huong Vo** and **Mason Dophied** '11 help each other finish their Spanish warm-ups.

**Jason Berk** '10 makes a heart out of Belgian waffles.

**Reena Patel** '09 makes an environmental poster in Spanish 4.

**Taylor Sandoval**, '08, creates *una tarjeta bonita* (a pretty card) for Valentine's Day.

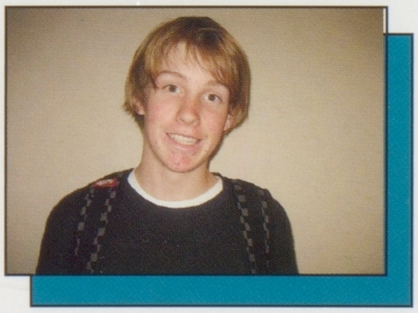


**Nzugu Kitenge** '08 diligently takes notes as Sra. Olsen lectures her Spanish 4 class on preterite verbs.

## *What is your favorite French or Spanish food?*

"My favorite French food is *crôque monsieur*. It's basically a sandwich that is fried with cheese and butter on top. It's really good; I can't really describe it."

-**Mingmei Niu** '09

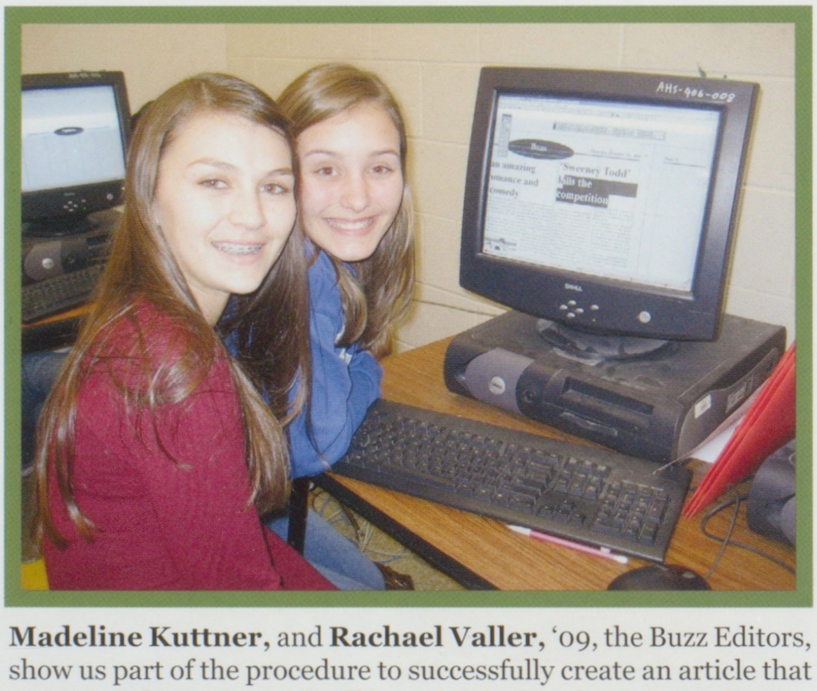


"I favorite Spanish foods are burritos, I like burritos because they have a lot of stuff in them."

-**Garren Orr** '10

# Journalism

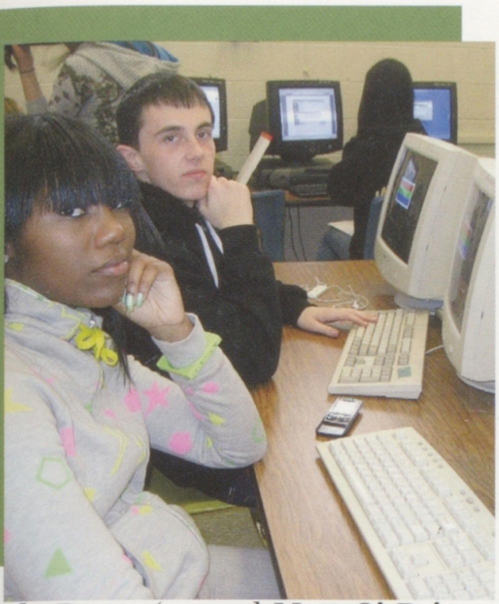
**The entire journalism class takes a break from their hectic schedule and responsibilities to take a funny group picture like a family.**



**Madeline Kuttner,** and **Rachael Valler,** '09, the Buzz Editors, show us part of the procedure to successfully create an article that is informative and will be published in the *Oak Leaf*.

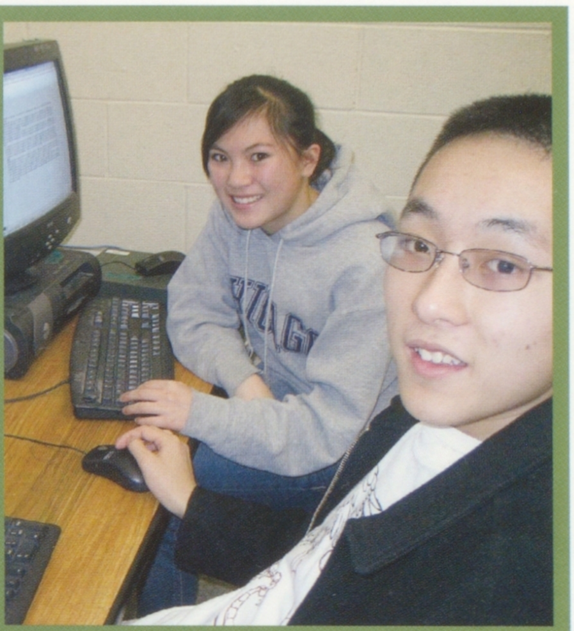
**Brigid O' Donoghue**, '09, **Kirsten Allen,** and **Alyssa Ruckman,** '08, spend their time reading the newspaper in class to raise awareness of current events that may affect them.

Page By: Michael Panagakis-Maritz & Carla Shao
Picture: Tiffany Le



**Fayola Perry,** '09, and **Matt O' Brien,** '08, brainstorm about possible ideas and changes needed to be made in their writing.

The journalism class works together efficiently, despite the intense atmosphere due to an upcoming deadline.



**Monica Lee**, and **Allen Young,** '09, use the skill of teamwork to give each other feedback on their stories.

**Ryan Shum,** and **Daniel Chen,** '09, read the *San Francisco Chronicle* to get new ideas for future reference and writing assignments.

**Annie Murray,** '11, quietly reads the newspaper, reviewing the current news in the *San Francisco Chronicle.*

We catch **Janelle Bitker,** '09, in action, as she is in the process of opening up her page to continue working on her article.

**Samantha Vaughan,** '09, laughs from relief, as she completes her story before the deadline.

The Oak Leaf
Hive's closure cuts food possibilities

A stack of previously published *Oak Leaf* issues lies in a pile in the journalism class, allowing easy access for whoever desires to read past articles.

## *Are you interested in pursuing a career in journalism?*

Yes, because writing is my passion. It enables me to voice my opinion in an eloquent manner.

**-Michelle Loo** '10

Journalism

Yes, one day, I would like to head a news magazine like *Time* or *Newsweek*. I would also like to get into broadcasting journalism.

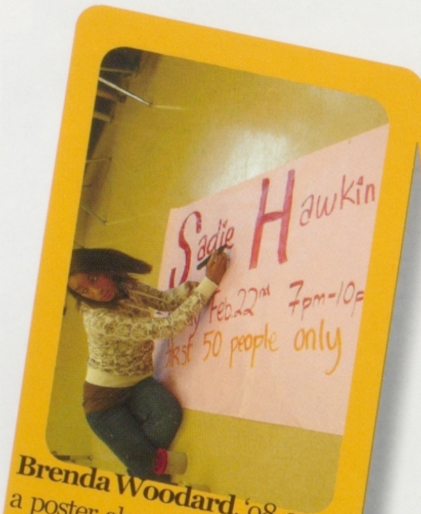
**-Jain Thapa** '08

*3 Tablespoons of Dedication~ 1/2 Cup of Spirit~ 1 Teaspoon of Personality~ Whip in the Enthusiasm~ 2 Cups of Confidence~*

1. **Joanna Louie** and **Debbie Gee**, '10, count up the Junior Prom ballots in order to find out who the nominees are.

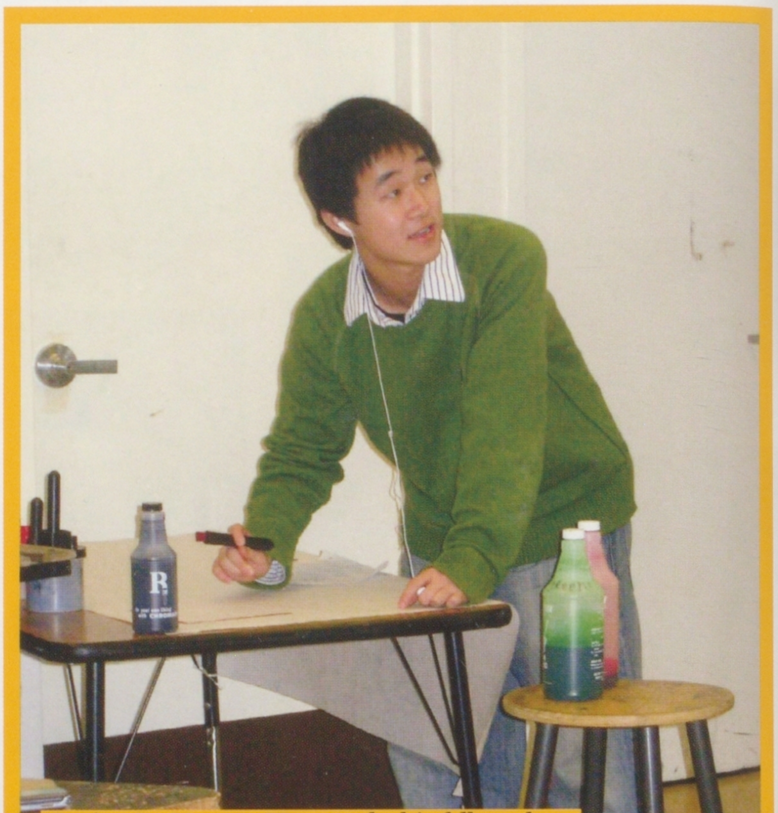
2. Sophomore **Harry Davies** cuts out a paper heart in order to give it to his valentine on Valentine's Day.

3. Spirit Commissioner **Torrey Fowler**, '08 works on a poster to inform the students of Alameda High what the upcoming spirit days will be.



**Brenda Woodard**, '08, creates a poster about the much anticipated Sadie Hawkins Dance.

**Lauren Lee** and **Maddy Kuttner**, '09, help each other out in order to finish their poster.



Senior **Ju Young Hong** asks his fellow classmates for advice about what he should put on his poster.

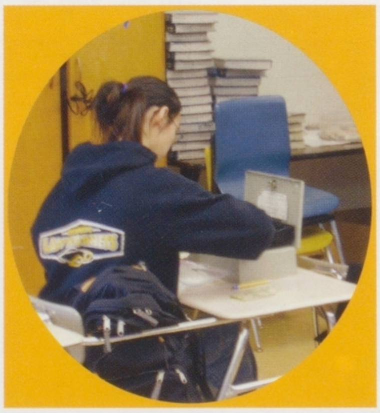
## *What is the most fun part of leadership?*

Homecoming is the most fun part of the year because of the spirit, and also the retreat because of the bonding experience.

- **Gaby Loparo**, '09

I like leadership because I like being involved in school activities. I also like the environment and how everyone is really helpful.

- **Hillary Pritchard**, '11



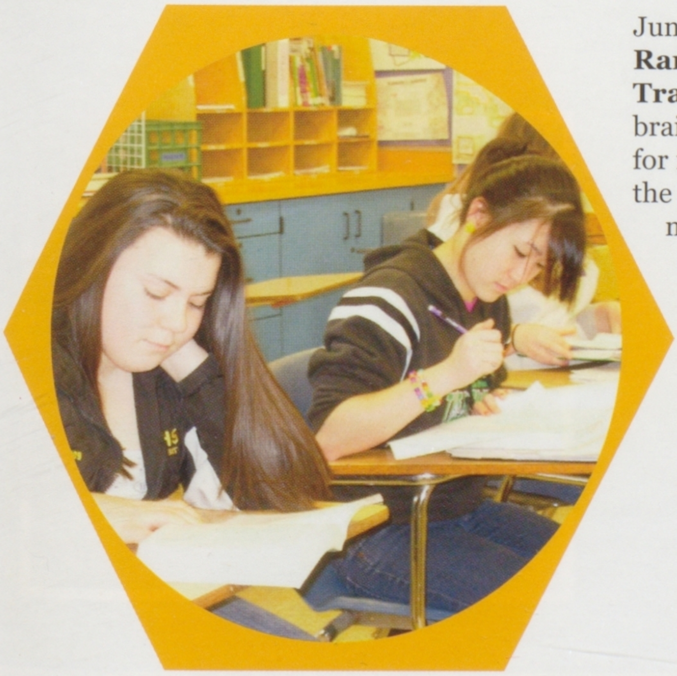
Treasurer **Deanna Quach**, '09, counts up all the money that leadership has raised so they know what their spending limit for school activities is.

Juniors **Brittney Lew** and **Bobby Chang** debate about whom Mr. Nakamura should buy a ticket from for the Alameda High School musical *Fiddler on the Roof*.

Page By: Mike Panagakis-Maritz & Carla Shao
Picture: Will Boscacci

# Leadership

Say hello to the leadership class of the '07-'08 school year. This year's class seems to be very enjoyable and always has a good time.

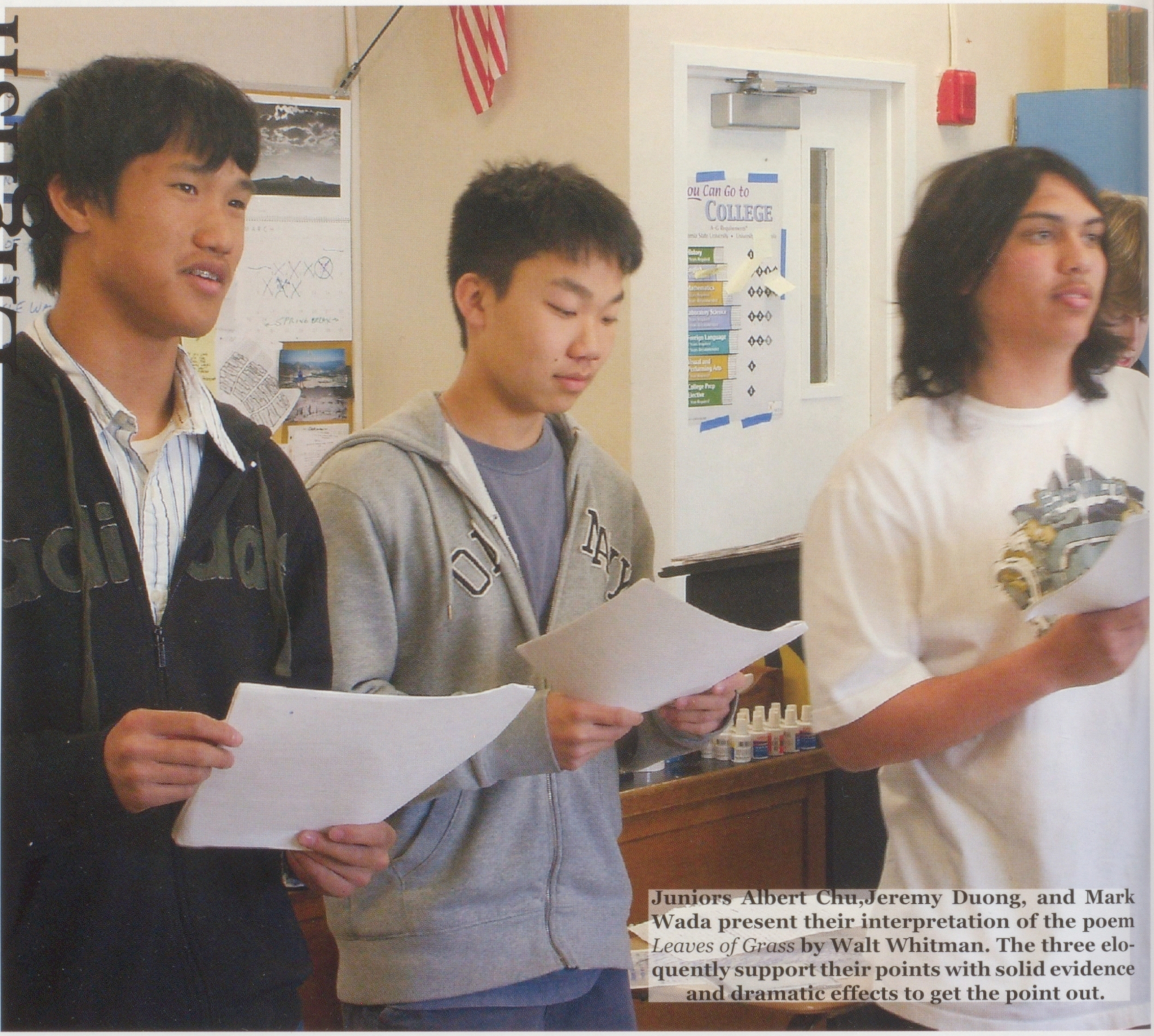


Juniors **Kimmy Ramsey** and **Tina Tran** relax and try to brainstorm new ides for in order to help out the leadership class as much as they can.

Freshman class president **Maya Robles Wong** discusses important leadership issues with her teacher, Mr. Nakamura.

*3 Teaspoons of diction~ 2 Cups of grammar 1 Tablespoon of metaphors~ 2 Cups of similes~ 1/2Cups of knowledge~ Generously stir*

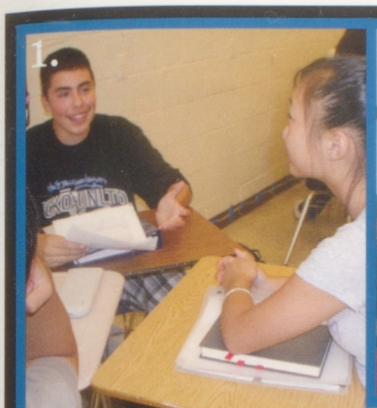
# English



**Juniors Albert Chu,Jeremy Duong, and Mark Wada present their interpretation of the poem** *Leaves of Grass* **by Walt Whitman. The three eloquently support their points with solid evidence and dramatic effects to get the point out.**

Left: Juniors **Daniel Chen, Matthew Yuen,** and **Allen Young** cannot help but smirk at one of Mr. Carmen's hearty jokes.

Right: As Sophomore **Nick Losande** types his draft, **Ms. Carroll** and the rest of the class critique and watch as he gets his creative juices flowing.



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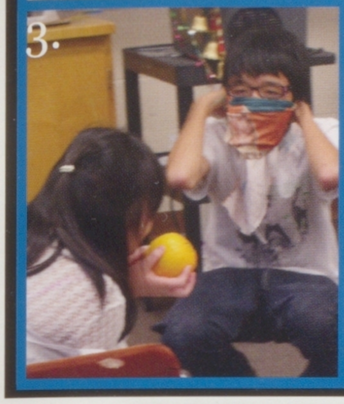

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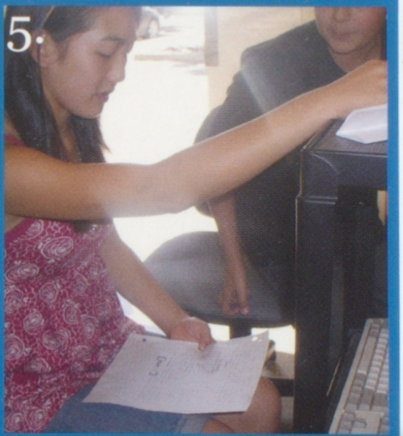

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1.Sophomores **Cesar Hernandez** and **Carol Tam** collaborate together in a three-man group to finish one of Ms. Carroll's more energetic projects.

2.Freshmen **Patricia Phi, Angela Thai, Lauren Upp, Marykim Hoang, Nadya Machrus,** and **Shuki Chan** take advantage of Mr. Martin's free time by showing that Freshmen have spirit.

3.Freshman **Tse Long Chan** plays the role of a Middle Eastern prince that must save the life of a beautiful princess.

4.Freshman **Leon Chen** practices the verb to "jest."

5.Sophomore **Stephanie Chan** quickly reviews her rough draft before putting the finishing touches on her essay.

Left: Juniors **Claire Mathieson** and **Katie Kerpel** watch attentively during an intense scene from the *Godfather*.
Middle: Freshmen **Vivian Li** and **Jessica Trieu** nonchalantly waits for their teachers next set of rigorous instruction
Right: Juniors **Trevor Araujo, Robert Langton, Greyson Hook, and Ashley Assayag** discuss the plot of *The Great Gatsby* as Trevor ponders the great questions of life, "Why am I here?"

**I San Liu`10, Thao Le`11, Annie Kuang`08, and Wei Nan Zeng`09** present a poster of their independent reading book, *A Library For Juana.*

## *What do you like about your class?*

English is MY main language. I use English daily to pick up girls so English class helps with that. Also it helps me speak good English.

**-Evan Shum `11**

I enjoy Writing essays Writing essays allows me to put my thoughts on paper and in the near future, I want to be a journalist.

**-Beth Matteucci `09**

*3 Teaspoons of Courage~ 1 Cup of Dates~ 1 Tablespoon of Laws~ Whip in the Knowledge~ 2 Cups of War~ Generously stir in the Strateg*

# History

**Ms. Casper helps out Sophomore Ajaya Rana with his homework. Students say that they enjoy Ms. Casper's class and that she is a wonderful teacher to have.**

Above: Seniors **Jordan Pries**, **Daniel Hobbs**, and **James Pond** engage in a class discussion as they give their opinion on how to improve the economy.

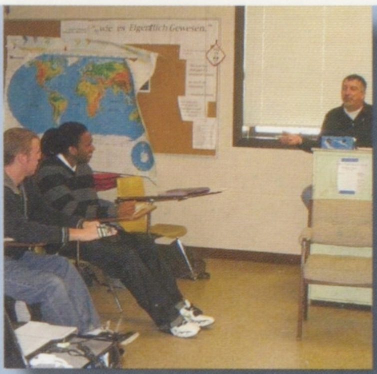
Below: Sophomore **Francis Nguyen** focuses hard on his history worksheet. He double checks his answers to make sure that every single answer is complete and correct.

Above: Sophomores **Tucker Grealish** and **Liam Davis** study their notebooks in class for an upcoming test on World War I.

Below: Sophomores **Kellie Grigg** and **Schyler Peck McNally** willingly work on their notebooks in History. They want to make sure that it is organized and complete in order to receive a good grade.

Page By: Kaila Timbreza and Jason Woo
Picture: Jack Zhu

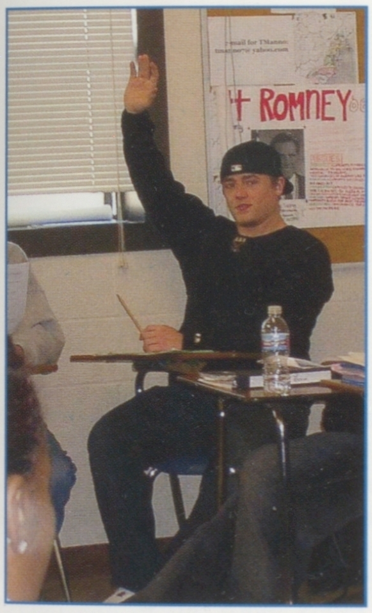
Sophomore **Aaron Soohoo** gets off of his injured leg to work on his newspaper report in the Media Center for Mr. O'Malley's modern world history class.

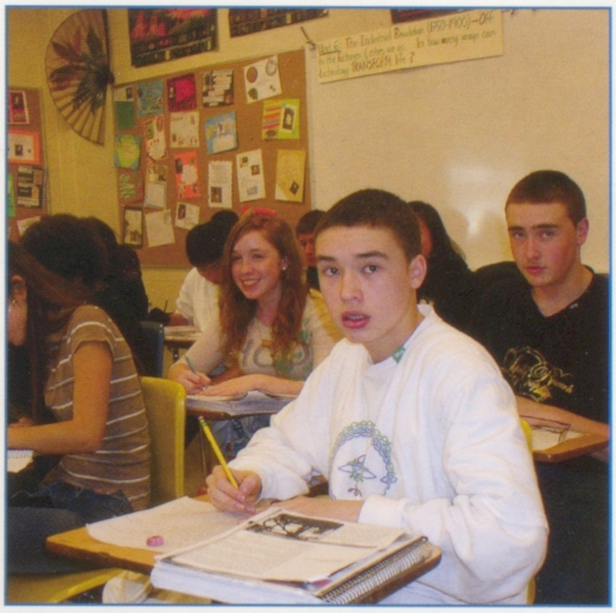


In Mr. Manno's class, seniors **Tarin Ford** and **Nick Darracq** gets involved in his game. He likes to keep things fun and exciting with his classes in order to keep them awake and to ensure that they have an interesting class each and every day.

Seniors **Ian Bonachea, Martin Castellanos, Emily Clinton**, and **Agna Mung,** pay close attention to an intriguing lesson that their teacher, Mr. Caziarc, is giving about government and economy.

Senior **Nick Darracq** stands up in Mock Congress, to voice his opinion on the bill at issue. This year was the first year ever that a marijuana bill passed in Mock Congress.





1) Senior **Wes Moyer** raises his hand during a class discussion in Mr. Manno's government class. **Moyer** wants to give his opinion to make sure he is heard by everyone in the class. Wes is not only an incredible athlete, he is also very studious earning a scholarship to Yale next fall.

2) **Uyanga Usukhabayar,** '10, finishes her work efficently for her history class. She is working on a worksheet that has dire information about their upcoming test.

3) Sophomores **Jesse Groves**, **Timothy Watanabe**, and **Ingrid Hodel** in Ms. Casper's history class take extremely detailed notes during a very serious lecture about history. These notes are very important in order to get an A.

## *What do you like about history?*

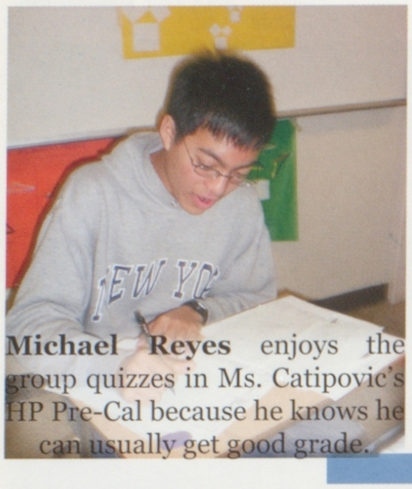
Mr. Manno's sheet jokes, the games, and he gives the class a good, fun, relaxed atmosphere. He is different, makes it fun to come to class.

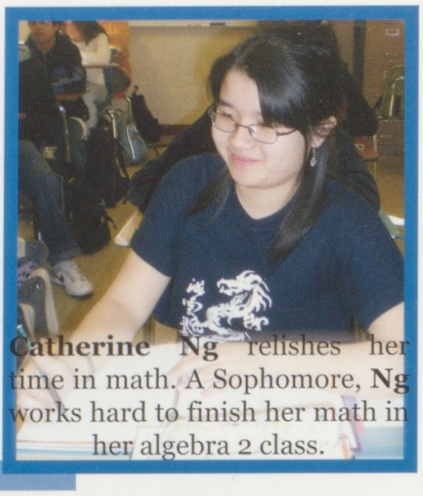
**-Cole Blankenship** '08

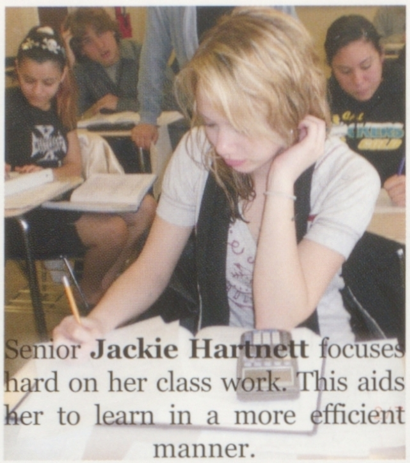
Learning about our past and how we got here, and what people had to go through, and hoping that we don't repeat the past.

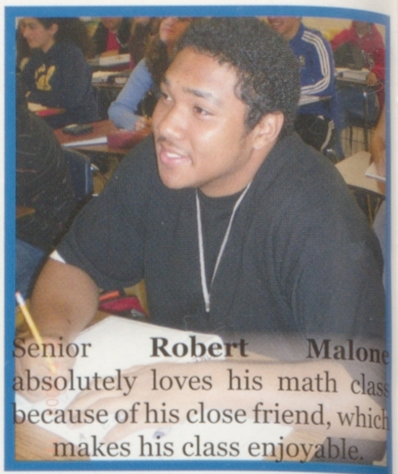
**-Arianne Guzman** '09

*1 Pound of Numbers ~ 1 Cup Critical Thinking ~ 3 Teaspoons of Hard Work ~ A pinch of Perseverance ~ Stir in Concentration ~ Add*

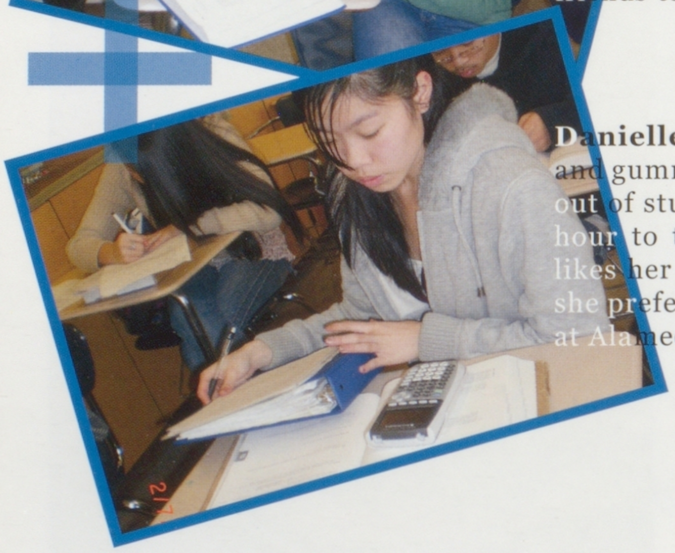

**Michael Reyes** enjoys the group quizzes in Ms. Catipovic's HP Pre-Cal because he knows he can usually get good grade.

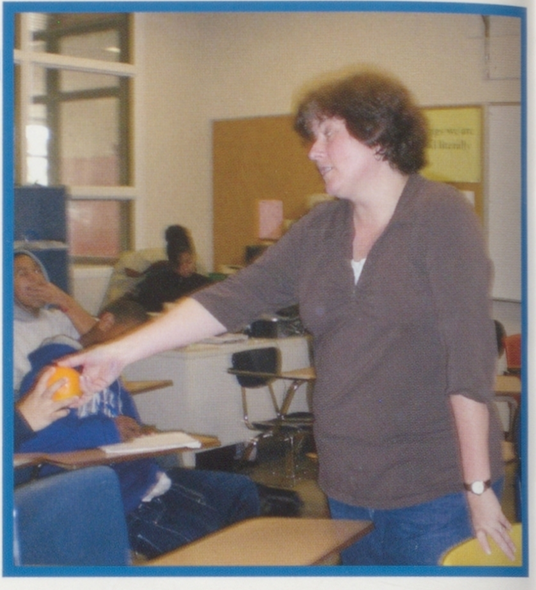

**Catherine Ng** relishes her time in math. A Sophomore, **Ng** works hard to finish her math in her algebra 2 class.


Senior **Jackie Hartnett** focuses hard on her class work. This aids her to learn in a more efficient manner.


Senior **Robert Malone** absolutely loves his math class because of his close friend, which makes his class enjoyable.

Senior **Ashley Edmondson** likes how math is logical and unlike English, she can always find the answer. "I love statistics because it is common sense." **Edmondson** enjoys the the teaching methods which helps to make the class fun and easy. **Edmondson** knows that when she needs help she always her friends to support her and its easy to stay on top of things.


**Danielle Li,** Senior, enjoys eating chocolate and gummies because it "takes the bitterness out of studying." She studies for between an hour to two hours for tests. Although, she likes her time in Ms. Quan's statistics class, she prefers algebra 2. Finishing her last year at Alameda High she wants to finish in great stride.


Ms. Needham uses different techniques to motivate her students. In the start of the second semester, she gave students an inspiring speech involving oranges. You have to work to peel an orange not knowing if it going to be sweet or not; just like in life, you have to work hard not knowing what the outcome is going to be. This speech led to a highly motivated and attentive class.

## *What's your favorite study time snack?*

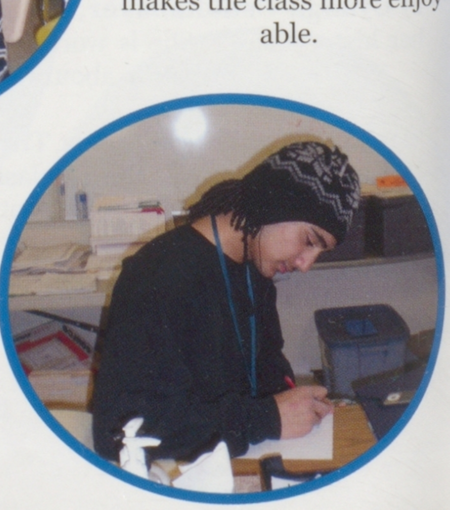
I love to eat sour jelly beans and barbecue chips. They are delicious and keep me energized while studying.

- **Gina Salerno**, '10

Sophomore **Alex Altman** doesn't enjoy math but in Ms. Sarvey's algebra 2 class he says, "I like how Ms. Sarvey teaches." He believes that with the right teacher any class can be fun. He has also made new friends in the class, that makes the class more enjoyable.

Anything that's delicious. Actually, now that I think of it, I really enjoy sour cream chips.

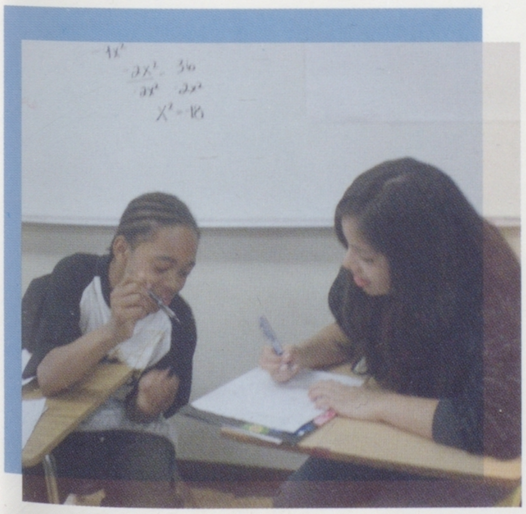
- **Michelle Leong**, '11


Senior **Niko Aumua** is the aide for Ms. Sarvey and helps her to run the classroom smoothly while grading papers. **Aumua** is finishing out his last year at Alameda High and is a loyal helper to his fourth period class.

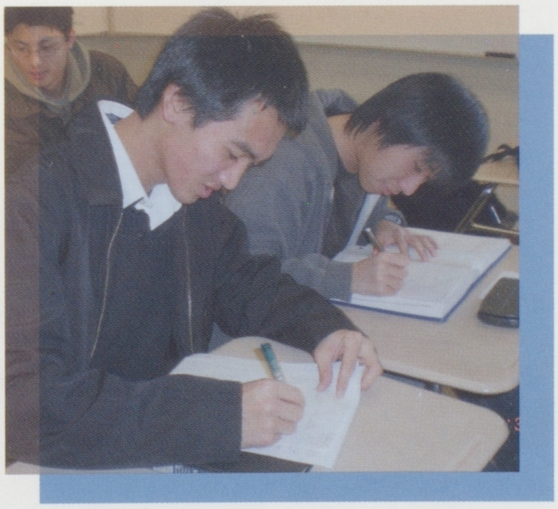
Page By: Michael Hoye & Marika Prins
Picture: John Monti

# Mathematics

**Sophomores Irene Wen, Amanda Doung, and Anjuli Sastry work during a short math break to compare the different answers they got on their calculators. Together they can find the correct answer.**



In Ms. Needham's Algebra I class, **Janelle Martin** and **Khyre Bailey** help each other solve quadratic equations. Together they can overcome the difficult problem.



Junior **Jai Barcelona** works hard and enjoys the company of his friends in Ms. Quan's class. Ms. Quan is an especially easy teacher to listen to, allowing **Barcelona** to succeed.

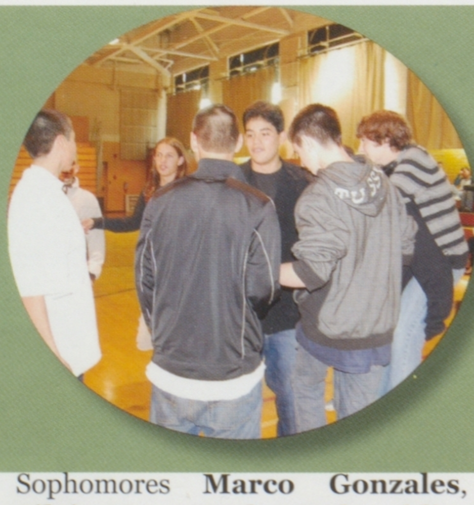
Seniors **Andrew Nguyen** and **Stephanie Tso** are trying a new method of learning. **Tso** ponders her statistics problem while **Nguyen** looks on with a helping eye.

*3 Tablespoons of Hardwork~ 1/2 Cup of Notes~ 1 Teaspoon of English~ Whip in the History~ 2 Cups of Knowledge~ Generously stir in*

# The Academy

**All of "The Academy" classes join together, getting ready to play games, and have a good time. After all fun and games, the Juniors won and were rewarded with a pizza party.**

Freshmen **Arielle Siem** and **Jamin Xu**, read and take notes together on their book in order to get a good grade in Mr. Sutherland's class.



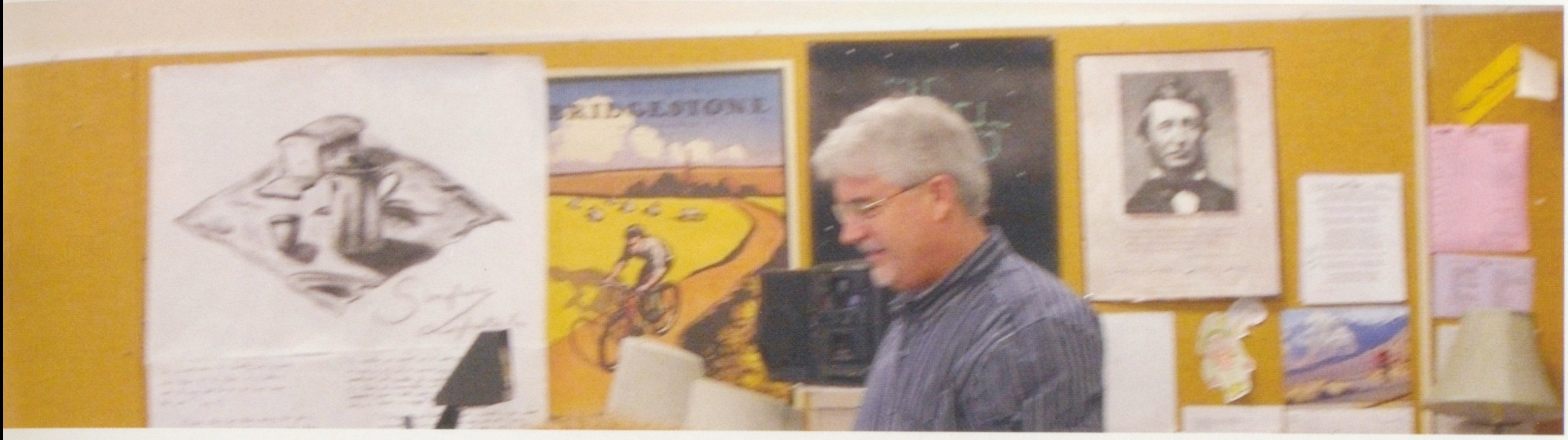
Sophomores **Marco Gonzales**, **Silvio Mora**, **Taylor Mcloughlin**, **Emilio Garcia**, **Michael Stein**, and **Casey Christ** stand around waiting to play the balance game in "The Academy's" fun day.

Junior **Tammeem Gawhary**, plays the bottle toss while Senior **Lila Wang** and Sophmores **Adam Lankford** and **Christopher Bridges** look on. He did a great job and helped the Junior's win a pizza party.

Page By: Kaila Timbreza and Jason Woo
Picture: Benajamin Bauer

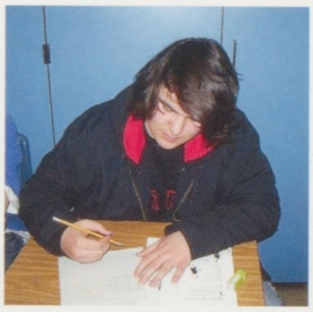
Left: Freshmen **Emily Park**, **Linda Zhang**, and **Sierra Calandri**, discuss among themsleves intense topics that come up in the book *Scholarly*, which include sexual harrassment and how it relates to everyday life.

Right: The Sophomores try to use strategy in the balance game and almost succeeded, but they were disqualified for improper use of their body.



Above: Mr. Carman gives a lecture to his humanities class about the book *Their Eyes Were Watching God*.

Left: Sophomore **Abel Abyu** takes careful notes during a lecture.



Left: Junior **Adam McKinney** writes a short story about Roaring 20's slang.

Right: Seniors in Ms. Rudd's class listen carefully awaiting to take notes for an upcoming test.

Left: Freshman **Jordan Jarrell** sinks his first ten shots in the throwing competition but took too long between throws and lost to Junior **Tammeem Gawhary**.

Right: Freshmen in Mr. Sutherland's class laugh together in their book group about the events that have taken place in their novel.

## *Why did you join Media Academy?*

I joined The Academy because I thought I was going to be able to use computers and take multi-media art. I like the people in my class, they are a lot of fun.

**-Linda Zhang** '11

Because it's the golden mean of English and history. It's two periods with the same teachers and same kids, and grades. Focus energy on grades and get two good grades.

**-Mathew Jones** '09

# P.E. and Judo

**Students in P.E. are constantly split into teams. During this game of handball the black team is in possession of the ball but is closely pursued by members of the gold team, who also want the ball.**

1) These *judoka* practice the Russian roll during their sparring match against each other in Mr. Quinonez's 5th period judo class.

2) **Daryle Wright** '11 looks for an open pass while **William Colvin '**11, one of the Gold teams players, tries to cut him off by running towards him before he can pass the ball.

3) **Kevin Nguyen** goes for a strike during the 5th period Sophomore Trip to Mel's Bowling Alley. He enjoys these trips to the bowling alley because it's a break from the normal P.E. day.

4) Mr. Quinonez helps students while they practice their mat work. He is showing his students how to perform a cross-body pin. It is generally used by more advanced practitioners.

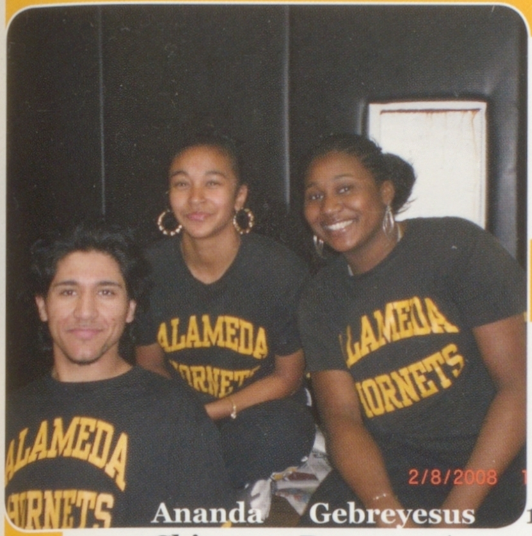
1)

2)

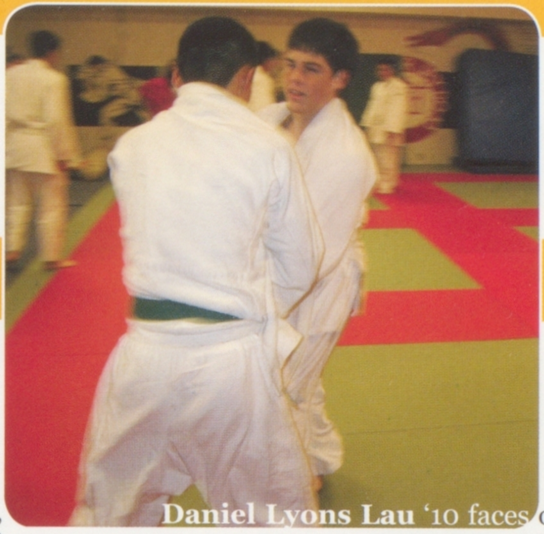
3)

4)

Page By: Michael Hoye & Eleanore Guenon
Picture: Daphne Duong



**Ananda Gebreyesus** '10, **Chiarra Duncan** '10 and **Mukhtar Kohistani** '10 relax after their daily warm-up jog.



**Daniel Lyons Lau** '10 faces off against his opponent in the judo room. They practice *Randori* at least twice a week.

**Rachel Quintana** '10 exercises her triceps at one of the lanes of the local AMF bowling alley.

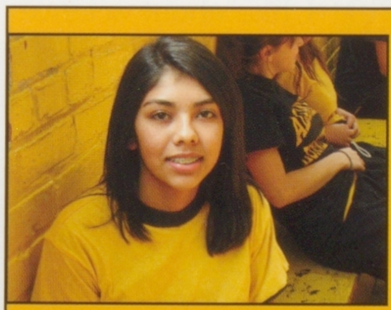
As the girls get split up into teams by Mr. Thomas, the boys wait patiently for their turn in the upcoming game of handball.

**Kyle Bridges**, '10, runs with enthusiasm during the daily warm-up jog, routine for every student participating in P.E.

While Mr. Quinonez gives a lecture about judo, **Sandy King** '10 and the rest of the judo class listen in, hoping to pick up a few useful hints.

**William Lyons** '11 dribbles the ball during an intense game of handball during Coach Thomas's 4th period class. He is followed closely by members of the Gold team who are intent on getting the ball back to its side.

## *What is the best thing about physical activity?*



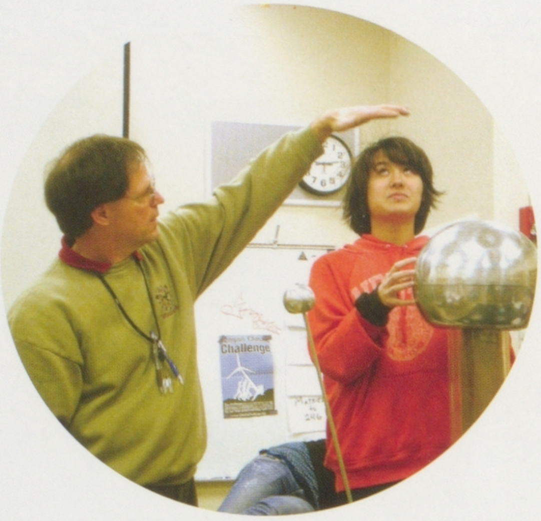
"It is very energizing. It gets me hyper. The P.E. uniforms are comfortable and the sweats are nice."

**-Rebekah Asuncion '11**

"Usually we beat up Andrew... but you can't put that in the yearbook. Um... judo teaches us important defensive skills and is fun."

**-Christopher Arellano '10**

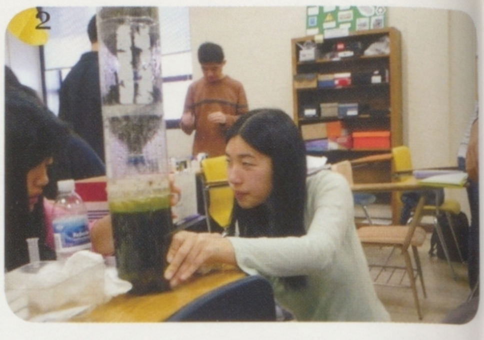
*2 Cups of chemistry - 3 Teaspoons of physics - 1 Tablespoon of biology - 2 Cups of environment - 1 Teaspoon of experimenting*



Mr.Mathieson along with **Linnea Oddi**e, '09, demonstrate positive and negative attractions using a metallic ball.

**Priscilla Szeto**, '08, holds a solar panel in the sky trying to capture the sun while **Ricky Quach**, '08, laughs at her attempts.

**Sarah Sedlack**,'09, holds a solar panel high in the sky to take of advantage of the sun's powerful rays and to ensure maximum efficiency for her project.



**Stephanie Wong**, '09, observes her ecocolumn over several grueling months and waits patiently for any sudden changes.

As Sophomore **Fiona Wong** works on her chemistry worksheet with ease, Sophomore **Ross Koppel** takes a quick look to reassure himself of his answers.

Senior **William Irons**, '08 and Junior **Christopher Chui**, '09 are experimenting with vibrations on a spring and look for any ambiguous numbers using a computer software named Labpro.

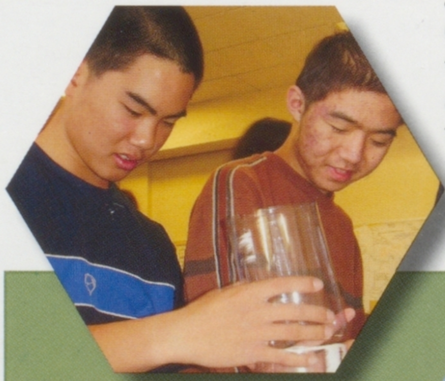
## *What do you like about science?*

What I like about science is that we do labs and it helps grasp the concept. There was a lab that we did about static electricity balls where your hair stands up.

- **Allyson Santa Maria**, '11

What I enjoyed in science so far is working with different chemicals and how to start chemical reactions.

-**Richard Alexander**, '10



Juniors **Chris Tung**, '09 and **Corey Tan**, '09, collaborate together in hopes of creating a self-sufficient environment to see if there is a direct correlation between dissolved oxygen and the heat of the environment.

Juniors **Sydney Lee Eddie Huang** and **Xiao Chen** are attempting to create a water pump in hopes of finding out the secret of solar power during AP environmental science.

# Science

**Seniors Elaine Chen, Dianna Chen, Priscilla Szeto and Jenny Leung help each other to construct an ecocolumn for AP environmental science.**

**Dr. Griffith** holds a solar powered cellphone charger; she hopes that at the end of the day, everyone will charge their cell phones with solar energy.

**Grace Woods**, '11, cuts out butterflies to help her understand the process of evolution theorized by Charles Darwin's "survival of the fittest"

# student life

## beverages

Many of us choose to begin our day with a nice, hot cup of steaming coffee or tea and end it with a tall, refeshing glass of water. With all our responsibilities at school, life at Alameda High can be a little hectic and we need refreshment. We stress about friends, we stress about jobs, we stress about activities and we stress about homework. However, some school events aren't stressful at all. The Alameda High School Leadership class organizes various spirit days and dances where we can all have fun with our friends. Just like a nice, cool beverage on a warm and sunny day, the activities we participate in, the vacations we go on and the holidays we celebrate serve to rejuvenate us.

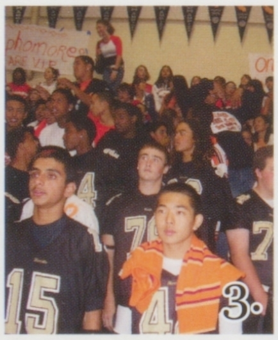
Left: Senior **Melissa Rundle** performs belly-dancing at El Morocco restaurant in Pleasant Hill. She takes private lessons from two instructors and just moved to the advanced-intermediate level. "I love to make people smile," she says.

MELON
FRAISE - BANANE
KIWI - BANANE

# Homecoming

Left to Right: Seniors **Danielle Li**, **Aesia Woody**, **Jain Thapa**, **Jeremy Wood**, **William Matteucci**, **Natalie Wilkins**, **Alyssa Ruckman**, **Lauren Freemen**, **Riley McLens**, and **Jennifer Silva**

## fruit punch



4.
HORNETS NEST
Seniors Go!!
Juniors 2009

Right to Left: **1.** The Senior class waits patiently in their red attire, saving their voices for later when the right moment comes along. **2.** Along with lime green balloons, the Juniors don't seem to hesitate at expressing their excitement for the Homecoming assembly. **3.** Combining their orange class color and their football spirit, the Sophomores get ready to show their underclassmen pride. **4.** As one of the most memorable moments of this year's Homecoming assembly, Senior **Joe Na** comes out in his signature yellow Bruce Lee suit, dancing to the song *Kung-Fu Fighting* to finish off the football players' skit.

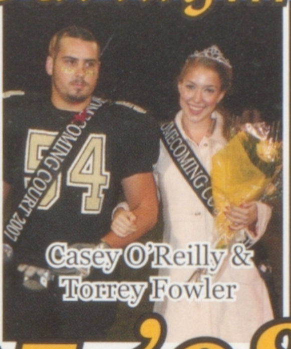
## the assembly..

Page By: Beatriz Morales & Precilla Tang
Picture: Stephanie Wong

# featuring...

Jason Miller King

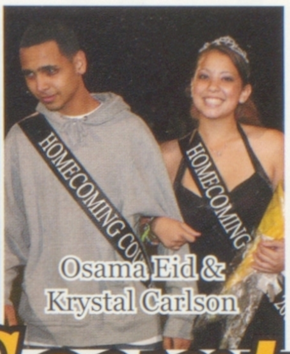
Emily Childs Queen



Casey O'Reilly & Torrey Fowler

Ju Hong & Emily Mason

Wes Moyer & Courtney Freitag

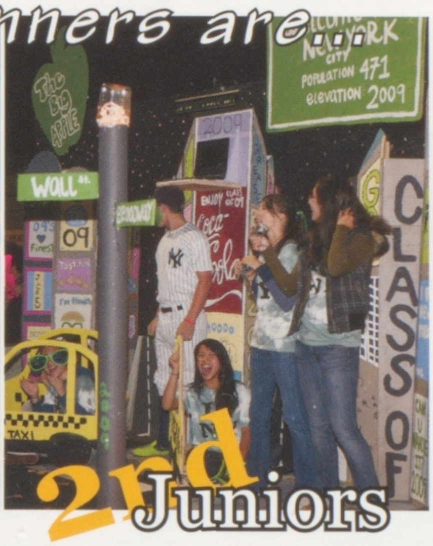


Osama Eid & Krystal Carlson

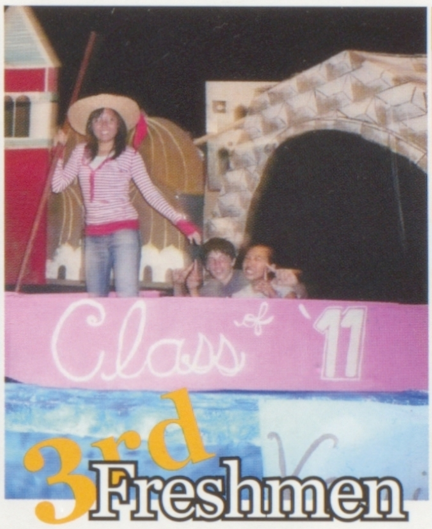
# '07-'08 Senior Court

## and the winners are...

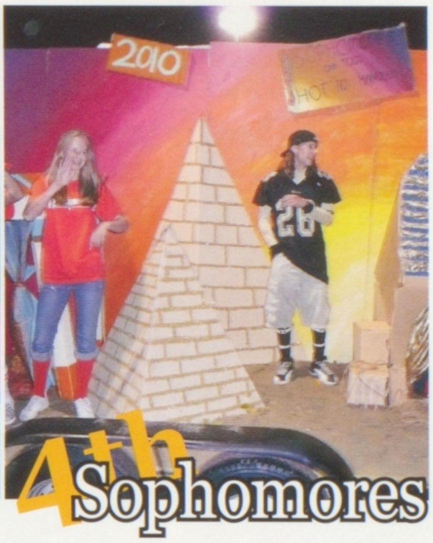
1st Seniors



2rd Juniors



3rd Freshmen



4th Sophomores

# Q:

What is your favorite event for Homecoming week?

"For Homecoming, I liked the part during the rally when the all the football players came out to do their "thing" and [Joe Na] coming out in his Bruce Lee suit was the best."

**Naima Jennings**
'10

"Every year, I look forward to float building for Homecoming week because it's fun to work with your friends. This year, my friends and I got paint all over each other and I got paint dried on my sweats."

**Elaine Chen**
'08

**Homecoming:** Spirit week... class assembly... court voting... float building... color wearing... all these phrases can only mean one thing: Homecoming! For many Alameda High students, Homecoming is the time of the year where each grade unites under a single color for a week of school spirited fun. Decked out in gray, orange, green, and red, each grade has its own motto that it chants during the Homecoming assembly. For the first time this year, the assembly was split up into two because of the gym's capacity. The football game at the end of the week also allows each grade to compete during halftime with the float parade. This year's theme for the floats was famous cities. In addition, each grade's elected prince and princess dress up and ride during the parade, ending with the announcement of the Senior Court on the field. All this ends with the annual Homecoming dance, held in our very own Patton Gym.

Junior Princess and Prince: **Marissa Erickson & Daniel Higuchi**

Sophomore Princess and Prince: **Taylor Jacobs & Benjamin Paik**

Freshman Prince and Princess: **Michael Cunningham & Liana David.**

# Q:

What is your favorite spirit day?

“My favorite spirit day is the first day of school. I get to see who is in my class and the best part about it all is by going in for something new and different.”

**-Benjamin Trinh**
‘10

“Well it is hard to choose the most favorable spirit day because I love them all. If I had to choose it would be boy girl switch day.”

**-Darrah Jones**
`09

# Spirit and Halloween:

Spirit days are a time where everyone shows their school spirit by dressing up for days such as Nerd Day and Argyle Sweater Day. Here at Alameda High, everyone shows pride in our school in their own creative way by dressing up for these Spirit Days or Halloween. Spirit days truly bring the students at Alameda High together. When it’s Twin Day the students come in packs of two, while on Class Color Day each student represents his or her own class by wearing their class colors. On Halloween, kids get to bring fun to school by showing off their crazy costumes while in class. Spirit Days and Halloween bring out the excitement in school.

The recipe for making a great spirit day is a dash of style and two cups of originality. Whip in sprinkles of personality, and a tablespoon of spunk. Mix it together into a huge bowl of spirit so that there are no extra ingredients left over.

Recipe for a successful spirit day:

Step 1: Find out what spirit day is next
Step 2: Use your imagination for the perfect outfit
Step 3: Go a little bit crazy & think outside the box
Step 4: Make sure all your friends are spirited too!
Step 5: Top it off with a smile on your face
Step 6: Head out to school full of spirit

"AYE CURRRL"
ME
(510)260-7635

**Sara Kofman**, ‘08, shows off **Ibbie Mohammed Zakir’s,** ‘08, personalized white tee on White Tee day. While in Leadership’s ASB class, Ibbie, ‘12, attracts the ladies by advertising his digits on the back of his shirt.

Seniors **Briana Wing** and **Natalie Wilkins** are ready to trick-or-treat in their costumes. **Briana** is granting wishes as a genie, while **Natalie** is fit to be on a ship as a pirate.

Seniors **Lauren Freeman, Efe Ogbeide, Nicole Johnson, Brenda Woodard, Daniela Sanders, Jessica Louie** and **Jennifer Silva** definitely know how to show some spirit on Argyle Sweater Day.

**Peter Nguyen**, ‘10, and **Ryan Pang**, ‘10, are ready to scare! Along with other Leo Club members, the two helped at the haunted house in Alameda’s Veterans’ Building.

Seniors **Xiao Chen**, and **Jenny Wong** pretend to sit on senior **Priscilla Szeto**. Dressed up as a whoopee cushion, she is squeezed with delight.

One of the many twins walking around the Alameda High campus, Sophomores **Fiona Wong** and **Becky Moon** show off their identical stripes and smiles on Twin Day in front of the old gym.

Page By: Marisa Araujo & Brittney Choi
Picture: Benjamen Bauer

Emily **Beylerian**, '08, and **Amanda Lane** '08, are dressed p for Cowboy day and prepared for the Sadie Hawkins dance.

Freshmen **Alexa Tom** and **Emily Bliven** dress up for Halloween and show their spirit. **Alexa** is dressed like a giraffe and **Emily**, like a black cat.

Freshmen **Emily Scott** and **Danielle Oshiro** harmoniously smiling for world peace on 60's Day.

Seniors **Brennen Lowe**, '08, poses as a bumble bee while **Jason Hong**, '08, smiles like a pretty princess.

# Spirit & Halloween

## tropical smoothie

Sophomores **Amber Prout, Debbie Gee, Hillary Freeman and Joanna Louie.**

Sophomore **Sarah Avakian** is prepared for snow in her fluffy brown Ugg boots.

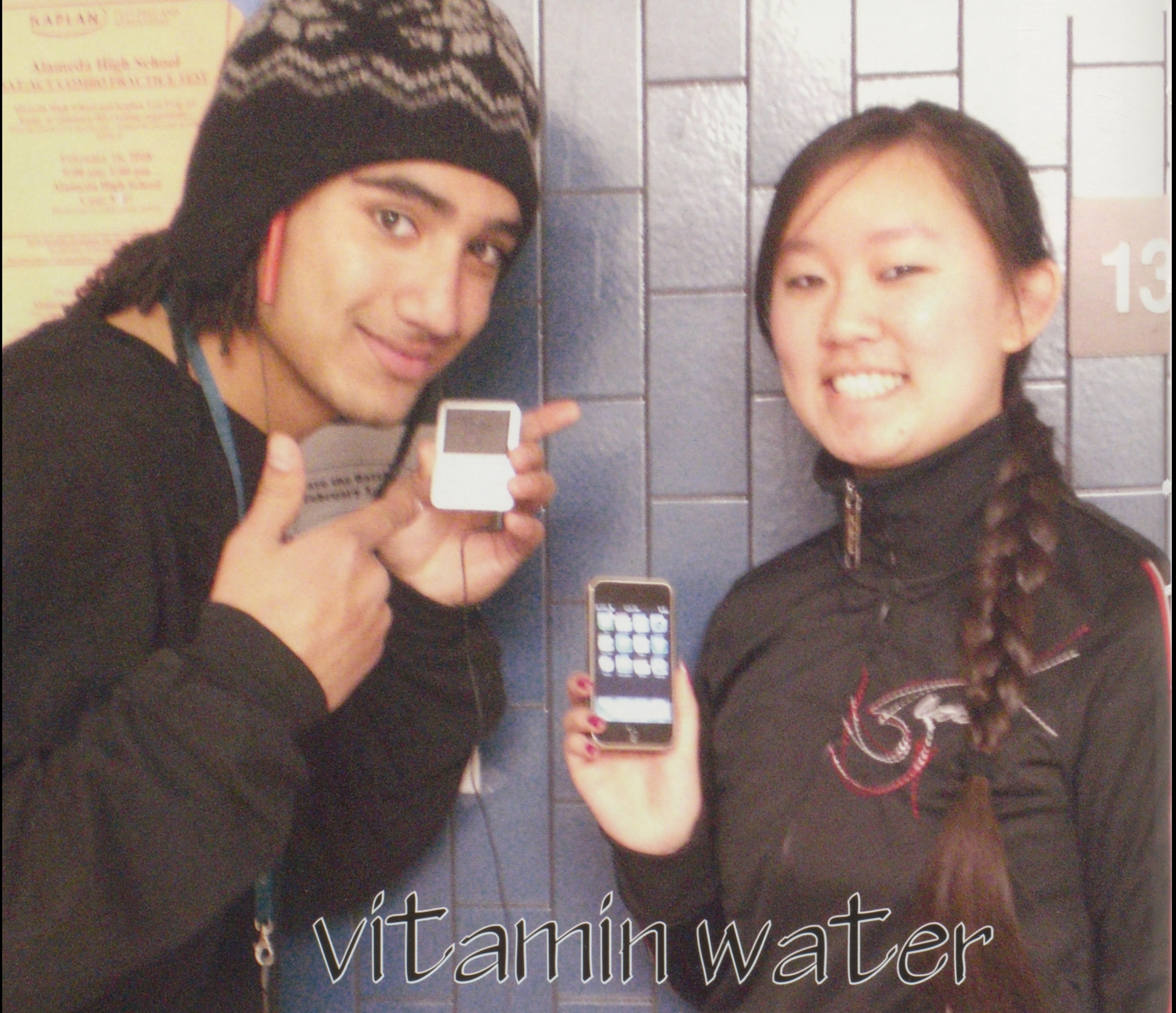
**Krystal Jugarap** '08, is wearing her skinny jeans while **Kevin Tacla** '08, flashes his bold graphic tee.

**Tam Le**, '10, is covered in layers with a lace tank top underneath her bright green shirt.

Smiling in a Viking helmet, **Eddie Lee**, '08, wears a track jacket by the popular brand, LRG.

Freshman **Michelle Licea** proudly shows off her new Jordans.

# Fads & Fashion



**Seniors Niko Aumua and Diana Lin**

Page By: Marisa Araujo & Brittney Choi
Picture: Nathaniel Williams

# Q:

What's the most important part of your outfit?

"My shoes are the most important part of what I wear because they attract attention the most."

**-Derek Phung**
12th

"The most important part of what I wear is my jacket because it shows off my style the most and it keeps me warm at the same time."

**-Rosalyn Lee**
10th

# FADS & FASHION:

Recipe for the perfect outfit:

Step 1.) Roll out of bed.
Step 2.) Hunt through those piles of laundry.
Step 3.) Mix in some bright colors.
Step 4.) Pull on your favorite jeans.
Step 5.) Don't forget your socks.
Step 6.) Lace up those Vans.
Step 7.) Grab you're sidekick, ipod and cell phone.
Step 8.) Smile in the mirror.
Step 9.) Make sure your lookin' so fresh and so clean.
Step 10.) You're good to go!

Drinks and beverages come in all sorts of flavors, just like the students here at Alameda High. It's not always about looks, but the way you express and present your style which separates you from the rest of the pack. Hornets are not only trendy, but unique by being trend-setters. Looking good gives you confidence and the attitude that you can do just about anything. So let loose and don't just fit in; make a splash with your style!

Junior **Kimberly Ramsey** ditches a backpack and brings her big Coach purse to school instead. Not only is it cute, but it carries everything she needs for a day at school.

Senior **Pedro Terrazas Medina** is dressed to impress in his American Eagle striped sweater along with his light washed denim jeans and flip-flops.

Freshmen **Isabel Rosales**, **Shuki Chan**, and **Jennifer Nguyen** flash their various styles. Even though this is their first year, they are definitely up to date with the latest trends.

**John Dimalanta**, '08, holds his sleek Sidekick LX around his neck. Fully equipped with a Qwerty keyboard, AIM and MySpace Mobile, it is the perfect gadget to stay connected with friends.

To the right, Seniors **Carmen Ng** and **Annie Wu** are wearing their comfortable classic slip-on Vans.

**Darrius Sutton Chappell** '08, is always wearing the most eye-catching hoodies. His neon hoodie is a perfect example of what his style's all about. To complete his outfit **Darrius** finishes it off with a pair of matching Nike Dunks.

# Food Faire

**Elaine Nguyen** '08, **Rose Huynh** '09, **Alice Le** '09, **Deanna Quach** '09, and **Terry Nguyen** '09 from Vietnamese Student Association.

# kool-aid

The Dragonboat Club had a succesful day selling at Food Faire with their yummy Korean BBQ. All their hard work paid off in the end.

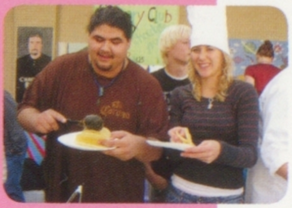
**Shannon Barry** '09 and **Emily Manson** '08 are organizing their cookies and putting on a wonderful display for Photography Club.

The Amersian club is taking care of their stand and enjoy selling Spam musubi and other Asian delicacies to the students of Alameda High.

Page By: Beatriz Morales & Precilla Tang
Picture: Angelinca Ribas Da Silva

1. **Vanessa Valerio** ‘09 is on the cheerleading team and also uses her free time to participate in other club activitoes, such as selling chocolate soy milk during Food Faire
2. **Loan Su** ‘08 and **Hanah Mozden** ‘08 work together as a team at serving ice cream and root beer floats.
3. **Leena Richman** ‘08 cheerfully serves the students some of the club’s delicious chocolate pudding and enjoys the time working with her friends in French Club.

4. **Leslie Ji** ‘09 and **Eunnah Shin** ‘08 bring a huge crowd with tasty Vietnamese sandwiches.
5. Mrs. Sydow and **Isaac Wolf** ‘10 are attentively serving the students their famous DECA clam chowder and chili bread bowls.



1. **Thu Le** ‘08 and **Rachel Cortes** ‘08 enjoy the food made by their fellow clasmate’s hard work.
2. **Antonio Jimenz** ‘08 and **Natalie Wilkins** ‘08 are part of this year’s new Culinary Club. They love making food as much as eating it!
3. **Ju Hoang** ‘08 takes a peek to see if the clam chowder is ready to serve in bread bowls for customers **Lyndsay Fong** ‘09 and **Sydney Lee** ‘09.
4. **Stephanie Hoang** ‘08 digs into her bag of goodies for serving before the crowd of hungry Food Faire eaters come.

## Q: What did you do to prepare for Food Faire?

“ I got together with the members of Latinos Unidos and we decided to serve tacos for our event courtesy of La Pinata. It all worked out fine except when our mini stove turned off!”

**-Jacqueline Moran**
‘09

“As a member of Voyagers Club, I made churros dipped in chocolate with my friends afterschool to sell. It was definitely more fun than working!”

**-Wendy Truong**
‘08

**Food Faire:** It’s the time of the year when clubs get together and work hard to bring food to the students. There is a variety of choices such as Asian food, Hispanic food, French desserts, and more. It is like a huge buffet brought to us by the clubs in AHS. All the food is well-prepared and very delicious, like the famous clam chowder bowl made by DECA. Many clubs because of the Wellness Policy, put into affect by the school district, came out to take their first of two opportunities to fundraise money for their club functions. These efforts from club members are what make Food Faire a fun and memorable experience for the food makers, *and* food buyers. Numerous students come out together to eat a diverse selection of foods ranging from coast to coast, entree to entree. They also get to enjoy their food with each other while sitting on benches and listening to music provided by Alameda High’s very own musical groups.

*Directions for enjoying Food Faire:*
Step 1: Look at all the tables.
Step 2: Check out all the food.
Step 3: Pick your selection.
Step 4: Get platefuls of your favorites.
Step 5: Enjoy!
Step 6: Get more.
Step 7: Enjoy again!

# Q:

Do you feel obligated to give your friends a ride to school when they ask? Why or why not?

"Sometimes, yes, because I feel bad for those who have to walk, and no, because everyone has a chance to get their own license."

**Taheli Kolhman**
'08

"Sometimes, yes, because my friends give me grief when I say no, and no, because I pay for my own gas and they do not help me."

**Josh Mandell**
'09

# *T*ransportation:

### Driving your car:

- Step 1: Check yourself out in the mirror.
- Step 2: Turn the engine on.
- Step 3: Turn on the latest jams.
- Step 4: Click it or ticket.
- Step 5: Begin to cruise on your way to success.

### Riding your bike, scooter, and skate board:

- Step 1: Get on your cruiser.
- Step 2: Turn on the latest jams on your ipod.
- Step 3: Begin your ride to success.
- Step 4: Upon arrival straighten out your fit.

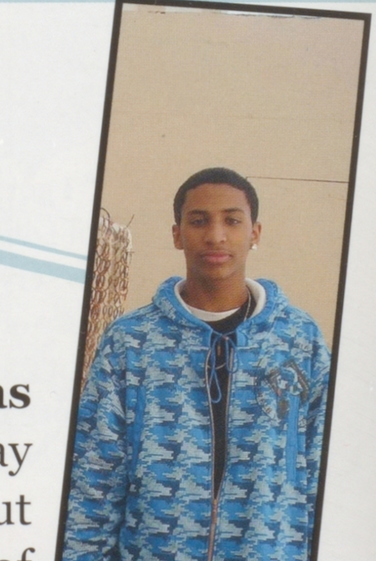
### Taking the bus:

- Step 1: Chill at the bus stop.
- Step 2: Chat with some friends.
- Step 3: Pull out your bus pass or 85 cents.
- Step 4: Begin to board the bus.
- Step 5: Choose your seat.
- Step 6: Get comfortable for a ride to success.

These amazing tips are what all students do when preparing themselves for a long day at school. A student's transportation method is the first ingredient towards a successful Alameda High School day. With all these amazing recipes, a student can switch up their transportation method to school without an excuse of not knowing what to do.

6004
AC TRANSIT
NOW OPEN!
DA
AN EXH
BUS STO
631
ANSIT
817-171

Junior **Glen Durmas** takes AC Transit everyday to and from school, but not alone...the majority of Alameda High students ride together as they begin their long days at school.



Page By: Haley Hayes & Michelle Murphy
Picture: Brittney Lew

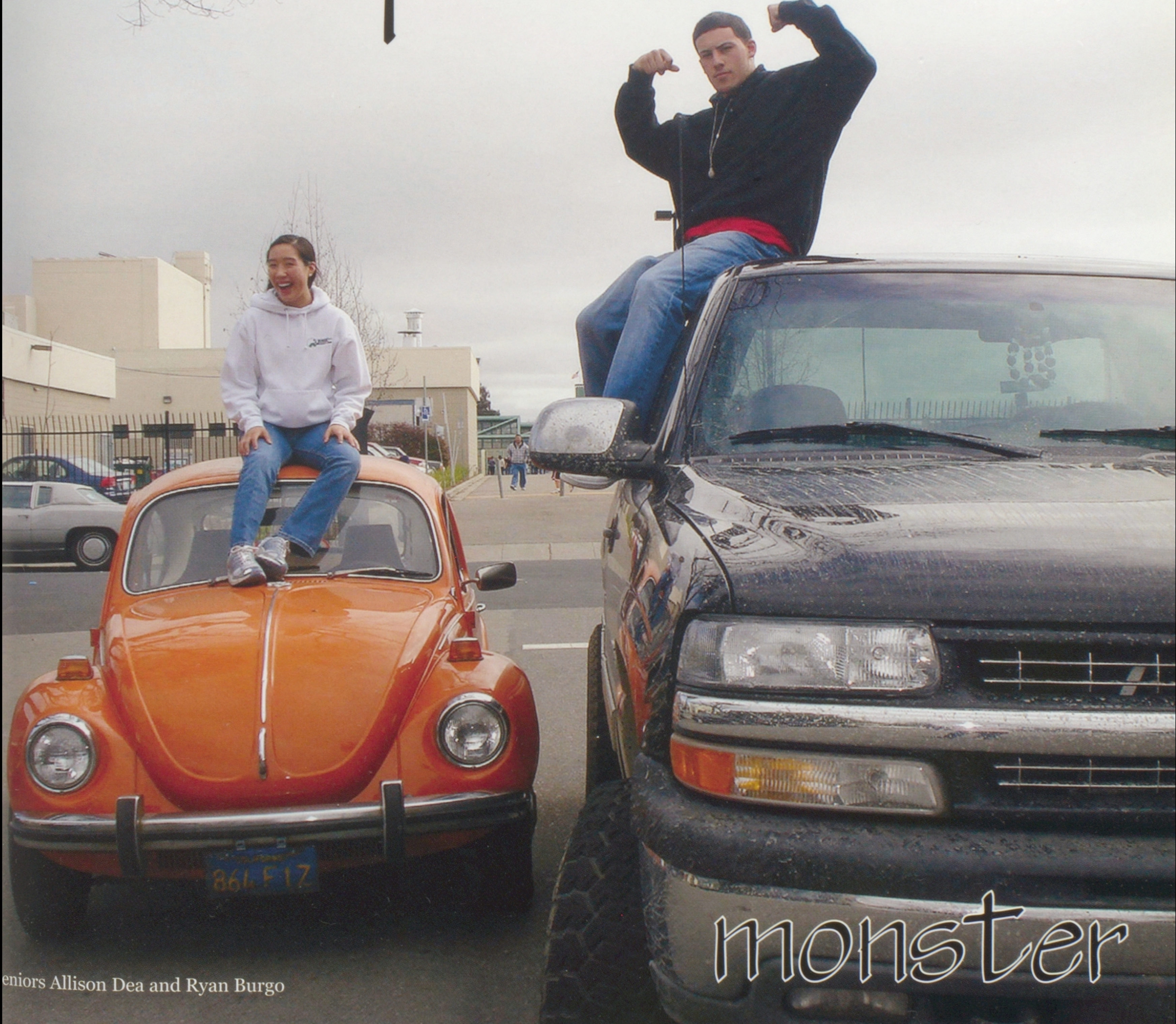
**Khyre Bailey** '11
Razor Scooter

**Aaron Sanders** '10
Skateboard

**Megan McGrath** '11
Mountain Bike

School Bus

# Transportation



eniors Allison Dea and Ryan Burgo

Sophomore **Jeremy Yu** and his brother, Junior **Johnathan Yu** rap together as the Go Boiz.

An assorted group of social Alameda High students participate in the SPOT youth group.

Juniors **Tuan Hoang** and **Peter Hoang** Lion Dance in the Lunar New Year festival.

Juniors **Laila Rashada** and **Fayola Perry** wait outside the old gym for the basketball game to start before going in to support their team.

# After School

**Shohei Kobayashi '09**

Page By: Natalie Medved & Jessica Leong
Picture: Alexa Tom

## Q: How do you balance your after school activity and your schoolwork?

"I do all my school work first and then if I have time, I practice Guitar Hero. For about a year and a half, I've been practicing an hour or two a day when I can. Lately, school work has been more important than Guitar Hero."

**- Corey Tan**
'09

"I balance school and crew by starting my homework immediately when I get home from practice and just doing work at any free chance I get."

**- Samantha Sligh**
'09

**after school:** Your eyes fall on a random person in your math class as your teacher drones on about symmetries. Would you guess that she has devoted her life to dancing for four hours a day or that he plays the drums in a band? Many AHS students juggle school, homework, friends, and extracurriculars. From competing in triathlons to being 39th in the world on Guitar Hero, many around us has found something they are passionate about. Only love and dedication for something could hold a person to stick with it even when life is the most taxing. We should all take the time to find out what the people around us do and what motivates them to accept the challenges that come with it. We may be surprised to learn what the person who seemed so ordinary is capable of.

### Recipe for an after school activity:

Step 1: Get home from school.
Step 2: Work on homework.
Step 3: Invite a few friends over for a quick movie.
Step 4: Kick your friends out.
Step 5: Get changed for practice.
Step 6: Grab a snack and some water.
Step 6: Wait for your ride to pick you up.
Step 7: Turn on your ipod and get psyched.
Step 8: Practice hard.
Step 9: Come home and take a shower.
Step 10: Finish homework and go to sleep.

Senior **Briana Wing** participates in triathalon with the Open Water swimmers.

Seniors **Samantha Alemania** and **Tatiana Torio** work out together in AHS's own weight room, located in the old gym.

Junior **Baoyen Hoang** enjoys a nice BBQ meal with a few of her friends after a long school day.

Sophomore, **Mu lin Cheng** defends a roundhouse kick from his opponent Junior, **Trung Nguyen** while practicing Tae Kwon Do.

Senior **Danielle Li** holds a traditional pose while performing a Chinese Folk Dance.

Junior **Thomas Tran** poses with a collection of his friends from his church group.

**J. Ramos, P. Fermin,** and **R. Reyes** perform together as the singing group, Kid vs. Robot .

Juniors **S. Wong, S. Tang, A. Hien, C. Chan, C. Chui,** and **K. Hua** grab some ice cream before SAT classes.

In honor of the Argyle Sweaters, our school named a spirit day after them this year.

# Jobs

Bead Inspiration

Junior **Lauren Wong**

coffee

Sophomore **John Bowman** has been working at District since Freshman year and likes the laid-back environment and discounts he receives as an employee.

Seniors **Jessica Miller** and **Frank Polizzi** have been working at Tomatina for a year. **Miller** also works another job in order to afford her personal expenses.

Seniors **Priscilla Chun** and **Haley Hayes** work together to ring up a customer at Hawaiian Drive-In. Haley, being a relatively new employee to Hawaiian, has already learned the ropes needed for the job.

Page By: Sara Osman & Jesse Prins
Picture: Alec Foster

Sophomore **Fiona Wong** completes her community service hours by lending a hand at Girls Inc. Helping out without pay is a great way to give back to the community and many organizations. While some would rather work for the sheer pleasure of money, others help out the community in their own way and gain experience and happiness they will remember all their lives.

2807
PARK RANGER

Seniors **Linda Nguyen** and **Francesca Santos** volunteer at Crab Cove cleanup in order to beautify our deteriorating beach. Many students helped cleaning the community and the environment thus making Alameda attractive. **Nguyen** stated, "It only took a few hours but the end result was worth the work."

# Q: What is the perfect recipe for your dream job?

"When I grow up, I want to be an accountant."

**-Jia Song**
Junior

"I want to be a boss when I grow up. I want to own a supermarket"

**-Kaman Loi**
Freshman

## Jobs:

"I wish there was a recipe for life," says Catherine Zeta Jones in the movie *No Reservation*. While most upperclassmen already have a recipe of their dream jobs in their cookbook of life, they have to get a day-to-day job in order to obtain the ingredients for their dream job. Many people start with a small minimum wage job, and gradually move onto jobs in the same field, while others move on to bigger jobs with better recipes, with a quart of money as a bonus. In order to climb the ladder of success, everyone needs the ingredients to make an ordinary cake while some turn it into a tiramisu. Many people get a job for the perks and not the experience. Receiving a special discount and a wage is very appealing at a favorite store, even though it will not help much in the future. What matters is the experience that a person would come away from the job with; it lasts a lifetime.

Recipe for a job:
Step one: Write a plan.
Step two: Put plan into action.
Step three: Search for potential jobs.
Step four: Apply to a regular job.
Step five: Take classes you need for your dream job.
Step six: Save up money for your abode.
Step seven: Get the experience you need for your dream job.
Step eight: Go for the job you have always wanted.

# Q:

A typical weekend is...

"A typical weekend for me is hanging out with some friends, eating food, sitting around on the couch and watching movies at my house. Anything that ends with having fun works for me."

**-Jasmine Tomelden**
Junior

"Unless I am at a basketball practice, I just like spending time with friends. On the off season, I like to play soccer and baseball too."

**-Cameron Look**
Freshman

**Breaks:** While many people never journey far from Alameda, others are trotting the globe. Traveling to exotic places may be fun, but staying at home might have the same appeal to someone else. No matter where anyone is, they all have a teaspoon of family and friends, a cup of memories, and a quart full of fun in common with each other. Going to the beach or going to the Bahamas can both have their own perks that the other does not, but one thing they have in common is the experience. Another thing everyone loves about vacation is the time away from stress and school. Many people agree that breaks are much better when their minds are the furthest from upcoming tests and exams although there will be the occasional homework thrown in by some teachers. Overall, weekends liberate students from the everyday routine of school. Breaks give students a chance to catch up on school assignments they missed or maybe work on that term paper they keep putting off. Wherever you decide to go, the experiences will stay with you forever.

A recipe for a vacation:
Step one: Plan an event
Step two: Get the clothes for the event
Step three: Make sure you have food and nourishment for the event
Step four: Invite people to the event if necessary
Step four: Get dressed
Step five: Have fun and don't get in trouble

Seniors **Priscilla Szeto**, **Elaine Chen**, **Michelle Fung** and **Jenny Wong** takes a quick break from window shopping for Christmas.

**E. Manson** '08, **R. Atkinson** '11, **M. Hoye** '10, **S. Owyang** '11, **J. Banks** '11, **A. Tom** '11, **A. Dastgir** '11, **S. Barry** and **B. Sepp** '10 all took part of the Photography Club trip to San Fransisco.

1. Junior **Erik Wong** lives life on the egde; he enjoys airsofting with his friends at a Dublin arena. Airsoft guns are spring loaded guns that shoot small "BB's" that may be small, but certainly pack a punch.

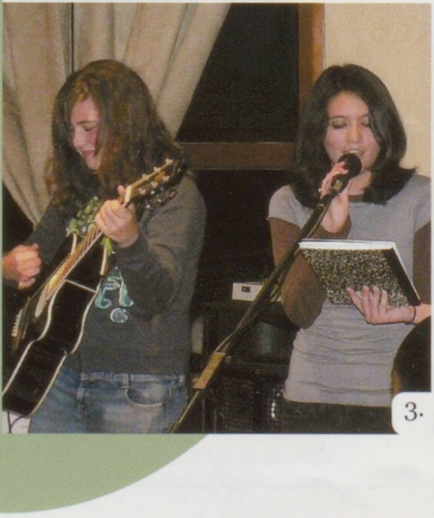
2. Color Me Mine is a creative new arts and crafts store where people can pay to create and paint their own pottery. **Stephanie Hoang**, Senior, blows bubbles in a freshly painted bowl.

3. Freshmen **Rosie Atkinson** and **Monica Lee** perform at Crosstown Coffee shop during an "open mic Thursday".

4. Seniors**David Hui**, **Ricy Quach**, **Samantha Ho**, **Brandon Yee**, **Stephanie Taylor**, **Lipika Kumar** enjoy a weekend skiing and snowboarding at Northstar.

1.

2.



3.

4.

Page By: Sara Osman & Jesse Prins
Picture: Masato Kobayashi

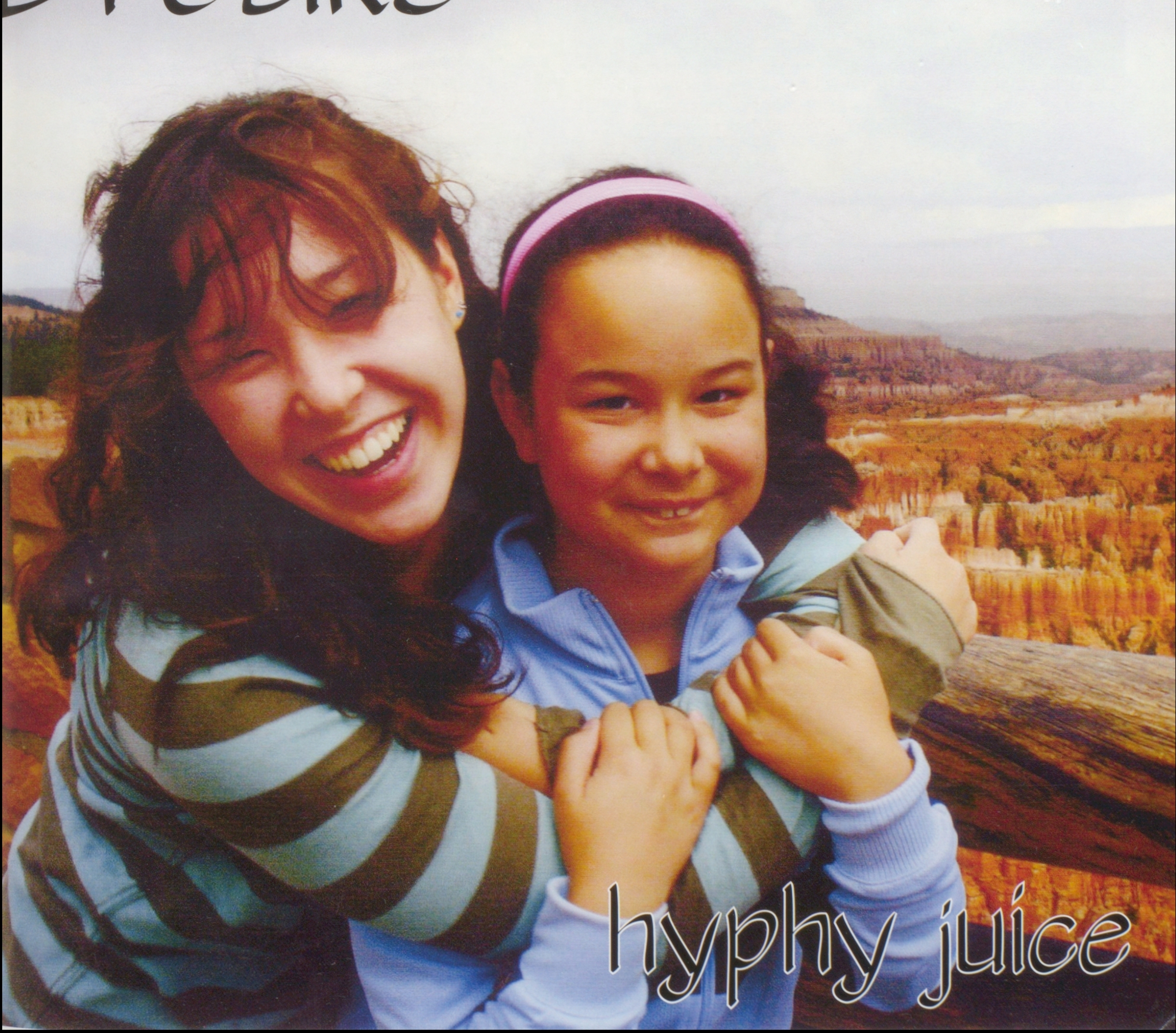
Back: **Ernesto, Aesia Woody, Diana Chen, Matt Barraza, Dheeraj Advani, Nzugu Kitenge, and Tom Ahn**. Front: **Loan Su, Hanah Mozden**. These Seniors all contributed to the AVID car wash fund raiser for the class.

Seniors **Jain Thapa**, **Ankitha Bharadwaj**, **Lipika Kumar**, **Carmen So**, and **Leena Richman** enjoy a fun day in the sun at the Alameda Crown Memorial Beach.

Sophomores **Adebusola Fashokun**, **Mariel Nyrop**, **Tina Chu** show their spirit by rooting for the Hornets at the Homecoming game against Richmond, which we won.

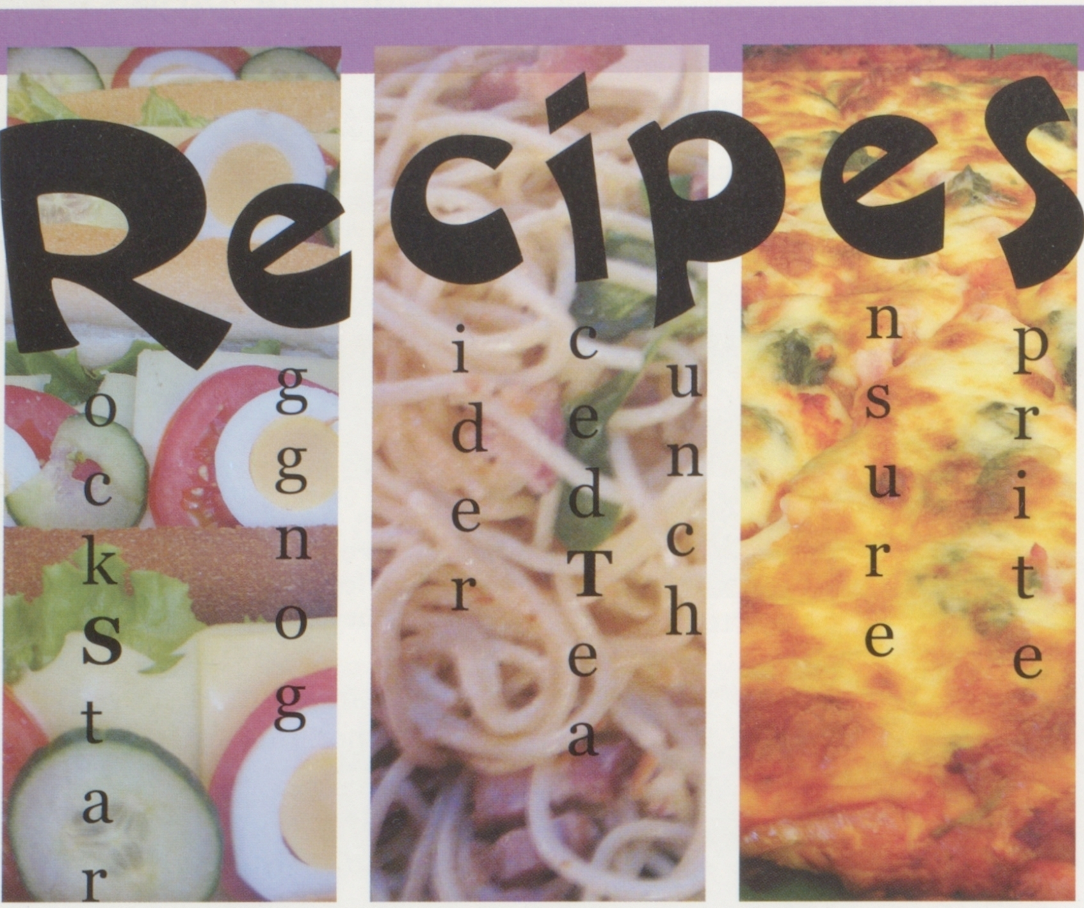
# Breaks

Junior Emily Devey with her little sister, Natalie.

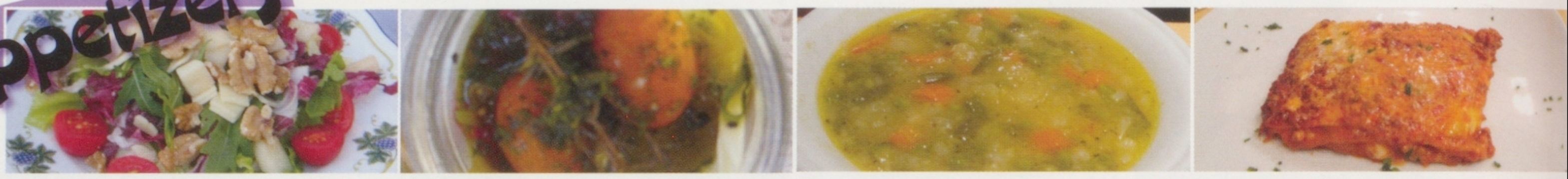


hyphy juice

# Recipes



## Appetizers



Recipe for: **Famous Fijian sausage roll** Submitted by: **Courtney Chang** '10

1lb. sirloin ground beef
1/2 teaspoon salt
1 box pillsbury pie crust
1/4 loaf french bread
1/2 green onion

Mix sirloin beef with salt, pepper and green onion. Soak French bread in water and drain water from bread. Mix bread into meat mixture. Cut pie crust dough into 1 1/2-2" slices. Put 1 1/2 tablespoon of meat mixture in each dough, roll up the dough covering up the meat mixture, then put them on a baking sheet and bake at 400 degrees for 45 min or when dough turns light brown.

Recipe for: **Bindaeddeok** Submitted by: **Ju Young Hong** '08

14 oz. nok doo (mung beans)
1 medium onion, thinly sliced
1/2 carrot, thinly julienned
3 green onion, cut on a bias
1/8 lb. beef, thinly julienned
1/1 cup kimchi, cut into strips
1/4 cup bean sprout, blanched and roughly chopped
2T. salt

Wash mung beans and soak in cold water for 3 hours. Get rid of outer shell by scrubbing them with hands. Wash again. Put them in a food processor with a little water and grind to fairly fine paste. In a bowl, mix onion, carrot, green onions, beef, bean sprouts and kimchi. Add mung bean paste and salt. In a non-stick pan, add vegetable oil, pour a ladle of paste to make 3-4 inches in diameter and cook until brown, turn only once. Serve with soy sauce.

Recipe for: **Witches Brew** Submitted by: **The Alameda High Preschool**

1 gallon cranberry juice
1 gallon apple cider or sparkling apple juice
12oz. Thawed orange juice concentrate

Pour the cranberry juice into a punch bowl. Add the apple cider(or sparkling apple juice). Stir in the orange juice, stir until all 3 ingredients are dissolved together. Drink with Halloween Spirit! This serves 1 class of 20 children, be creative and add other ingredients! A favorite treat for our Preschoolers!

Recipe for: **Flaxseed Bread** Submitted by: **Isaac Wolf** '10

1 package dry yeast
1/4 cup luke warm water
2 eggs
2 cups scalded milk
1/2 cup melted margarine
1 1/2 teaspoons of salt
1/2 cup sugar 4 cups white flour
2 cups flaxseed flour

Sprinkle yeast in large bowl. Stir until dissolved. Add eggs, milk, margarine, salt and sugar until blended. Stir in 2 cups white flour and two cups flaxseed flour. Beat until dough is smooth and elastic. Stir in the third cup of white flour to make a stiff dough. Sprinkle half of the fourth cup on a board. Knead dough 5-7 mins, using remainder of flour. Let rise 1.5-2 hours. Punch down dough, form it into a loaf, and let it rise again for 1 hour. Bake in hot oven for 10 mins at 425 degrees, then reduce heat until fully baked.

Page By: Christie Lee
Picture: Chris Young

# Main Dish

Recipe for: **Chicken Rolls** Submitted by: **Ms. Sydow**

8 oz. pkg cream cheese
4T. margarine
1/8 tsp. garlic pepper
8 oz. can water chestnuts
2 C. chicken or turkey
4 oz. can mushrooms
2 can crescent rolls

Mix together all ingredients. Unroll, pat flat crescent rolls. Fill with 2T of filling and close, so all edges are sealed. Melt 3/4 C. of butter. Dip each roll in butter then in seasoned bread crumbs. (3/4 bread crumbs, 1/2 tsp. poultry, 1/4 tsp. garlic pepper). Place on ungreased cookie sheet. Bake 15-20 mins @ 375 degrees.
Top just before serving with 1C. chicken broth and 1 can cream of chick or mushroom soup, that has been brought to a simmer.

Recipe for: **Green Death** Submitted by: **Ms.Winzenread**

3C. cooked chicken
2C. sour cream
3C. grated Monterey Jack cheese
1 lrg. can tomatillos oz.
10 fresh tomatillos-cooked
1.2 onion
1 clove garlic
1 bunch cilantro
1 T. sugar
1 t. salt
1-2 jalapeno peppers
1-2 doz. corn tortillas

Make sauce- Combine tomatillos (drain liquid and save) onion, garlic, cilantro leaves (no stems), sugar, salt and peppers (remove seeds) in a food processor or blender- use some of reserved liquid if necessary to thin sauce.
Layer casserole dish- 9" by 12" in this order-
1 tortillas torn or cut in pieces, 2 chicken, 3 sauce, 4 cheese, 5 sour cream. Repeat 2 times ending with cheese on top. Bake (covered) 45 mins at 350 degree. Uncover and brown top lightly. Serve with salsa and additional sour cream.

Recipe for: **Ratatouille** Submitted by: **Ms. Gutleben**

32 oz. bottle of olive oil
2 eggplants(cut into 1/2" cubes)
1 white onion, halved and sliced
5 tomatoes, cut into eighths
4 zucchini and 2 bell peppers sliced and cut into halves
3-4 cloves minced garlic
2-3 whole bay leaves
1T. dried thyme(or 1T. fresh)
1 T. herbs de Provence, sea salt and fresh cracked pepper
1 bunch fresh basil, chopped

Cover bottom of a large, heavy pot with 1/3" olive oil over a medium heat. When hot, add onions, garlic and eggplant and saute until onions are translucent and eggplant completely soft. Add more olive oil if necessary to soften and moisten eggplant. Add tomatoes, zucchini, bell peppers, bay leaves, thyme, herbs de Provence and salt and pepper (to taste), and continue to cook on medium-low to low heat, stirring occasionally, for 1-1.5 hours, until vegetables are soft and melt in the mouth. Serve as a main course over farfalle pasta. Top with fresh, chopped basil.

Recipe for: **No-Brainer Chutney Chicken** Submitted by: **Ms. Chacon**

8-10 chicken things- skin on
1 jar major Grey's Chutney( any variety)
Salt and pepper to taste

Wash and dry chicken thighs, place 1-2 inches apart on a foil-lined cookie sheet or baking pan. Sprinkle with salt and pepper and bake for 30 minutes on 375 degree oven. Remove chicken and spoon 1 jar of Chutney over the tops of the chicken thighs. Place the chicken back in the oven for an additional 15 to 20 minutes. Serve hot over rice.

# Dessert

Recipe for: **Strawberries and Creame** Submitted by: **Carmen Arroyo**

1 cup diced of strawberries
1/4 cup sour cream
2T. sugar

Combine strawberries, sour cream and mix until strawberries are fully covered, then mix in sugar. Chill in refrigerator for 1 hour, serve and garnish with a piece of fresh mint.

Recipe for: **Grandma's Cheesecake**
Submitted by : **Ms. Casper**

Crust: 1 1/2 - 2 cups crushed crackers
4T. margarine -melted
Filling: 6 eggs-divided
1 bowl with whites, 1 with yolks
1 package cream cheese(1lb)
1 pint sour cream
1t. vanilla
3/4 cup sugar
1t. lemon juice

Preheat oven to 310 degrees.
Crust-If graham crackers are in packages of 6-7 as are with Nabisco, smash them a bit-use 2 pkgs then put in a blender to pulverize. Pour into the bottom of the pan then pour melted margarine over. The mix and press into the bottom of the pan for crust

Filling-Beat egg white till peaks but not really stiff- leave aside for just a few minutes. Beat egg yolks on medium and add sugar, cream cheese, ( cut one block into 4-5 chunks and throw in 1 at a time)sour cream, vanilla, lemon juice and rind. Beat till filling is smooth then fold in whites and mix gently. Pour cheesecake into pan then melt apricot jam and drizzle over butter; it will sink in places. Bake for 1 hr. and ten mins or until top is golden brown. Open oven a tiny bit and turn off. Let the cheesecake settle in the oven for an hour to help prevent cracking. Refrigerate and serve cold or room temp.

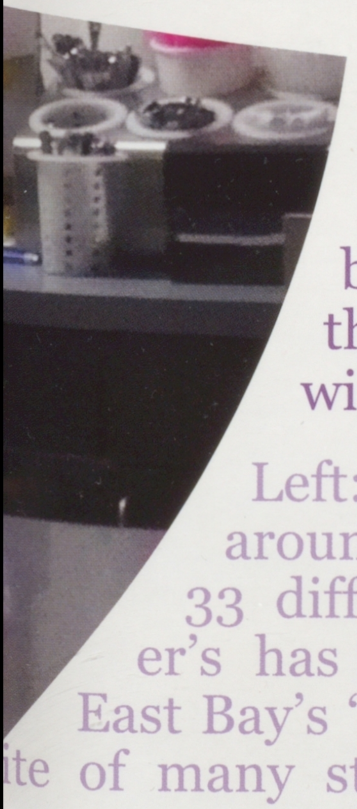
Tucker's
ALAMEDA'S FINEST • SINCE 1941
Super Creamed
ICE CREAM
Hand Packed
pint $5 25
quart $7 50
Machine Packed
½ gallon $8 95
gallon $16 00
FLAVORS
Macapuno
Double Strawberry Light
Mango
Vanilla Bean
Coffee
Chocolate Chip
Mint Chip
Vanilla Yogurt
Chocolate
Cranberry Orange
Bubble Gum
Toasted Almond
Marble Fudge
Orange Sherbet
Lemon Sorbet
Cinnamon
Raspberry Sorbet
Pralines & Cream
Tin Roof Sundae
Mocha Almond Fudge
Chocolate Fantasy
Rocky Road
Choc & Peanut Butter
Heath Bar Krunch
Raspberry Marble
Burgundy Cherry
-PRICES-
CONES -
1 scoop $2 95
2 scoops $4 25
waffle cones 25¢ extra
Chocolate Dipped Waffle
SUNDAES -
Chocolate · Strawberry ·
Marshmallow · Butterscotch ·
or Pineapple Sundaes
Regular $5 95 Petite $4 95
Hot Fudge $6 25
Hot Caramel $6 25
Banana Split $7 4
Grandaddy (4 scoops)
ETC -
Milkshakes $5 75
Malts $6 25
Floats $4 50
Tommy Tucker Cones 2 50
Ice Cream Sandwiches 2
Frozen Bananas
Frozen Fruit B
SPECIA
Tucker's
SUPER CREAMED
ICE CREAM
ALAMEDA, CALIF.
HALF GALLON

Page By: Melissa Lim
Picture: Carla Shao

# advertisements

## desserts

We are lucky to have a variety of businesses in Alameda. If we are craving a quick snack, feel like renting a video, or need a cute dress to party in, the perfect store is only a few blocks away. The choices we make define our personal styles, moods and backgrounds. Whether it's gelato, tapioca drinks or sprinkled cookies we're craving, all the desserts we can think of can be found in Alameda. Senior ads are full of memories that remind us of our (hopefully) sweet experiences throughout high school. The friends we share these memories with put the cherry on top of the sundae of Senior year. As the last section in our Alameda High cookbook, the advertisement section is the icing on top of a cake complete with whipped cream and fruit topping.



Left: Tucker's Ice Cream has been around since 1941 and serves more than 33 different flavors of ice cream. Tucker's has won many awards including the East Bay's "Best Ice Creamery" and is a favorite of many students at Alameda High School.

GIRLFRIENDS
SENIOR
TAY
BE ST
FRI ENDS
Now, that's a KISS
Gotta Dance
Night to remember
MANDY
Friends to the End

Amanda Davies, Taheli Kohlmann,

**Our Dearest Allison,**
**You've been a bundle of joy from day one, Growing and laughing each day with the setting sun.**
**Wings we've given you to soar high and far, You've always been able to set the bar.**
**Go forth in all you do with what you feel in your heart, Make each day a masterpiece of fine art.**
**"Take the road less traveled by, And that will make all the difference."**
**Our wish is happiness and success in all you do, We love you.**
**Mom, Dad, and Juston**

ALAMEDA
25
ALAMEDA VOLLEYBALL
Athletics
20

Allison
2008

SENIOR
Emily 2008
Junior Prom
Sophomores
Freshmen
Memories
Emily Kiyomi
Emily and Rozy
I ♥ NY
Friends
Beauty and the Beast
Modern Love
Photography Club
indie beat
Emily 2008
Choir Veteran
HOMECOMING
seniors
Regent ST 1200
Triple Threat!

Emily Manson

# Lauren Taylor & Megan Suzio

Megan

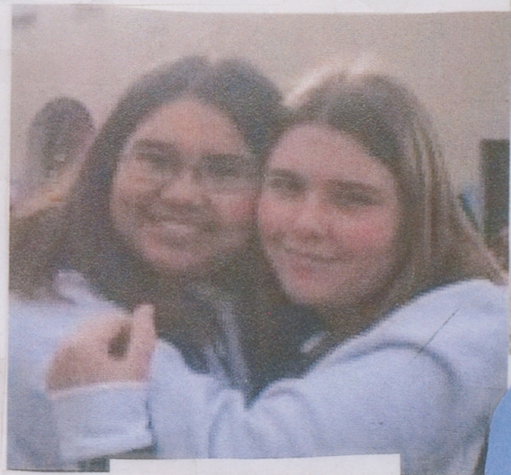
+inside jokes
+midnight calls
+crazy nights
=BEST
FRIENDS

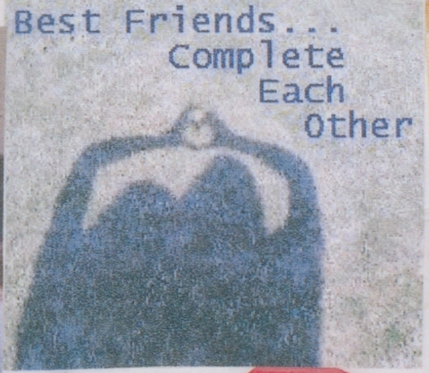
"Best Friends are ppl that know
all about u & still put up with u"

HUGGA

THIS IS WHAT
BESTFRIENDS
LOOK LIKE.

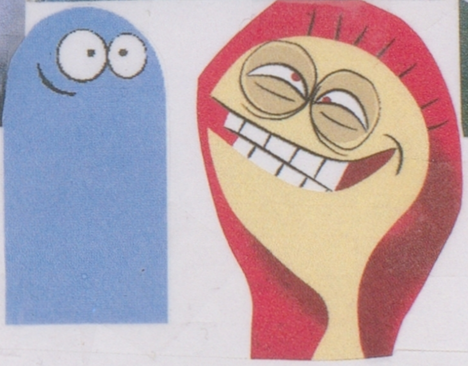
Lauren





Best Friends...
Complete
Each
Other

BEST
FRIENDS
yeah we act
like immature idiots
but at least we're
having fun



best friends
it's a
PROMISE
not a
LABEL <3

Here to the nights, that turn into mornings
And the friends that turned into family

Megan Suzio, Lauren Taylor

Choi
ang
diana
ash
Ferrari

Brittney Choi Angie Kwong, Ashley Wong, Diana Lin

SAMSAM
JANELLE
LOVE!
XOXO
LOVE
Smile
MY RIDE OR DIE CHICK!
SENIORS
BEST FRIENDS
2nd Fav
Freshman Buddy
BRUH!
NARGIS
TATIANA
SENIOR BANQUET.

Nergiss Shagahasi, Samantha Alemania, Janelle Ondevilla, Tatiana Torio

FABG
CLUBHOUSE
Lions

Liana Choi, Rachel Cortes, Joie Fong, Danielle Li, Melissa Lim, Linda Nguyen

"the most beautiful discovery true friends make is
hat they can grow separately without growing apart."

iana Choi, Rachel Cortes, Joie Fong, Danielle Li, Melissa Lim, Linda Nguyen

Julie
Lacey
Sting
"There is no distance too far between friends, for friendship gives wings to the heart."
2008
Nuggets
Caw... Burr!
LONSDALE
34
PARODI
12
24
Jill
Kiley

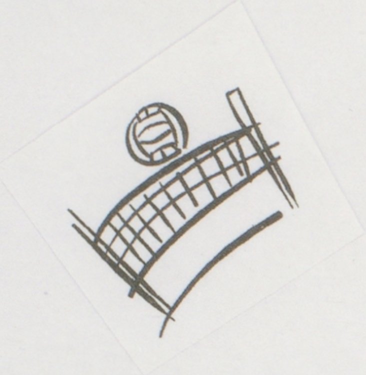
Kiley Lonsdale, Julie Lawson, Lacey Parodi, Jill Yastshak

Page By: Vivian Wu

Happy Birthday!
YOU'RE CREEPY!
SO I NEED TO LOSE A FEW POUNDS
BIOLOGY
oh, SWEET!
I ♥ XC
PARTY!
NO!
?
Wendy
Steph
Lena
Janice
June
Haidee
Mish
Christina

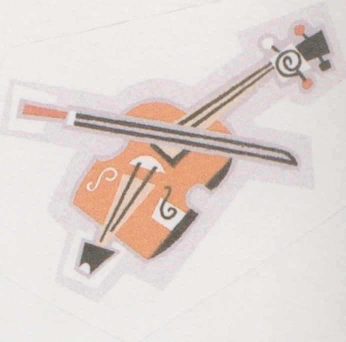
endy T., Stephanie T., Michelle Y., Christina L., Haidee P., June Y., Lena L., Janice C.

# Dedicated to Sami Alemania



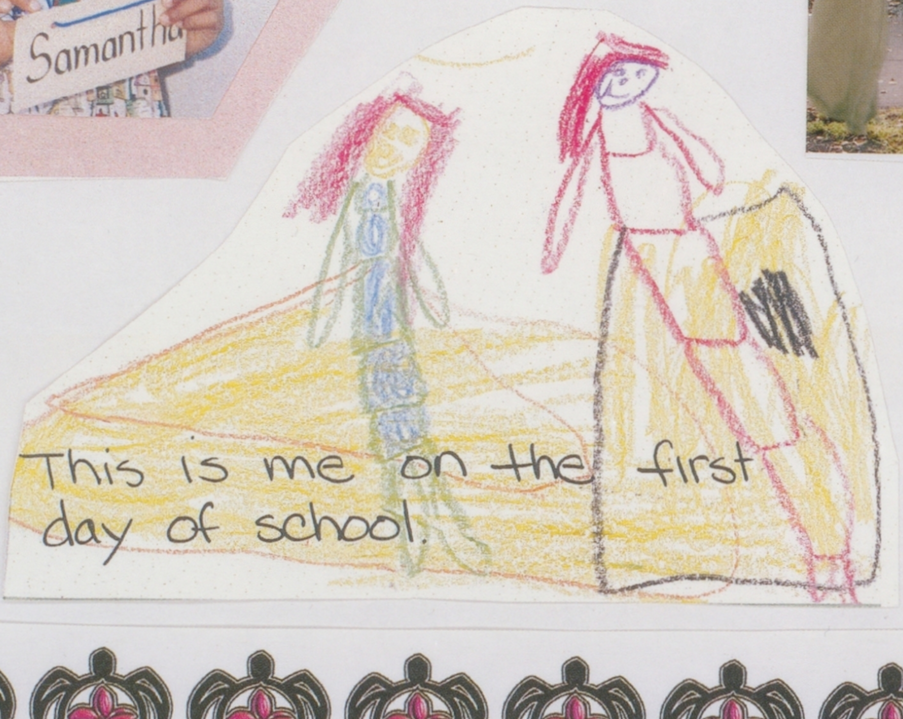
## "A Daughter's Gift"

By Robert Sexton



When I imagine the life you will live,
I think of the pleasure your presence will give.
I see the joy your smile will light and the wonders
you'll weave when your dreams take flight.
I feel the hope that will grow with your grace and
the difference you'll make to each heart you embrace.
I imagine your life as I know it will be;
for my daughter,
you've given all this to me.

Love you much,
Mama, Joe, Ben & Max



This is me on the first
day of school.

Samantha Alemania

Birthdays!
DAVID + CARMEN
Steph
JOSE
おぞうに
~Junior Prom 2007~
Eddie!
Roof!
Linda
David!
Kevin!
MOMO + LEENA
AGNA + STEPH
Rawrr
friends Forever
Summer Days
RYAN
BEN +
Daveed
うにたまご
LEENA + LIPIKA

Leena R., Stephanie H., Eddie L., Lipika K., Linda N., David L., Kevin N., Carmen S., Jose G., Ryan D.

Lauren
Lainey
Sara
PC what it do!
Snoopy says...
PARTY OVER HERE
"Hey girl!"
OUT with FRIENDS
"Shut yo mouth and say it ain't so!"
REH REH
I ♥ Girls a lot
"If it ain't cute put it on MUTE"
La Pin
"Fasten yo seatbelt 'cuz this is a ride with no seatbelt!"

Alyssa Ruckman, Lainey Moe, Sara Kofman, Lauren Freeman, Jennifer Silva

Alyssa
FEFFER
LYSS
L.MOE
SARA
LULO
Jenn
"Today is not my month."
LIP CHAP!
going out
"What it do, BABY?!"
Smart Award
GET ON YOUR KNEES!
all Dressed up
"Take your sunglasses off...okay, put them back on."

Alyssa Ruckman, Lainey Moe, Sara Kofman, Lauren Freeman, Jennifer Silva

YOU'RE SO LOVEABLE
FRIENDS
PARTY OVER HERE
SO CUTE
NIKKI
LOVE, MOM AND DAD
LOOKIN' GOOD!
HOTTNESS

Nicole Johnson

Find whatever you are passionate about and chase it down.

Embrace it and make it yours.

If you accomplish only one goal in life, I hope that you pursue your hopes and dreams.

If you believe in yourself, you will stay grounded in goodness and truth.

You will have what it takes to reach the stars and paint the sky any color you wish.

Love,
Nikki Johnson #16

To those who have pushed me, thank you. Without you, I wouldn't have **fallen**. To those who have **laughed** at me, thank you. Without you, I wouldn't have **cried**. To those who just couldn't **love** me, thank you. Without you, I wouldn't have known **real love**. To those of you who hurt my **feelings**, thank you. Without you, I wouldn't have *felt* them. To those of you who left me **lonely**, thank you. Without you, I wouldn't have **discovered** myself. But, to those who thought I couldn't do it, it is to you I thank the most because without you, I wouldn't have tried.

Goofer & Shorty

Best Friends

Party Time

FAMILY
PHOTOS

Even though you are my little sister, I have learned so much from you.

Love, Sissy Shay & Danny

There's no doubt about it...
We're going to shout it...
Auntie Nikki rocks it.
We love you very much.

Makayla & Makenzie

a COMBINATION
BAY OAKS
ARSENAL
BELIEVE

OUR SOCCER PRINCESS NIKKI

-GO HORNETS

-GO BAY OAKS-ARSENAL

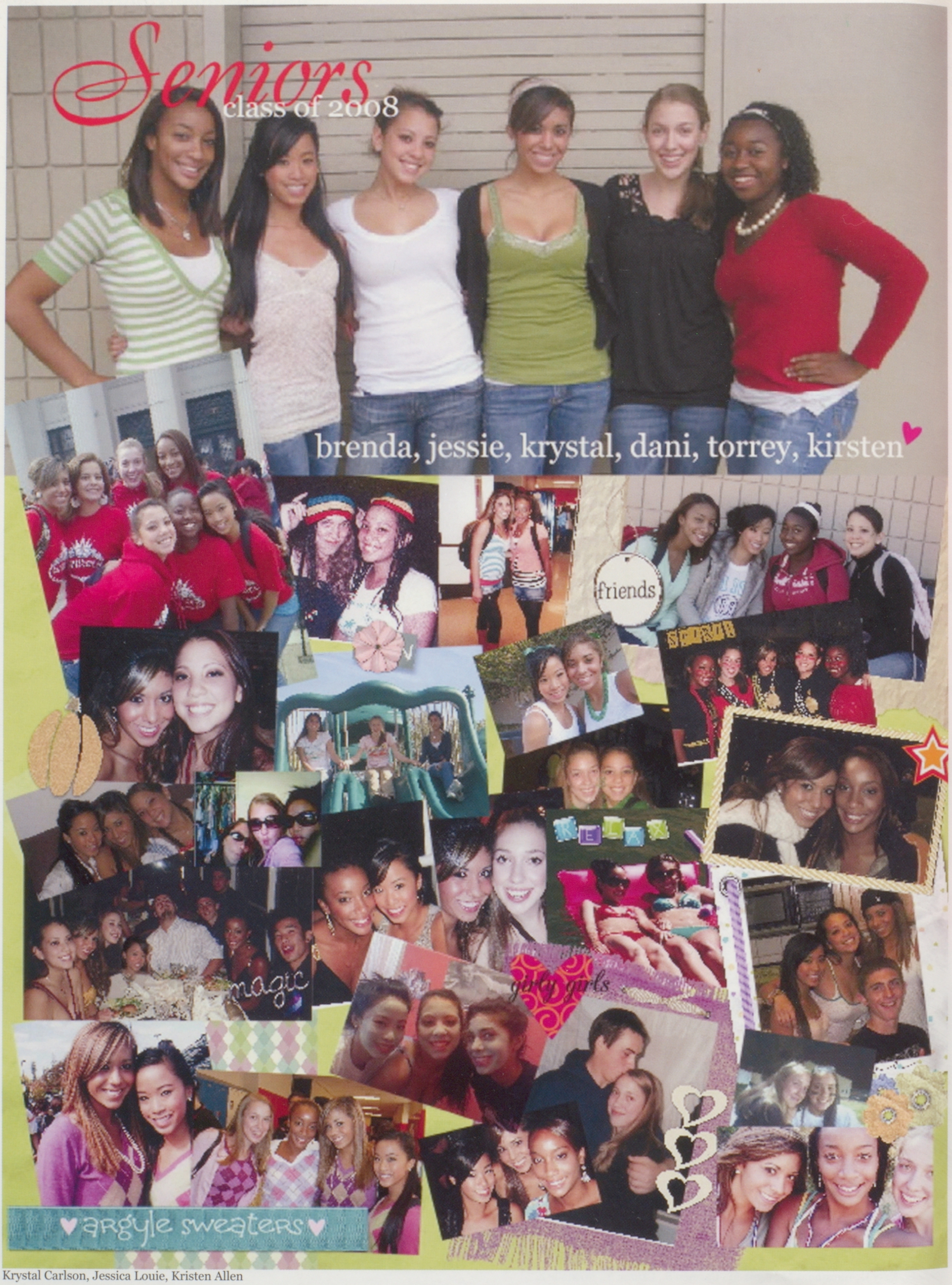
LOVE, MOM AND DAD

Nicole Johnson

Annie Chin
Kathy Luo
Alexsandra Mah
Agna Mung
Carmen So
Lauren Yeung
Michelle Zheng
CLEVELAND
KIDS
ANNIE CHIN
SIMIN CHAN
ALEXSANDRA MAH
AGNA MUNG
WAN SO
LAUREN YEUNG
MICHELLE ZHENG
No Matter Where we go; We'll always be friends

Annie C., Katy L., Alexandra M., Agna M., Carmen S., Lauren Y., Michelle Z.

# Seniors
## class of 2008



brenda, jessie, krystal, dani, torrey, kirsten

friends
magic
RELAX
girly girls
argyle sweaters

Krystal Carlson, Jessica Louie, Kristen Allen

Page By: Vivian Wu

friends forever
Smile
love pink
let the good times roll
princess
anything can happen...
a night to remember...
love is in the air

ystal Carlson, Jessica Louie, Kirsten Allen

# Girls of 2008

celebrate

B
F
F
amber, courtney, jessie, suzy, riley
smile a while
cheer
beautiful
DANCE DANCE
friends are like gems, they're all priceless

Riley Mclens

the fun never stops
memories last a life time...
hairdressers
bed time
friends
forever

lley Mclens

Vicky
Ann
im with stupid

Lauren Yeung, Victoria Kam, Annie Chin, Samantha Ho

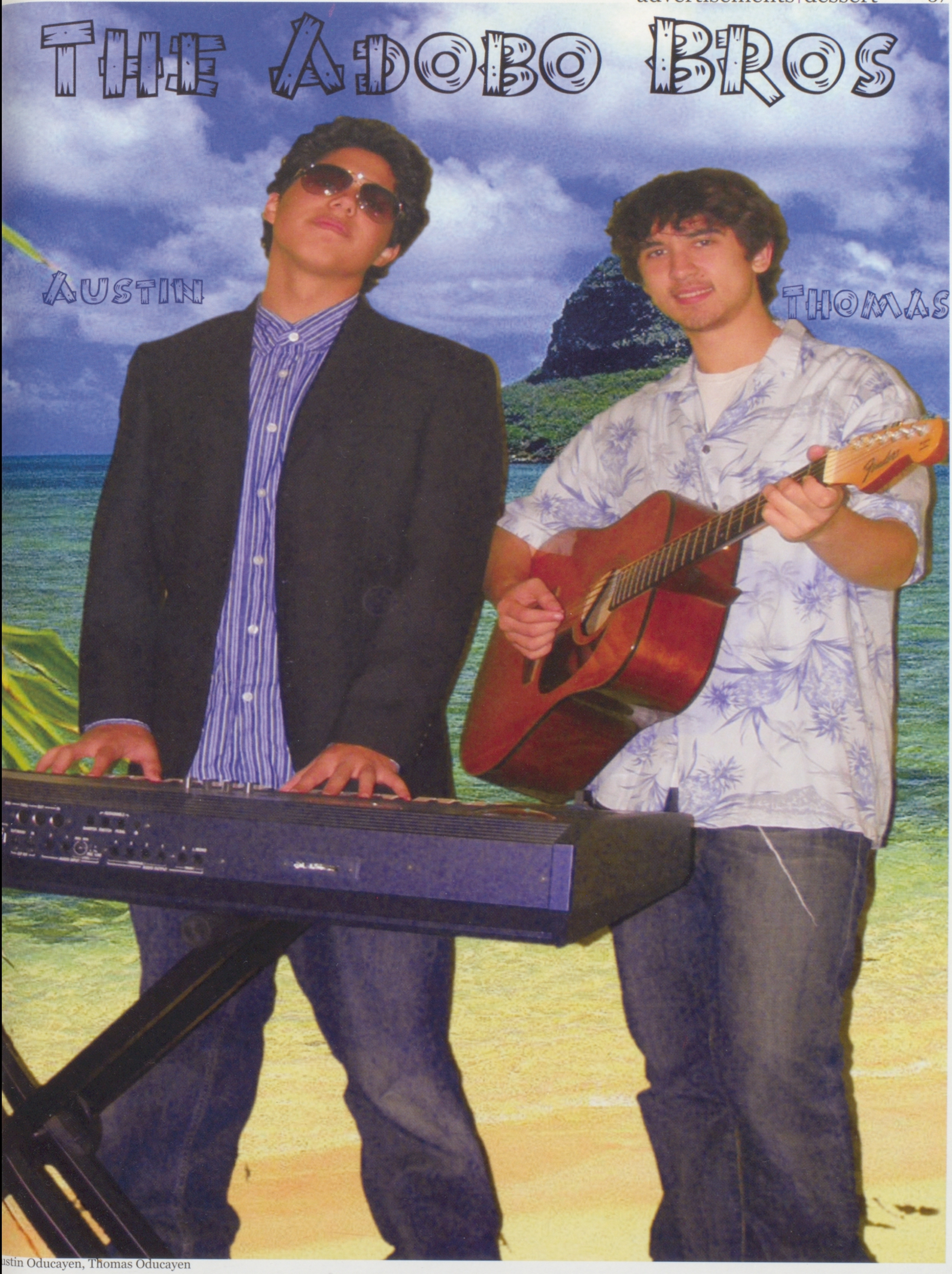
Lauren
Sammi
I am stupid!
CLASS OF 2008

Lauren Yeung, Victoria Kam, Annie Chin, Samantha Ho

Truly great friends are hard to find, difficult to leave, and impossible to forget.

DAVID H.
ELAINE C.
DONNA T.
JENNY L.
JOANNE W.
JENNY W.
MICHELLE F.
ST3PHY T.
PRIS S.

Jenny Wong, Joanne Wong, Michelle Fung, Stephanie Tso, Elaine Chen, Jenny Leung, Priscilla Szeto, Donna T., David H.


THE ADOBO BROS
AUSTIN
THOMAS

ustin Oducayen, Thomas Oducayen

*"Congratulations to Alameda High School students and the Class of '08"*

*- Council member Frank Matarrese*

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- Bip

**Good Luck Class of 2008**

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Best wishes to 2008
Alameda Graduates

# EMPOWER

## SUNDAY MORNINGS

## AT 10:45-12:00

Every Sunday morning at Bay Farm Community Church the youth get together for EMPOWER! Every week we have fun and the discussion is relevant to your life. We have a great time every Sunday; so we would love to see you get involved.

## CONGRATULATIONS SENIORS

WE ARE SO PROUD OF YOU, AND WE WANT TO SEND YOU OFF WITH ONE LAST BLESSING...

"I KNOW THE PLANS I HAVE FOR YOU," DECLARES THE LORD, "PLANS TO PROSPER YOU, NOT TO HARM YOU, PLANS TO GIVE YOU HOPE AND A FUTURE."

## BFCC SENIORS

**Ehren Serrano, Lauren Yeung, Efe Ogbeide, Leanna Francis, & Aaron Quan**

## FUEL

Outrageous games, great music, cool friends, and a place to belong. Come to FUEL, the first Friday of every month from 6:30 -8:00pm at Bay Farm Church and

ENERGIZE YOUR LIFE!

FUEL
ENERGIZE YOUR LIFE
a product of
BFCC Youth Group
1st Friday of Every Month
6:30 - 8:00 PM

For more information, contact Josh or Becky Taylor at (510) 769-2002
Email: youth.girl@bayfarmchurch.org or youth.guy@bayfarmchurch.org

BAY FARM
Community
Church

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SINCE 2004

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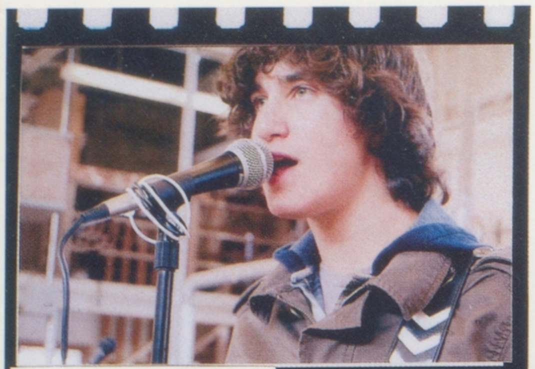

Brendan

Symeon

Chris

Michael

Eli

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## ...CHANGING LIVES FOR THE BETTERMENT OF HUMANITY

## SPECIALIZING IN PROBLEMS AND DISEASES OF THE NERVOUS SYSTEM

- motor/sensory dysfunctions
- vestibular/equilibrium/balance problems
- peripheral nerve entrapment
- regional complex pain mediated syndromes
- brachial and sacral plexopathies
- thoracic outlet syndromes
- carpal and tarsal tunnel syndromes
- sciatica
- headaches and migraines
- stroke rehabilitation
- sports injuries/muscles/ligaments and joint injuries
- sports performance
- memory loss/ anti-aging

**...AT WHAT AGE DOES HEALTHCARE STOP?**

**... BE PROACTIVE IN IT?**

## WISHING ALL THE SENIORS SUCCESSES IN THEIR ENDEAVORS

## Silversword Jewelry and Gifts

1411 Park St. Alameda

## Congratulates the Senior Class of 2008

All students at Alameda High recieve a

**20% Discount**

on entire inventory

## Where do you buy drinks?

| | |
|---|---|
| Starbucks- Peets Coffee | 47% |
| Tapioca Express | 21% |
| Robeks | 16% |
| Juice Plus | 14% |

## Where do you get your fast food?

| | |
|---|---|
| Jack In The Box | 34% |
| Taco Bell | 34% |
| KFC | 20% |
| Bowzers Pizza | 12% |

## Vietnamese Cuisine

Where do you go to eat Vietnamese cuisine?

| | |
|---|---|
| 56% | Pho Little Saigon |
| 26% | Dragon Rouge |
| 16% | Emerald Garden Vietnamese Restaurant |

## Which Mexican Restaurant is your favorite?

| | |
|---|---|
| Viva Mexico Taqueria | 31% |
| Taqueria Ramiro and Sons | 31% |
| La Piñata III | 28% |
| Juanitas | 9% |

| | |
|---|---|
| Tomatina | 45% |
| East Ocean Seafood Restaurant | 35% |
| Angelfish Jap. Restaurant | 13% |
| Pasta Pelican | 7% |

Which Restaurants do you eat at more often?

## What is your favorite place to go eat Japanese food?

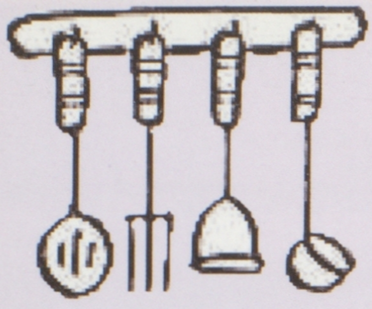
| | |
|---|---|
| 38% | Sushi House |
| 29% | Kobe-Ya |
| 20% | Kais |
| 13% | Kamakura |

## Desserts

Where do you acquire your desserts?

| | |
|---|---|
| Tuckers Ice Cream | 61% |
| Fudgelato | 16% |
| Loards | 16% |
| Boniere Bakery | 7% |

# yearbook



## A YEARBOOK STAFFER'S RECIPE
2007-2008

| | |
|---|---|
| 012 | Taboo marathons |
| 259 | computer malfunctions (ahhh!) |
| 002 | human pyramids |
| 007 | trips to Costco |
| 001 | "Mr. Klinger" cake |
| 148 | Oreos consumed |
| 001 | door painted brown |
| 429 | senior ballots |
| 001 | broken down car |
| 014 | Auggie appearances |
| 002 | frosting fights |
| 002 | carpet cleanings |
| 026 | Secret Widget gifts |
| 147 | visits from Eric |
| 002 | nights spent at camp |
| 001 | yearbook produced |
| 026 | smiles all around! |

Confiture extra de Poire
Confiture extra de Framboise
Marmelade d' Orange
Confiture extra de Mûre Sauvage

## Judith Klinger
yearbook advisor

Another year of weird fun and hard work! Melissa was a great editor *and* photographer; she created a lovely book. We had to cut many pages from the book this year to keep costs under control and the staff did so much with a lot less. My darling Jesse, Will, and Haley -- I'll miss you! Staff -- you rock!!!

## Melissa Lim
editor-in-chief

What a year! I am so proud of everyone for their hard work and beautiful designs. This book looks great! Will, Haley and Jesse- it has been a wonderful four years together (doorknobs, anyone...?) Precilla- I know you'll make an AMAZING book as the next editor-in-chief! I wish you all the best of luck. :)

### THE RECIPE FOR A PERFECT PAGE:

1. Create the page design.
2. Interview students.
3. Click! Take pictures.
4. Send to Jostens plant!

**Publication Specs:** The Alameda High School Acorn, Volume 134, was printed at Jostens Publishing Plant. 1,000 copies were printed. Our trim size is 9 inches by 12 inches on GL80 #191 paper. The Acorn is produced by the Yearbook class using Dell Pentium 4 computers equipped with Adobe InDesign CS and Adobe Photoshop 7.0. Georgia font was used for the captions and copies throughout the book. Headline type styles consist of AYTJames, AYTHobo, AYTCircuit, AYTDesign, AYTCameron, AYTLynn, AYTElegance, AYTThe Hawk and AYTEricBrush. The Alameda Acorn Staff can be reached at (510) 337-7022 x5430 or e-mailed at ahsyearbook@alameda.k12.ca.us. Mail may be sent to 2201 Encinal Avenue, Alameda, CA 94501.

Page By: Melissa Lim
Picture: Natalie Medved

## meet our chefs

**SECTION EDITORS:**

1. ADS: Vivian Wu
2. PEOPLE: Jesse Prins
3. SENIOR: Jessica Louie & Lauren Yeung
4. CLUBS: Christie Lee
5. STUDENT LIFE: Haley Hayes
6. SPORTS: Will Matteucci & Precilla Tang
7. BUSINESS: Natalie Medved & Michael Hoye (Assistant)
8. ACADEMICS: Marika Prins
9. PARTY: Jason Woo (middle)

## and our sous-chefs

Marisa Araujo, Maurelle Bagus, Brittney Choi, Eleanore Guenon, Jennifer Lee, Jessica Leong, Beatriz Morales, Michelle Murphy, Sara Osman, Michael Panagakis-Maritz, Carla Shao & Kaila Ann Timbreza.

# (Year in

### In the course of a year people's lives have progressed, towns

1. After the Holocaust, the world said "never again." Nonetheless, in this modern day and age genocide is occuring in Darfur, where ethnic hatred and differences between African and Arab cultures has lead to violence: the fighting in Darfur is racially motivated and men are being tortured, women raped, and 2.5 million people have been forced to flee their homes. Countries around the world have been protesting the Beijing Olympics as China is a major supplier of weapons to the Sudanese government, sending them $55 million worth of small arms. This has contributed to the genocide in Darfur.

1

2

FILM INDEPENDENT'S
SPIRIT
AWARDS

3

2. On November 8, 2007, 58,000 gallons of oil spilled into the Bay after a container ship collided into the Bay Bridge. The spill left wildlife devestated, hitting seabirds the hardest. Beaches were covered with the black oil. To save the wildlife, an emergency clean up was declared. Tina Swanson a fish biologist said, "The effects of the oil spill could persist for months and possibly years."

3. On January 22, 2008, actor Heath Ledger of "Brokeback Mountain" was found dead in his Manhattan apartment. From an autopsy, doctors discovered he died from an unintentional drug overdose. Sadly, Ledger was only twenty-eight years old when he left behind a wife and a child.

PARKING
CIVIC CENTER

ALAMEDA
THEATRE
ING GARAGE NOW OPEN
ON OAK ST

ROAD
CONSTRUCTION
AHEAD

DR
Dragon
Rouge
BISTRO

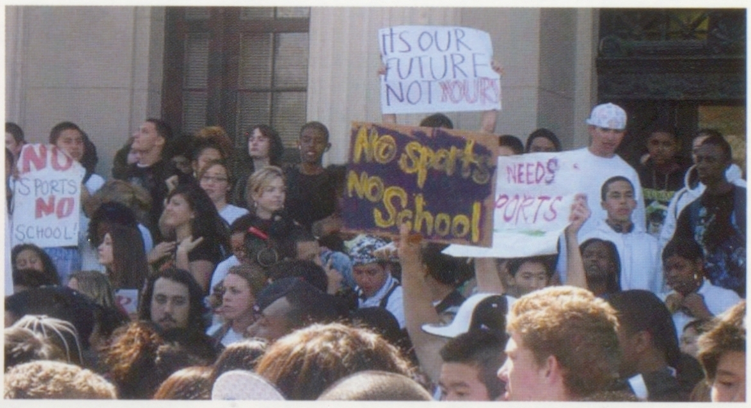
# Review)

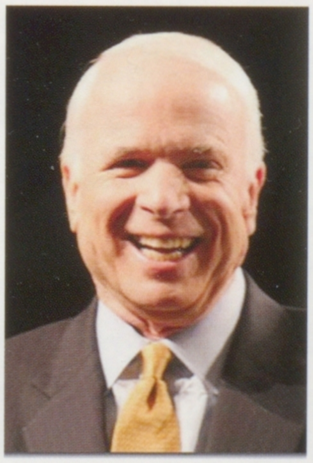
**modernized, and the U.S. economy worsened.**

FORECLOSURE
HOME FOR SALE

Alameda is renovating its old classic style for a modern new look.Formerly known as South Shore Center, the mall has been renamed Towne Centre with a new upscale appearance, while in the heart of downtown Alameda, the theater is being restored to its original grandeur. Also, a parking lot is being built to help with the influx of people who are coming to enjoy Alameda's variety of new businesses. "I think that the new buildings in Towne Centre add sophistication to Alameda's shopping center. The changes bring Alameda to a new modern level," said **Chris Tanner** '09. One of the new additions to the Town Centre is Borders, along with the revamping of the entire shopping center.

March 5, 2008 hundreds of students from Encinal and Alameda High Schools joined as one to protest the $2.56 million in budget cuts which were approved the night before. This reduced the funding to sports and other important needs of children. The schools joined as one and together chanted and held signs. Some signs said "no sports, no school" and "no us, no future." After fifteen minutes of rallying outside, Superintendent Ardella Dailey peacefully led the students into Kofman auditorium to discuss the issues and importance of a parcel tax. The teens organized and represented themselves well and their voices were heard.



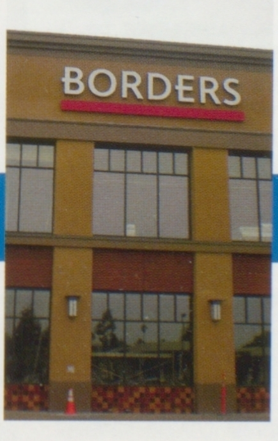


In 2008 Democrats have the historic opportunity to choose betweeen a woman, Hillary Clinton and an African-American man, Barack Obama for president. Never has either minority gotten this far in the primary elections, presenting this first-ever situation. Choosing the 2008 Democratic candiadate has been a long battle and at the time the book went to print, the Democratic nominee had not been chosen. On the Republican side, John McCain, a Caucasian man, secured his parties nomination by February 4th 2008.

ROAD CLOSED

WE HAVE ARRIVED!!!
PLANET CREPES
OPEN
WET PAINT

ALAMEDA TOWNE CENTRE



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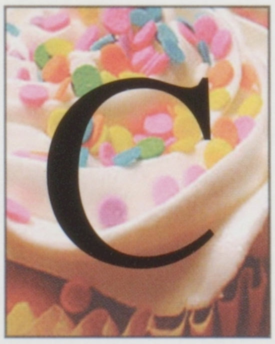

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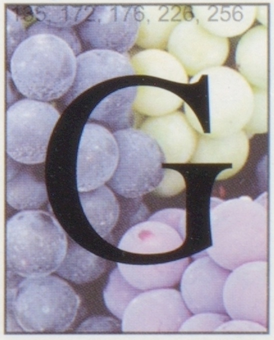

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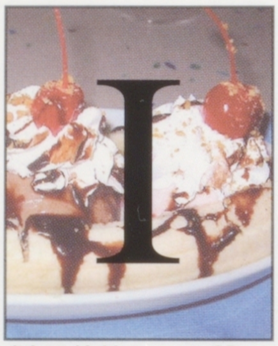

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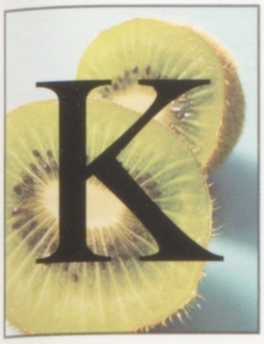

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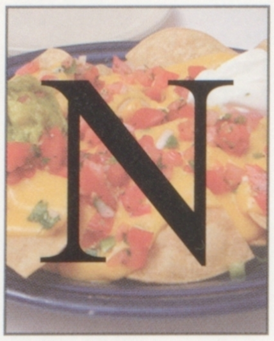

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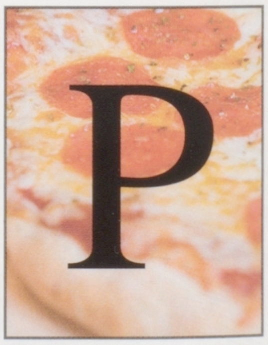

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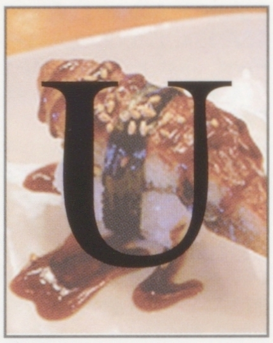

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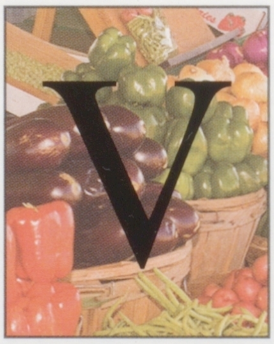

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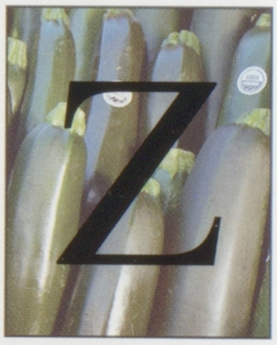

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# In Memoriam

**Ayu Yvonne**
June 4, 1991 - March 2, 2008
Graduating class of '09